

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1000- Fitness 1 1030- Daily chronicle 1045- Horoscopes 1245- Puzzles 0130- Tea and chat 0230- Bowling 0530- Reminiscence and Relax	0945- Daily Chronicle 2 1000- 1 st Baptist Church 1230- Puzzles 130- Balloon exercise 0200- Spelling Bee 0300- Karaoke 0530- Relax with music Labor Day	1000- Chair yoga 3 1030-Daily Chronicle 1045- Horoscopes 1230- Coloring corner 0200- Trivia 0300- Bingo 0430- Supper 0530-Reminiscence and Relax	1000- Chair exercise 4 1030- Daily chronicle 1045- Horoscopes 1230- Bird watching 230- Snack & chat 330- Just Us Duo 530- Relax with music	1000- Chair cardio 5 1030- Daily chronicle 1045- Horoscopes 1230- Tool time 230- Golf talk 300- Coloring corner 530- Reminiscence and Relax	1000- Exercise 6 1030- Daily chronicle 1045- Horoscopes 1230- Baking 200- Beauty make over 530- Relax with music	1000- Balloon exercise 7 1030- Daily chronicle 1045- Horoscopes 1230- Working with wood 200- Organization 530- Reminiscence and Relax
1000- Fitness 8 1030- Daily chronicle 1045- Horoscopes 1230- Family lunch 0130- Tea and chat 0230- Bowling 0530- Reminiscence and Relax Grandparents' Day	0945- Daily Chronicle 9 1000- 1 st Baptist Church 1230- Puzzles 130- Balloon exercise 0200- Spelling Bee 0300- Karaoke 0530- Reminiscence and Relax	1000- Chair yoga 10 1030-DJ Diamond 1230- Coloring corner 0200- Trivia 0300- Bingo 0430- Supper 0530- Relax to music	1000- Chair exercise 11 1030- Daily chronicle 1045- Horoscopes 1230- Bird watching 230- Snack & chat 330- Sensory time 530- Relax with music	1000- Chair cardio 12 1030- Daily chronicle 1045- Horoscopes 1230- Tool time 230- Golf talk 300- Coloring corner 530- Reminiscence and Relax	1000- Exercise 13 1030- Daily chronicle 1045- Horoscopes 1230- Baking 200- Beauty make over 530- Relax with music	1000- Balloon exercise 14 1030- Daily chronicle 1045- Horoscopes 1230- Working with wood 200- Organization 530- Reminiscence and Relax
1000- Fitness 15 1030- Daily chronicle 1045- Horoscopes 1245- Puzzles 0130- Tea and chat 0230- Bowling 0530- Reminiscence and Relax	0945- Daily Chronicle 16 1000- 1 st Baptist Church 1230- Puzzles 130- Balloon exercise 0200- Spelling Bee 0300- Karaoke 0530- Reminiscence and Relax	1000- Chair yoga 17 1030-Daily Chronicle 1045- Horoscopes 1230- Coloring corner 0200- Trivia 0300- Bingo 0430- Supper 0530- Relax to music	1000- Chair exercise 18 1030- Daily chronicle 1045- Horoscopes 1230- Bird watching 230- Snack & chat 330- Sensory time 530- Relax with music	1000- Chair cardio 19 1030- Daily chronicle 1045- Horoscopes 1230- Tool time 230- Golf talk 300- Coloring corner 530- Reminiscence and Relax	1000- Exercise 20 1030- Daily chronicle 1045- Horoscopes 1230- Baking 200- Beauty make over 330- Just Us Duo 530- Relax with music	1000- Balloon exercise 21 1030- Daily chronicle 1045- Horoscopes 1230- Working with wood 200- Organization 530- Reminiscence and Relax Oktoberfest Begins
1000- Fitness 22 1030- Daily chronicle 1045- Horoscopes 1245- Puzzles 0130- Tea and chat 0230- Bowling 0530- Reminiscence and Relax	0945- Daily Chronicle 23 1000- 1 st Baptist Church 1230- Puzzles 130- Balloon exercise 0200- Spelling Bee 0300- Karaoke 0530- Reminiscence and Relax Autumn Begins	1000- Chair yoga 24 1030-DJ Diamond 1230- Coloring corner 0200- Trivia 0300- Bingo 0430- Supper 0530- Relax to music	1000- Chair exercise 25 1030- Daily chronicle 1045- Horoscopes 1230- Bird watching 230- Snack & chat 330- Sensory time 530- Relax with music	1000- Chair cardio 26 1030- Daily chronicle 1045- Horoscopes 1230- Tool time 230- Golf talk 300- Coloring corner 530- Reminiscence and Relax	1000- Exercise 27 1030- Daily chronicle 1045- Horoscopes 1230- Baking 200- Beauty make over 530- Relax with music	1000- Balloon exercise 28 1030- Daily chronicle 1045- Horoscopes 1230- Working with wood 200- Organization 530- Reminiscence and Relax
1000- Fitness 29 1030- Daily chronicle 1045- Horoscopes 1245- Puzzles 0130- Tea and chat 0230- Bowling 0530- Reminiscence and Relax	0945- Daily Chronicle 30 1000- 1 st Baptist Church 1230- Puzzles 130- Balloon exercise 0200- Spelling Bee 0300- Karaoke 0530- Reminiscence and Relax Rosh Hashanah (first day)	September 2019				