

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking G - Generations GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About</p>	<p>Key Code: B-Basement HC-Health Center HCA-Health Center Activities Room HCL-Health Center Library MDR-Main Dining Room ML-Main Lobby PDR-Private Dining Room</p>	<p>1 V 10:00 TrilogyFit-Strength (MDR) K 1:45 Bingo (MDR) S 2:30 Pet Visit w/Sadie L 4:00 Prime the Mind (PDR)</p>	<p>2 K 10:00 Bingo (HCA) A 1:30 Pumpkin Welcome Signs (MDR) GG 3:00 Skip-bo (MDR) K 4:00 LifeShare Games (ML) K 6:00 Spelling Bee (ML)</p>	<p>3 V 10:00 TrilogyFit (MDR) O 1:00 CVS/ Walgreens I 1:30 Let's Relax (PD) S 2:15 Chef's Comer (MDR) K 2:30 Bingo (MDR) CC 3:30 Important "Piece" (MDR)</p>	<p>4 K 10:00 Uno (MDR) V 1:30 Ski-ball (MDR) M 3:00 Happy Hour (MDR) V 6:00 Horse Racing (MDR)</p>	<p>5 V 10:00 TrilogyFit-Strength (MDR) M 2:00 Name that Tune (ML) G 2:00 Pet Visits w/Skylar K 2:30 Brain Games (MDR) O 4:00 Mystery Drive</p>
<p>6 K 10:00 Espresso and Expressions (ML) V 1:30 Balloon Volleyball (ML) I 2:00 Christian Songs K 3:00 Bingo (HCA)</p>	<p>7 M 10:00 Music Comer (ML) S 10:00 Nails Spa (Bistro) O 2:00 Garden Gate CC 2:30 Garlic Parm Baked Carrots (MDR) S 4:00 Bingo Store (HCA)</p>	<p>8 Yom Kippur Begins V 10:00 TrilogyFit-Strength (MDR) K 1:45 Bingo (MDR) S 2:30 Pet Visit w/Sadie L 4:00 Prime the Mind (PDR)</p>	<p>9 K 10:00 Bingo (HCA) A 1:30 Fall Mason Jar Tea lights (MDR) GG 3:00 Skip-bo (MDR) K 4:00 LifeShare Games (ML) K 6:00 Trivia (ML)</p>	<p>10 V 10:00 TrilogyFit (MDR) JG 11:00 Just the Guys Lunch Outing O 1:00 Kroger I 1:30 Let's Relax (PD) S 2:15 Chef's Comer (MDR) K 2:30 Bingo (MDR) CC 3:30 Mounds of Thanks (MDR)</p>	<p>11 K 10:00 Farkle (MDR) V 1:30 Ski-ball (MDR) M 3:00 Happy Hour (HC) K 6:00 Large Connect Four (MDR)</p>	<p>12 V 10:00 TrilogyFit-Strength (MDR) M 2:00 Name that Tune (ML) G 2:00 Pet Visits w/Skylar K 2:30 Brain Games (MDR) O 4:00 Mystery Drive</p>
<p>13 K 10:00 Espresso and Expressions (ML) S 11:30 Sunday Brunch V 1:30 Balloon Volleyball (ML) I 2:00 Bunker Hill UM Church (B) K 3:00 Bingo (HCA)</p>	<p>14 Columbus Day M 10:00 Music Comer (ML) O 1:00 Target CC 2:30 Cucumber Crack Dip (MDR) K 3:30 Sequence (MDR)</p>	<p>15 V 10:00 TrilogyFit-Strength (MDR) K 1:45 Bingo (MDR) S 2:30 Pet Visit w/Sadie L 4:00 Prime the Mind (PDR)</p>	<p>16 K 10:00 Bingo (MDR) S 11:30 Juliet's Club (WDR) S 12:00 Inspired Living Committee (B) S 12:30 Resident Council (B) A 1:30 Halloween Mason Jars (MDR) GG 3:00 Skip-bo (MDR) K 4:00 LifeShare Games (ML)</p>	<p>17 V 10:00 TrilogyFit (MDR) O 1:00 Aldi's I 1:30 Let's Relax (PD) S 2:15 Chef's Comer (MDR) K 2:30 Bingo (MDR) CC 3:30 Community Connections Delivery (MDR)</p>	<p>18 K 10:00 Yahtzee (MRD) V 1:30 Ski-ball (MDR) M 3:00 Happy Hour (MDR) S 5:00 Dinner/Movie (PD)</p>	<p>19 V 10:00 TrilogyFit-Strength (MDR) M 2:00 Name that Tune (ML) G 2:00 Pet Visits w/Skylar K 2:30 Brain Games (MDR) O 4:00 Mystery Drive</p>
<p>20 K 10:00 Espresso and Expressions (ML) V 1:30 Balloon Volleyball (ML) I 2:00 Church w/Andrew K 3:00 Bingo (HCA)</p>	<p>21 M 10:00 Music Comer (ML) K 1:15 Large Connect Four (ML) CC 2:30 Haystack Cookies (MDR) S 4:00 Bingo Store (HCA)</p>	<p>22 V 10:00 TrilogyFit-Strength (MDR) K 1:45 Bingo (MDR) S 2:30 Pet Visit w/Sadie L 4:00 Prime the Mind (PDR)</p>	<p>23 K 10:00 Bingo (HCA) JG 12:00 Romeo's Club (PD) A 1:30 Mason Jar Cowboy Centerpieces (MDR) GG 3:00 Skip-bo (MDR) K 4:00 LifeShare Games (ML) M 6:00 New Jerusalem (MDR)</p>	<p>24 V 10:00 TrilogyFit (MDR) O 1:00 Peru Museum I 1:30 Let's Relax (PD) S 2:15 Chef's Comer (MDR) K 2:30 Bingo (MDR) CC 3:30 Happy Trails to You (MDR) S 5:00 Boot Scootin' Boggie Themed Dinner</p>	<p>25 K 10:00 Mystery Wheel (MDR) V 1:30 Ski-ball (MDR) M 3:00 Happy Hour (HC) K 6:00 Horse Racing (MDR)</p>	<p>26 V 10:00 TrilogyFit-Strength (MDR) M 2:00 Name that Tune (ML) G 2:00 Pet Visits w/Skylar K 2:30 Brain Games (MDR) O 4:00 Mystery Drive</p>
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<p>A - Artisans CC - Community Connections CC - Creative Cooking G - Generations GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears</p>	<p>Key Code: B-Basement HC-Health Center HCA-Health Center Activities Room HCL-Health Center Library MDR-Main Dining Room ML-Main Lobby PDR-Private Dining Room</p>	<p>1 V 10:40 Golden Age Movers (HC) K 1:45 Bingo (MDR) S 2:00 Pet Visits w/Sadie (HC) MN 3:30 Mindful Moments (HC) L 4:00 Prime the Mind (PDR)</p>	<p>2 K 10:00 Bingo (HCA) A 1:30 Pumpkin Welcome Signs (MDR) GG 3:00 Skip-bo (MDR) MN 3:30 Mindful Moments (HC) K 4:00 LifeShare Games (ML) K 6:00 Spelling Bee (ML)</p>	<p>3 V 10:40 Golden Age Movers (HC) O 1:00 CVS/ Walgreens I 1:30 Let's Relax (PD) S 2:15 Chef's Corner (MDR) K 2:30 Bingo (MDR) CC 3:30 Important "Piece" (MDR) MN 3:30 Mindful Moments (HC)</p>	<p>4 K 10:00 Uno (MDR) V 1:30 Ski-ball (MDR) M 3:00 Happy Hour (MDR) MN 3:30 Mindful Moments (HC) V 6:00 Horse Racing (MDR)</p>	<p>5 V 10:40 Golden Age Movers (HC) M 2:00 Name that Tune (ML) G 2:00 Pet Visits w/Skylar K 2:30 Brain Games (MDR) O 4:00 Mystery Drive</p>
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Our Ombudsman is Terry Holtz Phone (574) 737-2169 Email: tholtz@areafive.com	EVERY MORNING (Times may vary) 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refresher 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep	1 9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Pumpkin Pie Chocolate Chip Cookies 12:45 Relax & Recharge 2:00 Pleated Pumpkin Centerpieces 3:30 Toot Your Flute 4:00 Roll the Die & Break the	2 9:00 Chair Swimming 9:30 Autumn Spelling Words 10:45 Little Lemon Scones 12:45 Relax & Recharge 2:00 Floral Arrangements 3:30 Pass The Beat 4:00 Lollipop Paddle 4:30 Healthy Hands 6:00 Garden Scentscape	3 9:00 Basketball 9:30 Glorious Verbs! 10:45 Mapledoodles 12:45 Relax & Recharge 2:00 Wine Cork Pumpkins 3:30 Feel The Heartbeat 4:00 Turkey Toss 4:30 Healthy Hands 6:00 Time For Cowboy Tea!	4 9:00 Pumpkin Pass 9:30 October Word Poem 10:45 Swedish Cinnamon Buns 12:45 Relax & Recharge 2:00 Have a Gentle Conversation 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	5 9:00 Mindfulness Matters 9:30 Tum Over 10:45 Cracker Barrel Baked Cinnamon Apples 12:45 Relax & Recharge 2:00 Tissue Paper Leaves 3:30 Saturday Jazz 4:00 Life on the Farm 4:30 Healthy Hands
6 9:00 Bowling 9:30 Create a Caption 10:45 Game Day Beer Cheese Dip 12:45 Relax & Recharge 2:00 Paper Pumpkins 3:30 Celebrity Sunday 4:00 Image Snap 4:30 Healthy Hands	7 9:00 Bandana Dance 9:30 Football Frenzy! 10:45 Pumpkin Cheesecake Swirl Muffins 12:45 Relax & Recharge 2:00 Tissue Paper Flowers 3:30 Musical Moments 4:00 Horseshoes 4:30 Healthy Hands	8 Yom Kippur Begins 9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Apple Cider Cake 12:45 Relax & Recharge 2:00 Fall Salt Dough Ornaments 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice	9 9:00 Chair Swimming 9:30 Autumn Spelling Words 10:45 Baked Coconut Custard 12:45 Relax & Recharge 2:00 Floral Arrangements 3:30 Pass The Beat 4:00 Lollipop Paddle 4:30 Healthy Hands 6:00 Garden Scentscape	10 9:00 Basketball 9:30 Glorious Verbs! 10:45 Pumpkin Pie Truffles 11:00 Just the Guys Lunch Outing 12:45 Relax & Recharge 2:00 Stamped Pumpkin Placemat 3:30 Feel The Heartbeat	11 9:00 Pumpkin Pass 9:30 October Word Poem 10:45 Chocolate Banana Parfaits 12:45 Relax & Recharge 2:00 Dried Orange Garland 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 4:30 Healthy Hands	12 9:00 Mindfulness Matters 9:30 Tum Over 10:45 Cinnamon Roll Sugar Cookies 12:45 Relax & Recharge 2:00 Pumpkin Rocks 3:30 Saturday Jazz 4:00 Life on the Farm 4:30 Healthy Hands
13 9:00 Bowling 9:30 Create a Caption 10:45 Cinnamon Apple Tart 12:45 Relax & Recharge 2:00 Cut & Paste Pumpkin Face 3:30 Celebrity Sunday 4:00 Image Snap 4:30 Healthy Hands	14 Columbus Day 9:00 Bandana Dance 9:30 Football Frenzy! 10:45 Pumpkin Cobbler 12:45 Relax & Recharge 2:00 Hocus Pocus Door Decor 3:30 Musical Moments 4:00 Horseshoes 4:30 Healthy Hands 6:00 Animal Album	15 9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Maple Oatmeal Cookies 12:45 Relax & Recharge 2:00 Autumn Leaf Bowl 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice 4:30 Healthy Hands	16 9:00 Chair Swimming 9:30 Autumn Spelling Words 10:45 Pecan Pie Balls 12:45 Relax & Recharge 2:00 Floral Arrangements 3:30 Pass The Beat 4:00 Lollipop Paddle 4:30 Healthy Hands 6:00 Garden Scentscape	17 9:00 Basketball 9:30 Glorious Verbs! 10:45 Grandma's Rice Pudding 12:45 Relax & Recharge 2:00 Dunkin Pumpkins 3:30 Feel The Heartbeat 4:00 Turkey Toss 4:30 Healthy Hands 6:00 Time for Cowboy Tea!	18 9:00 Pumpkin Pass 9:30 October Word Poem 10:45 Apple Pecan Fall Salad 12:45 Relax & Recharge 2:00 Brushless Painting 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 4:30 Healthy Hands 6:00 LifeShare Games	19 9:00 Mindfulness Matters 9:30 Tum Over 10:45 Chocolate-Frosted Yellow Cake 12:45 Relax & Recharge 2:00 Autumn Sun Printing Art 3:30 Saturday Jazz 4:00 Life on the Farm 4:30 Healthy Hands
20 9:00 Bowling 9:30 Create a Caption 10:45 Southern Pecan Pie 12:45 Relax & Recharge 2:00 Sunflower Centerpieces 3:30 Celebrity Sunday 4:00 Image Snap 4:30 Healthy Hands 6:00 Old Time Theater	21 9:00 Bandana Dance 9:30 Football Frenzy! 10:45 Tennessee Banana-Black Walnut Cake 12:45 Relax & Recharge 2:00 DIY Garland 3:30 Musical Moments 4:00 Horseshoes 4:30 Healthy Hands	22 9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Pig Pickin Cake 12:45 Relax & Recharge 2:00 Bandana Wreath 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice 4:30 Healthy Hands	23 9:00 Chair Swimming 9:30 Autumn Spelling Words 10:45 Mom's Sweet Potato Bake 12:45 Relax & Recharge 2:00 Floral Arrangements 3:30 Pass The Beat 4:00 Lollipop Paddle 4:30 Healthy Hands 6:00 Garden Scentscape	24 9:00 Basketball 9:30 Glorious Verbs! 10:45 Nashville's Confetti Combread 12:45 Relax & Recharge 2:00 Cowboy Hat 3:30 Feel The Heartbeat 4:00 Turkey Toss 4:30 Healthy Hands	25 9:00 Pumpkin Pass 9:30 October Word Poem 10:45 Nashville Crumb Cake 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 October Happy Hour 4:00 Pin the Tail on Bessie 4:30 Healthy Hands 6:00 LifeShare Games	26 9:00 Mindfulness Matters 9:30 Tum Over 10:45 Nashville's Best Buttered Biscuits 12:45 Relax & Recharge 2:00 Painting with Tissue Paper 3:30 Saturday Jazz 4:00 Life on the Farm 4:30 Healthy Hands
27 9:00 Bowling 9:30 Create a Caption 10:45 Apple Spice Dump Cake 12:45 Relax & Recharge 2:00 Cheesecloth Halloween Ghosts 3:30 Celebrity Sunday 4:00 Image Snap 4:30 Healthy Hands	28 9:00 Bandana Dance 9:30 Football Frenzy! 10:45 Creamy Corn Casserole 12:45 Relax & Recharge 2:00 Tissue Paper Pumpkin Favors 3:30 Musical Moments 4:00 Horseshoes 4:30 Healthy Hands	29 9:00 Cowboy Boogie 9:30 Best Friends Forever! 10:45 Pumpkin Roll 12:45 Relax & Recharge 2:00 Halloween Candy Wrappers 3:30 Toot Your Flute 4:00 Roll the Die & Break the Ice	30 9:00 Chair Swimming 9:30 Autumn Spelling Words 10:45 Candy Corn Crunch 12:45 Relax & Recharge 2:00 Floral Arrangements 3:30 Pass The Beat 4:00 Lollipop Paddle 4:30 Healthy Hands 6:00 Garden Scentscape	31 Halloween 9:00 Basketball 9:30 Glorious Verbs! 10:45 Halloween Whoopie Pies 12:45 Relax & Recharge 2:00 Halloween Wall Art 3:30 Feel The Heartbeat 4:00 Turkey Toss 4:30 Healthy Hands 6:00 Time for Cowboy Tea!	12:45 Relax & Recharge 2:00 Artisans Late Afternoon 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections: Group Games (Cognitive/Physical) 4:30 Dinner Prep 4:45 Keeping It Sharp Evening	Birthdays: 10/2 Pamela R. 10/3 Thomas T. 10/8 Gerald F. 10/12 Estel F. 10/17 Mary M. 10/24 Donna O. 10/24 Ruth H. 10/30 Gary W.