

TLC Activity Program

8:00 – 9:00 am: *Breakfast / Music*

**9:15- 10:00 am: Beauty Time / Magazines, Music
and Manipulatives**

10:15-11:15 am

Sunday: Worship Service

Monday: Manicures & Music

Tuesday: Volleyballoon / Ball Toss

Wednesday: Manicures & Music

Thursday: Sit & Stretch / Move to Music

Friday: Puzzles, Dominoes, Bingo

Saturday: Manicures & Music

11:30-12:30 pm: *Lunch / Music*

12:45-1:30 pm: Outdoors / Garden Walk / Bus Ride

**1:45- 2:30 pm: Adult Coloring Pages / Painting
Cooking / Baking**

**2:45-4:00 pm: Travel Video, Music Video, Piano
Music, Hymns**

4:15-5:30 pm: *Dinner / Music*

6:00- 7:30 pm: Movie, Bingo, Piano