



Sep 1 Caesar Salad Baked Ham/Peach Sauce <i>or</i> Orange Teriyaki Beef Baked Sweet Potato Chef's Steamed Vegetable Baked Roll Fresh Blueberry Pie	2 Lime Jello With Pears Chicken Cordon Bleu Open Face <i>or</i> Caribbean Shrimp Red Potatoes Capri Blend Baked Roll Banana Sheet Cake	3 Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	4 Spinach Tomato Salad Roast Pork/Ginger Glaze <i>or</i> Leg of Lamb Roasted Potato Medley Sauteed Yellow Squash Baked Roll Fruit Crisp	5 Melon Layered Fruit Hamburger Steak/Onions Grilled Chicken/Cucumber Melon Sauce Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding/Vanilla Sauce	6 Coleslaw Cod Fillet Roasted Pork Parsley Rice Steamed Broccoli Baked Roll Frozen Sherbet Dessert	7 Green Salad Lemon Oregano Turkey Texas BBQ Steak Homemade Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
8 Pear Fruit Compote Beef Pot Roast <i>or</i> Grilled Salmon Herb Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	9 Black Bean Pepper Salad Honey Roasted Chicken Thigh <i>or</i> Veal Scallopini/Lemon Sauce Oven Rice Garlic Green Beans Baked Roll Peach Crisp	10 Green Salad Pork Chop Dijon <i>or</i> Beef Cube Steaks Smashed Sweet Potatoes Harvard Beets Baked Roll Pineapple Upside Down Cake	11 Fresh Fruit Spring Mix Salisbury Steak/Gravy <i>or</i> Turkey Roast/Zesty Rub Baked Potato Peas/Mushrooms Marble Cake	12 Goat Cheese and Spinach Salad Grilled Chicken Breast Marinated Pork Roast Creamy Pasta Alfredo Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	13 Honeydew Salad Sour Cream Crusted Tilapia Baked Ham/Mango Salsa Rice Pasta Pilaf Sauteed Spinach Baked Roll Lemonade Cake	14 Green Salad Pineapple Meatloaf Lemon Herb Turkey Roast with Gravy Fresh Cooked Yams California Normandy Blend Baked Roll Cherry Hand Pie
15 Crunchy Vegetable Salad Hawaiian Chicken <i>or</i> Zesty Beef Roast Aloha Sweet Potatoes Green Beans Baked Roll Homemade Peach Pie	16 Pineapple Salad Orange Herb Pork Roast <i>or</i> Spinach Tomato Lasagna Glazed Sweet Potatoes Fresh Asparagus Baked Roll Oreo Delight	17 Green Salad Beef Tips Au Jus <i>or</i> Grilled Tuna Steak Best Noodles Peas and Pearl Onions Baked Roll Pound Cake	18 Three Bean Salad Slow Roasted Turkey <i>or</i> Smothered Pork Chop Cornbread Stuffing/Chilies Baked Seasoned Squash Baked Roll Berry Cobbler	19 Vegetable Layered Salad Classic Baked Ham Chicken Cacciatore Cheesy Scalloped Potatoes Beets Baked Roll Pineapple Cream Pie	20 Fruity Green Salad BBQ Glazed Meatballs Cod/Tomato Cream Sauce Seasoned Rice Country Trio Medley Baked Roll White Almond Cake	21 Green Salad Bacon Ranch Chicken Corned Beef and Cabbage Steamed Red Potatoes Capri Blend Baked Roll Banana Cream Pudding
22 24-Hour Fruit Salad Orange Apricot Glazed Pork <i>or</i> Roast Beef au Jus Hawaiian Style Rice Sesame Green Beans Baked Roll Buttery Coconut Bars	23 Apple Broccoli Salad Country Fried Steak/Gravy <i>or</i> Honey Glazed Roasted Turkey Fresh Mashed Potatoes Corn Chocolate Sour Cream Cake	24 Mediterranean Tomato Salad Greek Grilled Chicken <i>or</i> Grilled Polish Sausage Penne Pasta Oven Roasted Cauliflower Baked Roll Fruit Cobbler	25 Green Salad Lemon Baked Sole <i>or</i> Baked Ham/Mustard Sauce Aloha Sweet Potatoes Fresh Asparagus Baked Roll Peach Angel Food Cake	26 Cucumber Corn Salad Steak Picante Herb Roasted Turkey with Gravy Baked Potato Peas and Onions Baked Roll Cherry Parfait	27 Spinach Strawberry Salad Chicken Diane Baked Dijon Salmon White and Wild Rice Pilaf Chef's Steamed Vegetable Baked Roll Yellow Cake with Fruit Topping	28 Green Salad Tangy Country-Style Ribs Braised Beef Favorite Baked Beans Fresh Cooked Carrots Baked Roll Rootbeer Float Cake

29	30	Oct 1	2	3	4	5
Wedge Salad Balsamic Tomato Glazed Meatloaf <i>or</i> Almond Crusted Chicken Herb Roasted Red Potatoes California Normandy Blend Baked Roll Lemon Cake	Marinated Salad Chicken/Raspberry Sauce <i>or</i> Seasoned Baked Cod Lemon Rice Steamed Sugar Snap Peas Baked Roll Peach Cobbler					