

# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>CC</b> 1:30 Worship Service-ALLR <b>O</b> 2:30 Evansville Shin Dig Car Show-O	<b>2 Labor Day</b> <b>V</b> 9:30 Forever Fit - ALLR <b>O</b> 10:30 Surprise Drive-O <b>K</b> 2:00 History of Labor Day-A <b>L</b> 3:15 Trivia-TS <b>K</b> 6:30 Bingo - ALDR	<b>3</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>K</b> 2:00 Clabber-A <b>M</b> 2:30 Inspirations Music-TS <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>4</b> <b>V</b> 9:30 Forever Fit - ALLR <b>O</b> 10:30 Reb Lobster-O <b>GF</b> 2:00 Garden Time-CY <b>V</b> 3:30 Active Games-TS <b>K</b> 6:30 Bingo - ALDR	<b>5</b> <b>V</b> 9:30 Forever Fit - ALLR <b>S</b> 10:00 Inspired Living Committee-ALLR <b>S</b> 10:15 Chef's Circle-ALLR <b>A</b> 10:30 Artisans-A <b>K</b> 2:00 Bingo - HCDR <b>GC</b> 3:30 Men's Group	<b>6</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>CC</b> 10:30 Creative Cooking-A <b>K</b> 2:00 Trivia-HCDR <b>S</b> 3:00 Happy Hour & Music with Angela-HCDR	<b>7</b> <b>V</b> 9:30 Forever Fit - ALLR <b>K</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>G</b> 3:15 Grandparents Day Sleepover-A
<b>8</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>CC</b> 10:30 Books with Malley and Latham-TS <b>G</b> 2:00 Grandparents Day Social-ALLR	<b>9</b> <b>V</b> 9:30 Forever Fit - ALLR <b>A</b> 10:30 Creative Crafts-TS <b>M</b> 2:00 Music with Karen-TS <b>GF</b> 3:15 Popcom & Coke-TS <b>K</b> 6:30 Bingo - ALDR	<b>10</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>K</b> 2:00 Clabber-A <b>M</b> 2:30 Inspirations Music-TS <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>11</b> <b>O</b> 8:30 Just the Guys-O <b>V</b> 9:30 Forever Fit - ALLR <b>M</b> 10:30 Music Inspirations-TS <b>M</b> 3:30 Music by Larry-TS <b>K</b> 6:30 Bingo - ALDR	<b>12</b> <b>V</b> 9:30 Forever Fit - ALLR <b>S</b> 10:15 Chef's Circle-ALLR <b>A</b> 10:30 Creative Crafts-TS <b>K</b> 2:00 Bingo - HCDR <b>M</b> 3:15 Music by Ken-TS <b>S</b> 5:00 Customer Satisfaction "10" Family Dinner	<b>13</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>O</b> 10:30 Lunch Outing with Neighbor's -O <b>K</b> 2:00 Trivia-HCDR <b>S</b> 3:00 Happy Hour & Music with Neil Yockey-HCDR	<b>14</b> <b>V</b> 9:30 Forever Fit - ALLR <b>K</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>GF</b> 3:15 Garden Time-CY
<b>15</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>S</b> 11:00 Brunch - 11AM to 1PM <b>CC</b> 2:30 Music by the Forester's-ALLR	<b>16</b> <b>V</b> 9:30 Forever Fit - ALLR <b>A</b> 10:30 Creative Crafts-TS <b>GF</b> 10:30 Ladies Club-A <b>M</b> 1:30 Music with Andy-ALLR <b>O</b> 3:00 Surprise Drive - O <b>K</b> 6:30 Bingo - ALDR	<b>17</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>K</b> 2:00 Clabber-A <b>CC</b> 2:30 Treats with Natasha-CY/ALDR <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>18</b> <b>V</b> 9:30 Forever Fit - ALLR <b>O</b> 10:30 Olive Garden-O <b>L</b> 2:00 Giant Crossword Puzzle-A <b>GF</b> 3:00 Lemonade in the Garden-CY <b>K</b> 6:30 Bingo - ALDR	<b>19</b> <b>V</b> 9:30 Forever Fit - ALLR <b>S</b> 10:15 Chef's Circle-ALLR <b>A</b> 10:30 Artisans-A <b>K</b> 2:00 Bingo - HCDR <b>M</b> 3:30 Music by Helen-TS <b>CC</b> 6:30 Rosary-ALLR	<b>20</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>CC</b> 10:30 Creative Cooking-A <b>M</b> 2:00 Music by Kevin & Ray-HCDR <b>S</b> 3:00 Happy Hour-HCDR	<b>21</b> <b>V</b> 9:30 Forever Fit - ALLR <b>K</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>L</b> 3:15 Active Games & Trivia-TS
<b>22 Fall Begins</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>CC</b> 10:30 Books with Malley and Latham-A <b>S</b> 2:30 Creative Cooking-A <b>GF</b> 3:15 Social Hour-A	<b>23</b> <b>V</b> 9:30 Forever Fit - ALLR <b>A</b> 10:00 Creative Crafts-TS <b>S</b> 2:00 Residents Council AL-A <b>V</b> 2:30 Active Games & Trivia-TS <b>K</b> 6:30 Bingo - ALDR	<b>24</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>K</b> 2:00 Clabber-A <b>M</b> 2:30 Inspirations Music-TS <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>25</b> <b>V</b> 9:30 Forever Fit - ALLR <b>O</b> 10:30 Wal-Mart & Subway-O <b>V</b> 3:00 Birthday Party & Magic Show-TS <b>K</b> 6:30 Bingo - ALDR	<b>26</b> <b>V</b> 9:30 Forever Fit - ALLR <b>A</b> 10:00 Artisans-TS <b>S</b> 10:15 Chef's Circle-ALLR <b>M</b> 10:30 Music with Byron-TS <b>K</b> 2:00 Bingo - HCDR <b>GF</b> 3:00 Garden Time-CY	<b>27</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>L</b> 10:30 Giant Crossword-A <b>K</b> 2:00 Trivia-HCDR <b>S</b> 3:00 Happy Hour & Music by Monte-HCDR	<b>28</b> <b>V</b> 9:30 Forever Fit - ALLR <b>K</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>GF</b> 3:15 Apple Cider Social-TS
<b>29 Rosh Hashanah Begins</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>M</b> 10:30 Gospel Music-TS <b>GF</b> 2:30 Movie & Popcom-TS	<b>30</b> <b>V</b> 9:30 Forever Fit - ALLR <b>A</b> 10:30 Creative Crafts-A <b>K</b> 2:00 Cards & Games-A <b>L</b> 3:00 Keeping it Sharp-TS <b>K</b> 6:30 Bingo - ALDR	<b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>G</b> - Generations <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out & About	Location Key: CY- Courtyard TS-Town Square SR- Sun Room HC-Health Center HCLR-Health Center Living Room V - Various-Activity Staff Travels/Living Rooms/Nurses Stations	Location Key: HCDR-Health Center Dining Room AL-Assisted Living ALDR-Assisted Living Dining Room A-Activity Room O-Outing	All activities are subject to change. Changes will be posted on Life Share daily.	

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<b>1</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>MM</b> 10:30 Gospel Music-TS <b>CC</b> 1:30 Worship Service-ALLR <b>O</b> 2:30 Evansville Shin Dig Car Show-O	<b>2 Labor Day</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:00 Creative Crafts-TS <b>O</b> 10:30 Surprise Drive-O <b>K</b> 2:00 History of Labor Day-A <b>L</b> 3:15 Trivia-TS <b>K</b> 6:30 Bingo - ALDR	<b>3</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>MM</b> 10:30 Mindful Moments-TS <b>K</b> 2:00 Clabber-A <b>M</b> 2:30 Inspirations Music-TS <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>4</b> <b>V</b> 9:30 Forever Fit - ALLR <b>O</b> 10:30 Reb Lobster-O <b>MM</b> 10:30 Music Inspirations-TS <b>GF</b> 2:00 Garden Time-CY <b>V</b> 3:30 Active Games-TS <b>K</b> 6:30 Bingo - ALDR	<b>5</b> <b>V</b> 9:30 Forever Fit - ALLR <b>S</b> 10:00 Inspired Living Committee-ALLR <b>MR</b> 10:00 Mindful Moments-TS <b>S</b> 10:15 Chef's Circle-ALLR <b>A</b> 10:30 Artisans-A <b>K</b> 2:00 Bingo - HCDR <b>GG</b> 3:30 Men's Group	<b>6</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>MM</b> 10:00 Mindful Moments-TS <b>CC</b> 10:30 Creative Cooking-A <b>K</b> 2:00 Trivia-HCDR <b>S</b> 3:00 Happy Hour & Music with Angela-HCDR	<b>7</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>G</b> 3:15 Grandparents Day Sleepover-A
<b>8</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>MM</b> 10:30 Books with Malley and Latham-TS <b>G</b> 2:00 Grandparents Day Social-ALLR	<b>9</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:30 Creative Crafts-TS <b>M</b> 2:00 Music with Karen-TS <b>GF</b> 3:15 Popcom & Coke-TS <b>K</b> 6:30 Bingo - ALDR	<b>10</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>MM</b> 10:30 Mindful Moments-TS <b>K</b> 2:00 Clabber-A <b>M</b> 2:30 Inspirations Music-TS <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>11</b> <b>O</b> 8:30 Just the Guys-O <b>V</b> 9:30 Forever Fit - ALLR <b>MM</b> 10:30 Music Inspirations-TS <b>M</b> 3:30 Music by Larry-TS <b>K</b> 6:30 Bingo - ALDR	<b>12</b> <b>V</b> 9:30 Forever Fit - ALLR <b>S</b> 10:15 Chef's Circle-ALLR <b>MR</b> 10:30 Creative Crafts-TS <b>K</b> 2:00 Bingo - HCDR <b>M</b> 3:15 Music by Ken-TS <b>S</b> 5:00 Customer Satisfaction "10" Family Dinner	<b>13</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>MM</b> 10:00 Mindful Moments-TS <b>O</b> 10:30 Lunch Outing with Neighbor's -O <b>K</b> 2:00 Trivia-HCDR <b>S</b> 3:00 Happy Hour & Music with Neil Yockey-HCDR	<b>14</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>GF</b> 3:15 Garden Time-CY
<b>15</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>MM</b> 10:30 Gospel Music-TS <b>S</b> 11:00 Brunch - 11AM to 1PM <b>CC</b> 2:30 Music by the Forester's-ALLR	<b>16</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:30 Creative Crafts-TS <b>GF</b> 10:30 Ladies Club-A <b>M</b> 1:30 Music with Andy-ALLR <b>O</b> 3:00 Surprise Drive - O <b>K</b> 6:30 Bingo - ALDR	<b>17</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>MM</b> 10:30 Mindful Moments-TS <b>K</b> 2:00 Clabber-A <b>CC</b> 2:30 Treats with Natasha-CY/ALDR <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>18</b> <b>V</b> 9:30 Forever Fit - ALLR <b>O</b> 10:30 Olive Garden-O <b>MM</b> 10:30 Music Inspirations-TS <b>L</b> 2:00 Giant Crossword Puzzle-A <b>GF</b> 3:00 Lemonade in the Garden-CY <b>K</b> 6:30 Bingo - ALDR	<b>19</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MM</b> 10:00 Mindful Moments-TS <b>S</b> 10:15 Chef's Circle-ALLR <b>A</b> 10:30 Artisans-A <b>K</b> 2:00 Bingo - HCDR <b>M</b> 3:30 Music by Helen-TS <b>CC</b> 6:30 Rosary-ALLR	<b>20</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>MM</b> 10:00 Mindful Moments-TS <b>CC</b> 10:30 Creative Cooking-A <b>M</b> 2:00 Music by Kevin & Ray-HCDR <b>S</b> 3:00 Happy Hour-HCDR	<b>21</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>L</b> 3:15 Active Games & Trivia-TS
<b>22 Fall Begins</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>CC</b> 10:30 Books with Malley and Latham-A <b>MM</b> 10:30 Gospel Music-TS <b>S</b> 2:30 Creative Cooking-A <b>GF</b> 3:15 Social Hour-A	<b>23</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:00 Creative Crafts-TS <b>S</b> 10:30 Residents' Council HC-A <b>V</b> 2:30 Active Games & Trivia-TS <b>K</b> 6:30 Bingo - ALDR	<b>24</b> <b>I</b> 9:30 Communion - A <b>V</b> 10:00 Tai Chi - ALLR <b>MM</b> 10:30 Mindful Moments-TS <b>K</b> 2:00 Clabber-A <b>M</b> 2:30 Inspirations Music-TS <b>I</b> 6:00 Bible Study with Redeemer Fellowship-ALLR	<b>25</b> <b>V</b> 9:30 Forever Fit - ALLR <b>O</b> 10:30 Wal-Mart & Subway-O <b>MM</b> 10:30 Music Inspirations-TS <b>V</b> 3:00 Birthday Party & Magic Show-TS <b>K</b> 6:30 Bingo - ALDR	<b>26</b> <b>MR</b> 9:30 Artisans-TS <b>V</b> 9:30 Forever Fit - ALLR <b>S</b> 10:15 Chef's Circle-ALLR <b>M</b> 10:30 Music with Byron-TS <b>K</b> 2:00 Bingo - HCDR <b>GF</b> 3:00 Garden Time-CY	<b>27</b> <b>V</b> 9:30 Forever Fit - ALLR <b>I</b> 10:00 Donna's Inspirations-ALLR <b>MM</b> 10:00 Mindful Moments-TS <b>L</b> 10:30 Giant Crossword-A <b>K</b> 2:00 Trivia-HCDR <b>S</b> 3:00 Happy Hour & Music by Monte-HCDR	<b>28</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MN</b> 10:30 Story Time & Reminisce-TS <b>K</b> 2:00 Bingo - HCDR <b>GF</b> 3:15 Apple Cider Social-TS
<b>29 Rosh Hashanah Begins</b> <b>I</b> 9:00 Communion-V <b>V</b> 9:30 Exersice-TS <b>I</b> 10:00 Worship with Donna-TS <b>MM</b> 10:30 Gospel Music-TS <b>GF</b> 2:30 Movie & Popcom-TS	<b>30</b> <b>V</b> 9:30 Forever Fit - ALLR <b>MM</b> 10:00 Mindful Moments-TS <b>A</b> 10:30 Creative Crafts-A <b>K</b> 2:00 Cards & Games-A <b>L</b> 3:00 Keeping it Sharp-TS <b>K</b> 6:30 Bingo - ALDR	<b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>G</b> - Generations <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears	Location Key: CY- Courtyard TS-Town Square HCLR-Health Center Living Room HCDR-Health Center Dining Room V - Various/Activity Staff Travels/Living Rooms/Nurses Stations	Location Key: AL-Assisted Living A-Activity Room ALDR-Assisted Living Dining Room O-Outing	All activities are subject to change. Changes will be posted on Life Share daily.	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>V</b> 9:30 Mindful Movements <b>K</b> 10:00 Categories <b>CC</b> 10:45 Apple Snickers Salad <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Sunflower Painting <b>M</b> 3:30 Listen to the Wind <b>GG</b> 4:00 Word Works <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Evening Inspirations	<b>2 Labor Day</b> <b>M</b> 10:00 Music w/ Byron <b>CC</b> 10:45 Icebox Berry Cheesecake <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Labor Day Cards <b>M</b> 3:30 Dancing Monday <b>GG</b> 4:00 Sports Challenge <b>4:30</b> Healthy Hands <b>GF</b> 6:00 LifeShare Games	<b>3</b> <b>V</b> 9:30 Somewhere Over the Rainbow Chair Yoga <b>K</b> 10:00 Roll to 20! <b>CC</b> 10:45 Uncle Sam Ice Cream Cones <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Pressed Flowers <b>M</b> 3:30 SingFit <b>4:30</b> Healthy Hands	<b>4</b> <b>V</b> 9:30 Soccer <b>K</b> 10:00 Card BINGO <b>I</b> 10:45 Hannah Therapy Dog <b>S</b> 11:30 SALAD BAR <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Inspired Artisans <b>M</b> 3:30 Gone Fishin' <b>GG</b> 4:00 Aim for the Stars <b>4:30</b> Healthy Hands	<b>5</b> <b>V</b> 9:30 PING PONG <b>CC</b> 10:45 Cheese Pizza <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Newspaper Art <b>M</b> 3:30 Hats Off to You <b>M</b> 3:30 Sing Fit <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Hangman <b>7:00</b> Nighttime Traditions	<b>6</b> <b>V</b> 9:30 Pump It Up <b>O</b> 10:00 Get on the Bus! <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Watercolor Silhouettes <b>M</b> 3:00 Andy & his Guitar <b>GG</b> 4:00 Sorting Fair Winners <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Movie Night <b>7:00</b> Nighttime Traditions	<b>7</b> <b>V</b> 9:30 A Flex-Kick Saturday <b>K</b> 10:00 Brain Games <b>CC</b> 10:45 Coffee Ice Cream <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Grandparent's Day Family Tree <b>M</b> 3:30 Campfire Songs <b>GG</b> 4:00 Name 3 Toss & Catch <b>4:30</b> Healthy Hands
<b>8</b> <b>V</b> 9:30 Mindful Movements <b>K</b> 10:00 Categories <b>CC</b> 10:45 Grandma's Chocolate Chip Cookies <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Slime Experiment <b>M</b> 3:30 Listen to the Wind <b>GG</b> 4:00 Word Works <b>4:30</b> Healthy Hands	<b>9</b> <b>V</b> 9:30 Stayin' Alive Disco Chair Yoga <b>K</b> 10:00 Inspired Tales <b>CC</b> 10:45 Apple Pie Cake <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Wrap'n Llama <b>M</b> 3:45 Neil Yockey <b>4:45</b> Healthy Hands <b>GF</b> 6:00 LifeShare Games	<b>10</b> <b>V</b> 9:30 Somewhere Over the Rainbow Chair Yoga <b>K</b> 10:00 Roll to 20! <b>CC</b> 10:45 7UP Biscuits <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Warm Vanilla Sugar Scrub <b>M</b> 3:30 SingFit <b>4:30</b> Healthy Hands	<b>11</b> <b>V</b> 9:30 Soccer <b>K</b> 10:00 Card BINGO <b>I</b> 10:45 Hannah Therapy Dog <b>S</b> 11:30 SALAD BAR <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Inspired Artisans <b>M</b> 3:30 Handbell Music w/Karen <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Shake Loose A Memory	<b>12</b> <b>V</b> 9:30 PING PONG <b>CC</b> 10:45 Apple Cinnamon Bread <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Fall Leaf Garland <b>M</b> 3:30 Hats Off to You <b>M</b> 3:30 Sing Fit <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Hangman <b>7:00</b> Nighttime Traditions	<b>13</b> <b>V</b> 9:30 Pump It Up <b>O</b> 10:30 Outing w/ Neighbors <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Nature Bookmarks <b>M</b> 3:00 Float With Me Happy Hour <b>GG</b> 4:00 Sorting Fair Winners <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Movie Night	<b>14</b> <b>V</b> 9:30 A Flex-Kick Saturday <b>K</b> 10:00 Brain Games <b>CC</b> 10:45 Tootsie Roll Cheesecake <b>12:45</b> Relax & Recharge <b>A</b> 2:00 The Dot Art-Day 1 <b>M</b> 3:30 Campfire Songs <b>GG</b> 4:00 Name 3 Toss & Catch <b>4:30</b> Healthy Hands
<b>15</b> <b>V</b> 9:30 Mindful Movements <b>K</b> 10:00 Categories <b>S</b> 11:00 Sunday Brunch 11a-1p <b>1:00</b> Relax & Recharge <b>A</b> 2:00 The Dot Art-Day 2 <b>M</b> 3:30 Listen to the Wind <b>GG</b> 4:00 Word Works <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Evening Inspirations	<b>16</b> <b>V</b> 9:30 Stayin' Alive Disco Chair Yoga <b>K</b> 10:00 Inspired Tales <b>CC</b> 10:45 Banana Breeze <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Clay Mountain Photo Holder <b>M</b> 3:30 Dancing Monday <b>GG</b> 4:00 Sports Challenge	<b>17</b> <b>M</b> 10:00 Music by Angela <b>CC</b> 10:45 Apple Dumplings <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Clay Mountain Photo Holder <b>M</b> 3:30 SingFit <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Reminiscing Through Photos	<b>18</b> <b>V</b> 9:30 Soccer <b>K</b> 10:00 Card BINGO <b>I</b> 10:45 Hannah Therapy Dog <b>S</b> 11:30 SALAD BAR <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Inspired Artisans <b>M</b> 3:30 Gone Fishin' <b>GG</b> 4:00 Aim for the Stars <b>4:30</b> Healthy Hands	<b>19</b> <b>V</b> 9:30 PING PONG <b>I</b> 10:00 Pastor Don Here <b>CC</b> 10:45 Superfood Cookies <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Ask a Beautiful Question <b>CC</b> 3:30 Joshua Therapy Dog <b>M</b> 4:00 Accordion Music w/ Helen	<b>20</b> <b>V</b> 9:30 Pump It Up <b>O</b> 10:00 Get on the Bus! <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Oktoberfest Centerpieces <b>M</b> 3:00 Float With Me Happy Hour <b>GG</b> 4:00 Sorting Fair Winners <b>4:30</b> Healthy Hands	<b>21</b> <b>V</b> 9:30 A Flex-Kick Saturday <b>K</b> 10:00 Brain Games <b>CC</b> 10:45 Cookies and Cream Cookies <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Paper Picture Frames <b>M</b> 3:30 Campfire Songs <b>GG</b> 4:00 Name 3 Toss & Catch <b>4:30</b> Healthy Hands
<b>22 Fall Begins</b> <b>V</b> 9:30 Mindful Movements <b>K</b> 10:00 Categories <b>CC</b> 10:45 Browned Butter White Chocolate Blondies <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Rustic Wood Pumpkins <b>M</b> 3:30 Listen to the Wind <b>GG</b> 4:00 Word Works <b>4:30</b> Healthy Hands	<b>23</b> <b>V</b> 9:30 Stayin' Alive Disco Chair Yoga <b>K</b> 10:00 Inspired Tales <b>CC</b> 10:45 Cheddar & Chive Biscuit <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Apple Chalkboard Greetings <b>M</b> 3:30 John & His Guitar	<b>24</b> <b>V</b> 9:30 Somewhere Over the Rainbow Chair Yoga <b>K</b> 10:00 Roll to 20! <b>CC</b> 10:45 Peach Cobbler Muffins <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Creative Storytelling <b>M</b> 3:30 SingFit <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Reminiscing Through	<b>25</b> <b>V</b> 9:30 Balance <b>K</b> 10:00 Card BINGO <b>I</b> 10:45 Hannah Therapy Dog <b>S</b> 11:30 SALAD BAR <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Inspired Artisans <b>M</b> 3:30 Hats Off To You <b>GG</b> 4:00 Aim for the Stars <b>4:30</b> Healthy Hands	<b>26</b> <b>V</b> 9:30 PING PONG <b>CC</b> 10:45 Johnny Appleseed Bars <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Fall Leaf Candle Mason Jar <b>M</b> 3:30 Sing Fit <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Hangman <b>7:00</b> Nighttime Traditions	<b>27</b> <b>V</b> 9:30 Pump It Up <b>O</b> 10:00 Get on the Bus! <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Popcorn Fall Trees <b>M</b> 3:00 Float With Me Happy Hour <b>GG</b> 4:00 Sorting Fair Winners <b>4:30</b> Healthy Hands <b>GF</b> 6:00 Movie Night	<b>28</b> <b>V</b> 9:30 A Flex-Kick Saturday <b>K</b> 10:00 Brain Games <b>CC</b> 10:45 No Bake Avalanche Cookies <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Clay Pinch Pots <b>M</b> 3:30 Campfire Songs <b>GG</b> 4:00 Name 3 Toss & Catch <b>4:30</b> Healthy Hands
<b>29 Rosh Hashanah Begins</b> <b>V</b> 9:30 Mindful Movements <b>K</b> 10:00 Categories <b>CC</b> 10:45 Pumpkin Cookies with Brown Butter Icing <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Clay Pinch Pots <b>M</b> 3:30 Listen to the Wind <b>GG</b> 4:00 Word Works <b>4:30</b> Healthy Hands	<b>30</b> <b>V</b> 9:30 Stayin' Alive Disco Chair Yoga <b>K</b> 10:00 Inspired Tales <b>CC</b> 10:45 Caramel Apple Cinnamon Rolls <b>12:45</b> Relax & Recharge <b>A</b> 2:00 Have a Gentle Conversation <b>M</b> 3:30 Dancing Monday	<b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>M</b> - Music to My Ears <b>O</b> - Out & About <b>S</b> - Signature Events <b>V</b> - Vitality	<b>MORNING</b> All activities subject to change & flexibility  <b>7 a- 9 a OPEN BREAKFAST</b> about 9:30 Vitality about 10:00 Keeping it Sharp about 10:30 Snack about 10:45 Creative Cooking about 11:30 Lunch Prep	<b>AFTERNOON</b> All activities subject to change & flexibility  about 12:45 Relax&Recharge about 2:00 Artisans about 3:00 Snack about 3:30 Music To My Ears about 4:00 Connections about 4:30 Healthy Hands	<b>EVENING</b> All activities subject to change & flexibility about 6:00 Gathering of Friends about 7:00 Night Time Traditions	<b>HAPPY BIRTHDAY!!!</b> Jim R 9/7 Don P 9/8 Annabelle G 9/27