

# Willow Creek

## Gracious Retirement Living

516 Great Bridge Boulevard • Chesapeake, VA 23320 • Phone (757) 547-7876 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

SEPTEMBER 2019

### WILLOW CREEK STAFF

Managers.....GLENN & VALERIE CAMPBELL  
Assistant Managers .....RANDY & KATHY HALL  
Executive Chef..... TONIA JOYNER  
Activity Coordinator ..... MEREDITH TYSON  
Maintenance ..... D.J. RALSTON  
Bus Driver .....APRIL OUTLAND

### TRANSPORTATION

**Monday, 9:30 a.m. and 2 p.m.:**  
Shopping Day — Front Lobby

**Tuesday:** Doctor Appointments — Front Lobby

**Wednesday:** Weekly Outings — Front Lobby

**Thursday:** Doctor Appointments — Front Lobby

**Friday, 9:30 a.m. and 2 p.m.:**  
Shopping Day — Front Lobby

HAWTHORN  
SENIOR LIVING

### Look Who Stopped by W.C.

During National Zookeeper Week, Dr. Max brought Blue, the Savannah Monitor, to Willow Creek for a visit. Measuring 3 1/2 feet, Blue was calm and friendly. The Bunny Hutch Organization takes in and cares for a variety of exotic zoo animals, and they train zookeeper interns.



*Mary N. jumped right in to give "Blue" a pet.*







## Happy Labor Day!

As we kick off September, we invite you to this year's annual Labor Day picnic! Invite friends and family to join our afternoon activities. Chef Tonia will be grilling up hamburgers and hot dogs for the exclusive resident indoor picnic. Later, you and your family can sing along with Lyle and Linda Dowling. After the entertainment, make your way into the Atrium and indulge at the ice cream sundae bar!



## Mystery Resident

Be the first to tell any office staff member who this handsome veteran is and he wins you a ticket for a free meal!



*Is he your neighbor?*

## Street Corn Fiesta

Everyone had to prep their own cob, shucking it clean of its silks and making it ready to grill. While the outside temperature was reaching 100 degrees, we waited patiently inside as Chef Tonia worked her magic on the grill. Hot off the grill, the corn made a mouth-watering aroma in the air. But it was the special ingredients that made it Mexican Style: First, "mayo" the corn, sprinkle with a bit of chili powder and cilantro, and add some zest to top it off by squeezing a fresh slice of lime over it. Yum!



*Who knew mayo on corn was delicious?  
Mary M. and Joan R.*



*Chef Tonia showed everyone how to shuck their corn before putting it on the grill. The heat kept everybody indoors while she worked her magic!*

## Texas Roadhouse



*Janice, Ruth K., Barbara S.,  
Al, Barbara M. and Hal*



*Frank, Wanda, Barbara A. and  
Herbert A. and Audrey*





## August Birthday Party



*Bill G., dancing the night away as we celebrated his and other August birthdays!*



*Everyone loved listening to "Fond Memories."*



*Faye M. and Natalie snuck in on the fun.*

## Ba, De, Ya ... Dancing into September!

Earth, Wind and Fire, anyone?

Calling all ladies and gents: Put on your dancing shoes and throw your cowboy hat on, because we will be learning how to line dance! Look on the calendar and mark the days to learn and practice the dances. You'll be boot, scoot and boogying before you know it, just in time for our hoedown, as we celebrate Line Dancing Week on Friday, September 13th, at 2 p.m.



*Joann J., grooving with James.*

## National Ice Cream Sandwich Day



*They made homemade ice cream sandwiches and passed them out at the August B-day Party! Shirley F., Inez, Herbert V. and Betty H.*



*Joan Roberts knows how to dance.*



*Barbara S. can Twist and Shout!*



SEPTEMBER 2019

Birthdays

Fannie Jones, 3rd  
Fay Wright, 3rd  
Mary Ng, 4th  
Janice Moses, 5th  
Ann Wall, 6th  
Willie Smith, 7th  
Faye Mobley, 13th  
Hazel Whitley, 18th  
Cameron Pundt, 19th  
Jim Alkire, 27th

Locations

Activity Room, AR  
Atrium, AT  
Billiards Room, BR  
Bistro, BT  
Chapel, CH  
Corner Kitchen, CK  
Dining Room, DR  
Fitness Room, FR  
Front Lobby, FL  
Library, LB  
Patio, PT  
Theater, TH  
TV Room, TV

Legacy Health Care Services

(757) 842-4130  
Call to learn more about services you can receive without having to leave home. Legacy is practicing out of room 127, located on the first floor. Drop in to see Jessica and Ron.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>9:00 Worship Service, TH</div> <div>10:30 Great Bridge Baptist Service, TH</div> <div>2:00 Fellowship &amp; Praise, CH</div> <div>2:00 New Release Movie &amp; Popcorn, TH</div> <div>7:00 New Release Movie &amp; Popcorn, TH</div>	<div>LABOR DAY</div> <div>8:50 Prayer Warriors, TH</div> <div>10:00 Dance by Design with Manager Vicki, AR</div> <div>12:30 Labor Day Picnic, DR</div> <div>2:00 Entertainment by Linda &amp; Lyle Dowling, AR</div> <div>3:00 Ice Cream Sundae Bar, AT</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Pump It Up with Meredith, AR</div> <div>10:30 Wheel of Fortune, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Debbie, AR</div> <div>3:00 Line Dance Practice, AR</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Sit &amp; Be Fit-Jessica, AR</div> <div>10:00 Catholic Communion, CH</div> <div>2:00 American Red Cross Blood Drive, AR</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Go Chicken Fat Go!, AR</div> <div>10:30 Acrylic Paint Class with Vicki, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:15 Brain Games with Denise, AR</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>	<div>Wear Your Patriotic Colors Day</div> <div>8:50 Prayer Warriors, TH</div> <div>10:00 Prime Time-Jan, AR</div> <div>11:00 Share the Shelf Book Club, LB</div> <div>12:30 Honoring the Teachers of Willow Creek, DR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Adrienne, AR</div> <div>3:00 Line Dance Practice, AR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>10:00 Good Ole Guys Meet, AR</div> <div>2:00 Bingo: Charlotte, AR</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>3:30 Chicks &amp; Netflix: “Call the Midwife” Showing, TH</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>
<div>Grandparents Day</div> <div>9:00 Worship Service, TH</div> <div>10:30 Great Bridge Baptist Service, TH</div> <div>2:00 Fellowship &amp; Praise, CH</div> <div>3:00 Entertainment Unshackled, AR</div> <div>4:00 Grandparents Celebration!, AR</div> <div>7:00 New Release Movie &amp; Popcorn, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Chairobics with Meredith, AR</div> <div>10:30 Wii Bowl, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Susan, AR</div> <div>4:00 Line Dance Practice Class, AR</div> <div>7:00 Game Night, AR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Gentle Fitness with Linda, AR</div> <div>10:00 Catholic Mass, Father Brian, CH</div> <div>11:15 Decorate Greeting Cards with Carolyn, AR</div> <div>3:00 Tango Gypsy Entertainment, AR</div> <div>3:00 September Birthday Party, AR</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>	<div>PATRIOT DAY</div> <div>Patriot Day Wear Red, White &amp; Blue</div> <div>8:50 Prayer Warriors, TH</div> <div>9:15 Sit &amp; Be Fit-Jessica, AR</div> <div>10:45 Away We Go: Farm to Table Lunch &amp; Learn \$25, FL</div> <div>2:00 Afternoon Movie, TH</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 BYOB: Build Your Own Bones, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:15 Line Dancing Practice Class, AR</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>	<div>Wear Your Patriotic Colors Day</div> <div>8:50 Prayer Warriors, TH</div> <div>10:00 Prime Time-Jan, AR</div> <div>11:00 Willow Creek Hoe-Down!, AR</div> <div>1:30 Beltone Hearing Aid Checks, CH</div> <div>2:00 Bingo, AR</div> <div>2:00 Friday the 13th Thriller Beetlejuice, TH</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>10:00 Good Ole Guys Meet, AR</div> <div>11:00 Oscar Smith vs. Willow Creek Beanbag Baseball, AT</div> <div>2:00 Bingo: Elsie, AR</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>3:30 Chicks &amp; Netflix: “Call the Midwife” Showing, TH</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>
<div>9:00 Worship Service, TH</div> <div>10:30 Great Bridge Baptist Service, TH</div> <div>2:00 Fellowship &amp; Praise, CH</div> <div>2:00 New Release Movie &amp; Popcorn, TH</div> <div>7:00 New Release Movie &amp; Popcorn, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Chairobics with Meredith, AR</div> <div>10:30 Wii Bowl, AR</div> <div>1:30 Podiatrist Dr. Cook, CH</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Susan, AR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Gentle Fitness with Linda, AR</div> <div>10:30 Wheel of Fortune, AR</div> <div>11:30 Decorating Cards with Carolyn, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Debbie, AR</div> <div>4:00 Dance by Design, AT</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Sit &amp; Be Fit-Jessica, AR</div> <div>10:00 Catholic Communion, CH</div> <div>2:00 Western Wednesday, TH</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 De-Stress &amp; Stretch, AR</div> <div>9:15 BYOB: Build Your Own Bones, AR</div> <div>11:00 Entertainment by “The Lyrics,” AT</div> <div>2:00 Afternoon Movie, TH</div> <div>2:15 Brain Games with Denise, AR</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>	<div>Wear Your Patriotic Colors Day</div> <div>8:50 Prayer Warriors, TH</div> <div>10:00 Prime Time-Jan, AR</div> <div>10:35 Bus Departure-City Park Pig Pickin’ \$7, FL</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Adrienne, AR</div> <div>3:30 Social Hour, AT</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>10:00 Good Ole Guys Meet, AR</div> <div>2:00 Bingo: Charlotte, AR</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>3:30 Chicks &amp; Netflix: “Call the Midwife” Showing, TH</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>
<div>9:00 Worship Service, TH</div> <div>10:30 Great Bridge Baptist Service, TH</div> <div>2:00 Fellowship &amp; Praise, CH</div> <div>2:00 New Release Movie &amp; Popcorn, TH</div> <div>7:00 New Release Movie &amp; Popcorn, TH</div>	<div>AUTUMN BEGINS</div> <div>8:50 Prayer Warriors, TH</div> <div>9:15 Chairobics with Meredith, AR</div> <div>10:30 Wii Bowl, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Susan, AR</div> <div>3:30 Willow Creek Derby Racing, AT</div> <div>7:00 Game Night, AR</div> <div>7:00 Evening Movie, TH</div>	<div>Willow Creek Staycation!</div> <div>8:50 Prayer Warriors, TH</div> <div>9:15 Gentle Fitness with Linda, AR</div> <div>11:15 Memory Catcher Class: Scrapbooking, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>4:00 Entertainment Group Therapy, AR</div> <div>7:00 Left, Center, Right, AR</div>	<div>Regular Shopping Day</div> <div>8:50 Prayer Warriors, TH</div> <div>9:15 Sit &amp; Be Fit-Jessica, AR</div> <div>10:00 Catholic Communion, CH</div> <div>11:00 Pianist Dan Wallace, DR</div> <div>2:00 Afternoon Movie, TH</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 BYOB: Build Your Own Bones, AR</div> <div>2:00 Monthly Resident Meeting, AR</div> <div>4:15 Drum to the Beat, AR</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>	<div>Wear Your Patriotic Colors Day</div> <div>8:50 Prayer Warriors, TH</div> <div>9:00 Away We Go: Sand Sculptures at the Ocean Front</div> <div>10:00 Prime Time-Jan, AR</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo with Adrienne, AR</div> <div>3:30 Social Hour, AT</div> <div>7:00 Evening Movie, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>10:00 Good Ole Guys Meet, AR</div> <div>2:00 Bingo: Elsie, AR</div> <div>3:30 Mexican Train Dominoes, BR</div> <div>7:00 Left, Center, Right, AR</div> <div>7:00 Evening Movie, TH</div>
<div>ROSH HASHANAH BEGINS AT SUNSET</div> <div>9:00 Worship Service, TH</div> <div>9:00 Sunday Brunch, DR</div> <div>10:30 Great Bridge Baptist Service, TH</div> <div>2:00 Fellowship &amp; Praise, CH</div> <div>2:00 New Release Movie &amp; Popcorn, TH</div> <div>4:00 Performing Pianist Tina Culver, DR</div> <div>7:00 New Release Movie &amp; Popcorn, TH</div>	<div>8:50 Prayer Warriors, TH</div> <div>9:15 Chairobics with Meredith, AR</div> <div>10:30 Wii Bowl, AR</div> <div>12:00 Matinee Monday: Singing in the Rain, TH</div> <div>2:00 Afternoon Movie, TH</div> <div>2:00 Bingo: Susan, AR</div> <div>7:00 Evening Movie, TH</div>					





## Willow Creek Watermelon Garden

News Report! Did you hear? A patio pow-wow that took place last year kept on going without anyone knowing about it. Although their pow-wow came as a surprise, it has been growing on us, literally!

We have decided to keep that pow-wow going, well, the watermelon, that is.

After some serious detective investigating among our green thumbs, they concluded the watermelon on the patio everyone enjoyed in 2018 may have tasted refreshing, but was loaded with seeds. Apparently those spit seeds caught a breeze and landed in the side garden, sticking around so we could try some of our own homegrown this year. That's right, we accidentally grew our own watermelons! Bill H. and Hal R. will keep us posted when it's ready to taste!



*Bill H. holding one of the three Baby-Melons.*

## She's All That and A Bag of "Potato" Chips

Jeanette Vitasek grew up in the small town of Currituck, North Carolina, where everyone knew everyone. She was a family girl who enjoyed hanging out with friends and going to the beach when she wasn't studying. High school graduation was just a few weeks away; she had no idea more exciting things were coming her way the year of 1952.

It was just a normal school day, until the county extension agent encouraged Jeanette to enter the Miss Currituck Pageant just days away. Jeanette agreed, along with several other girls, and then "poof," just like that, she came, she saw, and she conquered as her name was called

for Miss Currituck Queen. Excited in the moment, having no clue what all this entailed, she smiled as she was crowned with a tiara made of cardboard and covered with tinfoil. By the end of that night, Jeanette was headed home to tell her family not only that she had won, but she would also compete for Miss Albemarle Potato Queen. Making it a family affair, only a week later, they made plans to go together to the Potato Festival. Although excited to experience it, knowing this was a much bigger deal, Jeanette had no dreams of winning the crown; they would be choosing one queen from many counties. And "poof," next thing she knew, Senator Richard Russell was crowning her with

a kiss, because she was the new Miss Albemarle Potato Queen of 1952! Those few weeks before graduation, Jeanette was living the high life, going from one event to the next, even becoming the headliner of the Virginia Pilot newspaper and a radio interview with Mildred Alexander; she was one busy girl. Miss Albemarle Potato Queen came along with a trip to the Outer Banks, a bundle of roses, queen-bee treatment to many events, and a \$25 potato stock certificate. Jeanette saved her certificate well beyond its maturity, and even though she does not remember how much she got from it, she does remember it helped her purchase her first brand new car! Yet another queen among us!



*Receiving her \$25 Potato Stock Certificate*



*Jeanette and previous queens making an appearance in a parade*



*The crown still fits!*





## Welcome Home to Willow Creek



*Viney Mae Aycock, born  
and raised in Rocky  
Mt., North Carolina*



*Florine Clarke, a Norfolk,  
Virginia, native*

## Lighthouse Outing

Cape Henry Lighthouse, completed in 1792, was the first lighthouse built in the USA as part of the Federal Fund Act signed by George Washington! Our Willow Creek getaway gave us a look at the original lighthouse, learning things we didn't know, and then we were given an amazing, "exclusive" opportunity!

The distinctive black and white striped "New" Cape Henry Lighthouse was built in 1881, and is normally closed to the public. Because we were visiting on Lighthouse Day, we were allowed to go inside for a peek. This is the first time it was open to the public. And we were there!



*Jimmy, Navy MP, was required to kept  
a strict watch on these folks while the  
W.C. Bus was on Fort Story's Base!*



*VIP Opportunity*



*A glance inside!*

## Employee Highlight

Chef Tonia would like to introduce the newest member of our culinary team, Sous Chef Chris Brown. Chris was born and raised in Detroit, Michigan. His inspiration to cook began at a young age, with him being the oldest of six kids. Chris was responsible to make sure his siblings were fed proper, warm, cooked meals. Thus began his creativity in the kitchen, spurring him on to try all kinds of new recipes. Chris strives to be the best Chef he can be. If he had to pick one favorite, it is ribs, but Chris also loves to slow-cook a mouth-watering gumbo in the colder months. When asked to name a "food flunk," he will never forget it was his Hollandaise sauce made in culinary school. He accidentally used egg whites for the recipe instead of egg yolks! Chris is sure it will never happen again, because he is still getting hounded about it by his culinary friends.

Chris and his wife are happily married, keeping busy with their son who recently turned one year old. Chris looks forward to getting to know everyone, and hopes to bring nothing but his best efforts to your table!



*Chris Brown,  
Sous Chef*



*He made an appearance at our  
Raspberry Rumble Social.*



Gracious Retirement Living

516 Great Bridge Boulevard  
Chesapeake, VA 23320



# *Fall in love...* with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

**757-547-7876**

**Willow Creek**   
Gracious Retirement Living