



Sep 1	2	3	4	5	6	7
Green Salad Baked Ham/Peach Sauce <i>or</i> Orange Teriyaki Beef Rice Chef's Steamed Vegetable Chocolate Cream Pie	Green Salad Chicken/Basil Cream Sauce <i>or</i> Shrimp Style Scampi Red Potatoes Capri Blend Banana Sheet Cake	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Mississippi Mud Cake	Green Salad Roast Pork/Ginger Glaze <i>or</i> Parmesan Crusted Chicken Roasted Potato Medley Sauteed Yellow Squash Cherry Fluff	Green Salad Hamburger Steak/Onions <i>or</i> Leg of Lamb Herb Mashed Potatoes Mixed Vegetables Coconut Cream Pie	Green Salad Cod Fillet <i>or</i> Pork Chops and Gravy Parsley Rice Steamed Broccoli Red Velvet Cake	Green Salad Lemon Oregano Turkey <i>or</i> Beef Tips in Gravy Homemade Stuffing Brussels Sprouts Mandarin Orange Cake
8	9	10	11	12	13	14
Green Salad Beef Pot Roast <i>or</i> Apricot Brown Sugar Ham Cheesy Scalloped Potatoes Roasted Carrots Cheesecake	Green Salad Honey Roasted Chicken Thigh <i>or</i> Veal Scallopini/Lemon Sauce Favorite Baked Beans Garlic Green Beans Blackberry Cobbler	Green Salad Pork Chop Dijon <i>or</i> BBQ Beef Ribs Smashed Sweet Potatoes Harvard Beets Petite Cinnamon Roll	Green Salad Salisbury Steak/Gravy <i>or</i> Turkey Cutlet/Tarragon Sauce Mashed Potatoes/Gravy Peas/Mushrooms Fruit Tart	Green Salad Grilled Chicken Breast <i>or</i> Marinated Pork Roast Creamy Pasta Alfredo Mixed Vegetables Blueberry Cream Angel Dessert	Green Salad Sour Cream Crusted Tilapia <i>or</i> Baked Ham/Mango Salsa Rice Pasta Pilaf Chef's Steamed Vegetable Lemon Meringue Pie	Green Salad Pineapple Meatloaf <i>or</i> Lemon Herb Turkey Roast with Gravy Mashed Potatoes/Gravy California Normandy Blend Pecan Pie
15	16	17	18	19	20	21
Green Salad Hawaiian Chicken <i>or</i> Cube Steak Oriental Aloha Sweet Potatoes Green Beans Peach Pie	Green Salad Orange Herb Pork Roast <i>or</i> Spinach Tomato Lasagna Seasoned Potatoes Fresh Asparagus Oreo Delight	Green Salad Beef Tips <i>or</i> Sweet and Sour Chicken Rice Pilaf Peas Pound Cake	Green Salad Slow Roasted Turkey <i>or</i> Smothered Pork Chop Mashed Potatoes/Gravy Baked Seasoned Squash Lime Chiffon Dessert	Green Salad Classic Baked Ham <i>or</i> Chicken Cacciatore Cheesy Scalloped Potatoes Beets Boston Cream Pie	Green Salad BBQ Glazed Meatballs <i>or</i> Cod/Savory Herb Butter Seasoned Rice Country Trio Medley White Almond Cake	Green Salad Bacon Ranch Chicken <i>or</i> Oven Pot Roast Steamed Red Potatoes Capri Blend Banana Cream Pudding
22	23	24	25	26	27	28
Green Salad Orange Apricot Glazed Pork <i>or</i> Roast Beef au Jus Hawaiian Style Rice Sesame Green Beans Coconut Cream Pie	Green Salad BBQ Meatloaf <i>or</i> Honey Glazed Roasted Turkey Mashed Potatoes Corn Chocolate Sour Cream Cake	Green Salad Greek Grilled Chicken <i>or</i> Grilled Polish Sausage Penne Pasta Cauliflower Fruit Cobbler	Green Salad Baked Ham/Mustard Sauce <i>or</i> Lemon Baked Sole Aloha Sweet Potatoes Fresh Asparagus Peach Angel Food Cake	Green Salad Steak Picante <i>or</i> Herb Roasted Turkey with Gravy Baked Potato Peas and Onions Cherry Parfait	Green Salad Chicken/Mushroom Cream Sauce <i>or</i> Baked Cod Madrid White and Wild Rice Pilaf Chef's Steamed Vegetable Bread Pudding/Vanilla Sauce	Green Salad Swedish Meatballs <i>or</i> Braised Beef Noodles Fresh Cooked Carrots Rootbeer Float Cake
29	30	Oct 1	2	3	4	5
Green Salad Balsamic Tomato Glazed Meatloaf <i>or</i> Almond Crusted Chicken Herb Roasted Red Potatoes California Normandy Blend Lemon Cake	Green Salad Dijon Chicken with Corn Salsa <i>or</i> Seasoned Baked Cod Lemon Rice Steamed Sugar Snap Peas Peach Cobbler					