


## Bridgeport Place Has Amazing Staff



**EMPLOYEE**

**★ OF THE ★**

**MONTH**

**Marlene**

Concierge, Driver and Receptionist

There is no surprise that Marlene has been chosen! Marlene has stepped up and helped cover shifts, drive our bus all over town, and she does it all with a smile and grace. Thank you Marlene for your dedicated care and hard work!

## September Birthdays

Jeanne H- September 9<sup>th</sup>

Jean H- September 17<sup>th</sup>

Randa B.- September 26<sup>th</sup>

Queen Elizabeth I (monarch) – September 7, 1533  
 Col. Sanders (businessman) – September 9, 1890  
 Roald Dahl (writer) – September 13, 1916  
 Agatha Christie (writer) – September 15, 1890  
 Lauren Bacall (actress) – September 16, 1924  
 Greta Garbo (actress) – September 18, 1905  
 Michael Faraday (scientist) – September 22, 1791  
 Victoria Woodhull (politician) – September 23, 1838  
 Jim Henson (puppeteer) – September 24, 1936  
 Shel Silverstein (poet) – September 25, 1930

# Bridgeport Place Buzz

Bridgeport Place Assisted Living 5250 Bridgeport Way W. University Place Wa 98467 Phone (253)565-1960



**Celebrating September**  
 Happy Cat Month  
 Sewing Month

**Labor Day (U.S.)**  
 September 2<sup>nd</sup>

**Russian Adventures w/ Ana**  
 September 12<sup>th</sup>

**Just Kevin- Photography**  
 September 19<sup>th</sup>

**Don't Fall into Fall Social**  
 September 20<sup>th</sup>

**End of Summer BBQ**  
 September 21<sup>st</sup>

**Dance Theater Northwest**  
 September 21<sup>st</sup>

**Classic Rock History**  
 September 26<sup>th</sup>

**NEW-Arthur- Jazz and Violin**  
 September 28<sup>th</sup>

## NEW TO BRIDGEPORT PLACE THIS MONTH



Our Sit and Dance teacher, Fay, is bringing in a group of her students from the Lakewood Senior Center to have a fun and energetic Zumba Dance Class with you on September 25<sup>th</sup> at 2:00pm in the Dining Room! Invite a friend and join the fun!

Charles Lambert will be here on September 26<sup>th</sup> at 2:00pm in the Media Room to teach a class on Classic Rock. Charles is an expert on all things Classic Rock and will even be playing some familiar tunes for us. You definitely do not want to miss this one!

**TODAY IN  
 CLASSIC  
 ROCK  
 HISTORY**



Introducing Arthur Keast Nashville Competition's ONLY Male Finalist will be here to sing some Oldies, Jazz, Opera and he even plays the Violin! Arthur will delight you with songs you grew up with! Please come and be entertained! September 28<sup>th</sup> at 2:00pm in the Dining Room!

## "JUST KEVIN" PHOTOGRAPHY

Our newest addition to the managerial team has an amazing talent to share with us! Come by the Activity room on September 19<sup>th</sup> at 1:00pm to see his talents! His Photos have made the cover of magazines. Planes, Cars and beautiful scenery just to list a few.



## End of Summer BBQ Buffet

2 Seating Times: 11:00am or 12:15pm  
 Guest Tickets Only \$15.00

### MENU

► **Beef and Turkey Burgers**  
**Hot Dog with Chili, Cheese, and Onion**  
**Bacon Ranch Potato Salad**  
**Baked Bean**  
**Corn Avocado Tomato Salad**  
**Watermelon**

**Mixed Fresh Fruit**  
**Kettle Corn Potato Chips**

### DESSERTS

**Assorted Ice Cream Bars**

**SPECIAL GUEST- Shirleen from Paparazzi Jewelry** will be here to sell her fun and affordable jewelry. Earrings, bracelets, necklaces, and rings all for just \$5.00! Come to the buffet a little early to do your shopping



## Let's Go Visit Bubba's Farm!



It is that time of year again to go out to visit with Bubba at her farm in Eatonville. Bubba's human mother, Barbra, is always hospitable and even made horse shaped cookies to go with our coffee last time we visited! Bubba has 2 other horses that live with her on the farm as well and they love to show off their skills too! Sign up at the Front Desk to join us on September 24<sup>th</sup> at 12:30pm!

**Flu Shot Clinic**  
**Thursday September 26<sup>th</sup>**  
**at 1:30 in the Activity Room**



Please sign up at the Front desk and Janelle will make sure that you have your insurance papers ready!

## Dance Theater Northwest Returns



**Melania and her talented ballet dancers will be here on Saturday September 21<sup>st</sup> at 2:00pm in the Dining Room. They are sure to impress us as they perform scenes from their latest show, "Movin' Up"! See you there!**



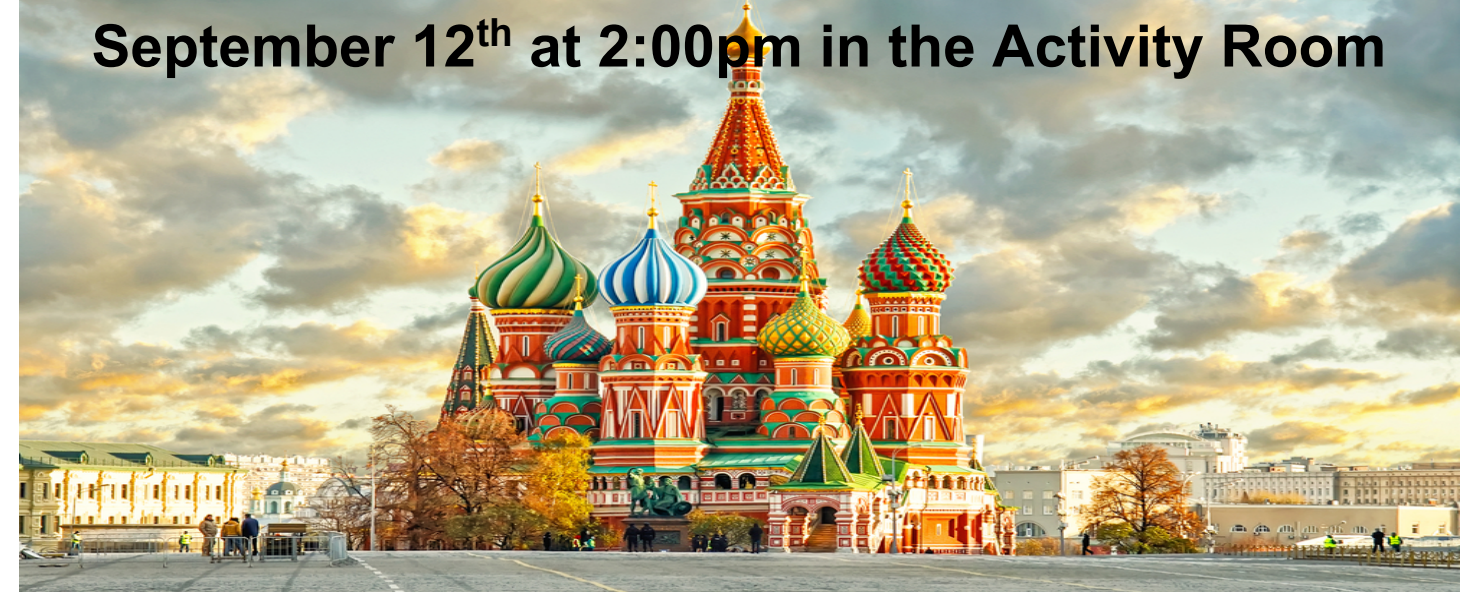
- When waiting for the elevator, please stand back to allow room for those who need to get off to be able to do so. This is also a safety concern in case of an emergency because the 200-pound fire doors slam shut in case of a fire and you could be knocked over.
- Please make an effort to catch your doors when entering or leaving rooms. Most doors slam shut and disturb and startle people nearby. Staff members can always use encouragement to do this as well. Thank you for taking the time and putting in the energy to make it even more pleasant to live at Bridgeport place

## Bliss Ice Creamery Trip



**Friday September 6<sup>th</sup> we will be going out to Bliss Ice Creamery for a little treat. They have home made flavors including mocha chocolate chip, marionberry swirl, and Peanut Butter Dream. At only about \$5.00 a cup it proves to be a deliciously affordable time! Sign up at the Front Desk!**

**Russian Adventure with Ana**  
**September 12<sup>th</sup> at 2:00pm in the Activity Room**



**Come taste some Russian Treats and watch a documentary on Russia with our Business Office Manager Ana.**

**Don't Fall into Fall Social**  
**September 20<sup>th</sup> at 1:00pm in the Activity Room.**



As we come up on the beginning of Autumn, Amy our Lifestyle and Leisure Director, loves to have a gathering of friends to partake in a few fall flavored treats. While enjoying your festive sweets Amy will share some helpful hints on how we can take steps to help prevent falling. 1 in 3 people over 65 will suffer from a fall and it is good to be aware of the ways we can protect ourselves! As always bring a friend or family member that needs to know this info too!