


September 2019
Independent Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45 SS Catholic & First Pres. Services [LB] 10:45 SS LDS Services [LB] 11:30 Sunday Lunch with Sue Talmage 12:30 SS LDS Sacrament [AR] 3:00 LL Sunday Matinee	Labor Day 9:00 PE Armchair Fitness [AR] 11:15 PE Blood Pressure Clinic [AT] 1:00 LL Smith's Marketplace [LB] 3:00 LL BINGO with Kate ! [AR] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Monday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 10:30 PE "Relax & Be Balanced" [AR] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	8:30 PE Blood Pressure Clinic [AT] 9:00 PE Armchair Fitness [AR] 1:00 Bank Run / Rite Aid 1:30 CC "Bananagrams" [AT] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:45 PE Pilates with Courtney [AR] 12:30 CE Medicare Open Enrollment Q & A [AT] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:30 CC Coloring Corner [AT] 10:30 AE Trader Joe's Flowers [AT] 1:00 LL Grocery Store [LB] 3:00 LL Happy Hour! [AT] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Friday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 2:00 CE Museum Masterpieces / Louvre [AR] 3:00 LL Saturday Matinee [AR] 7:00 Saturday Night Movie
10:45 SS Catholic & First Pres. Services [LB] 10:45 SS LDS Services [LB] 11:30 Sunday Lunch with Sue Talmage 12:30 SS LDS Sacrament [AR] 3:00 LL Sunday Matinee	9:00 PE Armchair Fitness [AR] 11:15 PE Blood Pressure Clinic [AT] 1:00 LL Smith's Marketplace [LB] 2:30 CC Animal Therapy with Saya and "Nadia" [AT] 3:00 LL BINGO with Kate ! [AR] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Monday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 10:30 PE "Relax & Be Balanced" [AR] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	8:30 PE Blood Pressure Clinic [AT] 9:00 PE Armchair Fitness [AR] 1:00 Bank Run / Rite Aid 1:30 CC "Bananagrams" [AT] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:45 PE Pilates with Courtney [AR] 12:30 CE Medicare Open Enrollment Q & A [AT] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:30 CC Coloring Corner [AT] 10:30 AE Trader Joe's Flowers [AT] 1:00 LL Grocery Store [LB] 3:00 LL Happy Hour! [AT] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Friday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 2:00 CE Museum Masterpieces / Louvre [AR] 3:00 LL Saturday Matinee [AR] 7:00 Saturday Night Movie
10:45 SS Catholic & First Pres. Services [LB] 10:45 SS LDS Services [LB] 11:30 Sunday Lunch with Sue Talmage 12:30 SS LDS Sacrament [AR] 3:00 LL Sunday Matinee	9:00 PE Armchair Fitness [AR] 11:15 PE Blood Pressure Clinic [AT] 1:00 LL Smith's Marketplace [LB] 3:00 LL BINGO with Kate ! [AR] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Monday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 10:30 PE "Relax & Be Balanced" [AR] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	8:30 PE Blood Pressure Clinic [AT] 9:00 PE Armchair Fitness [AR] 1:00 Bank Run / Rite Aid 1:30 CC "Bananagrams" [AT] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:45 PE Pilates with Courtney [AR] 12:30 CE Medicare Open Enrollment Q & A [AT] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:30 CC Coloring Corner [AT] 10:30 AE Trader Joe's Flowers [AT] 1:00 LL Grocery Store [LB] 3:00 LL Happy Hour! [AT] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Friday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 2:00 CE Museum Masterpieces / Louvre [AR] 3:00 LL Saturday Matinee [AR] 7:00 Saturday Night Movie
10:45 SS Catholic & First Pres. Services [LB] 10:45 SS LDS Services [LB] 11:30 Sunday Lunch with Sue Talmage 12:30 SS LDS Sacrament [AR] 3:00 LL Sunday Matinee	9:00 PE Armchair Fitness [AR] 11:15 PE Blood Pressure Clinic [AT] 1:00 LL Smith's Marketplace [LB] 2:30 CC Animal Therapy with Saya and "Nadia" [AT] 3:00 LL BINGO with Kate ! [AR] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Monday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 10:30 PE "Relax & Be Balanced" [AR] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	8:30 PE Blood Pressure Clinic [AT] 9:00 PE Armchair Fitness [AR] 1:00 Bank Run / Rite Aid 1:30 CC "Bananagrams" [AT] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:45 PE Pilates with Courtney [AR] 12:30 CE Medicare Open Enrollment Q & A [AT] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:30 CC Coloring Corner [AT] 10:30 AE Trader Joe's Flowers [AT] 1:00 LL Grocery Store [LB] 3:00 LL Happy Hour! [AT] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Friday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 2:00 CE Museum Masterpieces / Louvre [AR] 3:00 LL Saturday Matinee [AR] 7:00 Saturday Night Movie
10:45 SS Catholic & First Pres. Services [LB] 10:45 SS LDS Services [LB] 11:30 Sunday Lunch with Sue Talmage 12:30 SS LDS Sacrament [AR] 3:00 LL Sunday Matinee	9:00 PE Armchair Fitness [AR] 11:15 PE Blood Pressure Clinic [AT] 1:00 LL Smith's Marketplace [LB] 2:30 CC Animal Therapy with Saya and "Nadia" [AT] 3:00 LL BINGO with Kate ! [AR] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Monday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 10:30 PE "Relax & Be Balanced" [AR] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	8:30 PE Blood Pressure Clinic [AT] 9:00 PE Armchair Fitness [AR] 1:00 Bank Run / Rite Aid 1:30 CC "Bananagrams" [AT] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:45 PE Pilates with Courtney [AR] 12:30 CE Medicare Open Enrollment Q & A [AT] 1:00 LL Afternoon Drive [LB] 4:30 CE Museum Masterpieces / Louvre [AR]	9:00 PE Armchair Fitness [AR] 10:30 CC Coloring Corner [AT] 10:30 AE Trader Joe's Flowers [AT] 1:00 LL Grocery Store [LB] 3:00 LL Happy Hour! [AT] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Friday Night Movie [AR]	9:00 PE Armchair Fitness [AR] 2:00 CE Museum Masterpieces / Louvre [AR] 3:00 LL Saturday Matinee [AR] 7:00 Saturday Night Movie
10:45 SS Catholic & First Pres. Services [LB] 10:45 SS LDS Services [LB] 11:30 Sunday Lunch with Sue Talmage 12:30 SS LDS Sacrament [AR] 3:00 LL Sunday Matinee	9:00 PE Armchair Fitness [AR] 11:15 PE Blood Pressure Clinic [AT] 1:00 LL Smith's Marketplace [LB] 3:00 LL BINGO with Kate ! [AR] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Monday Night Movie [AR]	<div><div><div><div>680 East 100 South Salt Lake City, UT 84102 801-537-1100</div></div></div><div><div><div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle & Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div><div><div>Location Keys</div><div>Activity Room Atrium Lobby</div><div>AR AT LB</div></div></div></div></div>				
10:45 SS Catholic & First Pres. Services [LB] 10:45 SS LDS Services [LB] 11:30 Sunday Lunch with Sue Talmage 12:30 SS LDS Sacrament [AR] 3:00 LL Sunday Matinee	9:00 PE Armchair Fitness [AR] 11:15 PE Blood Pressure Clinic [AT] 1:00 LL Smith's Marketplace [LB] 3:00 LL BINGO with Kate ! [AR] 4:30 CE Museum Masterpieces / Louvre [AR] 7:00 LL Monday Night Movie [AR]					