

September 2019

In The Moment – Memory Support & Enhanced Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Coffee & Donuts 1:00 Church Service 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Labor Day Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 11:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Bowling	10:30 Morning Drive - AR State Capitol 1:30 Bingo 2:15 Yoga & Fitness 3:00 Price is Right 6:00 Serenity Hour	10:30 Arts and Crafts - Stained Glass Painting 2:00 Music in the Atrium - Eclipse the Rain Duo 3:00 Cooking Club 4:00 Happy Hour	10:00 Community Volunteering 11:00 Lunch Bunch - Corky's Ribs & BBQ 2:15 Yoga & Fitness 3:00 What Did it Cost? 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 10:30 Chair Aerobics 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour & Name That Tune	10:30 Good News and Coffee 2:00 Games For Guys 6:30 Razorbacks Game Watch Party
10:30 Coffee & Donuts 1:30 Church Service 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 11:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Cards	10:30 Morning Drive - Chenal Parkway 1:30 Bingo 2:15 Yoga & Fitness 4:00 Word-a-Thon 6:00 Serenity Hour	Birthday Night 10:30 Arts and Crafts - Sun Catchers 2:00 Music in the Atrium - Carol Dabney 3:00 Cooking Club 4:00 Happy Hour	10:00 On This Day 10:30 Painting With A Twist 11:00 Lunch Bunch - All Aboard 2:15 Talk and Toss 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 10:30 Chair Aerobics 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour & Name That Tune	10:30 Good News and Coffee 2:00 Games For Guys 3:00 Razorbacks Game Watch Party 6:30 Popcorn and a Movie - 1st and 2nd Floor - Little Women
Happy Birthday Ernestine Russell! 10:30 Coffee & Donuts 1:00 Church Service 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 11:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Bowling	10:30 Morning Drive - Pinnacle Mountain 1:30 Bingo 2:15 Yoga & Fitness 3:00 Discussion Jar 6:00 Serenity Hour	10:30 Arts and Crafts - Oil Painting 2:00 Music in the Atrium - Paul Morphis 3:00 Cooking Club - Pizza Pretzels 4:00 Happy Hour	10:00 Daily Devotionals 11:00 Lunch Bunch - Red Lobster 2:15 Yoga & Fitness 3:00 Trivia & Games - 1st Floor 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 10:30 Chair Aerobics 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour & Name That Tune	10:30 Good News and Coffee 2:00 Games For Guys - Mini Golf TBD Razorbacks Game Watch Party 6:30 Popcorn and a Movie - 1st and 2nd Floor - National Treasure
Happy Birthday Alice Wayne! 10:30 Coffee & Donuts 1:00 Church Service 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 11:00 Table Top Gardens with Anna 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Trivia	10:30 Morning Drive 1:30 Bingo 2:15 Yoga & Fitness 3:00 Explore the World - 1st Floor 6:00 Serenity Hour	10:30 Arts and Crafts - Autumn Trees 2:00 Music in the Atrium - Butch Money Gospel 3:00 Cooking Club - Apple Pie in a Cup 4:00 Happy Hour	Happy Birthday Clara Mosley! 10:00 Morning Grooves 11:00 Lunch Bunch - Purple Cow 2:15 Yoga & Fitness 4:00 Science for Seniors - 2nd Floor 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 10:30 Chair Aerobics 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour & Name That Tune	10:30 Good News and Coffee 2:00 Games For Guys TBD Razorbacks Game Watch Party 6:30 Popcorn and a Movie - 1st and 2nd Floor - A Wrinkle in Time
10:30 Coffee & Donuts 1:00 Church Service 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 11:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Music	<div><div></div><div>8700 Riley Drive Little Rock, AR 72205 501-224-4242</div></div> <div>Healthy Snacks & Hydration offered throughout each day!</div>				