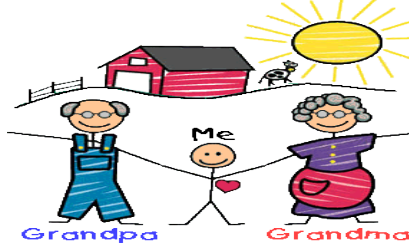




2019 LIFE ENRICHMENT

September

RANDALL RESIDENCE - DECATUR
Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
1	2 No Exercise 10:30 Bean Bag Toss 1:30 Ring Toss 2:30 Golf Card Game 	3 9:00 Walmart 10:30 Uno 10:45 Cracker Barrel (for lunch) 1:00 Bible Study 2:30 Rummy/Gin	4 9:00 Manicures 10:30 Card Lotto 1:30 Let's Learn about South Africa 2:30 Golf Card Game 	5 10:00 Book Club 10:45 Mass (AL) 1:00 Manicures 2:30 Rummy/Gin 3:00 Blood Pressures w/ Donna 	6 Happy Birthday Dave! 9:00 Exercise in Activity Rm 10:30 Dominoes 1:30 Golf (upstairs lobby) 3:00 Coffee Ice Cream & Treats for Grandparents <i>National Coffee Ice Cream Day</i>	7  Find us on: facebook ®																																										
8 Happy Grandparents Day 	9 9:00 Exercise in Activity Rm 10:30 Card Lotto 1:00 Bingo 2:15 Hand & Foot — Golf Card Game	10 10:30 Uno 10:45 Steak 'n Shake (lunch) 1:00 Bible Study 2:00 Hickory Pt. Mall 2:15 Rummy/Gin	11 8:45 Moment of Silence 9:00 Manicures 10:30 Card Lotto 10:45 Communion (AL) 1:30 Garbage Card Game 2:30 Cross Country Singers 	12 9:00 Dollar General 10:00 Health w/ Chelsea 10:45 Dominoes 1:30 Rummy/Gin 2:00 Scovill Zoo	13 9:00 Exercise in Activity Rm 10:30 Skip-Bo 1:30 Movie & Popcorn: 	14																																										
15	16 9:00 Exercise in Activity Rm 10:30 Card Lotto 1:00 Bingo 2:30 Winston @ the Piano 3:30 Rummikub	17 Happy Birthday Pauline! 9:00 Walmart 10:30 Uno 1:00 Bible Study 2:15 Rummy/Gin 2:30 Mister Softee 3:00 Hearing Aid Ck & Cleaning 	18 Happy Birthday Joe N! 9:00 Manicures 10:30 Bean Bad Toss 10:45 Communion (AL) 1:30 Chloe at the Piano 2:30 Golf Card Game	19 10:00 <i>Rise & Shine/Food Chat w/Koeksisters</i> 11:00 Dominoes 1:00 Manicures 2:30 Rummy/Gin 3:00 Blood Pressure	20 9:00 Exercise in Activity Rm 10:30 Dominoes 1:30 Craft: Beaded Safety Pin Bracelets 2:30 Golf Card Game 3:45 Coney McKane's (dinner) /Arts in the Park	21 The Safety Pin Bracelet  Craftbits.com																																										
22 	23 9:00 Exercise in Activity Rm 10:30 Card Lotto 1:00 Bingo 2:30 Vic Snyder: Jazz Concert 3:30 South African Food Treat	24 9:00 Target 10:45 Picnic in the Park 1:00 Bible Study 2:30 Music w/ Grace 3:00 Rummy/Gin 	25 9:00 Manicures 10:30 Card Lotto 10:45 Communion (AL) 2:00 Birthday Party 3:00 Golf Card Game	26 Happy Birthday Darlene! 9:00 Dollar Tree 10:30 Book Club (Formal Dining) — Dominoes (Activity Rm) 1:00 Manicures 2:00 Scenic Drive 2:30 Rummy/Gin 6:00 Bingo (Here) 	27 9:00 Exercise in Activity Rm 10:30 Skip-Bo 1:30 Craft: South African Necklace 2:30 Golf Card Game	28 Happy Birthday Vic!																																										
29	30 9:00 Exercise in Activity Rm 10:30 Card Lotto 1:00 Bingo 2:15 Golf Card Game — Hand & Foot					October 2019 <table> <tr> <th>Su</th><th>M</th><th>Tu</th><th>W</th><th>Th</th><th>Fr</th><th>Sa</th></tr> <tr> <td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table>	Su	M	Tu	W	Th	Fr	Sa			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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