



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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Happy Birthday!

Residents

October 02	Pamela R.
October 03	Thomas T.
October 08	Gerald F.
October 12	Estel F.
October 17	Mary M.
October 24	Donna O.
October 24	Ruth H.
October 30	Gary W.

Theme Dinner October 24th

Our Theme this month is Nashville: Boot Scootin Boogie! Theme week will be 10/21-10/25. Join us for some fun themed activities and then on Thursday 10/24 dust off those boots and get ready for a hoedown!

Sunday Brunch

Sunday Brunch is on the second Sunday of the month. Please be sure to RSVP in advance.

Did You Know...?

That you can read the monthly newsletter on-line? Please follow the campus link: www.blairridge.com.

The Private Dining Room and basement can be reserved for parties, meetings and get togethers. Contact Life Enrichment to reserve a room.

Happy Hour is held every Friday at 3:00pm.

Follow us on Facebook - Blair Ridge Health Campus and Twitter - @BlairRidgeHC. See photos and upcoming special events.



Executive Director Corner

Happy October, everyone!

Now that Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors. There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky tonk the night away! Hold on to your hats for more information about this hoedown as we

get closer to the Theme Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, local shopping trips and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and have a great month!

Yours in Service,

Mike Wray, RN
Executive Director

SEPTEMBER SERVANT LEADER

Congratulation Patty, RN, for being our servant leaders for the month of September! Patty has been employed for almost 8 years as one of our compassionate nursing team members. Patty has three sons and six grandchildren! She enjoys cleaning and redecoration her home. Patty's favorite quote is "Whatever". Congratulation Patty.



Smiles of the Month

We had a great time at our Las Vegas themed dinner! Costumes were wonderful and some of the outfits were spectacular! Residents also made some beautiful mason jar canisters.





BLAIR RIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

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Peru, Indiana

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blairridge.com |

Mike Wray
Executive Director

Jen Astrup
Director of Health Services

Mary Gross
Customer Service Representative

Becca Iliff
Business Office Manager

Erin Murphy
Life Enrichment Director

Jeremy Fisher
Director of Plant Operations

Mary Ann Estes
Director of Food Services

Angela Diehl
Environmental Services Director

Caleb Meives
Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Dining Services'

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Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
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BRUNCH
BUFFET
CHEF
CIRCLE

CULINARY
DINING
DINNER
FOOD

LOCAL
MEALS
MENU
RESTAURANT

SERVICES
TASTE
THEME
TOWN