



## The Willows Retirement and Assisted Living

Sep 1	2	3	4	5	6	7
Basil Tomato Soup Baked Ham/Peach Sauce Mashed Potatoes/Gravy Chef's Steamed Vegetable Baked Roll Milk Watermelon	Classic Minestrone Soup Ranch Chicken Mashed Potatoes Capri Blend Baked Roll Blonde Brownies	Homemade Chicken Noodle Soup Seasoned Meatballs/Gravy Penne Pasta Seasoned Cauliflower Baked Roll Banana Pudding	Split Pea Soup Dilled Pork Roast Scalloped Potatoes California Normandy Blend Baked Roll Grapes	Ham and Northern Bean Soup Hamburger Steak/Onions Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding	New England Clam Chowder Cod Fillet Parsley Rice Steamed Broccoli Baked Roll Assorted Cookies	Chicken and Corn Soup Lemon Oregano Turkey Bread Stuffing Roasted Brussels Sprouts Baked Roll Tropical Mixed Fruit
8	9	10	11	12	13	14
Basil Tomato Soup Beef Pot Roast Herb Mashed Potatoes Roasted Carrots Baked Roll Blonde Brownies	Classic Minestrone Soup Southern Fried Chicken Mashed Potatoes/Gravy Fresh Green Beans Baked Roll Ambrosia Jello Salad	Cream Broccoli Soup Smothered Pork Chop Sweet Baked Yams Roasted Beets and Yams Baked Roll Rice Crispy Chip Treat	Soup Du Jour Beef and Noodles Mashed Potatoes/Gravy Peas Diabetic Dessert	Homemade Chicken Noodle Soup Marinated Pork Roast Mashed Potatoes/Gravy Mixed Vegetables Baked Roll Diabetic Carrot Cake	Soup Du Jour Tilapia Fillet Rice Pasta Pilaf Creamy Coleslaw Baked Roll Berry Jello	Split Pea Soup Pineapple Meatloaf Fresh Cooked Yams California Normandy Blend Baked Roll Fruit
15	16	17	18	19	20	21
Basil Tomato Soup Zesty Beef Roast Roasted Red Potatoes Green Bean Blend Italian Whole Grain Bread Blonde Brownies	Classic Minestrone Soup Fried Chicken/Onions Mashed Potatoes/Gravy Baby Carrots Baked Roll Fresh Fruit Salad	Cream of Mushroom Soup Beef Patty with Mushroom Sauce Mashed Potatoes Peas and Pearl Onions Baked Roll Watermelon	Home Style Cream Chicken Soup Sliced Turkey Breast Bread Stuffing Corn Baked Roll Carrot Cake Cookie	Chicken Tortilla Soup Classic Baked Ham Cheesy Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Butter Cookies	Soup Du Jour BBQ Glazed Meatballs Seasoned Rice Country Trio Medley Baked Roll Baked Flan	Split Pea Soup Chicken Stroganoff Mashed Potatoes Capri Blend Baked Roll Banana Cream Pudding
22	23	24	25	26	27	28
Basil Tomato Soup Roast Beef au Jus Onion Roasted Potatoes Baby Carrots Baked Roll Brownies	Classic Minestrone Soup BBQ Meatloaf Mashed Potatoes Corn Bread Pudding	Cream of Mushroom Soup Southern Fried Drumstick Mashed Potatoes Oven Roasted Cauliflower Baked Roll Fruit Cobbler	Soup Du Jour Ham Roast Cheesy Rice Fresh Asparagus Baked Roll Pears	Split Pea Soup Glazed Hamburger Steak Fresh Cooked Yams Peas and Onions Baked Roll Rice Crispy Chip Treat	New England Clam Chowder Marinated Rosemary Chicken White and Wild Rice Pilaf Chef's Steamed Vegetable Baked Roll Yellow Cake with Fruit Topping	Savory Pork Roast Mashed Potatoes Carrots Baked Roll Raspberry Split Cookies
29	30	Oct 1	2	3	4	5
Tomato Soup Pot Roast/Cider Gravy Mashed Potatoes California Normandy Blend Baked Roll Blonde Brownies	Classic Minestrone Soup Dijon Honey Roasted Chicken Mashed Potatoes/Gravy Green Beans/Bacon Baked Roll Apple Crisp					