



September 2019
In The Moment – Memory Support



| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | |
|-----------------|---|--------|---|---------|---|-----------|---|----------|--|--------|--|----------|--|----|
| 9:30 | Morning Wake up stretch | 1 | Labor Day | 2 | 10:00 CE Daily Chronicle and News Views | 3 | 10:00 Morning Wake up stretch | 4 | 10:30 PE Exercise Dance Class | 5 | 10:00 Morning Wake up stretch | 6 | 10:00 Good Morning News | 7 |
| 10:30 CE | Daily Chronicle | | 10:00 Morning Wake up stretch | | 10:30 PE Exercise Dance Class | | 11:00 LL Groceries: Do you know the price? | | 11:00 Football Season Kickoff: Paper Flick Football Game | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | |
| 1:00 | Shading Shenanigans and Searching for September Word Search | | 10:30 CE Daily Chronicle | | 11:00 CE Branches of the Government Quiz | | 1:30 CE The Price is Right Mining Game | | 1:30 Football Fever Puzzle | | 11:15 AE Exercise with Bayada | | 11:00 Truth or Consequences Game show Discussion | |
| | | | 11:15 CE Morning wake up trivia: What is Labor Day?! | | 1:30 Name That Tune | | 2:15 Maryland Wildlife Discussion | | 2:15 Garden Stroll | | 1:30 Manicures | | 1:30 Who Am I Trivia?! | |
| 4:15 | Afternoon Stretch | | 1:30 Ring Toss | | 3:00 Circle Talk | | 3:00 PE Nature Stroll with Psalm | | 3:00 Jeopardy Game | | 2:30 Good Manners Puzzle | | 2:15 PE Ring Toss | |
| | | | 4:15 Coffee and Conversation | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | 3:00 CC <i>Happy Hour in the Bistro</i> | | 3:00 Grandma Moses Painting Viewing & Discussion | |
| | | | | | | | | | | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | |
| 10:00 | Chair Exercises | 8 | 10:00 Morning Wake up stretch | 9 | 10:00 CE Daily Chronicle and News Views | 10 | 10:00 Morning Wake up stretch | 11 | 10:00 News and Views | 12 | 10:00 Morning Wake up stretch | 13 | 10:00 News and Views | 14 |
| 10:30 CE | Daily Chronicle | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | |
| 11:00 | A tour of the testaments... An exploration of the bible with Rabbi Shlomo | | 11:15 AE Exercise with Bayada | | 1:30 Name That Tune | | 11:00 Arm Chair Travel | | 11:00 Lets Learn: President without a cabinet... Who was he? | | 11:15 AE Exercise with Bayada | | 11:00 CE Trivia Hour: Golden Girls | |
| | | | 1:30 Ring Toss | | 3:00 Short Story: Empanada Escapades | | 1:30 Reminiscing: Back to school memories | | 1:30 President fact match game | | 1:30 History of Friday the 13th | | 1:30 Mushroom hunter Detective | |
| 1:30 | Chia Pet Fun | | 2:15 Bug Word Game: How many bugs can you name? | | 4:15 Afternoon Stretch | | 2:30 Junk Drawer Detective | | 2:15 Garden Stroll | | 2:30 Chit Chat and Music | | 2:15 CE Word Scramble Fun | |
| 2:15 | Word Search Fun | | 3:00 SS Fellowship with Pastor Wilson in the Chapel | | | | 3:00 PE Nature Stroll with Psalm | | 3:00 Jeopardy | | 3:00 CC <i>Happy Hour in the Bistro</i> | | 4:15 Afternoon Stretch | |
| 3:00 | What am I Trivia?! | | 4:15 Afternoon Stretch | | | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | | |
| 4:15 | Afternoon Stretch | | | | | | | | | | | | | |
| 10:00 | Chair Exercises | 15 | 10:00 Morning Wake up stretch | 16 | 10:00 CE Daily Chronicle and News Views | 17 | 10:00 Taste and Tell | 18 | 10:00 News and Views | 19 | 10:00 Morning Wake up stretch | 20 | 10:00 News and Views | 21 |
| 10:30 CE | Daily Chronicle | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | | 10:30 CE News and Views | | 10:30 PE Exercise Dance Class | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | |
| 11:00 | A tour of the testaments... An exploration of the bible with Rabbi Shlomo | | 11:15 AE Exercise with Bayada | | 1:30 Name That Tune | | 11:00 Arm Chair Travel: Maine | | 11:00 Baseball Trivia | | 11:15 AE Exercise with Bayada | | 11:00 Oktoberfest Trivia Hour | |
| | | | 1:30 Monday Movie Matinee in the Chapel | | 3:00 Circle Talk | | 1:30 The Write Word Game | | 1:30 Hummingbird Craft | | 1:30 Mary Tyler Moore Show Trivia Discussion | | 1:30 Oktoberfest Beer Tasting | |
| 1:30 CE | Hispanic Heritage Crossword Puzzle Fun | | 1:30 Ring Toss | | 4:15 Afternoon Stretch | | 2:15 TANGO Bingo | | 2:15 Garden Word Game | | 2:30 Chit Chat and Music | | 2:30 Crossword Puzzle Fun | |
| 2:15 PE | Afternoon Stretch Class | | 3:00 SS Fellowship with Pastor Wilson in the Chapel | | | | 3:00 PE Nature Stroll with Psalm | | 3:00 Price is Right Game | | 3:00 CC <i>Happy Hour in the Bistro</i> | | 4:15 Afternoon Stretch | |
| 3:00 | Walking Club | | 4:15 Afternoon Stretch | | | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | | |
| 4:15 | Coffee Chit Chat | | | | | | | | | | | | | |
| 10:00 | Chair Exercises | 22 | 10:00 Morning Wake up stretch | 23 | 10:00 CE Daily Chronicle and News Views | 24 | 10:00 Morning Wake up stretch | 25 | 10:00 CC News and Views | 26 | 10:00 Morning Wake up stretch | 27 | 10:00 News and Views | 28 |
| 10:30 CE | Daily Chronicle | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | | 10:30 CE Daily Chronicle | | 10:30 PE Exercise Dance Class | |
| 11:00 | A tour of the testaments... An exploration of the bible with Rabbi Shlomo | | 11:15 AE Exercise with Bayada | | 11:00 Word Scramble | | 11:00 Arm Chair Travel: Yellowstone Park | | 11:00 Hangman Word Game | | 11:15 AE Exercise with Bayada | | 11:00 Random Trivia Fun | |
| | | | 1:30 Monday Movie Matinee in the Chapel | | 1:30 Name That Tune | | 1:30 Largest things in the world Quiz | | 1:30 What am I trivia? | | 1:30 Manicures | | 1:30 Famous People Trivia | |
| 1:30 | Guess that product | | 1:30 Ring Toss | | 2:00 Icon of the week: Mickey Rooney | | 2:15 mini Pumpkin painting | | 4:15 Afternoon Stretch | | 2:30 Chit Chat and Music | | 3:00 Corn Hole Game | |
| 2:30 | Bowling Game | | 3:00 SS Fellowship with Pastor Wilson in the Chapel | | 3:00 Autumn Word Puzzle | | 3:00 PE Nature Stroll with Psalm | | | | 3:00 CC <i>Happy Hour in the Bistro</i> | | 4:15 Afternoon Stretch | |
| 4:15 | Afternoon Stretch | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | 4:15 Afternoon Stretch | | | | 4:15 Afternoon Stretch | | | |
| | | | | | | | | | | | | | | |
| 10:00 | Chair Exercises | 29 | 10:00 Morning Wake up stretch | 30 | <div><div><div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle & Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div><div>Healthy Snacks & Hydration offered throughout each day!</div></div></div> <div><div><div><div>1700 Woodholme Ave</div><div>Pikesville, MD 21208</div><div>410-580-1400</div></div><div><div><div></div><div><div>Woodholme Gardens</div><div>Assisted Living & Memory Care</div></div></div></div></div></div> | | | | | | | | | |
| 10:30 CE | Daily Chronicle | | 10:30 CE Daily Chronicle | | | | | | | | | | | |
| 11:00 | A tour of the testaments... An exploration of the bible with Rabbi Shlomo | | 11:15 AE Exercise with Bayada | | | | | | | | | | | |
| | | | 1:30 Monday Movie Matinee in the Chapel | | | | | | | | | | | |
| 1:30 | Today in History | | 1:30 Ring Toss | | <div><div><div><div>1700 Woodholme Ave</div><div>Pikesville, MD 21208</div><div>410-580-1400</div></div><div><div><div></div><div><div>Woodholme Gardens</div><div>Assisted Living & Memory Care</div></div></div></div></div></div> | | | | | | | | | |
| 2:15 | Chair Yoga | | 3:00 SS Fellowship with Pastor Wilson in the Chapel | | | | | | | | | | | |
| 4:15 | Afternoon Stretch | | 3:00 Poetry Reading | | | | | | | | | | | |
| | | | 4:15 Afternoon Stretch | | | | | | | | | | | |