

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About</p>	<p>Key Codes: ALD - Assisted Living Dining Room ALL - Assisted Living Lobby HCMP - Health Camps Multipurpose Rm. HCDR - Health Campus Dining Room HCCY - Health Campus Court Yard</p>	<p>1 K 10:30 Keeping It Sharp GG 2:00 Group Games M 3:00 Music to My Ears L 6:00 Lifelong Learning</p>	<p>2 K 10:30 Keeping It Sharp/Reminisce JG 2:00 Just the Guys GG 2:00 Bingo with Barb M 3:00 Music to My Ears</p>	<p>3 S 10:00 Bridge Fellowship L 10:30 Healthy Living S 11:00 Chef's Circle CC 3:00 Community Connections M 6:00 Karaoke Night</p>	<p>4 O 10:15 Out & About S 12:00 Taste of the Town "Dougie John's Pizza" A 1:30 Artisans S 3:00 Happy Hour</p>	<p>5 K 9:00 Daily Chronicle K 10:30 Keeping It Sharp/Reminisce GF 2:00 Coffee Hour GG 3:00 Group Games</p>
<p>6 K 10:30 Sunday News GG 1:00 Wi Bowling I 2:00 Worship with Church of Christ G 3:00 Family Ice Cream Social</p>	<p>7 V 9:00 Vitality K 10:30 Keeping It Sharp/Reminisce O 1:15 Out & About 3:00 Group Games A 3:30 Artisans</p>	<p>8 Yom Kippur Begins K 10:30 Keeping It Sharp GG 2:00 Group Games M 3:00 Music to My Ears L 6:00 Lifelong Learning</p>	<p>9 V 9:00 Vitality I 10:00 Bible Study S 1:00 Inspired Living Committee GG 2:00 Bingo with Barb M 3:00 Music to My Ears</p>	<p>10 S 10:00 Bridge Fellowship L 10:30 Healthy Living S 11:00 Chef's Circle CC 3:00 Community Connections M 6:00 Karaoke Night</p>	<p>11 V 9:00 Vitality O 10:15 Out & About A 1:30 Artisans S 3:00 Happy Hour</p>	<p>12 K 9:00 Daily Chronicle K 10:30 Keeping it Sharp GF 2:00 Coffee Hour GG 3:00 Group Games</p>
<p>13 K 10:30 Sunday News S 11:00 Brunch GG 1:00 Wi Bowling I 2:00 Worship with The Bridge Fellowship G 3:00 Family Ice Cream Social</p>	<p>14 Columbus Day V 9:00 Vitality O 1:15 Out & About 3:00 Group Games A 3:30 Artisans</p>	<p>15 K 10:30 Keeping It Sharp GG 2:00 Group Games M 3:00 Music to My Ears L 6:00 Lifelong Learning</p>	<p>16 V 9:00 Vitality K 10:30 Keeping It Sharp/Reminisce JG 2:00 Just the Guys GG 2:00 Bingo with Barb M 3:00 Music to My Ears</p>	<p>17 S 10:00 Bridge Fellowship L 10:30 Healthy Living S 11:00 Chef's Circle CC 3:00 Community Connections M 6:00 Karaoke Night</p>	<p>18 V 9:00 Vitality O 10:15 Out & About A 1:30 Artisans S 3:00 Happy Hour</p>	<p>19 K 9:00 Daily Chronicle K 10:30 Keeping it Sharp GF 2:00 Coffee Hour GG 3:00 Group Games</p>
<p>20 K 10:30 Sunday News GG 1:00 Wi Bowling I 2:00 Worship with Saint James United Methodist G 3:00 Family Ice Cream Social</p>	<p>21 V 9:00 Vitality O 1:15 Out & About 3:00 Group Games A 3:30 Country Table Centerpieces for Them Dinner</p>	<p>22 K 10:30 Keeping It Sharp GG 2:00 Group Games M 3:00 Name That Country Song L 6:00 Lifelong Learning</p>	<p>23 V 9:00 Vitality K 10:30 Keeping It Sharp/Reminisce S 1:00 Resident Council Meeting GG 2:00 Bingo with Barb M 3:00 Music to My Ears</p>	<p>24 S 10:00 Bridge Fellowship L 10:30 Healthy Living S 11:00 Chef's Circle CC 3:00 Community Connections S 5:00 Boot Scootin Boogie Theme Dinner M 6:00 Karaoke Night</p>	<p>25 V 9:00 Vitality O 10:15 Lunch at Texas Road House A 1:30 Artisans S 3:00 Happy Hour</p>	<p>26 K 9:00 Daily Chronicle K 10:30 Keeping it Sharp GF 2:00 Coffee Hour GG 3:00 Group Games</p>
<p>27 K 10:30 Sunday News GG 1:00 Wi Bowling I 2:00 Worship with Praise Chapel G 3:00 Family Ice Cream Social</p>	<p>28 V 9:00 Vitality O 1:15 Out & About 3:00 Group Games A 3:30 Artisans</p>	<p>29 K 10:30 Keeping It Sharp GG 2:00 Group Games M 3:00 Music to My Ears L 6:00 Lifelong Learning</p>	<p>30 V 9:00 Vitality K 10:30 Keeping It Sharp/Reminisce GG 2:00 Bingo with Barb M 3:00 Music to My Ears</p>	<p>31 Halloween S 10:00 Bridge Fellowship L 10:30 Healthy Living S 11:00 Chef's Circle CC 3:00 Community Connections M 6:00 Karaoke Night</p>	<p>Friday Happy Hour at 3:00pm Catholic Communion on Sunday's.</p>	

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<p>A - Artisans CC - Community Connections G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About</p>	<p>HCMP- Health Campus Multi-purpose HCL-Health Campus Lobby HCDR-Health Campus Dining Room HCCY - Health Campus Court Yard RR -Residents Room</p>	<p>1 V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 2:00 Group Games M 3:00 Music to My Ears 4:30 Healthy Hands L 6:00 Lifelong Learning</p>	<p>2 MM 9:45 Mindful Moments K 10:30 Keeping It Sharp/Reminisce 11:30 Healthy Hands JG 2:00 Just the Guys M 3:00 Music to My Ears 4:30 Healthy Hands</p>	<p>3 V 9:00 Vitality MM 9:45 Mindful Moments S 10:00 Bridge Fellowship 11:30 Healthy Hands CC 3:00 Community Connections 4:30 Healthy Hands M 6:00 Karaoke Night</p>	<p>4 MM 9:45 Mindful Moments O 10:15 Out & About 11:30 Healthy Hands S 12:00 Taste of the Town "Dougie John's Pizza" A 2:00 Awakening Minds S 3:00 Happy Hour 4:30 Healthy Hands</p>	<p>5 V 9:00 Vitality MM 9:45 Mindful Moments K 10:30 Keeping It Sharp/Reminisce 11:30 Healthy Hands GG 3:00 Group Games 4:30 Healthy Hands</p>
<p>6 MM 9:45 Mindful Moments K 10:30 Sunday News 11:30 Healthy Hands I 2:00 Worship with Church of Christ G 3:00 Family Ice Cream Social 4:30 Healthy Hands</p>	<p>7 MM 9:45 Mindful Moments K 10:30 Keeping It Sharp/Reminisce 11:30 Healthy Hands O 1:15 Out & About A 3:30 Artisans 4:30 Healthy Hands</p>	<p>8 Yom Kippur Begins V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 2:00 Group Games M 3:00 Music to My Ears 4:30 Healthy Hands L 6:00 Lifelong Learning</p>	<p>9 MM 9:45 Mindful Moments I 10:00 Bible Study 11:30 Healthy Hands S 2:00 Inspired Living Committee M 3:00 Music to My Ears 4:30 Healthy Hands</p>	<p>10 V 9:00 Vitality MM 9:45 Mindful Moments S 10:00 Bridge Fellowship 11:30 Healthy Hands CC 3:00 Community Connections 4:30 Healthy Hands M 6:00 Karaoke Night</p>	<p>11 MM 9:45 Mindful Moments O 10:15 Out & About 11:30 Healthy Hands A 1:30 Artisans S 3:00 Happy Hour 4:30 Healthy Hands</p>	<p>12 V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 3:00 Group Games 4:30 Healthy Hands</p>
<p>13 MM 9:45 Mindful Moments K 10:30 Sunday News S 11:00 Brunch 11:30 Healthy Hands I 2:00 Worship with The Bridge Fellowship G 3:00 Family Ice Cream Social 4:30 Healthy Hands</p>	<p>14 Columbus Day MM 9:45 Mindful Moments 11:30 Healthy Hands O 1:15 Out & About A 3:30 Artisans 4:30 Healthy Hands</p>	<p>15 V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 2:00 Group Games M 3:00 Music to My Ears 4:30 Healthy Hands L 6:00 Lifelong Learning</p>	<p>16 MM 9:45 Mindful Moments K 10:30 Keeping It Sharp/Reminisce 11:30 Healthy Hands JG 2:00 Just the Guys M 3:00 Music to My Ears 4:30 Healthy Hands</p>	<p>17 V 9:00 Vitality MM 9:45 Mindful Moments S 10:00 Bridge Fellowship 11:30 Healthy Hands A 2:00 Awakening Minds CC 3:00 Community Connections 4:30 Healthy Hands M 6:00 Karaoke Night</p>	<p>18 MM 9:45 Mindful Moments O 10:15 Out & About 11:30 Healthy Hands A 1:30 Artisans S 3:00 Happy Hour 4:30 Healthy Hands</p>	<p>19 V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 3:00 Group Games 4:30 Healthy Hands</p>
<p>20 MM 9:45 Mindful Moments K 10:30 Sunday News 11:30 Healthy Hands I 2:00 Worship with Saint James United Methodist G 3:00 Family Ice Cream Social 4:30 Healthy Hands</p>	<p>21 MM 9:45 Mindful Moments 11:30 Healthy Hands O 1:15 Out & About A 3:30 Country Table Centerpieces for Them Dinner 4:30 Healthy Hands</p>	<p>22 V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 2:00 Group Games M 3:00 Name That Country Song 4:30 Healthy Hands L 6:00 Lifelong Learning</p>	<p>23 MM 9:45 Mindful Moments K 10:30 Keeping It Sharp/Reminisce 11:30 Healthy Hands S 2:00 Resident Council Meeting M 3:00 Music to My Ears 4:30 Healthy Hands</p>	<p>24 V 9:00 Vitality MM 9:45 Mindful Moments S 10:00 Bridge Fellowship 11:30 Healthy Hands CC 3:00 Community Connections 4:30 Healthy Hands S 5:00 Boot Scootin Boogie Theme Dinner</p>	<p>25 MM 9:45 Mindful Moments O 10:15 Lunch at Texas Road House 11:30 Healthy Hands A 1:30 Artisans S 3:00 Happy Hour 4:30 Healthy Hands</p>	<p>26 V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 3:00 Group Games 4:30 Healthy Hands</p>
<p>27 MM 9:45 Mindful Moments K 10:30 Sunday News 11:30 Healthy Hands I 2:00 Worship with Praise Chapel G 3:00 Family Ice Cream Social 4:30 Healthy Hands</p>	<p>28 MM 9:45 Mindful Moments 11:30 Healthy Hands O 1:15 Out & About A 3:30 Artisans 4:30 Healthy Hands</p>	<p>29 V 9:00 Vitality MM 9:45 Mindful Moments 11:30 Healthy Hands GG 2:00 Group Games M 3:00 Music to My Ears 4:30 Healthy Hands L 6:00 Lifelong Learning</p>	<p>30 MM 9:45 Mindful Moments K 10:30 Keeping It Sharp/Reminisce 11:30 Healthy Hands M 3:00 Music to My Ears 4:30 Healthy Hands</p>	<p>31 Halloween V 9:00 Vitality MM 9:45 Mindful Moments S 10:00 Bridge Fellowship 11:30 Healthy Hands CC 3:00 Community Connections 4:30 Healthy Hands M 6:00 Karaoke Night</p>		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality</p>		<p>1</p> <p>V Cowboy Boogie K Best Friends Forever! CC Pumpkin Pie Chocolate Chip Cookies Relax & Recharge A Pleated Pumpkin Centerpieces M Toot Your Flute GC Roll the Die & Break the Ice Healthy Hands</p>	<p>2</p> <p>V Chair Swimming K Autumn Spelling Words CC Little Lemon Scones Relax & Recharge A Candy Corn Button Craft M Pass The Beat GC Lollipop Paddle Healthy Hands GF Garden Scentscape</p>	<p>3</p> <p>V Basketball K Glorious Verbs! CC Mapledoodles Relax & Recharge A Wine Cork Pumpkins M Feel The Heartbeat GC Turkey Toss Healthy Hands GF Time For Cowboy Tea!</p>	<p>4</p> <p>V Pumpkin Pass K October Word Poem CC Swedish Cinnamon Buns S Taste of the Town "Dougie John's Pizza" Relax & Recharge A Have a Gentle Conversation M October Happy Hour GC Pin the Tail on Bessie</p>	<p>5</p> <p>V Mindfulness Matters K Turn Over CC Cracker Barrel Baked Cinnamon Apples Relax & Recharge A Tissue Paper Leaves M Saturday Jazz GC Life on the Farm Healthy Hands</p>
<p>6</p> <p>V Bowling K Create a Caption CC Game Day Beer Cheese Dip Relax & Recharge I Worship with Church of Christ A Paper Pumpkins G Family Ice Cream Social M Celebrity Sunday GC Image Snap</p>	<p>7</p> <p>V Bandana Dance K Football Frenzy! CC Pumpkin Cheesecake Swirl Muffins Relax & Recharge A Tissue Paper Flowers M Musical Moments GC Horseshoes Healthy Hands</p>	<p>8 Yom Kippur Begins</p> <p>V Cowboy Boogie K Best Friends Forever! CC Apple Cider Cake Relax & Recharge A Fall Salt Dough Ornaments M Toot Your Flute GC Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>9</p> <p>V Chair Swimming K Autumn Spelling Words CC Baked Coconut Custard Relax & Recharge A Fall Salt Dough Ornaments M Pass The Beat GC Lollipop Paddle Healthy Hands GF Garden Scentscape</p>	<p>10</p> <p>V Basketball K Glorious Verbs! CC Pumpkin Pie Truffles Relax & Recharge A Stamped Pumpkin Placemat M Feel The Heartbeat GC Turkey Toss Healthy Hands GF Time for Cowboy Tea!</p>	<p>11</p> <p>V Pumpkin Pass K October Word Poem CC Chocolate Banana Parfaits Relax & Recharge A Dried Orange Garland M October Happy Hour GC Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>12</p> <p>V Mindfulness Matters K Turn Over CC Cinnamon Roll Sugar Cookies Relax & Recharge A Pumpkin Rocks M Saturday Jazz GC Life on the Farm Healthy Hands GF Aquapainting</p>
<p>13</p> <p>V Bowling K Create a Caption CC Cinnamon Apple Tart S Brunch Relax & Recharge I Worship with The Bridge Fellowship A Cut & Paste Pumpkin Face G Family Ice Cream Social</p>	<p>14 Columbus Day</p> <p>V Bandana Dance K Football Frenzy! CC Pumpkin Cobbler Relax & Recharge A Hocus Pocus Door Decor M Musical Moments GC Horseshoes Healthy Hands GF Animal Album</p>	<p>15</p> <p>V Cowboy Boogie K Best Friends Forever! CC Maple Oatmeal Cookies Relax & Recharge A Autumn Leaf Bowl M Toot Your Flute GC Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>16</p> <p>V Chair Swimming K Autumn Spelling Words CC Pecan Pie Balls Relax & Recharge A Autumn Leaf Bowl M Pass The Beat GC Lollipop Paddle Healthy Hands GF Garden Scentscape</p>	<p>17</p> <p>V Basketball K Glorious Verbs! CC Grandma's Rice Pudding Relax & Recharge A Dunkin Pumpkins M Feel The Heartbeat GC Turkey Toss Healthy Hands GF Time for Cowboy Tea!</p>	<p>18</p> <p>V Pumpkin Pass K October Word Poem CC Apple Pecan Fall Salad Relax & Recharge A Brushless Painting M October Happy Hour GC Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>19</p> <p>V Mindfulness Matters K Turn Over CC Chocolate-Frosted Yellow Cake Relax & Recharge A Autumn Sun Printing Art M Saturday Jazz GC Life on the Farm Healthy Hands GF Aquapainting</p>
<p>20</p> <p>V Bowling K Create a Caption CC Southern Pecan Pie Relax & Recharge I Worship with Saint James United Methodist A Sunflower Centerpieces G Family Ice Cream Social M Celebrity Sunday</p>	<p>21</p> <p>V Bandana Dance K Football Frenzy! CC Tennessee Banana-Black Walnut Cake Relax & Recharge A DIY Garland M Musical Moments GC Horseshoes Healthy Hands</p>	<p>22</p> <p>V Cowboy Boogie K Best Friends Forever! CC Pig Pickin Cake Relax & Recharge A Bandana Wreath M Toot Your Flute GC Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>23</p> <p>V Chair Swimming K Autumn Spelling Words CC Mom's Sweet Potato Bake Relax & Recharge A Bolo Tie M Pass The Beat GC Lollipop Paddle Healthy Hands GF Garden Scentscape</p>	<p>24</p> <p>V Basketball K Glorious Verbs! CC Nashville's Confetti Combread Relax & Recharge A Cowboy Hat M Feel The Heartbeat GC Turkey Toss Healthy Hands S Boot Scootin Boogie Theme</p>	<p>25</p> <p>V Pumpkin Pass K October Word Poem CC Nashville Crumb Cake Relax & Recharge A Creative Storytelling M October Happy Hour GC Pin the Tail on Bessie Healthy Hands GF LifeShare Games</p>	<p>26</p> <p>V Mindfulness Matters K Turn Over CC Nashville's Best Buttered Biscuits Relax & Recharge A Painting with Tissue Paper M Saturday Jazz GC Life on the Farm Healthy Hands</p>
<p>27</p> <p>V Bowling K Create a Caption CC Apple Spice Dump Cake Relax & Recharge I Worship with Praise Chapel A Cheesecloth Halloween Ghosts G Family Ice Cream Social M Celebrity Sunday GC Image Snap</p>	<p>28</p> <p>V Bandana Dance K Football Frenzy! CC Creamy Corn Casserole Relax & Recharge A Tissue Paper Pumpkin Favors M Musical Moments GC Horseshoes Healthy Hands GF Animal Album</p>	<p>29</p> <p>V Cowboy Boogie K Best Friends Forever! CC Pumpkin Roll Relax & Recharge A Halloween Candy Wrappers M Toot Your Flute GC Roll the Die & Break the Ice Healthy Hands GF Hangman</p>	<p>30</p> <p>V Chair Swimming K Autumn Spelling Words CC Candy Corn Crunch Relax & Recharge A Halloween Pumpkin Vase M Pass The Beat GC Lollipop Paddle Healthy Hands GF Garden Scentscape</p>	<p>31 Halloween</p> <p>V Basketball K Glorious Verbs! CC Halloween Whoopie Pies Relax & Recharge A Halloween Wall Art M Feel The Heartbeat GC Turkey Toss Healthy Hands GF Time for Cowboy Tea!</p>		