




2019 LIFE ENRICHMENT

September

GOVERNOR'S VILLAGE Liberty



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
1. 10:00 Exercise – HH 11:00 Rosary - CH 1 :00 Afternoon Refreshers 1:30 Movie Club Fun – HT 3:30 Moving to the Music 5:30 Aroma Therapy & Facials	2. 10:00 Exercise 11:00 Coffee & All About South Africa 1:30 Art Therapy: Animal Masks Crafts 2:30 Bowling Fun 3:30 Women’s Movie Club - HT 5:30 Music & Manicures	3. 10:00 Pastor Dale - CH 11:00 Exercise 1:00 Men’s Manicures & Discussion 2:30 Baking Club Fun: Milk Tart 3:00 Movie Club - HT 3:30 Ball Toss 5:30 Picture ID	4. 10:30 Catholic Communion - CH 11:00 Exercise 1:30 Music & Manicures 2:30 Resident Council - AR 3:30 Women’s Movie Club - HT 5:30 Music & Aroma Therapy	5. 10:00 Exercise 11:00 Coffee & Daily Chronicles – AR 2:00 Art Therapy: S. African Art work 2:30 Men’s Movie Club - HT 3:30 Music & Adult Coloring 5:30 Hand Massage	6. 10:00 Pastor Keith - CH 11:00 Exercise 1:00 Music & Manicures 2:30 Men’s Movie Club 3:15 Bingo Fun 5:30 Music & Puzzle Fun	7. 10:00 Exercise 11:00 Coffee & Good News 1:30 Afternoon Refreshers 3:30 Who Am I? 5:30 Sing Along						
8. NALW Grandparents Pot Luck Picnic In Courtyard 12:00-2:00pm DJ Jammin Joel Family Games & Fun	9. NALW Staff Appreciation Party @ 2:30 in Main Dinning Rm Awards, Food, games & Team Building Fun	10. NALW Outing to Columbus Frank Park Conservatory & Botanical Gardens Loading the bus @ 9:00 am	11. NALW A spark of Creativity A Community Craft Project In Atrium @ 2:30pm	12. NALW Outing to Spirit of Clay Studio Loading the bus @ 11:00am Come spark your creativity!	13. NALW A Night in Italy Dinner & Live Entertainment 5:00– 6:30pm	14. NALW Family Fun Day ! Alzheimer’s Fundraiser 12:00 pm to 2:00pm Jungle Terry Family Games , Crafts Food and Charlene The Clown- All proceeds go to Alzheimer’s Association						
15. 10:00 Exercise - HH 11:00 Rosary - CH 1 :00 Afternoon Refreshers 1:30 Movie Club Fun – HT 3:30 Moving to the Music 5:30 Aroma Therapy & Facials	16. 10:00 Exercise 11:00 Coffee & Easy Does it Trivia 1:30 All About Cultures of S. Africa 2:30 Funny Short Stories and Ice Tea-CY 3:30 Women’s Movie Club 5:30 Music Therapy & Adult Coloring	17. 10:00 Pastor Dale - CH 11:00 Exercise 1:00 Men’s Manicures & Discussion 2:30 Baking Club Fun: Banana Cake 2:30 UH Music Therapy: S. African Drums AR 3:00 Men’s Movie Club - HT 5:30 Hot Potato	18. MSC Lunch & Movie 10:30 Catholic Communion - CH 11:00 Exercise 2:30 Monthly Birthday Party - MDR 3:30 Women’s Movie Club 5:30 Sing A Long	19. 10:00 Exercise 11:00 Coffee and Easy Does it Trivia 1:00 Music & Manicures 2:30 Men’s Movie Club - HT 3:30 Water Painting 5:30 Balloon Baseball	20. 10:00 Pastor Keith - CH 11:00 Exercise 1:00 Music & Manicures 2:30 Men’s Group 3:15 Nickel Bingo 5:30 Reminisces - CY	21. 10:00 Exercise 11:00 Coffee & Good News 1:30 Afternoon Refreshers 3:30 Who Am I? 5:30 Sing Along						
22. 10:00 Exercise - HH 11:00 Rosary - CH 1 :00 Afternoon Refreshers 1:30 Movie Club Fun - HT 3:30 Moving to the Music 5:30 Aroma Therapy & Facials	23. 10:00 Exercise 11:00 Coffee & <i>Chicken Soup for the Soul</i> 1:30 Art Therapy: Paper Plate Necklaces 2:30 All About Animals of South Africa 3:30 Women’s Movie Club - HT 5:30 Picture ID	24. 10:00 Pastor Dale - CH 11:00 Exercise - HH 1:00 Men’s Manicures & Discussion 2:30 Baking Club Fun: Apple Cake 3:00 Men’s Movie Club - HT 5:30 Music & Painting	25. 10:30 Catholic Communion - CH 11:00 Exercise 1:30 Music & Manicures 2:30 Monthly House Warming Social - MDR 3:30 Coffee, Snacks & Strange and Weird Laws of South Africa 5:30 Bowling Fun	26. 10:00 Pastor Julia-AR 11:00 Coffee & Would You Rather? 1:00 Art Therapy: Shekere Instruments 2:30 Men’s Movie Club - HT 3:30 Bowling Fun 5:30 Puzzle Fun	27. 10:00 Pastor Keith - CH 10:30 Exercise 11:00 Coffee & Who Am I? 1:00 Music & Manicures 2:00 Gardening Club - CY 2:30 Men’s Group 3:15 Bingo Fun 5:30 Aroma Therapy & Hand Massage	28. 10:00 Exercise 11:00 Coffee and Good News Around the World 1:30 After Refreshers 3:30 Who Am I? 5:30 Sing Along						
29. 10:00 Exercise - HH 11:00 Rosary - CH 1 :00 Afternoon Refreshers 1:30 Movie Club Fun - HT 3:30 Moving to the Music 5:30 Aroma Therapy & Facials	30. 10:00 Exercise 11:00 Coffee & Religions Of S. Africa-AR 1:30 Music & Manicures 2:30 Puzzle Fun 3:30 Art Therapy: Residents Pick 5:30 Hang Man	30. 10:00 Pastor Dale - CH 11:00 Exercise 1:00 Men’s Manicures & Discussion 2:30 Baking Club Fun: Malva Pudding 2:30 Men’s Movie Club - HT 3:30 Junk Drawer Detective 5:30 Balloon Volley Ball	This month our Randall University travels take us to South Africa, come along with us and learn about one of the most unique & oldest cultures.		Activity Locations AR — Activities Room CH — Chapel CY — Courtyard MDR — Main Dining Rm HH — Health & Hobby Rm HT — Hope Theatre							
						October 2019						
						Su	Mo	Tu	W	Th	Fri	Sat
								1	2	3	4	5
						6	7	8	9	10	11	12
						13	14	15	16	17	18	19
				20	21	22	23	24	25	26		
				27	28	29	30	31				

