



26	27	28	29	30	31	Sep 1
						Baked Ham/Peach Sauce <i>or</i> Chili Lime Chicken Favorite Baked Beans Chef's Steamed Vegetable Fresh Cornbread
2 Caribbean Shrimp <i>or</i> Sweet and Sour Chicken Red Potatoes Capri Blend	3 Gold Rush Meatballs <i>or</i> Marinated Turkey Rice Parsley Carrots	4 Roast Pork/Ginger Glaze <i>or</i> Southwest Chicken Roasted Potato Medley Lima Beans Baked Roll	5 Hamburger Steak/Onions <i>or</i> Grilled Chicken/Cucumber Melon Sauce Fresh Mashed Potatoes/Gravy Mixed Vegetables	6 Seafood Alfredo <i>or</i> Roasted Pork Parsley Rice Steamed Broccoli	7 Texas BBQ Steak <i>or</i> Lemon Oregano Turkey Homemade Stuffing Seasoned Peas	8 Grilled Salmon <i>or</i> Autumn Pot Roast Herb Mashed Potatoes Roasted Carrots
9 Soup Du Jour Honey Roasted Chicken Thigh <i>or</i> Breaded Veal Marsala Favorite Baked Beans Garlic Green Beans Peach Crisp	10 Cream of Broccoli Soup Pork Chop Dijon <i>or</i> BBQ Beef Ribs Baked Macaroni Cheese Corn on the Cob Fresh Cornbread	11 Soup Du Jour Chicken Fried Steak and Gravy <i>or</i> Turkey Roast/Zesty Rub Baked Potato Peas/Mushrooms	12 Sausage Bean Soup Grilled Chicken Breast <i>or</i> American Hamburgers Potato Salad <i>or</i> Baked Beans with Bacon Mixed Vegetables Apple Cobbler	13 Beef Bacon Chowder Shrimp Saute/Peppers and Onions <i>or</i> Glazed Ham Steak Fresh Mashed Potatoes/Gravy Chef's Steamed Vegetable Lemonade Cake	14 Classic Chicken Noodle Soup Lemon Herb Turkey Roast with Gravy <i>or</i> Beef Tips Fresh Mashed Potatoes/Gravy California Normandy Blend Cherry Hand Pie	15 Soup Du Jour Hawaiian Chicken <i>or</i> Zesty Beef Roast Brown Rice Green Beans Cheesecake with Fruit Topping
16 Asian Pork <i>or</i> Grilled Chicken Legs Fresh Mashed Potatoes/Gravy Baby Carrots Oreo Delight	17 Beef Tips Au Jus <i>or</i> Baked Haddock/Dill Sauce Best Noodles Mixed Vegetables	18 Rosemary Roasted Turkey <i>or</i> Pork Roast Teriyaki Fresh Mashed Potatoes/Gravy Corn Berry Cobbler	19 Classic Baked Ham <i>or</i> Braised Balsamic Chicken Cheesy Scalloped Potatoes Chef's Steamed Vegetable	20 Alaskan Fish and Chips <i>or</i> Sweet Sour Meatballs Seasoned Rice Spinach	21 Bacon Ranch Chicken <i>or</i> Breaded Veal Patty Steamed Red Potatoes Capri Blend	22 Orange Apricot Glazed Pork <i>or</i> Chinese Pepper Steak Onion Roasted Potatoes Stir-Fry Vegetables
23 Country Fried Steak/Gravy <i>or</i> Honey Glazed Roasted Turkey Rice Chef's Steamed Vegetable Fresh Cornbread	24 Greek Grilled Chicken <i>or</i> Bratwurst and Sauerkraut Fresh Mashed Potatoes Mixed Vegetables Baked Roll	25 Roasted Shrimp and Vegetables <i>or</i> Ham and Cabbage Cheesy Rice Parsley Carrots	26 Steak/Rosemary Mushroom Gravy <i>or</i> Herb Roasted Turkey with Gravy Baked Potato Peas and Onions	27 Oven Baked Chicken <i>or</i> Baked Dijon Salmon White and Wild Rice Pilaf Chef's Steamed Vegetable Fresh Cornbread	28 Meatballs/Burgundy Sauce <i>or</i> Savory Pork Roast Noodles Fresh Cooked Carrots	29 Balsamic Tomato Glazed Meatloaf <i>or</i> Sour Cream Chicken Herb Roasted Red Potatoes California Normandy Blend
30 American Hamburgers <i>or</i> BBQ Chicken Breast Baked Potato Skins Garden Pasta Salad Peach Cobbler	Oct 1	2	3	4	5	6