## Cypress Point ~ September 2019 ~ Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Church Transportation (ML)  10:00am Chair Exercise (AR)  10:30am Catholic Mass on T.V (LIB)  11:00am Pokeno (AR)  1:30pm Bible Study (AR)  3:00pm Bingo (AR)  4:00pm Movie Matinee (LIB)	9:30am Morning Chat (LIB) 10:00am Fit & Fabulous (AR) 11:00am Trivia (AR) 1:30pm Mexican Train Dominoes (AR) 3:00pm Movie Matinee (LIB)	10:00am Midweek Worship (AR) 11:00am Wii Bowling (AR) 1:30pm Giant Crosswords (AR) 1:30pm Bridge Card Game (1GR) 2:00pm Travel Series (AR) 3:00pm Bingo (AR)	10:00am Fit & Fabulous (AR) 11:00am Pet Therapy with "Cosette" (AR) 1:30pm Holy Rosary (LIB) 2:00pm Music 'N Motion (AR) 2:00pm Trivia (LIB) 3:00pm Bingo (AR) 6:30pm Evening Movie (LIB)	10:00am Fit & Fabulous (AR) 11:00am Resident Council Meeting (AR) 1:30pm Wii Bowling (AR) 2:00pm Rummikub (AR) 3:00pm Birthday Bash with "Me & My Gal" (DR)	9:30am Book Club Discussion (LIB) 10:30am Fit & Fabulous (AR) 11:30am Wii Bowling (AR) 1:30pm Church Services with Rev. Caldwell (AR) 3:00pm Pokeno (AR)	9:30am Catholic Mass (AR) 10:30am Chair Exercise (AR) 11:00am Pet Therapy with "Sassy" (AR) 11:00am Trivia (AR) 1:30pm Wii Bowling (AR) 1:30pm Bridge Card Game (1GR) 3:00pm Bingo (AR)
GRANDPARENTS DAY! Church Transportation (ML) 10:00am Chair Exercise (AR) 10:30am Catholic Mass on T.V (LIB) 11:00am Pokeno (AR) 1:30pm Bible Study (AR) 3:00pm Bingo (AR) 4:00pm Movie Matinee (LIB)	9:30am Morning Chat (LIB) 10:00am Fit & Fabulous (AR) 11:00am Trivia (AR) 1:30pm Masking Tape Art (AR) 3:30pm Wii Bowling (AR)	10:00am Midweek Worship (AR) 11:00am Wii Bowling (AR) 1:30pm Fall Crafts with Carrie from Trilogy (AR) 1:30pm Bridge Card Game (1GR) 3:00pm Bingo (AR)	11 10:00am Fit & Fabulous (AR) 11:00am Patriotic Pride Songs (AR) 11:00am Pet Therapy with "Cosette" (AR) 1:30pm Holy Rosary (LIB) 2:00pm Senior Serenaders (DR) 3:00pm Bingo (AR) 6:30pm Evening Movie (LIB)	10:00am Fit & Fabulous (AR) 11:00am Cypress Sing-A-Long (AR) 2:00pm "Visiting Your Neighborhood" with Alvaro from Nurse On Call (AR) 4:00pm Wii Bowling (AR)	9:30am Fuel for thought (LIB) 10:00am Fit & Fabulous (AR) 11:00am Wii Bowling (AR) 2-4pm Treasures & Things-Bring your treasures: art, special gift, favorite family photo, book, craft, antique, jewelry piece, collection piece, etc. (AR)	9:00am Catholic Communion (LIB) 10:00am Chair Exercise (AR) 11:00am Pet Therapy with "Sassy" (AR) 11:00am Trivia (AR) 1:30pm Wii Bowling (AR) 1:30pm Bridge Card Game (1GR) 3:00pm Bingo (AR)
Church Transportation (ML) 10:00am Chair Exercise (AR) 10:30am Catholic Mass on T.V (LIB) 11:00am Pokeno (AR) 1:30pm Bible Study (AR) 3:00pm Bingo (AR) 4:00pm Movie Matinee (LIB)	9:30am Morning Chat (LIB) 10:00am Fit & Fabulous (AR) 11:00am Trivia (AR) 1:30pm Publix (ML) 3:30pm Mexican Train Dominoes (AR)	17 10:00am Midweek Worship (AR) 11:00am Chef's Chat (AR) 1:30pm Anagrams (AR) 1:30pm Bridge Card Game (1GR) 2:00pm Travel Series (AR) 3:00pm Bingo (AR)	10:00am Fit & Fabulous (AR) 11:00am Pet Therapy with "Cosette" (AR) 1:30pm Holy Rosary (LIB) 2:00pm Music 'N Motion (AR) 2:00pm Family Feud (LIB) 3:00pm Bingo (AR) 6:30pm Evening Movie (LIB)	19 10:00am Fit & Fabulous (AR) 11:00am Cypress Sing-A-Long (AR) 1:30pm Wii Bowling (AR) 2:00pm Rummikub (AR) 3:00pm Crafting Club (AR) 4:00pm Chair Yoga (AR)	9:30am Fuel for thought (LIB) 10:00am Fit & Fabulous (AR) 11:00am Wii Bowling (AR) 1:30pm Church Services with Rev. Caldwell (AR) 3:00pm Saxophone & Flute with Rick Hilleary (DR)	9:00am Catholic Communion (LIB) 10:00am Chair Exercise (AR) 11:00am Pet Therapy with "Sassy" (AR) 11:00am Trivia (AR) 1:30pm Wii Bowling (AR) 1:30pm Bridge Card Game (1GR) 3:00pm Bingo (AR)
Church Transportation (ML)  10:00am Chair Exercise (AR)  10:30am Catholic Mass on T.V (LIB)  11:00am Pokeno (AR)  1:30pm Bible Study (AR)  3:00pm Bingo (AR)  4:00pm Movie Matinee (LIB)	9:30am Morning Chat (LIB) 10:00am Fit & Fabulous (AR) 11:00am Trivia (AR) 11:30am Lunch Bunch- Shrimp Shack (ML) 3:30pm Mexican Train Dominoes (AR)	10:00am Midweek Worship (AR) 11:00am Town Hall Meeting (AR) 1:30pm Giant Crosswords (AR) 1:30pm Bridge Card Game (1GR) 2:00pm Travel Series (AR) 3:00pm Bingo (AR)	10:00am Fit & Fabulous (AR) 11:00am Pet Therapy with "Cosette" (AR) 1:30pm Holy Rosary (LIB) 2:00pm Music 'N Motion (AR) 2:00pm Trivia (LIB) 3:00pm Bingo (AR) 6:30pm Evening Movie (LIB)	10:00am Fit & Fabulous (AR) 11:00am Cypress Sing-A-Long (AR) 11-2 Voter Registration (LIB) 1:30pm Wii Bowling (AR) 2:00pm Rummikub (AR) 3:00pm Crafting Club (AR) 4:00pm Chair Yoga (AR)	9:30am Fuel for thought (LIB) 10:00am Fit & Fabulous (AR) 11:00am Wii Bowling (AR) 1:30pm Church Services with Rev. Caldwell (AR) 3:00pm Happy Hour Social with Comfort Keepers (DR)	9:00am Catholic Communion (LIB) 10:00am Chair Exercise (AR) 11:00am Pet Therapy with "Sassy" (AR) 11:00am Trivia (AR) 1:30pm Wii Bowling (AR) 1:30pm Bridge Card Game (1GR) 3:00pm Bingo (AR)
Church Transportation (ML)  10:00am Chair Exercise (AR)  10:30am Catholic Mass on T.V (LIB)  11:00am Pokeno (AR)  1:30pm Bible Study (AR)  3:00pm Bingo (AR)  4:00pm Movie Matinee (LIB)	9:30am Morning Chat (LIB) 10:00am Fit & Fabulous (AR) 11:00am Trivia (AR) 1:30pm Scenic Drive (ML) 3:30pm Mexican Train Dominoes (AR)	"Judge each day not by the harvest you reap but by the seeds you plant"	*ACTIVITIES ARE SUBJECT TO	*BIRTHSTONE – Sapphire *FLOWERS – Aster *COLORS – Brown		Activity Location Key (AR) Activity Room (FR) Fitness Room (LIB) Library (ML) Main Lobby (DR) Dining Room (1GR) First Floor Game Room (V) Veranda