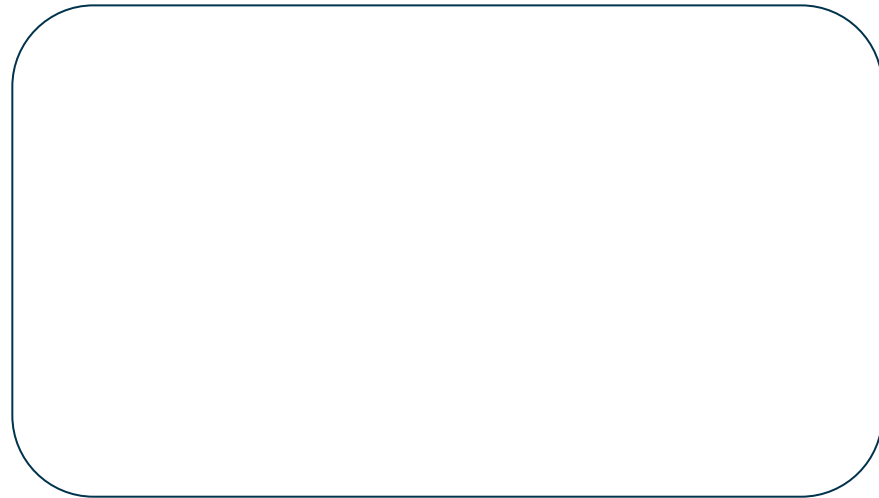




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Tualatin, OR 97062

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**Administrative Team:**  
503-692-1748

**Jerri Gray**  
Executive Director  
**Randy Dickens**  
Community Relations Director  
**Pam Dyson**  
Wellness Director – Alpine  
**Dulceney Rangel**  
Wellness Director - Beechwood  
**Jen Breusch**  
Wellness Director – Ponderosa  
**Pam Bates**  
Business Office Director  
**David Paredes**  
Dining Services Director  
**Nolan Smith**  
Maintenance Director  
**Anjee Thompson**  
Life Enrichment Director

**Our mission is to create and sustain comfortable, caring environments for those who depend on us.**



# The Farmington Times

Assisted and Memory Care Newsletter



## September 2019

2 Harvest Good Habits  
3 Team Member & Resident Spotlight  
4-5 Activities Calendar

6 Birthdays, Social Media, & Highlights  
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# Harvest Good Habits

September is **Self-Improvement Month!** What better time to focus on a plan of action for betterment?! Taking positive actions here and there is great, but practicing positive habits is key to a self-improved lifestyle year-round.

To move toward a self-improved lifestyle, we've looked into habits galore: how they're made, how to keep them, and ones to try!

## What is a Habit and How Does One Form?

A habit is a behavior that a person performs repeatedly. Our habits determine many actions we take and, therefore, our lives greatly reflect our habits.

When we are learning new things, it takes effort and energy. But when we do things we already know how to do, our conscious mind lets our subconscious mind take the wheel. This way, we can automatically do something without the effort or energy we needed when we were first learning that action.

## Habits to Embrace

(as per approval by your medical professional. This is not medical advice.)

**Getting a Good Night's Sleep:** Routinely.

**Healthy Diet:** Try Dash or Mediterranean!

**Joining a Social Activity Group:** Cooking Club, Walking Club, Card Game Group, etc.

**Prioritizing Wellness:** Whether vaccines, check-ups, or screenings, make it a point to plan out health appointments on a calendar and follow through with them.

**Meditating:** Commit to easing your stress.

**Working Out:** Find the exercise that works for you to do regularly and safely.



## How Long Does It Take to Form a Habit?

Multiple sources say it takes 66 days to form a habit. This may sound like a long time, but there's good news. Making a few mistakes on the habit-forming journey don't seem to impact the result. Also, It's good to think about forming a habit as a challenge that will bring the auto-reward if you stick with it.

## Tips for Making Those 66 Days a Success

A tactic using the acronym SMART is widely-shared for helping with habit journeys.

**S:** Specific. Focus the goal and accountability.

**M:** Measurable. Quantify days, minutes, etc.

**A:** Attainable. Make sure it's a possible goal.

**R:** Realistic. Consider time, money, schedule.

**T:** Timely. Set a time limit or timed aim for it.

## How Does Someone Keep a Habit?

Habits become stronger when repeated and weaker when not. Such changeability means habits require devotion. Tips to help with that include seeking encouragement and support from a friend, reminding yourself with alarms and calendars, befriending role models with your habit, and removing temptations to fall back to former ways. Best of luck on your habit-harvesting journey!

# Special Moments



The  
Best things  
in life  
aren't things.

## The Best Advice I Ever Received Was:

"Be Kind"  
- Sharon

"Eat dessert first"  
- Cheri

"Pray Every Day"  
- Norma

"Try new things"  
- Glenna

"Hug Your Kids"  
- Sylvia

With self-improvement in mind, we asked residents and staff about the best advice they've gotten!

# September 2019 Highlights

September is Self-Improvement Month, Honey Month, Americana Month & Courtesy Month.

- 01 No Rhyme or Reason Day
- 02 Labor Day; Blueberry Popsicle Day
- 03 U.S. Bowling League Day
- 04 Wildlife Day; Macadamia Nut Day
- 05 Cheese Pizza Day
- 06 Read a Book Day; Coffee Ice Cream Day
- 07 Salami Day; Tailgating Day; Beer Day
- 08 Grandparent’s Day; Hug Your Hound Day
- 09 Teddy Bear Day; Weiner Schnitzel Day
- 10 Ants on a Log Day; Swap Ideas Day
- 11 Hot Cross Bun Day; Patriot Day
- 12 Chocolate Milkshake Day
- 13 Peanut Day
- 14 Cream Filled Donut Day; Hoagie Day
- 15 Cheese Toast Day; Linguine Day
- 16 Cinnamon Raisin Bread Day
- 17 Apple Dumpling Day
- 18 Cheeseburger Day
- 19 Butterscotch Pudding Day

- 20 Pepperoni Pizza Day; String Cheese Day
- 21 Pecan Cookie Day
- 22 Centenarians Day; White Chocolate Day
- 23 Pot Pie Day; Snack Stick Day
- 24 Cherries Jubilee Day
- 25 Women’s Health and Fitness Day
- 26 Pancake Day; Dumpling Day
- 27 Corned Beef Hash Day; Chocolate Milk Day
- 28 Neighborly Day; Strawberry Cream Pie Day
- 29 Coffee Day
- 30 Hot Mulled Cider Day

### We’re online @

Facebook.com/FarmingtonSquareTualatin  
Blog.radiantseniorliving.com  
Radiantsrliving on Instagram  
Radiantvoices on Instagram  
RadiantSrLiving on Twitter  
Pinterest.com/radiantsrliving  
Radiant Senior Living on YouTube

## September Birthdays!



We hope you enjoy your special day!

- Joyce, Sept. 1
- Darlene, Sept. 4
- David, Sept. 4
- Eli, Sept. 6
- Merrell, Sept. 25
- Bill, Sept. 27

## Team Member Spotlight Our Volunteers

This month We would like to thank our Volunteers for all that they do for our community. Coming and sharing their gift of time and talent with us. Be it playing the piano, bringing in pets to entertain and delight us to just coming and visiting with someone. Your kindness is always so special to us and we are blessed to have you here.



## Resident Spotlight Cec

Cec has a heart as big as all of Texas. She was born to be a caregiver and spent most of her life caring for others. She has been a RN both of baby in the NICU and in a prison. Her stories are always filled with kindness and love to those in need. She loves to talk about her Children, the Bible, old movies and anything to do with the Navy. She seems to know if someone is feeling sad and comes to pat their hand and reassure them that everything is going to be okay. She is a kind soul indeed.

# September 2019

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<i><b>Sun</b></i>	<i><b>Mon</b></i>	<i><b>Tue</b></i>	<i><b>Wed</b></i>	<i><b>Thu</b></i>	<i><b>Fri</b></i>	<i><b>Sat</b></i>
1 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Spelling 11:30 Ball Toss 1:00 Bible Study IN2L 1:30 Bible Trivia IN2L 2:00 Spa Time 3:00 Snack	2 9:30 Exercise 10:15 Snack 11:00 Spelling Games 11:30 Hangman IN2L 1:00 Painting IN2L 1:30 Games IN2L 2:00 Afternoon Stroll 3:00 Snack	3 9:30 Gentle Stretching 10:15 Snack Time 11:00 Jokes and Poems IN2L 11:30 Read Aloud 1:00 Hangman IN2L 2:00 Beanbag Toss 3:00 Snack 3:45 Singing with Suzy IN2L	4 9:30 Exercise IN2L 10:15 Snack 10:50 Piano with Alice 11:30 Ball Toss 1:00 Today in History 1:30 Bible Stories IN2L 2:00 Coloring IN2L 3:00 Snack	5 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Today In History IN2L 11:30 Trivia 1:00 Spa Time 2:00 Crafts 3:00 Snack 4:00 Word Games IN2L	6 10:15 Snack 10:45 Good New of the Day 11:00 Chair Yoga 11:30 Trivia IN2L 1:00 Bean Bag Toss 2:00 Read Aloud 3:00 Games/ Snack IN2L 4:00 Art and Coloring IN2L	7 9:00 Music IN2L 9:30 Exercise 10:15 Snack 11:00 Brain Games 11:30 Noodle Tennis 1:00 Trivia IN2L 2:00 Balloon Toss 3:00 Snack
8 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Spelling 11:30 Ball Toss 1:00 Bible Study IN2L 1:30 Bible Trivia IN2L 2:00 Spa Time 3:00 Snack 4:00 Movie Time	9 9:30 Exercise 10:15 Snack 11:00 Spelling Games 11:30 Hangman IN2L 1:00 Painting IN2L 1:30 Games IN2L 2:00 Afternoon Stroll 3:00 Snack 4:00 Travel Show	10 9:30 Gentle Stretching 10:15 Snack Time 11:00 Jokes and Poems 11:30 Read Aloud 1:00 Hangman IN2L 2:00 Beanbag Toss 3:00 Snack 3:45 Singing with Suzy IN2L 4:15 Noodle Tennis	11 9:30 Exercise 10:15 SnackIN2L 10:50 Piano with Alice 11:30 Ball Toss 1:00 Today in History 1:30 Bible Stories IN2L 2:00 Coloring IN2L 3:45 Travel Trivia	12 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Today In History IN2L 11:30 Trivia 1:00 Spa Time 2:00 Crafts 3:00 Snack 4:00 Word Games IN2L	13 10:15 Snack 10:45 Good New of the Day 11:00 Chair Yoga 11:30 Trivia IN2L 1:00 Bean Bag Toss 2:00 Read Aloud 3:00 Games/ Snack IN2L 4:00 Art and Coloring IN2L	14 9:00 Music IN2L 9:30 Exercise 10:15 Snack 11:00 Brain Games 11:30 Noodle Tennis 1:00 Trivia IN2L 2:00 Balloon Toss 3:00 Snack 3:45 History Video
15 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Spelling 11:30 Ball Toss 1:00 Bible Study IN2L 1:30 Bible Trivia IN2L 2:00 Spa Time 3:00 Snack	16 9:30 Exercise 10:15 Snack 11:00 Spelling Games 11:30 Hangman IN2L 1:00 Painting IN2L 1:30 Games IN2L 2:00 Afternoon Stroll 3:00 Snack	17 9:30 Gentle Stretching 10:15 Snack Time 11:00 Jokes and Poems IN2L 11:30 Read Aloud 1:00 Hangman IN2L 2:00 Beanbag Toss 3:00 Snack 3:45 Singing with Suzy IN2L	18 9:30 Exercise IN2L 10:15 Snack 10:50 Piano with Alice 11:30 Ball Toss 1:00 Today in History 1:30 Bible Stories IN2L 2:00 Coloring IN2L 3:00 Snack	19 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Today In History IN2L 11:30 Trivia 1:00 Spa Time 2:00 Crafts 3:00 Snack 4:00 Word Games IN2L	20 10:15 Snack 10:45 Good New of the Day 11:00 Chair Yoga 11:30 Trivia IN2L 1:00 Bean Bag Toss 2:00 Read Aloud 3:00 Games/ Snack IN2L 4:00 Art and Coloring IN2L	21 9:00 Music IN2L 9:30 Exercise 10:15 Snack 11:00 Brain Games 11:30 Noodle Tennis 1:00 Trivia IN2L 2:00 Balloon Toss 3:00 Snack
22 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Spelling 11:30 Ball Toss 1:00 Bible Study IN2L 1:30 Bible Trivia IN2L 2:00 Spa Time 3:00 Snack 4:00 Movie Time	23 9:30 Exercise 10:15 Snack 11:00 Spelling Games 11:30 Hangman IN2L 1:00 Painting IN2L 1:30 Games IN2L 2:00 Afternoon Stroll 3:00 Snack 4:00 Travel Show	24 9:30 Gentle Stretching 10:15 Snack Time 11:00 Jokes and Poems 11:30 Read AloudIN2L 1:00 Hangman IN2L 2:00 Beanbag Toss 3:00 Snack 3:45 Singing with Suzy IN2L 4:15 Noodle Tennis	25 9:30 Exercise IN2L 10:15 Snack 10:50 Piano with Alice 11:30 Ball Toss 1:00 Today in History 1:30 Bible Stories IN2L 2:00 Coloring IN2L 3:00 Snack	26 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Today In History IN2L 11:30 Trivia 1:00 Spa Time 2:00 Crafts 3:00 Snack 4:00 Word Games IN2L	27 10:15 Snack 10:45 Good New of the Day 11:00 Chair Yoga 11:30 Trivia IN2L 1:00 Bean Bag Toss 2:00 Read Aloud 3:00 Games/ Snack IN2L 4:00 Art and Coloring IN2L	28 9:00 Music IN2L 9:30 Exercise 10:15 Snack 11:00 Brain Games 11:30 Noodle Tennis 1:00 Trivia IN2L 2:00 Balloon Toss 3:00 Snack
29 9:30 Morning Stretches 10:15 Snack and Chat 11:00 Spelling 11:30 Ball Toss 1:00 Bible Study IN2L 1:30 Bible Trivia IN2L 2:00 Spa Time 3:00 Snack 4:00 Movie Time	30 9:30 Exercise 10:15 Snack 11:00 Spelling Games 11:30 Hangman IN2L 1:00 Painting IN2L 1:30 Games IN2L 2:00 Afternoon Stroll 3:00 Snack 4:00 Travel Show					<b>Birthdays this Month</b>  Joyce, Sept. 1 Darlene, Sept. 4 David, Sept. 4 Eli, Sept. 6 Merrell, Sept. 25 Bill G, Sept. 27

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:15 Snack 1:00 Gentle Stretches 1:30 Good News 2:00 Bible Study IN2L 3:00 Word Search 4:00 Trivia IN2L	2 10:15 Snack 10:30 Chair Yoga 11:00 Trivia IN2L 1:00 Read Aloud 2:00 Card games 3:15 Ball Toss 4:00 Games IN2L	3 10:00 Day in History IN2L 10:15 Snack 11:00 Exercise 12:45 Crafts 2:00 Bingo 3:15 Book Club 4:00 Word Games IN2L	4 10:15 Snack 11:25 Piano w/ Alice 1:00 Chair Yoga 2:30 Bible Study IN2L 3:00 Jokes and Poems 4:00 Word Search 6:00 Travel Show IN2L	5 10:15 Snack 11:30 Art and Coloring 1:00 Stretching 1:30 States Trivia IN2L 2:00 Bible Study IN2L 3:50 Music IN2L 6:00 Uno/ Cards	6 10:00 Snack 11:00 Card Games 1:00 Exercise IN2L 1:30 Music w/ Phil 3:00 Birthday Party 4:00 This Day History 6:00 Hangman IN2L	7 10:15 Snack 11:00 Concert IN2L 1:00 Chair Yoga 1:30 Spelling 2:30 Sing Along 3:00 Trivia IN2L 6:00 Movie Time
8 10:15 Snack 1:00 Gentle Stretches 1:30 Good News 2:00 Bible Study IN2L 3:00 Word Search 4:00 Trivia IN2L	9 10:15 Snack 10:30 Chair Yoga 11:00 Trivia IN2L 1:00 Read Aloud 2:00 Card games 3:15 Ball Toss 4:00 Games IN2L	10 10:00 Day in History IN2L 10:15 Snack 11:00 Exercise 12:45 Crafts 2:00 Bingo 3:15 Book Club 4:00 Word Games IN2L	11 10:15 Snack 11:25 Piano w/ Alice 1:00 Chair Yoga 2:30 Bible Study IN2L 3:00 Jokes and Poems 4:00 Word Search 6:00 Travel Show IN2L	12 10:15 Snack 11:30 Art and Coloring 1:00 Stretching 1:30 Pet Therapy 2:00 Bible Study IN2L 4:00 Walking club 6:00 Uno/ Cards	13 10:00 Snack 11:00 Card Games 1:00 Exercise IN2L 2:00 Bowling 3:00 Birthday Party 4:00 This Day History 6:00 Hangman IN2L	14 10:15 Snack 11:00 Concert IN2L 1:00 Chair Yoga 1:30 Spelling 2:30 Sing Along 3:00 Trivia IN2L 6:00 Movie Time
15 10:15 Snack 1:00 Gentle Stretches 1:30 Good News 2:00 Bible Study IN2L 3:00 Word Search 4:00 Trivia IN2L	16 10:15 Snack 10:30 Chair Yoga 11:00 Trivia IN2L 1:00 Read Aloud 1:30 Music with Dave 3:15 Ball Toss 4:00 Games IN2L	17 10:00 Day in History IN2L 10:15 Snack 11:00 Exercise 12:45 Crafts 2:00 Bingo 3:15 Book Club 4:00 Word GamesIN2L	18 10:15 Snack 11:25 Piano w/ Alice 1:00 Chair Yoga 2:30 Bible Study IN2L 3:00 Jokes and Poems 4:00 Word Search 6:00 Travel Show IN2L	19 10:15 Snack 11:30 Art and Coloring 1:00 Stretching 1:30 States Trivia IN2L 2:00 Bible Study IN2L 3:50 Music IN2L 6:00 Uno/ Cards	20 9:30 BINGO & Lun. JPC 11:00 Card Games 1:00 Exercise IN2L 2:00 Bowling 3:00 Birthday Party 4:00 This Day History 6:00 Hangman IN2L	21 10:15 Snack 11:00 Concert IN2L 1:00 Chair Yoga 1:30 Spelling 2:30 Sing Along 3:00 Trivia IN2L 6:00 Movie Time
22 10:15 Snack 1:00 Gentle Stretches 1:30 Good NewsIN2L 2:00 Bible Study 3:00 Word Search 4:00 Trivia IN2L	23 10:15 Snack 10:30 Chair Yoga 11:00 Trivia IN2L 1:00 Read Aloud 2:00 Piano w/ Bill 3:15 Ball Toss 4:00 Games IN2L	24 10:00 Day in History IN2L 10:15 Snack 11:00 Exercise 12:45 Crafts 2:00 Bingo 3:15 Book Club 4:00 Word Games IN2L	25 10:15 Snack 11:25 Piano w/ Alice 1:00 Chair Yoga 2:30 Bible Study IN2L 3:00 Jokes and Poems 4:00 Word Search 6:00 Travel Show IN2L	26 10:15 Snack 11:30 Art and Coloring 1:00 Stretching 1:30 States Trivia IN2L 2:00 Bible Study IN2L 3:50 Music IN2L 6:00 Uno/ Cards	27 9:30 BINGO & Lun. JPC 11:00 Card Games 1:00 Exercise IN2L 2:00 Bowling 3:00 Birthday Party 4:00 This Day History 6:00 Hangman IN2L	28 10:15 Snack 11:00 Concert IN2L 1:00 Chair Yoga 1:30 Spelling 2:30 Sing Along 3:00 Trivia IN2L 6:00 Movie Time
29 10:15 Snack 1:00 Gentle Stretches 1:30 Good NewsIN2L 2:00 Bible Study 3:00 Word Search 4:00 Trivia IN2L TIME ACTIVITY NAME	30 10:15 Snack 10:30 Chair Yoga 11:00 Trivia IN2L 1:00 Read Aloud 2:00 Card games 3:15 Ball Toss 4:00 Games IN2L					<b>Birthdays this Month</b> Joyce, Sept. 1 Darlene, Sept. 4 David, Sept. 4 Eli, Sept. 6 Merrell, Sept. 25 Bill G, Sept. 27

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Exercise IN2L 10:30 Morning News 11:00 Word Search 1:00 Bible Study IN2L 2:00 Card Games 3:00 Sunday Movie	2 10:00 Gentle Stretches 10:30 Brain Teasers IN2L 11:00 Cribbage 1:00 Scrabble 2:30 One on One 4:30 Comedy TV	3 10:00 Exercise IN2L 10:30 Today in History 11:00 Board Games 1:00 Word Search 2:00 Bunko 3:00 Bingo	4 10:15 Spa Time 10:15 PIANO W/ Alice 11:00 Picnic in the Park 1:00 Arts Class 2:00 Stretches IN2L 3:30 Trivia IN2L	5 10:00 Chair Yoga 10:50 Therapy Dog 11:30 Bible Study IN2L 1:00 Card Games 2:00 Book Club 3:00 Dominos	6 9:30 Morning News 10:00 Exercise IN2L 1:00 Scrabble 2:00 Bible Study IN2L 3:00 Word Search 4:30 Comedy TV	7 10:00 Morning News 10:30 Mini Golf 11:00 Spa Time 1:00 Word Games IN2L 2:00 Board Games 3:00 Day in History IN2L
8 10:00 Exercise IN2L 10:30 Bob Ross IN2L 11:00 Word Search 1:00 Bible Study 2:00 Card Games 3:00 Sunday Movie	9 10:00 Gentle Stretches 10:30 Brain Teasers IN2L 11:00 Cribbage 1:00 Scrabble 2:30 One on One 4:30 Comedy TV	10 10:00 Exercise IN2L 10:30 Today in History 11:00 Board Games 1:00 Art Project 2:00 Bunko 3:00 Bingo	11 10:15 Spa Time 10:15 PIANO W/ Alice 11:00 Stretches 1:00 Arts Class 2:00 Scenic Drive IN2L 3:30 Puzzles	12 10:00 Chair Yoga 10:50 Therapy Dog 11:30 Famous Artists 1:00 Card Games 2:00 Book Club 3:00 Dominos	13 9:30 Morning News 10:00 Exercise IN2L 1:00 Scrabble 2:00 Craft and Create 3:00 Word Search 4:30 Comedy TV	14 10:00 Morning News 10:30 Art and Music 11:00 Spa Time 1:00 Bob Ross IN2L 2:00 Board Games 3:00 Day in History IN2L
15 10:00 Exercise IN2L 10:30 Morning News 11:00 Word Search 1:00 Bible Study IN2L 2:00 Card Games 3:00 Sunday Movie	16 10:00 Gentle Stretches 10:30 Brain Teasers IN2L 11:00 Cribbage 1:00 Scrabble 2:30 One on One 4:30 Comedy TV	17 10:00 Exercise IN2L 10:30 Today in History 11:00 Board Games 1:00 Word Search 2:00 Bunko 3:00 Bingo	18 10:15 Spa Time 10:15 PIANO W/ Alice 11:00 Stretches IN2L 1:00 Arts Class 2:00 Board Games 3:30 Trivia IN2L	19 10:00 Chair Yoga 11:30 Bible Study IN2L 1:00 Resident Council 2:00 Book Club 2:30 Pet Therapy 3:00 Card Games	20 9:30 BINGO & Lun. JCP 10:00 Exercise 1:00 Scrabble 2:00 Bible Study IN2L 3:00 Word Search 4:30 Comedy TV	21 10:00 Morning News 10:30 Mini Golf 11:00 Spa Time 1:00 Word Games IN2L 2:00 Board Games 3:00 Day in History IN2L
22 10:00 Exercise IN2L 10:30 Morning News 11:00 Word Search 1:00 Bible Study IN2L 2:00 Card Games 3:00 Sunday Movie	23 10:00 Gentle Stretches 10:30 Brain Teasers IN2L 11:00 Cribbage 1:00 Scrabble 2:30 One on One 4:30 Comedy TV	24 10:00 Exercise IN2L 10:30 Today in History 11:00 Board Games 1:00 Word Search 2:00 Bunko 3:00 Bingo	25 10:15 Spa Time 10:15 PIANO W/ Alice 11:00 Stretches IN2L 1:00 Arts Class 2:00 Picnic in the Park 3:30 Puzzles	26 10:00 Chair Yoga 11:30 Bible Study IN2L 1:00 Card Games 2:00 Book Club 3:00 Dominos 6:00 Musical Movie	27 9:30 BINGO & Lun. JCP 10:00 Exercise IN2L 1:00 Scrabble 2:00 Bible Study IN2L 3:00 Word Search 4:30 Comedy TV	28 10:00 Morning News 10:30 Mini Golf 11:00 Spa Time 1:00 Word Games IN2L 2:00 Board Games 3:00 Day in History IN2L
29 10:00 Exercise IN2L 10:30 Morning News 11:00 Word Search 1:00 Bible Study IN2L 2:00 Card Games 3:00 Sunday Movie	30 10:00 Gentle Stretches 10:30 Brain Teasers IN2L 11:00 Cribbage 1:00 Scrabble 2:30 One on One 4:30 Comedy TV				Assisted Living Week September 8-14  A Spark of Creativity  We will Try a New Art form Every Day	Birthdays this Month Joyce, Sept. 1 Darlene, Sept. 4 David, Sept. 4 Eli, Sept. 6 Merrell, Sept. 25 Bill G, Sept. 27