

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019



## Memory Care Activities



9:30am Holiday Music & Sing  
10:30am Winter Craft  
2:00pm Holiday Movie  
6:00pm Virtual Relaxation

9:30am Devotions  
10:15am Cognitive Art  
1:30pm Game Corner  
2:00pm FOX Yoga (HT)  
2:30pm FOX Yoga (LT)  
3:30pm BINGO!  
6:00pm Restful Recordings

9:30am Music and Devotion  
10:30am Cognitive Challenge  
1:30pm FOX Sport Event!  
2:30pm Creative Art  
3:30pm SOCIAL HOUR  
6:00pm Virtual Relaxation

9:30am Devotions  
10:30am Creative Art  
11:00am Lunch Outing!  
1:30pm Game Corner  
2:00pm FOX Tai Chi (HT)  
2:30pm FOX Tai Chi (LT)  
3:30pm Giant Bowling!  
6:00pm Virtual Relaxation

9:30am Cognitive Game  
10:30am Move & Groove  
1:30pm Puzzle Mania  
2:30pm Afternoon Walk  
3:30pm Let's Get Physical!  
6:30pm Restful Sounds

9:30am Cognitive Challenge  
10:30am Music and Reminiscence  
10:30am Church  
11:30am Catholic Service  
2:00pm Games!  
3:30pm Physical Activity  
6:00pm Virtual Relaxation



9:30am Devotions  
10:15am Creative Challenge  
1:30pm Reminiscence  
2:30pm FOX Pilates (HT)  
3:00pm FOX Pilates (LT)  
3:30pm Food Fun!  
6:00pm Restful Recordings

9:30am Music and Devotion  
10:30am Mind Bender  
11:00am FOX Walk Fit  
2:00pm Pet Therapy!  
3:00pm FOX Yoga (HT)  
3:30pm FOX Yoga (LT)  
6:00pm Virtual Relaxation



9:30am Devotions  
10:00am Pet Therapy  
10:15am Cognitive Art  
1:00pm FOX Yoga (HT)  
1:30pm FOX Yoga (LT)  
2:30pm Game Corner  
3:30pm BINGO!  
6:00pm Restful Recordings

9:30am Music and Devotion  
10:30am Cognitive Challenge  
1:30pm FOX Sport Event!  
2:30pm Creative Art  
3:30pm SOCIAL HOUR  
6:00pm Virtual Relaxation



9:30am Devotions  
10:30am Creative Art  
11:00am Movies-Mary Poppins  
1:30pm Game Corner  
2:00pm FOX Tai Chi (HT)  
2:30pm FOX Tai Chi (LT)  
3:30pm Giant Bowling!  
6:00pm Virtual Relaxation



9:30am Cognitive Game  
10:30am Move & Groove  
1:30pm Puzzle Mania  
2:00pm Live with Michael King!  
3:30pm Let's Get Physical!  
6:30pm Restful Sounds



9:30am Cognitive Challenge  
10:30am Music and Reminiscence  
11:30am Catholic Service  
2:00pm Games!  
3:30pm Physical Activity  
6:00pm Virtual Relaxation



9:30am Devotions  
10:15am Creative Challenge  
11:00am Joyful Noise Lunch  
1:30pm Reminiscence  
2:30pm FOX Pilates (HT)  
3:00pm FOX Pilates (LT)  
3:30pm Food Fun!  
6:00pm Restful Recordings



9:30am Music and Devotion  
10:30am Mind Bender  
11:00am FOX Walk Fit  
1:30pm Pet Therapy!  
2:00pm Live music with Mike!  
3:00pm FOX Yoga (HT)  
3:30pm FOX Yoga (LT)  
6:00pm Virtual Relaxation



9:30am Devotions  
10:30am Music Therapy -Kristen  
2:00pm FOX Yoga (HT)  
2:30pm FOX Yoga (LT)  
3:30pm BINGO!  
6:00pm Restful Recordings

9:30am Music and Devotion  
10:30am Cognitive Challenge  
1:30pm FOX Sport Event!  
2:30pm Creative Art  
3:30pm SOCIAL HOUR  
6:00pm Virtual Relaxation

9:30am Devotions  
10:00am Lunch & Coca-cola Plant  
10:30am Creative Art  
2:00pm FOX Tai Chi (HT)  
2:30pm FOX Tai Chi (LT)  
3:00pm Monthly Birthday Celebration!  
6:00pm Virtual Relaxation



9:30am Cognitive Game  
10:30am Move & Groove  
1:30pm Puzzle Mania  
2:30pm Afternoon Walk  
3:30pm Let's Get Physical!  
6:30pm Restful Sounds

9:30am Cognitive Challenge  
10:30am Music and Reminiscence  
11:30am Catholic Service  
2:00pm Games!  
3:30pm Physical Activity  
6:00pm Virtual Relaxation



9:30am Devotions  
10:00am Pet Therapy  
10:30am Creative Challenge  
1:30pm Reminiscence  
2:30pm FOX Pilates (HT)  
3:00pm FOX Pilates (LT)  
3:30pm Food Fun!  
6:00pm Restful Recordings

9:30am Music and Devotion  
10:30am Mind Bender  
11:00am FOX Walk Fit  
2:00pm Pet Therapy!  
3:00pm FOX Yoga (HT)  
3:30pm FOX Yoga (LT)  
6:00pm Virtual Relaxation

9:30am Devotions  
10:15am Cognitive Art  
11:30am New Resident Lunch  
2:00pm FOX Yoga (HT)  
2:30pm FOX Yoga (LT)  
3:30pm BINGO!  
6:00pm Restful Recordings

9:30am Music and Devotion  
10:30am Cognitive Challenge  
1:30pm FOX Sport Event!  
2:30pm Creative Art  
3:30pm SOCIAL HOUR  
6:00pm Virtual Relaxation



9:30am Devotions  
10:30am Creative Art  
11:00am Lunch at Outback  
1:30pm Game Corner  
2:00pm FOX Tai Chi (HT)  
2:30pm FOX Tai Chi (LT)  
3:30pm Giant Bowling!  
6:30pm Live with Steve!



9:30am Cognitive Game  
10:30am Move & Groove  
1:30pm Puzzle Mania  
2:30pm Afternoon Walk  
3:30pm Let's Get Physical!  
6:30pm Restful Sounds

9:30am Cognitive Challenge  
10:30am Music and Reminiscence  
11:30am Catholic Service  
2:00pm Games!  
3:30pm Physical Activity  
6:00pm Virtual Relaxation

9:30am Devotions  
10:15am Creative Challenge  
1:30pm Music Therapy w/ Kristen  
2:30pm FOX Pilates (HT)  
3:00pm FOX Pilates (LT)  
3:30pm Live Music with All!  
6:00pm Restful Recordings

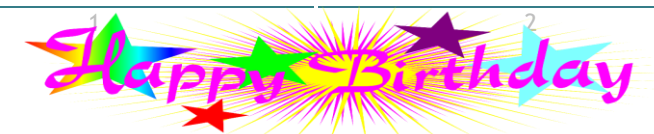


9:30am Music and Devotion  
10:30am Mind Bender  
11:00am FOX Walk Fit  
2:00pm Pet Therapy!  
2:30pm Live music w/ Lawrence!  
3:30pm FOX Yoga (HT)  
4:00pm FOX Yoga (LT)  
6:00pm Virtual Relaxation



9:30am Devotions  
10:30am Music Therapy-Kristen  
1:30 Game Corner  
2:00pm FOX Yoga (HT)  
2:30pm FOX Yoga (LT)  
3:30pm BINGO!  
6:00pm Restful Recordings

9:30am Music and Devotion  
10:30am Cognitive Challenge  
1:30pm FOX Sport Event!  
2:30pm Creative Art  
3:30pm SOCIAL HOUR  
6:00pm Virtual Relaxation



Martha Fortune 1/20  
Gail Sergot 1/30

Eddie Albert 1/28

