September 2019 Lodge Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **Church Service Shuttle:** **8:30 Columbia Presbyterian** **9:50 Baptist/Methodist** **11:05 Catholic Church** 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 3:45 Blackjack (FGGR) 7:00 Classic Movie (Ch.981)	**2** **9:30 Lost n Found. (GR)** 10:30 Thrive w/ Exercise (SS) **10:30 Great Courses: Turning Points in American History "1862: Terrible Reality – The Battle of Antietam" (DT)** 10:30 Men's Train Group (MR) **11:15-1:15 Labor Day BBQ! (Courtyard Patio)** 1:00 Bridge (GR) **1:00 Documentary (DT)** **1:45 Walmart. Sign up!** 3:00 Supervised Swim (AP) 6:00 Documentary (Ch.981)	**3** 9:00 Yoga Class (SS) **9:30 One on one Visits** 10:30 Thrive w/ Exercise (SS) **10:30 Resident Council Meeting. Everyone welcome. (DT)** 12:30 Pinochle (GR) **1:30 Brain Training (SDR)** **2:00 Fred Meyer** 2:00 Parkinson Exercise (SS) 3:00 Wii Bowling (CCFC) 3:30 DVD Course (DT) **6:00 Play Bunco! (GR)**	**4** **7:45 Men's Breakfast at Black Bear Diner. Sign up!** 10:00 Stitch n' Chat (GR) 10:30 Exercise (SS) **10:30 Watch Kelsey play pickle ball at Crown Park. Afterwards, 15% senior discount at Mad Dogs Gourmet Hotdogs for lunch! Sign up!** **10:30 Bible (RQC)** **12:30 Golden Gophers Support Group (MR)** 1:00 Mahjong (GR) 1:30 Bingo (LTV) **2:00 Seated Yoga (SS)** **2:30 Scenic Ride. Return 4:00. Sign Up!** **3:00 History Discussion w/ John Griffan (DT)** **3:15 Manicures (LAR)** 3:00 Supervised Swim (AP) 6:00 Cards n' Marbles (GR	**5** **9:30 Decorated Tote Bags (SDR)** **10:00 Prayer Group (CCL)** **10:15 Rummage Sale with lunch at St. Thomas in Camas. Bring cash! Sign up!** **10:30 TED TALKS: "Climate Change" (DT)** 10:30 Exercise (SS) 12:00-1 General Store (LL) 12:30 Pinochle (GR) 1:00 Bridge (GR) 1:45 Blackjack (FGGR) 2:00 Parkinson Exer. (SS) 3:00 Wii Bowling (CCFC) **3:30 Mario Carboni: Honkytonk keyboard, vocals, & trumpet! Drinks & apps. (DT)**	**6** **9:30 Bake Macy's Chocolate Chip Cookies (LAR)** 10:00 Cribbage (GR) **10:00 Catholic Penance & Confession with Father Nathe. (RQC)** 10:30 Balance Exercise (LAR) 10:30 Quarry Choir (PP) **12:45 NEW! Sing-a-Long with Shannon (LTR)** **1:00 Food Committee Meeting (DT)** 1:00 Golden Steppers Fitness Class (SS) 2:00 Quarry Players Drama Rehearsal (DT) **2:00 Watercolor Class with Becky. Cost $3 Sign up! (MR)** 2:00 Matinee (Ch. 981) **2:45 Wheel of Fortune (SDR)** 3:00 Supervised Swim(AP) 6:00 Friday Movie (DT) 6:00 Hand/Foot Cards (GR)	**7** 9:00 Yoga Class (SS) 9:30 Games (LTV) **10:00 Women's Coffee Klatch (GR)** 10:30 Fun Fitness (SS) 1:15 Popcorn Matinee (DT) 1:30 Bingo! (LAR) 3:00 Supervised Swim (AP) 7:00 Movie (Ch.981)
8 **Church Service Shuttle:** **8:30 Columbia Presbyterian** **9:50 Baptist/Methodist** **11:05 Catholic Church** 10:30 Fitness Class! (SS) **11:00 Walk to End Alzheimer's at Esther Short Park. Walk begins at 12 noon. Dress for the weather. Sign up! Return by 2:45 PM.** 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 3:45 Blackjack (FGGR) 7:00 Classic Movie (Ch.981)	**9** 10:30 Thrive w/ Exercise (SS) **10:30 GREAT COURSES: Turning Points in American History: "1868: Equal Protection – The 14th Amendment" (DT)** 10:30 Men's Train Grp (MR) **11:00 Mindfulness & Meditation (CCL)** 1:00 Bridge (GR) **1:00 Documentary (DT)** **1:45 Trader Joe's & Dollar Tree. Sign up!** **2:30 Music Therapy (PP)** **3:00 Know Your Opera Plot: "Turando" and "Manon" (CCL)** 3:00 Supervised Swim (AP) **3:00 Hospice Conversation with Ginny Meeker. (DT)** 6:00 Documentary (Ch.981)	**10** **9:00 Yoga Class (SS)** **9:30 Walk with Shannon (Meet in Lobby)** 10:30 Thrive w/ Exercise (SS) 12:30 Pinochle (GR) **1:30 Brain Training (SDR)** **2:00 Fred Meyer** 2:00 Parkinson Exercise (SS) **3:00 Phil Hall: Accordion and Vocals.! Popcorn served. (Out on Patio if weather is nice.)** 3:00 Wii Bowling (CCFC) **6:30 BINGO with Prizes (GR)**	**11** 10:00 Stitch n' Chat (GR) **9:45 Albertina Kerr: Thrift Store & Lunch. Cash only at lunch. Sign up!** **10:00 Parkinson's Support Group (MR)** **10:30 Bible Reading (RQC)** **1:00 Meditation for 15 Minutes (CCL)** 1:30 Bingo (LTV) **2:00 Seated Yoga (SS)** **2:30 Scenic Ride. Return 4:00. Sign Up!** 3:00 Supervised Swim (AP) **3:15 Manicures (LAR)** 6:00 Cards n' Marbles(GR)	**12** **9:30 Craft: Pencil Holders (SDR)** **10:00 Prayer Group (CCL)** **10:15 Local banks or Walmart/Costco.Sign up!** **10:30 TED TALKS: "Healthy Love and Unhealthy Love" (DT)** 10:30 Exercise (SS) 12:00-1 General Store (LL) 12:30 Pinochle (GR) 1:00 Bridge (GR) 1:45 Blackjack (FGGR) 2:00 Parkinson Exer. (SS) 3:00 Wii Bowling (CCFC) **3:30 Nehemiah Brown Farewell Show! (DT)**	**13** **9:30 Make Lemon Cool Whip Cookies(LAR)** 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 10:30 Quarry Choir (PP) **12:45 NEW! Sing-a-Long with Shannon (LTR)** 1:00 Golden Steppers Fitness Class (SS) 2:00 Quarry Players Drama Rehearsal (DT) 2:00 Matinee (Ch. 981) **2:45 Root beer Floats and Jokes (SDR)** 3:00 Supervised Swim(AP) 6:00 Friday Movie (DT) 6:00 Hand/Foot Cards (GR)	**14** 9:00 Yoga Class (SS) **9:00 Day at Cannon Beach. Shop, get lunch, and walk on beach. 2-hour drive each way with stop for restroom. Return by 4:30 PM.** 9:30 Games (LTV) **10:00 Women's Coffee Klatch (GR)** 10:30 Fun Fitness (SS) 1:15 Popcorn Matinee (DT) 1:30 Bingo! (LAR) 3:00 Supervised Swim (AP) 7:00 Movie (Ch.981)

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15 Church Service Shuttle: 8:30 Columbia Presbyterian 9:50 Baptist/Methodist 11:05 Catholic Church 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 3:45 Blackjack (FGGR) 7:00 Classic Movie (Ch.981)	**16** 10:30 Thrive w/ Exercise (SS) 10:30 Great Courses: Turning Points in American History "1872: Open Spaces – The National Parks" (DT) 10:30 Men's Train Group (MR) 11:00 Mindfulness & Meditation (CCL) 11:00 – 2:00pm Aunt Sue's Quilts for Sale! (TLR) 1:00 Bridge (GR) 1:00 Documentary (DT) 1:45 Shop stores at 136th & Mill Plain – Chuck's Produce, Safeway, Craft Warehouse, Walgreens, etc.. 2:30 Music Therapy (PP) 3:00 Supervised Swim (AP) 6:00 Documentary (Ch.981)	**17** 9:00 Yoga Class (SS) 9:30 Coffee & Chat (LL) 10:30 Exercise (SS) 10:30 New Resident Welcome Social. Everyone invited! Meet our residents. (TLR) 12:30 Pinochle (GR) 1:30 Brain Training (SDR) 2:00 Fred Meyer 2:00 Parkinson Exercise (SS) 3:00 Wii Bowling (CCFC) 6:30 S'mores by Fire Pit on Courtyard Patio	**18** 10:00 Stitch n' Chat (GR) 10:30 Low Vision Support (PDR) 10:30 Exercise (SS) 10:30 Bible (RQC) 1:00 Meditation for 15 Minutes (CCL) 1:30 Bingo (LTV) 2:00 Seated Yoga (SS) 2:30 Scenic Ride. Return 4:00. Sign Up! 3:00 Supervised Swim (AP) 3:00 History Discussion w/ John Griffan (DT) 3:15 Manicures (LAR) 4:30 September Birthd Dinner! (SDR) 6:00 Cards n' Marbles (	**19** 9:30 Craft: Paint Rocks for Out of the Darkness Walk (SDR) 10:00 Prayer Group (CCL) 10:15 Local banks or Walmart/Costco.Sign up! 10:30 TED TALKS: "How to Have a Conversation with Those You Disagree With" (DT) 10:30 Exercise (SS) 12:00-1 General Store (LL) 12:30 Pinochle (GR) 1:00 Bridge (GR) 1:45 Blackjack (FGGR) 2:00 Parkinson Exer. (SS) 3:00 Wii Bowling (CCFC) 4:30 Oktoberfest Dinner! Live Music and German faire and beer! (Silver Falls Dining Room Talk Like a Pirate Day!	**20** 9:30 Bake Apple Pie Cookies (LAR) 9:45 Timberline Lodge scenic ride, lunch, and ride the ski lift. $18 for lift and bring $ for lunch buffet. Return by 5:00 PM. Sign up! 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 12:45 NEW! Sing-a-Long with Shannon (LTR) 1:00 Golden Steppers (SS) 1:00 Grief Support (CCL) 2:00 Quarry Players (DT) 2:00 Matinee (Ch. 981) 3:00 Supervised Swim (AP) 2:45 "Would You Rather?" Game w/ Shannon – (CP) 6:00 Friday Movie (DT) 6:00 Hand/Foot Cards (GR)	**21** 9:00 Yoga Class (SS) 9:30 Games (LTV) 10:00 Women's Coffee Klatch (GR) 10:30 Quarry Choir – Practicing Today! (PP) 10:30 Fun Fitness (SS) 12:15 Quarry Alzheimer's Walk around building. Meet in Memory Care at 12:15. 1:15 Popcorn Matinee (DT) 1:30 Bingo! (LAR) 2:30 Meet & Greet The Black Pearls Fresian Dance Horse Troupe! (CP) 3:00 Supervised Swim (AP) 7:00 Movie (Ch.981)
22 Church Service Shuttle: 8:30 Columbia Presbyterian 9:50 Baptist/Methodist 11:05 Catholic Church 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 3:45 Blackjack (FGGR) 7:00 Classic Movie (Ch.981)	**23** 10:30 Thrive w/ Exercise (SS) 10:30 Men's Train Group (MR) 10:30 Great Courses: "1873: Bloody Sunday – Ending Reconstruction" (DT) 11:00 Mindfulness & Meditation (CCL) 1:00 Bridge (GR) 1:00 Documentary (DT) 3:00 Supervised Swim (AP) 3:00 Quarry Town Hall (DT) 6:00 Documentary (Ch.981)	**24** 9:00 Yoga Class (SS) 10:00 Veterans Coffee & Donuts (SDR) 10:30 Exercise (SS) 12:30 Pinochle (GR) 1:30 Brain Training (SDR) 2:00 Fred Meyer 2:00 Parkinson Exercise (SS) 3:00 Ladderball with Shannon (SDR) 3:00 Wii Bowling (CCFC) 3:30 DVD Course (DT) 6:30 BINGO w/ Prizes (GR)	**25** 10:00 Stitch n' Chat (GR) 10:30 Exercise (SS) 10:30 Bible Reading (RQC) 10:45 Lunch, Live Music, and Shopping at New Seasons. Sign up! 12:45 Current Events Discussion (MR) 1:30 Bingo! (LTV) 2:00 Seated Yoga (SS) 2:30 Scenic Ride. Return 4:00. Sign Up! 3:00 Supervised Swim (AP) NO MANICURES TODAY 5:30 Volunteer Appreciation Dinner – By Invite (for those who have volunteered here throughout the year). Courtyard Patio. 6:00 Cards n' Marbles (GR)	**26** 9:30 Craft: Hankie Wreaths (SDR) 10:00 Prayer Group (CCL) 10:15 Local banks or Walmart/Costco.Sign up! 10:30 TED TALKS: "Misinformation About Vaccines." (DT) 10:30 Exercise (SS) 10:30 Literary Guild (MR) 12:00-1 General Store (LL) 12:30 Pinochle Group (GR) 1:00 Bridge (GR) 1:45 Blackjack (FGGR) 2:00 Parkinson Exercise (SS) 3:00 Wii Bowling (CCFC) 3:30 Molli Paige sings female vocal hits of the 1940s-1970s. (DT)	**27** 9:30 Make Candy Corn Marshmallow Pops (LAR) 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 10:30 Quarry Choir (PP) 12:45 NEW! Sing-a-Long with Shannon (LTR) 1:00 Golden Steppers Fitness Class (SS) 1:30 Hearing Clinic with Able Hearing (FGGR) 2:00 Drama Rehearsal (DT) 2:00 Acrylic painting class with Laura & Marilyn. $5.00. Sign up! (MR) 2:00 Matinee (Ch. 981) 3:00 Supervised Swim (AP) 2:45 Ladder Ball (SDR) 6:00 Friday Movie (DT) 6:00 Hand/Foot Cards (GR)	**28** 9:00 Yoga Class (SS) 9:30 Games (LTV) 10:00 Women's Coffee Klatch (GR) 10:30 Fun Fitness (SS) 1:30 Bingo! (LAR) 1:45 Vancouver Symphony Concert: Cost is $35.00. Return by 6:30. Optional dinner at Arawan Thai afterwards. Sign up! 3:00 Supervised Swim (AP) 3:30 Family Movie Matinee: "Mary Poppins" (DT) 7:00 Movie (Ch.981)
29 Church Service Shuttle: 8:30 Columbia Presbyterian 9:50 Baptist/Methodist 11:05 Catholic Church 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 3:45 Blackjack (FGGR) 7:00 Classic Movie (Ch.981)	**30** 10:30 Thrive w/ Exercise (SS) 10:30 Men's Trains(MR) 11:00 Meditation (CCL) 10:30 Great Courses: "1876: How the West Was Won and Lost" (DT) 1:00 Bridge (GR) 1:00 Documentary (DT) 1:45 Shop Kohl's, Ross, Michael's, and Dress Barn. Sign up! 3:00 Supervised Swim (AP) 6:00 Documentary (Ch.981)					

LOCATION LEGEND

1st Floor

AP - Aquamarine Pool
BCC - Business Computer Cntr
CC - Cobblestone Cafe
CCFC - Coral Club Fitness Cntr
CP - Courtyard Patio
ECU - Enhanced Care Unit
LL - Lodge Lobby
PDR - Private Dining Room
SDR - Sapphire Dining Rm
SFDR - Silver Falls Dining Room
TLR - Terrace Living Room

2nd Floor

CCL - Copper Canyon Lounge
DT - Diamond Theater
FGGR - Fools Gold Game Room
GR - Granite Room
LAR - Lodge Activity Room
LTV - Lodge TV Room
MR - Marble Room
PP - Pearl Parlor
RQC - Rose Quartz Chapel
RVP - Rocky View Patio
SS - Sunstone Studio

3rd Floor

RAR - Ridge Activity Room

Lodge September Birthdays

9/2 Sharon R
9/4 Carol G
9/7 Jan B
9/16 Ed C
9/27 Janice B