## September 2019 **Memory Support** Sunday Monday Tuesday Wednesday Thursday Friday Saturday 2 10:00 AE Poetry Club 10:30 PE Patio 9:30 PE Optimal Exercise in **Labor Day NFL Kickoff Day!** 9:30 SS in2L's Spiritual 9:00 🔀 Our Own 9:00 CE Morning Brain **Joggers** 9:30 Singing w/ Susie 10:30 AE Relaxing Outing! Songs 10:00 CE Learning w/ the 11:00 Walker's Club Reminiscing w/ 10:30 **PE** Sunday **Possibilities** 10:30 PE Elevated Bird-Man Positive Meditation 1:30 Shady Spots 2 Sit & Sip 10:00 III Morning Bingo Stretches Exercises w/ Optimal 11:00 CC Support Our Stroll! 10:30 SS Catholic Communion & 11:00 PE Let's Move It! 2:30 SS New Life Church in A.L. 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 11:00 👀 Walker's Club 11:30 SS Words to Fill Our Spirit Blessings 11:30 SS Monday Motivations 3:00 PE Simple Stretches w/ Staff 1:15 Walkabout in A.L. 2:30 CE Treats & TriviA+ 1:00 AE Fancy Nails on Friday! 2:00 CE Good News Network! 1:30 AE Interactive Music & **Labor Day BBQ** 3:30 CE Finish the Lines b4 Dinner 12:00 🛄 2:15 CO Thank You Cards Entertainment 2:00 Patio Possibilities 3:00 AE Not Your Child's 3:00 **PE ALL Bowlers 2 A.L.!** 2:00 CE Good News Network! 6:00 III The Lawrence Welk Show 3:00 AE Seasonal Storyteller 3:00 CE Teachable Moments Coloring 2:30 CE Entertainment in A.L. 6:00 Next w/ Kyle Clark on on PBS 3:00 PE Early Evening Exercises 6:15 III First Game of The Football Who We Are?!? 3:30 6:00 Sentimental Sunday NBC 6:00 CE Weekly Chronicles 6:30 Wheel of Fortune on FOX Season! 7:00 MasterChef on FOX Movies 9 10:00 AE Poetry Club 10:30 AE Relaxing **Estes Park Picnic** Happy Birthday Dulce! 9:00 CE Morning Brain **Happy Grandparents Day!** 8:30 🔀 9:00 CC **Our Own** Reminiscing w/ 9:30 PE Optimal Exercise in **Joggers** 10:30 **PE** Patio 9:30 SS Singing w/ Susie Outina! 9:30 SS in2L's Spiritual Positive Meditation 11:00 🔃 Walker's Club Sonas Possibilities 10:30 PE Elevated 11:00 C Support Our Stroll! 10:30 III Bird Watching & Whistling 10:30 PE Sunday Stretches 10:00 🛄 Morning Bingo 1:30 Shady Spots 2 Sit & Sip Exercises w/ Optimal 11:00 C Support Our Stroll! 11:30 S Monday Motivations 10:30 SSS Catholic Communion & 2:30 SS New Life Church in A.L. 11:00 C Walker's Club 11:00 PE Let's Move It! 11:30 SS Words to Fill Our Spirit 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! Blessings 3:00 PE Simple Stretches w/ Staff 2:30 CF Treats & TriviA+ 1:15 Walkabout in A.L. 1:00 AE Fancy Nails on Friday! 3:00 PE Early Evening Exercises 2:00 **Gathering All** 1:30 AE Interactive Music & 3:30 CF Finish the Lines b4 Dinner 3:00 AE Not Your Child's Coloring 2:15 CC Thank You Cards 6:30 Wheel of Fortune on FOX Entertainment 2:00 Patio Possibilities Gentlemen! 6:00 III Sentimental Sunday 6:00 III The Lawrence Welk Show 3:00 AE Seasonal Storyteller 8:20 GO BRONCOS! vs. really, the 3:00 CE Teachable Moments 3:00 **PE ALL Bowlers 2 A.L.!** 2:30 CE Entertainment in A.L. on PBS Movies raiders?!? Who We Are?!? 6:00 III Thursday Night Football! 3:30 6:00 CE Weekly Chronicles 6:00 Next w/ Kyle Clark on 6:00 CE Jeopardy on FOX **NBC** 9:45 **EE Zumba in A.L!** 18 21 9:30 SS in2L's Spiritual 9:30 Cards to 9:30 PE Optimal Exercise in 9:30 Singing w/ Susie 9:00 00 9:00 CE Morning Brain Our Own Outing: Target! 10:00 AE Poetry Club A.L! Winning Picnic @ Joggers Songs 10:30 AE Relaxing 10:00 CE Learning w/ the Webster Park! 10:30 PE Sunday Stretches 10:30 PE Patio Possibilities 10:00 Morning Bingo 11:00 👀 Walker's Club Reminiscing w/ Positive Bird-Man 11:00 C Walker's Club 10:30 PE Elevated Exercises w/ 1:30 Shady Spots 2 Sit & Sip 11:00 CC Support Our Stroll! 11:00 PE Let's Move It! Meditation 10:30 SSS Catholic Communion & GO BRONCOS! vs boo Optimal 2:25 11:30 SS Words to Fill Our Spirit 2:30 SS New Life Church in A.L. 12:00 **Veterans' Lunch** 11:00 C Support Our Stroll! Blessings 11:30 SS Words to Fill Our Spirit bears?!? 2:00 CE Good News Network! 3:00 PE Simple Stretches w/ Staff 1:15 Walkabout in A.L. 11:30 SS Monday Motivations 1:30 AE Interactive Music & 1:00 AE Fancy Nails on Friday! 2:30 CE Treats & TriviA+ 3:30 CE Finish the Lines b4 Dinner 3:00 **A.L. vs M.S. Bowling** 2:15 CC Thank You Cards 1:30 CVitals by Encompass Entertainment 2:00 Patio Possibilities 3:00 AE Not Your Child's Coloring 6:00 III The Lawrence Welk Show Tournement! 2:00 CE Good News Network! 3:00 CE Teachable Moments 3:00 AE Seasonal Storyteller 2:30 Oktoberfest in A.L. on PBS 6:00 Sentimental Sunday 6:00 III Next w/ Kyle Clark on NBC 3:30 Who We Are?!? 6:00 III Thursday Night Football! 3:00 PE Early Evening Exercises 6:00 CE Weekly Chronicles Movies 6:30 Wheel of Fortune on FOX 6:00 CE Jeopardy on FOX Autumii begii. 10:30 AE Relaxing 9:00 CE Morning Brain 9:30 SS in2L's Spiritual 9:45 **EE Zumba in A.L!** Happy Birthday Delores! 28 **Autumn Begins!** 9:30 SS Singing w/ 26 9:00 **Our Own** Songs 10:00 AE Poetry Club 9:30 PE Optimal Exercise in Outing! **Joggers** Susie Q 10:30 PE Sunday Stretches 11:00 🔃 Walker's Club 10:30 Per Patio Possibilities Reminiscing w/ 10:30 PE Elevated 10:00 III Morning Bingo 10:15 CE 25 Things to Share & More 11:00 GO BRONCOS! vs poor 1:30 Shady Spots 2 Sit & Sip Positive Meditation 11:00 CC Support Our Stroll! 11:00 PE Let's Move It! Exercises w/ Optimal 10:30 Bird Watching & Whistling packers?!? 11:00 C Support Our Stroll! 2:30 SS New Life Church in A.L. 11:30 SS Words to Fill Our Spirit 11:30 SS Words to Fill Our Spirit 1:15 Walkabout in A.L. 10:30 SS Catholic Communion & 11:00 Walker's Club 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 PE Simple Stretches w/ Staff 1:00 AE Fancy Nails on Friday! 2:15 CC Thank You Cards Blessings 2:30 CE Treats & TriviA+ 2:00 CE Good News Network! 3:00 **PE ALL Bowlers 2 A.L.!** 3:30 CE Finish the Lines b4 Dinner 1:30 AE Interactive Music & 2:00 Patio Possibilities 3:00 AE Seasonal Storyteller 3:00 AE Not Your Child's Coloring 6:00 The Lawrence Welk Show 3:00 Resident Support Group 5:30 **Example 5:30** Family Support Meeting Entertainment 2:30 Entertainment in A.L. 6:00 III Thursday Night 6:00 Sentimental Sunday on PBS 6:30 Wheel of Fortune on FOX 6:00 III Next w/ Kyle Clark on NBC 2:30 CE 25 Things to Know 2nd Shift Football! 6:00 CE Weekly Chronicles Movies 6:00 CE Jeopardy on FOX 9:30 SS in2L's Spiritual 30 10:30 AE Relaxing Songs Reminiscing w/ **AE Artistic Expression** 10:30 PE Sunday Stretches Positive **CC** Community Connections 11:00 Walker's Club Meditation Healthy Snacks & 11475 Pearl Street 2:25 📖 GO BRONCOS! vs lag 11:00 CC Support Our Stroll! **CE** Continuing Education Northglenn, CO 80233 Hydration offered jaguars?!? Northglenn Heights 11:30 SS Monday Motivations LL Lifestyle & Leisure 2:30 CE Treats & TriviA+ throughout each day! 303-452-0501 2:00 CE Good News Network! Assisted Living & Memory Care Community PE Physical Engagement 3:00 AE Not Your Child's Coloring 3:00 PE Early Evening Exercises 6:00 LL Sentimental Sunday SS Spiritual Support 6:30 Wheel of Fortune on Movies FOX