

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Church Transportation 1 11:00 Color Therapy-AC2 1:30 Bingo-AC2 2:30 Rev. Huls Service-GT1 3:00 Wii Bowling-AC2 4:30 Billiards-4 th floor 6:00 Viewers Choice Movie-CB1	**Shopper Hopper 2 10:00 Chair Chi Exercise –AC2 10:45 Brain Exercise-AC2 1:30 Mike Chamberlin Performs- “WWII Love Songs”-GT1 4:00 Strummers Unite-AC2 6:00 Hand & Foot Cards-GR3 6:30 Books & Bubbly-LL1	**Dr. Appointment Day 3 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 1:30 5-Second Rule Game-AC2 2:00 Rummikub-Game Room3 2:30 Mahjong-GR3 3:30 Bingo-AC2 6:15 Discussion Group-CB1	** Outing Day-Sign up! 4 9:30Valley View Casino Outing 10:00 Chair Chi Exercise-AC2 10:45 Trivia- AC2 1:30 Pool Exercise w/Terri-Pool 2:30 Fun with Music- AC2 3:30 Card Bingo-AC2 6:00 Happy Hour with AI-Lobby	**Dr. Appointment Day 5 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 1:30 **Art for All Ages-AC2 2:00 ** Professor Gadget-CB1 3:30 Bingo-AC2 6:00 Rummikub-GR3	**Errand Day 6 10:00 Chair Chi Exercise-AC2 10:30 Travel the World w/Bill-GT1 11:00 Pool Exercise w/Terri-Pool 1:15 & 3:00 Bridge-GR3 1:30 September Trivia-AC2 6:00 Hand & Foot-GR3 6:30 Viewers Choice Movie-CB1	Fun Day! 7 9:30 Chair Yoga with Carol-AC2 1:30 DVD Wild Pacific GT1 3:00 Resident Birthday Party with Music Station-GT1 4:00 Resident Happy Hour BYOB-CB1 6:00 Mexican Train-GR3 6:30 Viewers Choice Movie – CB1
Church Transportation 8 10:00 Catholic Service-AC2 11:00 Color Therapy-AC2 1:30 Bingo-AC2 2:45 Viewers Choice Movie Matinee-CB1 4:30 Billiards-4 th floor Grandparents' Day	**Shopper Hopper 9 9:30-2:00 North County Fair 10:00 Chair Chi Exercise –AC2 10:45 Brain Exercise-AC2 1:30 Pool Exercise w/Terri-Pool 2:00 Poetry Circle-AC2 3:00 Creative Writing Class-CB1 4:00 Sing Along with Emily-AC2 6:00 Hand & Foot Cards-GR3	**Dr. Appointment Day 10 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC 1:30 Activity Meeting-AC2 2:00 Rummikub-Game Room3 2:30 Mahjong-GR3 3:30 Bingo-AC2 6:15 Discussion Group-CB1	** Outing Day-Sign up! 11 9:00 Oceanside Harbor, Walking, Fishing, Lunch Out 10:00 Chair Chi Exercise-AC2 10:45 Musical Masterpieces-AC2 1:30 Pool Exercise w/Terri-Pool 2:30 Fun with Music- AC2 3:30 Card Bingo-AC2	**Dr. Appointment Day 12 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 2:00 ** Professor Gadget-CB1 3:30 Bingo - AC2 6:00 Rummikub-GR3	**Errand Day 13 10:00 Chair Chi Exercise-AC2 11:00 Pool Exercise w/Terri-Pool 1:15 & 3:00 Bridge-GR3 1:30 Trivia Tidbits-AC2 3:00 Travel Adventure w/Hal-GT1 6:00 Hand & Foot-GR3 6:30 Viewers Choice Movie-CB1	Fun Day! 14 9:30 Chair Yoga with Carol-AC2 11:00 Color Therapy-AC2 1:30 Sonny the Entertainer-GT1 3:00 DVD Wild Pacific- GT1 6:00 Mexican Train-GR3 6:30 Viewers Choice Movie – CB1
Church Transportation 15 10:00 Catholic Service-AC2 11:00 Color Therapy-AC2 1:30 Bingo-AC2 3:00 Wii Bowling-AC2 4:30 Billiards-4 th floor 6:00 Viewers Choice Movie-CB1	**Shopper Hopper 16 10:00 Chair Chi Exercise –AC2 10:45 Brain Exercise-AC2 11:00 Travel Log w/Hernan-CB1 1:30 Pool Exercise w/Terri-Pool 3:00 LaDon Sings-GT1 6:00 Hand & Foot Cards-GR3	**Dr. Appointment Day 17 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 2:00 Chef Talk-GT1 2:00 Rummikub-GR3 2:30 Mahjong-GR3 3:30 Bingo-AC2 6:15 Discussion Group-CB1	** Outing Day-Sign up! 18 9:30 Carlsbad Miniature Museum & Lunch at Mendocino Farms 10:00 Chair Chi Exercise-AC2 10:45 Trivia- AC2 12:30 **Audiologist-AC2 1:30 Pool Exercise w/Terri-Pool 2:30 Fun with Music- AC2 3:30 Card Bingo-AC2	**Dr. Appointment Day 19 10:00**Awesome Art w/Jackie-AC2 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 2:00 ** Professor Gadget-CB1 3:30 Bingo-AC2 6:00 Rummikub-GR3	**Errand Day 20 10:00 Chair Chi Exercise-AC2 11:00 Pool Exercise w/Terri-Pool 1:15 Bridge-GR3 1:30 **Crafts with Kelli-AC2 3:00 Bridge-GR3 6:00 Hand & Foot-GR3 6:30 Viewers Choice Movie-CB1	Fun Day! 21 9:30 Chair Yoga with Carol-AC2 1:30 Apple to Apples-AC2 3:00 DVD Wild Pacific- GT1 4:00 Resident Happy Hour BYOB-CB1 6:00 Mexican Train-GR3 6:30 Viewers Choice Movie – CB1 Oktoberfest Begins
**Church Transportation 22 10:00 Catholic Service-AC2 11:00 Color Therapy-AC2 1:30 Bingo-AC2 2:45 Viewers Choice Movie Matinee-CB1 4:30 Billiards-4 th floor	**Shopper Hopper 23 10:00 Chair Chi Exercise –AC2 10:45 Brain Exercise-AC2 1:30 Pool Exercise w/Terri-Pool 1:30 Poetry Circle-AC2 2:30 Resident Council Meeting-GT1 4:00 Strummers Unite-AC2 6:00 Hand & Foot Cards-GR3 Autumn Begins	**Dr. Appointment Day 24 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 1:30 Town Court News-GT1 2:00 Rummikub-GR3 2:30 Mahjong-GR3 3:30 Bingo-AC2 6:15 Discussion Group-CB1	** Outing Day-Sign up! 25 9:30 ** Rancho Bernardo Winery & Lunch out 10:00 Chair Chi Exercise-AC2 10:45 Trivia- AC2 1:30 Pool Exercise w/Terri-Pool 2:30 Fun with Music- AC2 3:30 Card Bingo-AC2	**Dr. Appointment Day 26 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 2:00 ** Professor Gadget-CB1 2:00 Glenn at the Piano-Lobby 3:30 Bingo-AC2 6:00 Rummikub-GR3	**Errand Day 27 8:30 Dudes & Donuts-CB1 10:00 Chair Chi Exercise-AC2 11:00 Pool Exercise w/Terri-Pool 1:15 Bridge-GR3 3:00 Bridge-GR3 6:00 Hand & Foot-GR3 6:30 Viewers Choice Movie-CB1	Fun Day! 28 9:30 Chair Yoga with Carol-AC2 11:00 Color Therapy-AC2 1:30 DVD Wild Pacific -GT1 3:45-Entertainment w/AI-Lobby 6:00 Mexican Train- GR3 6:30 Viewers Choice Movie – CB1
**Church Transportation 29 10:00 Catholic Service-AC2 11:00 Color Therapy-AC2 1:30 Bingo-AC2 3:00 Wii Bowling-AC2 4:30 Billiards-4 th floor 6:00 Viewers Choice Movie-CB1	**Shopper Hopper 30 10:00 Chair Chi Exercise –AC2 10:45 Brain Exercise-AC2 1:30 Pool Exercise w/Terri-Pool 4:00 Sing Along with Emily-AC2 6:00 Hand & Foot Cards-GR3 Rosh Hashanah (first Day)	All activities are subject to change. Please check the Daily Calendars for updates.				

 Denotes “Entertainment”



September 2019



Sign up in the Mail Room Binder for all Activities marked **

Activity Locations
 AC2- Activity Center-2nd floor
 Bistro-Lobby near Pool
 CB1-Citrus Bistro-1st floor
 GR3- Game Room-3rd floor
 GT1-Garden Theater-Courtyard
 LL1-Library Lounge-1st floor

