


September 2019
Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 SS in2L's Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Treats & Trivia+ 3:00 AE Not Your Child's Coloring 6:00 LL Sentimental Sunday Movies	Labor Day 10:30 AE Relaxing Reminiscing w/ Positive Meditation 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 12:00 LL Labor Day BBQ 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX	10:00 AE Poetry Club 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L.! 6:00 LL Next w/ Kyle Clark on NBC	9:30 PE Optimal Exercise in A.L! 10:00 CE Learning w/ the Bird-Man 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 3:30 CC Who We Are?!? 7:00 LL MasterChef on FOX	NFL Kickoff Day! 9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:15 LL First Game of The Football Season!	9:00 CC Our Own Outing! 10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles	9:00 CE Morning Brain Joggers 11:00 CC Walker's Club 1:30 LL Shady Spots 2 Sit & Sip 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 3:30 CE Finish the Lines b4 Dinner 6:00 LL The Lawrence Welk Show on PBS
Happy Grandparents Day! 9:30 SS in2L's Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Treats & Trivia+ 3:00 AE Not Your Child's Coloring 6:00 LL Sentimental Sunday Movies	10:30 AE Relaxing Reminiscing w/ Positive Meditation 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX 8:20 LL GO BRONCOS! vs. really, the raiders?!?	10:00 AE Poetry Club 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CC Gathering All Gentlemen! 3:00 PE ALL Bowlers 2 A.L.! 6:00 LL Next w/ Kyle Clark on NBC	8:30 CC Estes Park Picnic 9:30 PE Optimal Exercise in A.L! 10:30 LL Bird Watching & Whistling 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 3:30 CC Who We Are?!? 6:00 CE Jeopardy on FOX	Happy Birthday Dulce! 9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 LL Thursday Night Football!	9:00 CC Our Own Outing! 10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles	9:00 CE Morning Brain Joggers 11:00 CC Walker's Club 1:30 LL Shady Spots 2 Sit & Sip 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 3:30 CE Finish the Lines b4 Dinner 6:00 LL The Lawrence Welk Show on PBS
9:30 SS in2L's Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:25 LL GO BRONCOS! vs boo bears?!? 2:30 CE Treats & Trivia+ 3:00 AE Not Your Child's Coloring 6:00 LL Sentimental Sunday Movies	9:30 CC Thank You Cards to Target! 10:30 AE Relaxing Reminiscing w/ Positive Meditation 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 1:30 CC Vitals by Encompass 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX	9:45 PE Zumba in A.L! 10:00 AE Poetry Club 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE A.L. vs M.S. Bowling Tournament! 6:00 LL Next w/ Kyle Clark on NBC	9:30 PE Optimal Exercise in A.L! 10:00 CE Learning w/ the Bird-Man 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 3:30 CC Who We Are?!? 6:00 CE Jeopardy on FOX	9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 12:00 CC Veterans' Lunch 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 LL Thursday Night Football!	9:00 CC Our Own Outing: Winning Picnic @ Webster Park! 10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Oktoberfest in A.L. 6:00 CE Weekly Chronicles	9:00 CE Morning Brain Joggers 11:00 CC Walker's Club 1:30 LL Shady Spots 2 Sit & Sip 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 3:30 CE Finish the Lines b4 Dinner 6:00 LL The Lawrence Welk Show on PBS
9:30 SS in2L's Spiritual Songs 10:30 PE Sunday Stretches 11:00 LL GO BRONCOS! vs poor packers?!? 11:00 CC Walker's Club 2:30 CE Treats & Trivia+ 3:00 AE Not Your Child's Coloring 6:00 LL Sentimental Sunday Movies	Autumn Begins! 10:30 AE Relaxing Reminiscing w/ Positive Meditation 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 CC Resident Support Group 6:30 LL Wheel of Fortune on FOX	9:45 PE Zumba in A.L! 10:00 AE Poetry Club 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L.! 5:30 CC Family Support Meeting 6:00 LL Next w/ Kyle Clark on NBC	Happy Birthday Delores! 9:30 PE Optimal Exercise in A.L! 10:15 CE 25 Things to Share & More 10:30 LL Bird Watching & Whistling 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 2:30 CC 25 Things to Know 2nd Shift 6:00 CE Jeopardy on FOX	9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 LL Thursday Night Football!	9:00 CC Our Own Outing! 10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles	9:00 CE Morning Brain Joggers 11:00 CC Walker's Club 1:30 LL Shady Spots 2 Sit & Sip 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 3:30 CE Finish the Lines b4 Dinner 6:00 LL The Lawrence Welk Show on PBS
9:30 SS in2L's Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:25 LL GO BRONCOS! vs lag jaguars?!? 2:30 CE Treats & Trivia+ 3:00 AE Not Your Child's Coloring 6:00 LL Sentimental Sunday Movies	10:30 AE Relaxing Reminiscing w/ Positive Meditation 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX	<div><p>11475 Pearl Street Northglenn, CO 80233 303-452-0501</p></div> <div><div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle & Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div><div>Healthy Snacks & Hydration offered throughout each day!</div></div>				