

SEPTEMBER 2019 SOMERSET STAFF

Administrator	NIARE FEASTER
Director of Health Services	ROBIN PARR
Resident Services Coordinator	RYANA VALDROW
Activity Coordinator	JENNIFER DENLAY
Activity Assistant	PATSY DEAN
Administrative Assistant	CINDY LAUDERBACK
Bus Driver	PATSY DEAN

TRANSPORTATION

Tuesday & Thursday, 8:30 a.m.-4 p.m.: Medical
Tuesday, 1:20 p.m.: Walmart Shuttle
Wednesday, 9:30-11:30 a.m.: Fred Meyer

ALTERNATE TRANSPORT SERVICES

Tri-Met Lift: 503-802-8000

Med Transport: 503-802-8700

Metro West: 503-648-6656

TRP (Trans Reach People): 503-655-8208



Happy 98th Birthday, Sara

Family and friends gathered in the Activity Room to celebrate a special birthday. Sara turned 98 and is still going strong. She was surprised to see all of her family show up for her special day. It is something she will always remember.





Sand Dunes 2019

We took a trip to the beach and had lunch, and then went to the sand dunes and had a tour on the buggies. We had so much fun, and loved the scenic drive that we got to see. We cannot wait to go again.











Lunch and Dinner Outings

Somerset has lunch outings and dinner outings. If you would like to join us for one of these outings, we will have a sign-up sheet at the Front Desk. Hope to see you there.









Bingo

If you would like to play Bingo, we play in the Activity Room on Tuesdays and Thursdays at 3:15 p.m. and Sundays at 2:30 p.m. Hope to see you there.









Scenic Drive

The residents went on a Scenic Drive with Patsy, our Activities Assistant. They took a beautiful drive out to Canby to look at the Dahlia Fields. If you would like to go, there will be

a sign-up sheet at the Front Desk, or you can always ask Patsy or Jenn.









SEPTEMBER 2019

Birthdays

Evelyn Anderson, 7th Gloria Nelson, 8th Violet Edwards, 23rd Mary Whitbeck, 27th Art Bebee, 28th

Meal Times

Breakfast at 8 a.m., Dinner at 12:30 p.m., and Supper at 5:30 p.m.

Beauty Salon

Thursday and Friday, call Jane at 503-826-2548 or sign up at Front Desk for an appointment.

Nail Services with Shelley

Third Monday, 2-4 p.m. Sign up at the Front Desk for an appointment.

"To acquire knowledge, one must study; but to acquire wisdom, one must observe."

> -Marilyn vos Savant

4:00 Veterans' Social

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Church Runs 11:00 Movie & Popcorn 2:00 Game of Choice 2:00 Bingo with Jenn 3:00 Veterans' Ice Cream Social 4:00 Bring Back the Oldies	10:30 Bocce Ball 11:30 Strength Training 2:00 Game of the Day 2:00 Go Fish 3:00 Balloon Ball 4:00 Hangman	10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of Choice 2:00 Dominoes 3:00 Bingo with Jenn 4:00 Word Challenge	9:30 Fred Meyer 10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Game of the Day 2:00 Word Challenge 3:00 Hangman 4:00 Nail Care	10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Checkers 2:00 Game of the Day 3:00 Bingo with Jenn 4:00 Ice Cream Social 7:00 Pinochle	9:00 Today in History 9:30 Dollar Tree 2:00 Pinochle 2:00 Brain Games 2:00 Game of the Day 3:00 Arts & Crafts 4:30 Reminiscing	9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Game of the Day 3:00 Ice Cream Social 3:30 Water Balloon Toss 4:00 Hangman 4:30 Tea Party Social
9:30 Church Runs 11:00 Movie & Popcorn 2:00 Game of Choice 2:00 Bocce Ball 3:00 Bingo 4:00 Veterans' Social	10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 2:00 Blackjack 3:00 Word Challenge 4:00 Show & Tell	10:30 Bocce Ball 11:30 Strength Training 2:00 Game of Choice 2:00 Nail Care 3:00 Bingo with Jenn 4:00 Show and Tell	9:30 Fred Meyer 10:00 Donut Social with Niare 11:30 Strength Training 2:00 Game of the Day 2:00 Croquet (Meet in Activity Room) 4:00 Nail Care	10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Game of the Day 2:00 Checkers 3:00 Bingo with Jenn 4:00 Ice Cream Social 7:00 Pinochle	9:00 Today in History 9:30 Scenic Drive 11:30 Courtyard Social 2:00 Pinochle 2:00 Game of the Day 2:00 Word Games 3:00 Arts & Crafts 4:30 Would You Rather	9:00 Today in History 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Game of the Day 2:30 Movie and Popcorn 3:00 Ice Cream Social 3:30 Card Making 4:00 Word Challenge 4:00 Hangman
9:30 Church Runs 11:00 Movie & Popcorn 2:00 Game of Choice 2:00 Bocce Ball 3:00 Dominoes 4:00 Veterans' Social	10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 2:00 Mall	17 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of Choice 2:00 Word Challenge 3:00 Bingo with Jenn 4:00 Show and Tell	9:30 Fred Meyer 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 2:00 Croquet (Meet in the Activity Room) 4:00 Nail Care	19 10:30 Bocce Ball 11:30 Go Chicken Fat Go 2:00 Chef Education Series 2:30 Game of the Day 3:00 Bingo with Jenn 4:00 Ice Cream Social 7:00 Pinochle	9:00 Today in History 9:30 Dollar Tree 11:30 Charles & His Angels 2:00 Pinochle 2:00 Game of the Day 3:00 Arts & Crafts	9:00 Today in History 10:00 SDA Church 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Game of the Day 3:00 Ice Cream Social 4:00 SDA Family Singers 4:00 Hangman
9:30 Church Runs 11:00 Movie & Popcorn 2:00 Game of Choice 2:00 Bocce Ball 3:00 Bingo with Jenn 4:00 Veterans' Social	10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 2:00 Pool 3:00 Just Dance 4:00 Get to Know You Social	10:30 Bocce Ball 11:00 Thumper Therapy 11:30 Strength Training 2:00 Game of Choice 2:00 Lotion by the Ocean 3:00 Bingo with Jenn 4:00 Show and Tell	9:30 Fred Meyer 10:30 Bocce Ball 11:30 Chair Zumba 2:00 Game of the Day 2:00 Clue 3:00 Beanbag Baseball 4:00 Nail Care	10:30 Bocce Ball 11:30 Go Chicken Fat Go 11:30 Chair Zumba 2:00 Game of the Day 2:00 Pool 3:00 Bingo with Jenn 7:00 Pinochle	9:00 Today in History 9:30 Hobby Lobby 11:30 The Price Is Right Game 2:00 Pinochle 2:00 Game of the Day 2:00 Brain Games 3:00 Arts & Crafts 4:30 Get to Know You Social	9:00 Today in History 10:00 SDA Church 10:15 Gladstone Park SDA Church 11:00 Bocce Ball 2:00 Game of the Day 3:00 Ice Cream Social 3:15 Birthday Celebration! 4:00 Word Challenge 4:00 Hangman
9:30 Church Runs 11:00 Movie & Popcorn 2:00 Game of Choice 2:00 Bocce Ball 2:00 Game of the Day 3:00 Bingo with Jenn	10:30 Bocce Ball 11:30 Strength Training 2:00 Game of the Day 2:00 Go Fish 3:00 Nail Care 4:00 Get to Know You Social					

Concert On the Lawn

We had a concert on the lawn and barbecue event for the residents. The live band was the Chihuahua Band. The residents loved sitting

on the lawn and having their barbecue dinner outside. After the band was done playing, we went inside and listened to David Cooley. It was a great evening.













Arts and Crafts with Patsy

We have Arts and Crafts on Fridays. The residents made some decorations for our Luau Party coming up. We would love to have you join us. I love to see the beautiful things they make. If you have any questions, you can always talk to Patsy.







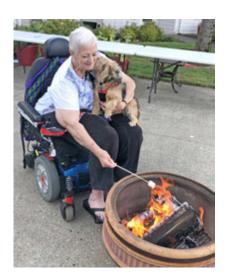






Fun in the Sun

The Activities Director made a slip-n-slide for the residents, and with the help of the staff, we had a great time in the sun. The residents loved getting on the pink flamingo tube, going down the slip-n-slide and having some ice cream sandwiches. After we were done, we roasted some marshmallows. It's an activity we will do again.















8360 Cason Road Gladstone, OR 97027





503-723-7868

