


# September 2019 Independent Living Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Service at St. Michael's 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 5:00 Rummy (TC)	9:45 Prayer and Pledge 9:45 Rosary and Mass (TR) 11:00 Labor Day Scavenger Hunt (Cafe) 3:00 Payroll Card Game (TC) 7:00 Featured Film: Office Space	2:00 Bank Runs 2:30 Bible Study (TR) 9:00 Walking Club (LIB) 10:30 Chair Exercise with Pauline (TR) 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Kroger Shopping 1:00 Beer and Bowling (TC) 2:00 Bank Runs 2:30 Bible Study (TR) 3:30 Kings in the Corner (TC) 3:30 Wine of the Week: Australian White (TC) 6:30 Pictionary (LIB)	9:15 AM Stretch with Lisa (TR) 9:15 Morning Stretch with Lisa (TR) 10:00 Water Aerobics (PL) 10:00 Water Aerobics (PL) 10:30 Arts and Crafts: DIY Candy Jar (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class (TR) 1:00 Balance Class with Lisa (TR) 2:00 Fitness test with Lisa (FC) 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:00 BINGO (TC) 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Walking Club (LIB) 9:30 MGM Casino 10:30 Chair Exercise (TC) 11:00 Euchre (TC) 1:00 Balloon Volleyball (HR) 2:00 Line Dance Practice (TR) 3:00 Current Events (TC) 4:00 Scattergories (TC)	9:15 Morning Stretch with Lisa (TR) 9:30 Reflexology and Massage with Roberta (TC) 10:30 Baking Class: Bonbons (HR) 1:00 Sit N' Fit with Lisa (TR) 1:30 Friday Favorites with Allan (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: The Highwaymen (TR)	9:00 Walking Club (LIB) 9:45 Prayer and Pledge 10:00 Weekend Errands 11:00 Love on a Leash Pet Visits (Cafe) 12:30 Balloon Volleyball (HR) 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
9:00 Service at St. Michael's 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 2:00 Movie of the Week: The Highwaymen (TR) 5:00 Rummy (TC)	9:45 Prayer and Pledge 9:45 Rosary and Mass (TR) 11:00 Troopons (HR) 11:30 Nino Salvaggio's 12:00 Jeopardy! (LIB) 1:00 Sit N' Fit with Lisa (TR) 3:00 BINGO (TC) 7:00 Chair Yoga with Amy (TR)	2:00 Bank Runs 2:30 Bible Study (TR) 9:00 Walking Club (LIB) 10:30 Chair Exercise with Pauline (TR) 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Meijer Shopping 1:00 Beer and Bowling (TC) 2:00 Bank Runs 2:30 Bible Study (TR) 3:30 Kings in the Corner (TC) 4:30 Dinner Club: Penne Lane- Clinton Township	9:15 AM Stretch with Lisa (TR) 9:15 Morning Stretch with Lisa (TR) 10:00 Water Aerobics (PL) 10:00 Water Aerobics (PL) 10:30 Arts and Crafts: Flower Arranging Class with Inge (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class (TR) 1:00 Balance Class with Lisa (TR) 2:00 Fitness test with Lisa (FC) 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:00 BINGO (TC) 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Salvation Army Donations (HR) 9:00 Walking Club (LIB) 10:30 Chair Exercise (TC) 11:00 Orion War Memorial and Lunch at Kruse & Muer 11:00 Euchre (TC) 1:00 Balloon Volleyball (HR) 2:00 Line Dance Practice (TR) 2:45 Party with Entertainment by: Jeff 3:00 Current Events (TC) 4:00 Scattergories (TC)	9:15 Morning Stretch with Lisa (TR) 9:30 Reflexology and Massage with Roberta (TC) 9:30 Reflexology & Massage with Roberta (TC) 10:30 Baking Class: Beer Batter Soft Pretzels (HR) 1:00 Sit N' Fit with Lisa (TR) 1:30 Oktoberfest! (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: Cat on a Hot Tin Roof (TR)	9:00 Walking Club (LIB) 9:45 Prayer and Pledge 10:00 Weekend Errands 12:30 Balloon Volleyball (HR) 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
9:00 Service at St. Michael's 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 2:00 Movie of the Week: Cat on a Hot Tin Roof (TR) 5:00 Rummy (TC)	9:45 Prayer and Pledge 9:45 Rosary and Mass (TR) 10:50 Tai Chi for Health Class (TC) 11:00 Troopons (HR) 11:30 Dollar Tree/ Target 12:00 Jeopardy! (LIB) 1:00 Sit N' Fit with Lisa (TR) 1:30 Coffee with Greg (DR) 3:00 BINGO (TC) 7:00 Chair Yoga with Amy (TR)	2:00 Bank Runs 2:30 Bible Study (TR) 9:00 Walking Club (LIB) 10:30 Chair Exercise with Pauline (TR) 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Kroger Shopping 1:00 Beer and Bowling (TC) 2:00 Bank Runs 2:30 Bible Study (TR) 3:30 Kings in the Corner (TC) 3:30 Wine of the Week: Australian Red (TC) 6:30 Pictionary (LIB)	9:15 AM Stretch with Lisa (TR) 9:15 Morning Stretch with Lisa (TR) 10:00 Water Aerobics (PL) 10:00 Water Aerobics (PL) 10:30 Arts and Crafts: Fall Apple Wreath (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class (TR) 1:00 Balance Class with Lisa (TR) 2:00 Fitness test with Lisa (FC) 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:00 BINGO (TC) 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Walking Club (LIB) 10:30 Chair Exercise (TC) 11:00 Just Delicious Scones 11:00 Euchre (TC) 1:00 Balloon Volleyball (HR) 2:00 Line Dance Practice (TR) 3:00 Current Events (TC) 4:00 Scattergories (TC)	9:15 Morning Stretch with Lisa (TR) 9:30 Reflexology and Massage with Roberta (TC) 10:30 Baking Class: Strawberry Rhubarb Hand Pies (HR) 1:00 Sit N' Fit with Lisa (TR) 1:30 National Pepperoni Day Celebration with Christine! (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: About a Boy (TR)	9:00 Walking Club (LIB) 9:45 Prayer and Pledge 10:00 Weekend Errands 12:30 Balloon Volleyball (HR) 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
9:00 Service at St. Michael's 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 2:00 Movie of the Week: About a Boy (TR) 5:00 Rummy (TC)	9:45 Prayer and Pledge 9:45 Rosary and Mass (TR) 10:50 Tai Chi for Health Class (TC) 11:00 Troopons (HR) 11:30 Randazzo's Market 12:00 Jeopardy! (LIB) 1:00 Sit N' Fit with Lisa (TR) 3:00 BINGO (TC) 7:00 Chair Yoga with Amy (TR)	2:00 Bank Runs 2:30 Bible Study (TR) 9:00 Walking Club (LIB) 10:30 Chair Exercise with Pauline (TR) 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Meijer Shopping 1:00 Beer and Bowling (TC) 2:00 Bank Runs 2:30 Bible Study (TR) 4:30 Dinner Club: Polka- Troy	9:15 AM Stretch with Lisa (TR) 9:15 Morning Stretch with Lisa (TR) 10:00 Water Aerobics (PL) 10:00 Water Aerobics (PL) 10:30 Arts and Crafts: Broken China Jewelry (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class (TR) 1:00 Balance Class with Lisa (TR) 2:00 Fitness test with Lisa (FC) 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:00 BINGO (TC) 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Walking Club (LIB) 10:30 Chair Exercise (TC) 11:00 Men's Outing: Brown Iron Brewhouse 11:00 Euchre (TC) 1:00 Balloon Volleyball (HR) 2:00 Line Dance Practice (TR) 3:00 Current Events (TC) 4:00 Scattergories (TC)	9:15 Morning Stretch with Lisa (TR) 9:30 Reflexology and Massage with Roberta (TC) 10:30 Cooking Class with Chef Paul (DR) 12:00 Resident Council (TR) 1:00 Sit N' Fit with Lisa (TR) 1:30 Classic Tunes with Dan Bergen (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: Viewer's Choice (TR)	9:00 Walking Club (LIB) 9:45 Prayer and Pledge 10:00 Weekend Errands 12:30 Balloon Volleyball (HR) 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
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