

Glenmoore

Gracious Retirement Living

12154 SE 114th Court • Happy Valley, OR 97086 • Phone (503) 698-3555 • www.seniorlivinginstyle.com

SEPTEMBER 2019

GLENMOORE STAFF

Managers.....DAVE & GINGER WOOD

Assistant ManagersRICK &
RACHELLE MCCARTHY

Executive Chef BRIAN MATHERS

Activity CoordinatorGRACE MCLEAN

Maintenance Coordinator DANIEL RIDDLE

Transportation RUTH WOOD

TRANSPORTATION

Monday, 9:30 a.m.-Noon:

Walmart & Fred Meyer

Tuesday & Thursday, 9 a.m.-3 p.m.:

Medical Appointments

Wednesday, TBA: Outings

Friday, 9:30-11 a.m.:

Safeway, Rite Aid & Walgreens

HAWTHORN
SENIOR LIVING

A Big Glenmoore “Howdy” from our Western Barbecue!

At our annual western barbecue, everyone put on their country best, and enjoyed a fantastic meal of ribs and chicken with all the yummy sides, prepared by Executive Chef Brian Mathers. He was out, grill-side, early in the morning, making sure our meal was not only smokey and delicious, but was barbecue perfection. We also enjoyed a fun and entertaining performance by The Westernairs, a line dancing troupe from Oregon City.

(Photos continued on page 3)



Joseph Stewart and his family join us for the barbecue.



The Westernairs perform to a full house!



Lights, Camera, Fashion!

We had a fabulous time putting together our annual Summer Fashion Show featuring Glenmoore residents and Garments On The Go fashions! Each model was able to pick out the two styles they wanted to wear, and walked the runway in our Atrium for our residents and guests to view. A great time was had by all!



Marsha Dyer is all smiles!



Mary Millett, looking fabulous in red!



Connie McClendon, looking fabulous and confident!



Mary Lou Proctor, beaming and beautiful



Uni Kincaid, pretty in purple!



Legard Waldrop knows how to work it!



Our models pose for a group photo at the end of the show!



Mark Hall, strutting his stuff.



Shirley Burt shows off a dressy-casual look.

A Big Glenmoore “Howdy” from our Western Barbecue! (Continued)



Jim Shore brings his western-best!



Executive Chef Brian Mathers at the grill!



Don Nowell, a retired jockey, is all too familiar with western attire.



Beverly Snyder, sporting her bolo tie.



Beckie Brown
503-750-9575
Available Monday-
Friday, please make
an appointment.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>Family Day!</div> <div>11:00 Wii Bowling, AR</div> <div>7:00 Prayer Meeting, CH</div>	<div>2</div> <div>LABOR DAY</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Retain That Brain, AR</div> <div>11:30 Blood Pressure Checks, AR</div> <div>12:30 Barbecue & Live Music</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Pinochle, BR</div>	<div>3</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Rachael Varayne Vocal Performance, DR</div> <div>2:00 Bunco, BR</div> <div>3:45 Trivia, LB</div> <div>6:45 Bingo, AR</div>	<div>4</div> <div>Sporting Team Colors</div> <div>9:00 Spirit Mountain Casino, BUS</div> <div>9:30 Fitness Combo, AR</div> <div>10:00 Crafting with Grace: Suncatchers, AR</div> <div>11:30 Bible Study with Christine, CH</div> <div>6:45 Wii Bowling, AR</div>	<div>5</div> <div>Jeans and Name Tag Day</div> <div>9:30 Fitness Combo, AR</div> <div>10:30 Catholic Communion Service, CH</div> <div>11:00 Yoga Flow, EX</div> <div>2:00 Bingo, AR</div> <div>6:45 Bean Bag Baseball, AR</div> <div></div>	<div>6</div> <div>Wear R.E.D.</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Pablo Gabriel Guitar, AT</div> <div>2:30 Trivia, LB</div> <div>3:00 Right, Left, Center, BR</div> <div>4:00 Resident Happy Hour, AR</div> <div>7:00 Poker Game, BR</div>	<div>7</div> <div>10:45 Creative Corner, BR</div> <div>11:00 Yoga Flow, EX</div> <div>3:00 Scrabble, BR</div> <div>6:45 Bingo, AR</div>
<div>8</div> <div>Family Day!</div> <div>11:00 Wii Bowling, AR</div> <div>7:00 Prayer Meeting, CH</div> <div></div>	<div>9</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Retain That Brain, AR</div> <div>11:00 Errands with Ruth Until 4 p.m.</div> <div>11:30 Blood Pressure Checks, AR</div> <div>2:30 Live Poets Society, LB</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Pinochle, BR</div>	<div>10</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Garments on the Go, AR</div> <div>2:00 Bunco, BR</div> <div>3:45 Trivia, LB</div> <div>6:45 Bingo, AR</div> <div></div>	<div>11</div> <div>PATRIOT DAY</div> <div>Wear Stripes</div> <div>9:30 Fitness Combo, AR</div> <div>10:00 Computer Support with Ron, MT</div> <div>11:30 Bible Study with Scott Wallace, CH</div> <div>3:00 Resident/Activity Coordinator Meeting, AR</div> <div>4:00 De Nicola's Italian Restaurant Dinner Outing, BUS</div> <div>6:45 Wii Bowling, AR</div> <div></div>	<div>12</div> <div>Jeans and Name Tag Day</div> <div>8:30 Men's Breakfast with Daniel, AR</div> <div>9:30 Fitness Combo, AR</div> <div>10:00 Exploring Music with Kelly, AR</div> <div>11:00 Yoga Flow, EX</div> <div>11:00 Eye Come to You, AR</div> <div>2:00 Bingo, AR</div> <div>3:30 Book Club, LB</div> <div>6:45 Bean Bag Baseball, AR</div>	<div>13</div> <div>Wear R.E.D.</div> <div>9:30 Fitness Combo, AR</div> <div>2:30 Trivia, LB</div> <div>3:00 Right, Left, Center, BR</div> <div>4:00 Resident Happy Hour, AR</div> <div>7:00 Poker Game, BR</div>	<div>14</div> <div>10:00 Painting with Melissa, AR</div> <div>10:45 Creative Corner, BR</div> <div>11:00 Yoga Flow, EX</div> <div>3:00 Scrabble, BR</div> <div>6:45 Bingo, AR</div>
<div>15</div> <div>Family Day!</div> <div>11:00 Wii Bowling, AR</div> <div>7:00 Prayer Meeting, CH</div> <div></div>	<div>16</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Retain That Brain, AR</div> <div>11:30 Blood Pressure Checks, AR</div> <div>2:00 Able Hearing, LB</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Pinochle, BR</div> <div></div>	<div>17</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Stampin' Up Card Making Class, AR</div> <div>2:00 Bunco, BR</div> <div>3:45 Trivia, LB</div> <div>6:45 Bingo, AR</div>	<div>18</div> <div>Wear Blue</div> <div>9:30 Fitness Combo, AR</div> <div>10:00 Crafting with Grace: Hanging Picture Frame, AR</div> <div>11:30 Bible Study with Christine, CH</div> <div>6:45 Wii Bowling, AR</div>	<div>19</div> <div>Jeans and Name Tag Day</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Yoga Flow, EX</div> <div>11:00 Chat with Chef, AR</div> <div>12:30 Glenmoore's 5th Birthday Celebration!</div> <div>2:00 Live Music with Chihuahua Desert, AR</div> <div>6:45 Bean Bag Baseball, AR</div> <div></div>	<div>20</div> <div>Wear R.E.D.</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Micki with Paparazzi Jewelry, AT</div> <div>2:30 Trivia, LB</div> <div>3:00 Right, Left, Center, BR</div> <div>4:00 Resident Happy Hour, AR</div> <div>7:00 Poker Game, BR</div>	<div>21</div> <div>10:45 Creative Corner, BR</div> <div>11:00 Yoga Flow, EX</div> <div>3:00 Scrabble, BR</div> <div>6:45 Bingo, AR</div>
<div>22</div> <div>Family Day!</div> <div>11:00 Wii Bowling, AR</div> <div>7:00 Prayer Meeting, CH</div>	<div>23</div> <div>AUTUMN BEGINS</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Retain That Brain, AR</div> <div>11:30 Blood Pressure Checks, AR</div> <div>2:30 Live Poets Society, LB</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Pinochle, BR</div>	<div>24</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Matthew Langston Piano Performance, DR</div> <div>2:00 Bunco, BR</div> <div>3:45 Trivia, LB</div> <div>6:45 Bingo, AR</div>	<div>25</div> <div>Black & White Day</div> <div>9:30 Fitness Combo, AR</div> <div>10:00 Bullwinkle's Family Fun Center, BUS</div> <div>11:30 Bible Study with Scott Wallace, CH</div> <div>6:45 Wii Bowling, AR</div>	<div>26</div> <div>Jeans and Name Tag Day</div> <div>9:30 Fitness Combo, AR</div> <div>10:00 Exploring Music with Kelly, AR</div> <div>11:00 Yoga Flow, EX</div> <div>11:30 Resident/Manager Meeting, DR</div> <div>2:00 Bingo, AR</div> <div>6:45 Bean Bag Baseball, AR</div>	<div>27</div> <div>Wear R.E.D.</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Willamette Queen Sternwheeler & Picnic, BUS</div> <div>2:30 Trivia, LB</div> <div>3:00 Right, Left, Center, BR</div> <div>4:00 Resident Happy Hour, AR</div> <div>4:00 Let's Talk with Dave & Patti Eldridge, CH</div> <div>7:00 Poker Game, BR</div>	<div>28</div> <div>10:45 Creative Corner, BR</div> <div>11:00 Yoga Flow, EX</div> <div>3:00 Scrabble, BR</div> <div>6:45 Bingo, AR</div>
<div>29</div> <div>ROSH HASHANAH BEGINS AT SUNSET</div> <div>Family Day!</div> <div>11:00 Wii Bowling, AR</div> <div>7:00 Prayer Meeting, CH</div>	<div>30</div> <div>9:30 Fitness Combo, AR</div> <div>11:00 Retain That Brain, AR</div> <div>11:30 Blood Pressure Checks, AR</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Pinochle, BR</div> <div></div>					



September At-A-Glance

Monday, September 2nd: Labor Day Barbecue with Live Music, Featuring Dennis Stafford at 12:30 p.m.

Tuesday, September 3rd: Rachael Varayne Vocal Performance at 11 a.m.

Wednesday, September 4th: Spirit Mountain Casino at 9 a.m., and Crafting with Grace at 10 a.m.

Friday, September 6th: Pablo Gabriel Guitar at 11 a.m.

Tuesday, September 10th: Garments on the Go at 11 a.m.

Wednesday, September 11th: Schmaltz Gifts at 12 p.m., and DeNicola's Italian Restaurant Dinner at 4 p.m.

Thursday, September 12th: Men's Breakfast with Daniel at 8:30 a.m., and Eye Come To You at 11 a.m.

Saturday, September 14th: Painting with Melissa at 10 a.m.

Tuesday, September 17th: Stampin' Up Card Making Class at 11 a.m.

Wednesday, September 18th: Crafting with Grace at 10 a.m.

Thursday, September 19th: Glenmoore's 5th Birthday Celebration! Live Music Featuring Chihuahua Desert

Friday, September 20th: Paparazzi Jewelry at 11 a.m., and Charles and His Angels at 3 p.m.

Saturday, September 21st: Phillip Foster Farms Cider Squeeze at 9:15 a.m.

Tuesday, September 24th: Matthew Langston Piano Performance at 11 a.m.

Wednesday, September 25th: Funky Flory's Flowers at 10 a.m., and Bullwinkle's Family Fun Center at 10 a.m.

Friday, September 27th: Willamette Queen Sternwheeler and Picnic at 11 a.m.



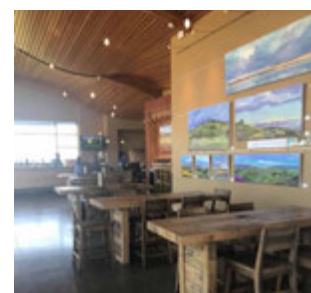
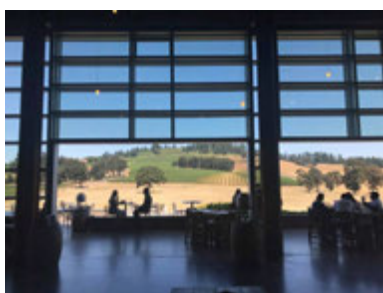
Group outing to the Oregon Culinary Institute ... a job well done by the culinary students!



Group outing to McMenamins Ahles Point in Kalama, Washington!

Stoller Family Estate Winery

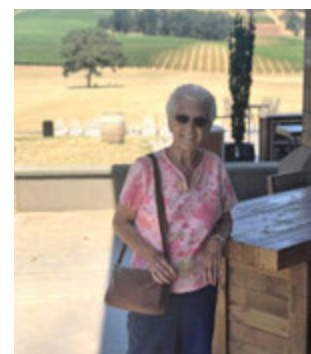
Located in Dundee, Oregon, the Stoller Family Estate Winery is beautifully appointed on over 400 acres of vineyards and rolling hills. It was very peaceful, sitting outside in the warm weather, enjoying the company of friends and neighbors, and tasting several different wines from Pinot Noir, to Chardonnay and Rose. We shared a lovely picnic lunch made by Executive Chef, Brian Mathers, and had a wonderful afternoon basking in the gorgeous Oregon summer sunshine.



The group enjoying the beautiful scenery at their tasting table!



Bob and Leila Niles, enjoying the view.



Lavon Pleasant, relaxing outside.



Resident Spotlight: Lorraine Brown

“My Boys”

By Vicki Suyat and Lorraine Brown



My name is Lorraine Gustafson Brown. I moved into Glenmoore in 2014 after selling my home in Portland. My mother was born and lived on a homestead in Cottage Grove, Oregon, and my father was born in Portland.

The most vivid memory I have of growing up is having my tonsils removed by Dr. Edgar Anderson on my

Grandmother's kitchen table, when I was nine years old! Can you imagine that?

While I was in high school, I was the drum majorette for our marching band and loved stepping out on parade. I graduated from La Grande High School and met my husband-to-be, Jerry, in 1948 at an ice rink here in Portland. Jerry and I spent hours together holding hands while ice skating and roller skating at the old wooden rink.

After high school, I was trained as a welder in the Portland shipyards and earned \$1.25 an hour. That wage was not bad for a girl right out of school, but then there was a war going on and we needed “all hands on deck” in the shipyards.

Jerry and I were married in 1950 and had a fairly large family: three sons, Ken, David and Dennis, and one daughter, Gerry. Our family expanded when we heard about children being sent to Portland to attend the Tucker Maxon School for the Deaf on Holgate Street, and who had no place to live. Our family volunteered to host a student, who would live with us for the school year. Our family never did anything special to accommodate our students who were deaf. I told them I was going to treat them exactly as I did my own children, and it worked out beautifully!

Our first student was Stevie, who was totally deaf but sharp as a whip. My fondest memory of Stevie was his beautiful curly, thick, black hair. My own boys got their very straight, thin, blonde hair cut by me in the garage, in a

very short crewcut. Stevie said he wanted me to cut off his beautiful thick hair the same way I cut my sons' hair. I was able to talk Stevie out of the crew cut idea until the end of December, when I finally gave him his crewcut. This was just before he was supposed to go home to visit with his family for the holidays in California. I was afraid his family was going to hate the haircut and think that I was treating him badly. As he stepped off of the airplane, his family rushed up to meet him, wanting to know where he got his “cool” hair cut. Boy, was I relieved!

Our second student with a disability was Ronnie, who was partially deaf and blind. He had a very sad back story. His mother had contracted measles while she was pregnant, and as a result, Ronnie was born partially deaf and blind. We treated him exactly the same way we treated Stevie, as a member of our family. We took him hiking, camping, to the beach, and on other outings with my children. They played Pollyanna, a board game similar to Parcheesi, for hours in the playroom, and spent afternoons on the baseball diamond together. Ronnie lived with us for three years and we learned a great deal from his family. His father was a furrier and gave me a mink stole as a gift one year. He reconditioned another coat for me that had dried out and become too stiff to wear.

Our next guest child, Chris, came to us through the Portland foster care program and was ten years old. He had been beaten by his father and was both physically and emotionally scarred. Chris stayed with us for only six months. The trust between him and my family was broken when he started to steal items from my son's room. Chris left us shortly after, but years later made an unexpected visit. He was participating in an organized walk-a-thon and recognized our house in his old neighborhood. He left the walk-a-thon group, and came over to our house to say hello to our family. He thanked us for our support and told us he was doing well.

Most of our extended family continued to thrive and stayed in touch with us long after they became independent. My life as a mother, and the life of my family, were greatly enriched by sharing with “my boys” from both the school for the deaf and the foster care program in Portland. We loved these children as our own, and will always be grateful for the time we spent together.



12154 SE 114th Court
Happy Valley, OR 97086



Fall in love... with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

503-698-3555

