

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V 10:30 Sit & Be Fit - HCLR S 11:00 Sunday Family Brunch K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	2 Labor Day M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles V 1:30 Tai Chi - HCLR K 2:00 Labor Day Fun Facts - HCLR GC 3:00 Cards - AR	3 V 9:30 Walking Club CC 10:00 Trivia w/ Rhonda from LPLD - HCLR V 10:00 Heart Fit - AR 1 1:10 Bingo Bucks Auction - ALDR GC 2:10 Bingo - ALDR K 3:00 Cards - AR L 6:00 Lifelong Learning - AR	4 V 9:30 Walking Club V 10:00 Balance Fit - AR K 11:45 Daily Chronicles I 1:30 Rosary - HCLR GG 2:00 Rummikub - AR GG 6:00 Pokeno - AR	5 7:00 Doughnut Day V 9:30 Walking Club 9:45 Chef Circle V 10:00 Tai Chi- HCLR GC 10:30 Cards - AR K 11:45 Daily Chronicles 2:00 Resident Council Meeting - AR 2:15 Inspired Living	6 V 9:30 Walking Club V 10:00 Combo Fit - AR GC 10:30 Cards K 11:45 Daily Chronicles A 1:30 Creation Station - RBC K 1:30 Brain Fit - AR M 3:00 Happy Hour w/ Gill Miller - RBC	7 V 10:30 Tai Chi- HCLR K 11:45 Daily Chronicles GC 1:30 Bingo - ALDR K 3:00 Cards - AR
8 V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	9 V 9:30 Walking Club V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles O 1:00 Dollar Tree GC 3:00 Cards - AR	10 V 9:30 Walking Club V 10:00 Heart Fit - AR GG 10:30 Game of Choice - AR K 11:45 Daily Chronicles M 2:00 Entertainment w/ Susie G. - Town Sq. K 3:00 Cards - AR L 6:00 Lifelong Learning - AR	11 V 9:30 Walking Club V 10:00 Balance Fit - AR O 11:00 Out to Lunch K 11:45 Daily Chronicles I 1:30 Rosary - HCLR GG 6:00 Pokeno - AR	12 V 9:30 Walking Club V 10:00 Tai Chi- HCLR GC 10:30 Cards - AR K 11:45 Daily Chronicles 1:30 Popcorn and Movie - AR	13 V 9:30 Walking Club V 10:00 Combo Fit - AR GC 10:30 Cards K 1:30 Brain Fit - AR A 1:30 Creation Station - RBC M 3:00 Happy Hour - RBC M 3:00 Happy Hour/B-day Recognition - RBC	14 V 10:30 Tai Chi- HCLR K 11:45 Daily Chronicles GC 1:30 Bingo - ALDR K 3:00 Cards - AR
15 V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	16 V 9:30 Walking Club V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles O 1:00 Summer Drive GC 3:00 Cards - AR	17 V 9:30 Walking Club V 10:00 Heart Fit - AR CC 10:00 Keeping it Sharp w/ Rhonda - HCLR GC 2:10 Bingo - ALDR L 3:10 Lifelong Learning - AR S 4:30 Harvest Family Night Dinner M 6:00 Harvest Fun and Mike	18 V 9:30 Walking Club V 10:00 Balance Fit - AR K 11:45 Daily Chronicles GF 1:00 Just the Guys w/ Todd I 1:30 Rosary - HCLR CC 6:00 Aurors Student Council Visit - RBC	19 V 9:30 Walking Club 9:45 Chef Circle V 10:00 Tai Chi- HCLR GC 10:30 Cards - AR K 11:45 Daily Chronicles K 1:30 One Hour Mystery - AR	20 V 9:30 Walking Club V 10:00 Combo Fit - AR K 11:45 Daily Chronicles S 12:00 Taste of Town featuring KFC K 1:30 Brain Fit - AL A 1:30 Creation Station - RBC M 3:00 Happy Hour w/ Richard Scott - RBC	21 V 10:30 Tai Chi- HCLR K 11:45 Daily Chronicles GC 1:30 Bingo - ALDR K 3:00 Cards - AR
22 Fall Begins V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	23 V 9:30 Walking Club V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles O 1:00 Wal Mart GC 3:00 Cards - AR	24 V 9:30 Walking Club V 10:00 Heart Fit - AR GG 10:30 Game of Choice - AR K 11:45 Daily Chronicles GC 2:10 Bingo - ALDR K 3:00 Cards - AR L 6:00 Lifelong Learning - AR	25 V 9:30 Walking Club V 10:00 Balance Fit - AR K 11:45 Daily Chronicles I 1:30 Rosary - HCLR GG 6:00 Pokeno - AR	26 V 9:30 Walking Club V 10:00 Tai Chi- HCLR GC 10:30 Cards - AR K 11:45 Daily Chronicles 1:30 Movie & Popcorn - AR	27 V 9:30 Walking Club V 10:00 Combo Fit - AR GC 10:30 Cards K 11:45 Daily Chronicles A 1:30 Creation Station - RBC K 1:30 Brain Fit - AR M 3:00 Happy Hour w/ Rick Aielli - RBC	28 V 10:30 Tai Chi- HCLR K 11:45 Daily Chronicles GC 1:30 Bingo - ALDR K 3:00 Cards - AR
29 Rosh Hashanah Begins V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	30 V 9:30 Walking Club V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR 10:30 Game of Choice-AR K 11:45 Daily Chronicles O 1:00 Summer Drive GC 3:00 Cards - AR	A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	AR- Activity Room ALC-Assisted Living Cafe HCDR-Health Center Dining Room RBC-Riverboat Cafe ALDR-Assisted Living Dining Room ALLR - Assisted Living Living Room	Staff Shirt Colors/Department Hibiscus: Life Enrichment Dark Blue: CRCA Light Blue: Nursing Royal Blue: RCA Brown: Environmental Services White Chef Coats: Dietary Black: Administration Burnt Orange: Therapy	Please Note: Activities are subject to change. Please check your live Lifeshare calendar for updates daily or the white board in activity room.	

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8 V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	9 V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles GG 1:15 Cards - HCLR O 2:45 Scenic Drive	10 V 10:00 Move to Music - HCLR MM 10:30 Mindful Moments - HCLR K 11:45 Daily Chronicles M 2:00 Entertainment w/ Susie G. - Town Sq. L 6:00 Lifelong Learning - AR	11 V 10:00 Move & Groove - HCLR MM 10:30 Mindful Moments - HCLR K 11:45 Daily Chronicles I 1:30 Rosary - HCLR V 2:30 Comhole - HCLR GG 6:00 Pokeno - AR	12 9:45 Chef Circle- HCLR V 10:00 Tai Chi- HCLR MM 10:30 Senses/Smell - HCLR K 11:45 Daily Chronicles 1:30 Popcorn and Movie - AR	13 V 10:00 Fitness Friday- HCLR MM 10:30 Inspirational Tales - HCLR A 1:30 Creation Station - RBC M 3:00 Happy Hour - RBC M 3:00 Happy Hour/B-day Recognition - RBC	14 V 10:30 Tai Chi- HCLR K 11:45 Daily Chronicles GG 1:30 Bingo - ALDR A 3:00 Color Me Stress Free
15 V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	16 V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles GG 1:15 Cards - HCLR O 2:45 Scenic Drive	17 CC 10:00 Keeping it Sharp w/ Rhonda - HCLR GG 2:10 Bingo - ALDR L 3:10 Lifelong Learning - AR S 4:30 Harvest Family Night Dinner M 6:00 Harvest Fun and Mike T. Ent. - AL Parking Lot	18 V 10:00 Move & Groove - HCLR MM 10:30 Mindful Moments - HCLR K 11:45 Daily Chronicles GF 1:00 Just the Guys w/ Todd I 1:30 Rosary - HCLR CC 6:00 Aurors Student Council Visit - RBC	19 V 10:00 Tai Chi- HCLR MM 10:30 Random Trivia HCLR K 11:45 Daily Chronicles GG 1:30 Bunco HCLR	20 V 10:00 Fitness Friday- HCLR MM 10:30 Inspirational Tales - HCLR K 11:45 Daily Chronicles S 12:00 Taste of Town featuring KFC A 1:30 Creation Station - RBC M 3:00 Happy Hour w/ Richard Scott - RBC	21 V 10:30 Tai Chi- HCLR K 11:45 Daily Chronicles GG 1:30 Bingo - ALDR A 3:00 Color Me Stress Free
22 Fall Begins V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	23 V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles GG 1:15 Cards - HCLR O 2:45 Scenic Drive	24 V 10:00 Move to Music - HCLR MM 10:30 Mindful Moments - HCLR K 11:45 Daily Chronicles GG 2:10 Bingo - ALDR L 6:00 Lifelong Learning - AR	25 V 10:00 Move & Groove - HCLR MM 10:30 Mindful Moments - HCLR K 11:45 Daily Chronicles I 1:30 Rosary - HCLR GG 6:00 Pokeno - AR	26 V 10:00 Tai Chi- HCLR MM 10:30 Random Trivia- HCLR K 11:45 Daily Chronicles 1:30 Movie & Popcorn - AR	27 V 10:00 Fitness Friday- HCLR MM 10:30 Inspirational Tales - HCLR K 11:45 Daily Chronicles A 1:30 Creation Station - RBC M 3:00 Happy Hour w/ Rick Aielli - RBC	28 V 10:30 Tai Chi- HCLR K 11:45 Daily Chronicles GG 1:30 Bingo - ALDR A 3:00 Color Me Stress Free
29 Rosh Hashanah Begins V 10:30 Sit & Be Fit - HCLR K 11:45 Daily Chronicles GF 1:30 Afternoon Greetings I 2:00 Church Service - ALDR	30 V 10:00 Tai Chi - HCLR M 10:30 Sing Fit - HCLR K 11:45 Daily Chronicles GG 1:15 Cards - HCLR O 2:45 Scenic Drive	A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	AR- Activity Room ALC-Assisted Living Cafe HCDR-Health Center Dining Room RBC-Riverboat Cafe ALDR-Assisted Living Dining Room	Staff Shirt Colors/Department Hibiscus: Life Enrichment Dark Blue: CRCA Light Blue: Nursing Royal Blue: RCA Brown: Environmental Services White Chef Coat: Dietary Black: Administration Burnt Orange: Therapy	Please Note: Activities are subject to change. Please check your live Lifeshare calendar or the white board in the activity room for updates daily.	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V Mindful Movements K Categories CC Apple Snickers Salad S Family Brunch Relax & Recharge I Bible Baptist Church M Sing Fit GG Word Works Healthy Hands	2 Labor Day V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Icebox Berry Cheesecake Relax & Recharge A Labor Day Cards M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	3 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Uncle Sam Ice Cream Cones Relax & Recharge M Music with Bill Roth A Pressed Flowers Healthy Hands GF Reminiscing Through Photos	4 V Soccer K Yard Sale CC No Bake Avalanche Cookies Relax & Recharge A Fleece Blankets GF Avalanche Cookies Food Social GG Velcro Catch Healthy Hands GF Shake Loose A Memory	5 V Let's Take A Trip K Glorious Verbs! CC Cheese Pizza Relax & Recharge A Newspaper Art M Sing Fit GG Aim for the Stars Healthy Hands GF Hangman	6 V Pump It Up O Scenic Drive Relax & Recharge M Music with Gill Miller M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games Nighttime Traditions	7 V Dance Party K Summer Colors CC Salami Roll Ups Relax & Recharge A Grandparent's Day Family Tree M Sing Fit GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
8 V Mindful Movements K Categories I Joel Osteen Church Service Relax & Recharge A Slime Experiment M Sing Fit GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	9 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Apple Pie Cake Relax & Recharge A Wrap'n Llama M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	10 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC 7UP Biscuits Relax & Recharge A Warm Vanilla Sugar Scrub M Summer Singin' GG Fair Midway Games Healthy Hands	11 V Soccer K Yard Sale CC Banana Breeze Relax & Recharge M Music with Jim McBride A Fleece Blankets Healthy Hands GF Shake Loose A Memory Nighttime Traditions	12 V Let's Take A Trip K Glorious Verbs! CC Keeping it Sharp with Rhonda Relax & Recharge A Fall Leaf Garland M Sing Fit GG Aim for the Stars Healthy Hands GF Hangman	13 V Pump It Up K Summer Vacation O Out To Lunch Relax & Recharge A Nature Bookmarks M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	14 V Dance Party K Summer Colors CC Tootsie Roll Cheesecake Relax & Recharge A The Dot Art-Day 1 M Sing Fit GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
15 V Mindful Movements K Categories CC Coleslaw Salad Relax & Recharge I Bible Baptist Church M Sing Fit GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	16 V Stayin' Alive Disco Chair Yoga K Inspired Tales M Music with Patty Martin Relax & Recharge A Clay Mountain Photo Holder M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	17 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Cheering Voices Relax & Recharge A Clay Mountain Photo Holder GG Fair Midway Games M Music with Susie G. Healthy Hands	18 V Soccer K Yard Sale M Music with Don Stegemiller Relax & Recharge A Fleece Blankets M Sing Fit GG Velcro Catch Healthy Hands GF Shake Loose A Memory	19 V Let's Take A Trip K Glorious Verbs! CC Superfood Cookies Relax & Recharge A Ask a Beautiful Question M Sing Fit GG Aim for the Stars Healthy Hands GF Hangman	20 V Pump It Up O Scenic Drive S Taste of Town featuring KFC Relax & Recharge A Oktoberfest Centerpieces M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	21 V Dance Party K Summer Colors CC Cookies and Cream Cookies Relax & Recharge A Paper Picture Frames M Sing Fit GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
22 Fall Begins V Mindful Movements K Categories I Joel Osteen Church Service Relax & Recharge A Rustic Wood Pumpkins M Sing Fit GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	23 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Keeping it Sharp with Rhonda Relax & Recharge A Apple Chalkboard Greetings M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	24 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Cheering Voices Relax & Recharge A Creative Storytelling M Summer Singin' GG Fair Midway Games Healthy Hands	25 V Balance K Yard Sale CC Cheddar & Chive Drop Biscuits GF Men's Luncheon Relax & Recharge A Fleece Blankets M Sing Fit GG Velcro Catch Healthy Hands	26 V Let's Take A Trip K Glorious Verbs! CC Johnny Appleseed Bars Relax & Recharge A Fall Leaf Bowl M Sing Fit GG Aim for the Stars Healthy Hands GF Hangman	27 V Pump It Up K Summer Vacation CC Melted Turkey & Swiss Sliders Relax & Recharge A Popcorn Fall Trees M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	28 V Dance Party K Summer Colors CC Game Day Wonton Poppers Relax & Recharge A Clay Pinch Pots M Sing Fit GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
29 Rosh Hashanah Begins V Mindful Movements K Categories CC Pumpkin Cookies with Brown Butter Icing Relax & Recharge A Finish Clay Pinch Pots I Bible Baptist Church M Sing Fit GG Word Works	30 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Caramel Apple Cinnamon Rolls Relax & Recharge A Have a Gentle Conversation GF Caramel Apple Cinnamon Roll Food Social M Dancing Monday GG Water Balloon Bucket Toss	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	All Times are Approximate. Every Morning: 9:00 Exercise 9:30 Brain Ticklers 10:15 Baking/Reminiscing 11:00 Lunch Prep	All Times are Approximate. Every Afternoon: 12:45 Relax and Recharge 1:30 Artisans 2:30 Active Activity 3:00 Active Activity 3:30 Pick-Me-Up Game	All Times Are Approximate. Every Evening: 4:00 Dinner Prep 6:00 Gathering of Friends 7:00 Nighttime Traditions Family Forum 6pm 09/25/2019	