

# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>CC</b> 1:30 Union Baptist Church <b>K</b> 2:00 Movies and Popcom	<b>2 Labor Day</b> <b>V</b> 8:15 Move it Monday <b>CC</b> 10:30 Perry County News <b>O</b> 10:30 Country Cruise <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary	<b>3</b> <b>V</b> 8:15 Tuesdays Too Fit to Quit <b>S</b> 10:30 Inspired Living Committee Meeting <b>I</b> 1:30 Oakwood Store <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games <b>K</b> 6:30 Pokeno	<b>4</b> <b>V</b> 8:15 Work it Wednesday <b>I</b> 10:00 Catholic Services <b>L</b> 10:30 Silver Strings <b>M</b> 2:00 Silver Strings <b>GC</b> 3:30 Bowling Game <b>M</b> 6:30 Jam Session w/Friends	<b>5</b> <b>V</b> 8:15 Thursday's Stretch Therapy <b>O</b> 10:30 Out to Lunch "Chicago's Pizza" <b>GC</b> 2:00 Bingo <b>JG</b> 3:30 Mens Group Target Practice	<b>6</b> <b>V</b> 8:15 Flexible Friday <b>O</b> 9:45 Country Cruise <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities room) <b>3:00</b> Happy Hour w/Cannelcade	<b>7</b> <b>V</b> 8:15 Saturday Stretch <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>8</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>G</b> 11:00 Sunday Brunch <b>K</b> 2:00 Movies and Popcom	<b>9</b> <b>V</b> 8:15 Move it Monday <b>O</b> 10:30 Country Cruise <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary	<b>10</b> <b>V</b> 8:15 Tuesdays Too Fit to Quit <b>I</b> 1:30 Service w/Rev Charles <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games <b>K</b> 6:30 Pokeno	<b>11</b> <b>V</b> 8:15 Work it Wednesday <b>I</b> 10:00 Catholic Services <b>L</b> 10:30 Silver Strings <b>2:00</b> Senior Exec <b>K</b> 2:30 Resident Council Meeting (AL) <b>GC</b> 3:30 Bowling Game	<b>12</b> <b>V</b> 8:15 Thursday's Stretch Therapy <b>O</b> 10:30 Out to Lunch "Post" <b>GC</b> 2:00 Bingo <b>GC</b> 3:45 Com Hole (HC) <b>GC</b> 6:30 Right-Left-Center Dice Game (Act Rm)	<b>13</b> <b>V</b> 8:15 Flexible Friday <b>O</b> 9:45 Country Cruise <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities Room) <b>S</b> 3:00 Happy Hour "Mike Merrick"	<b>14</b> <b>V</b> 8:15 Saturday Stretch <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GF</b> 2:00 Ladies Sharing Group w/Audrey (Restorative DR) <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>15</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>K</b> 2:00 Movies and Popcom HC	<b>16</b> <b>V</b> 8:15 Move it Monday <b>O</b> 10:30 Country Cruise <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary	<b>17</b> <b>V</b> 8:15 Tuesdays Too Fit to Quit <b>M</b> 10:30 Paul Northcutt, Music to my ears <b>I</b> 1:30 Service w/Rev Charles <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games <b>K</b> 6:30 Pokeno	<b>18</b> <b>V</b> 8:15 Work it Wednesday <b>I</b> 10:00 Catholic Services <b>L</b> 10:30 Silver Strings <b>GC</b> 3:30 Bowling Game	<b>19</b> <b>V</b> 8:15 Thursday's Stretch Therapy <b>O</b> 10:00 Out to Lunch "Marcy's" <b>GC</b> 2:00 Bingo <b>GC</b> 3:45 Com Hole (HC) <b>G</b> 4:00 Scooby Doo Visit <b>M</b> 6:30 Leo	<b>20</b> <b>V</b> 8:15 Flexible Friday <b>O</b> 9:45 Country Cruise <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities Room) <b>S</b> 3:00 Happy Hour Fiesta	<b>21</b> <b>V</b> 8:15 Saturday Stretch <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>22 Fall Begins</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>K</b> 1:00 Room Trolley <b>K</b> 2:00 Movies and Popcom	<b>23</b> <b>V</b> 8:15 Move it Monday <b>I</b> 10:00 Baptist Service w/ Bill Cooper <b>O</b> 10:30 Country Cruise <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary	<b>24</b> <b>V</b> 8:15 Tuesdays Too Fit to Quit <b>CC</b> 9:00 Veterans Cafe (AL) <b>JG</b> 12:00 Just the Guys Lunch (Act RM) <b>I</b> 1:30 Service w/Rev Charles <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games	<b>25</b> <b>V</b> 8:15 Work it Wednesday <b>I</b> 10:00 Catholic Services <b>L</b> 10:30 Silver Strings <b>GC</b> 3:30 Bowling Game	<b>26</b> <b>V</b> 8:15 Thursday's Stretch Therapy <b>O</b> 10:30 Out to Lunch "Julie's" <b>GC</b> 2:00 Bingo <b>GC</b> 3:45 Com Hole (HC) <b>GC</b> 6:30 Right-Left-Center Dice Game (Act Rm)	<b>27</b> <b>V</b> 8:15 Flexible Friday <b>O</b> 9:45 Country Cruise <b>12:00</b> Taste of Town "Barge Inn" <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities Room) <b>S</b> 3:00 Happy Hour "Fall Ya'll."	<b>28</b> <b>V</b> 8:15 Saturday Stretch <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>29 Rosh Hashanah Begins</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>K</b> 1:00 Room Trolley <b>M</b> 1:30 Chuck and his Dobro (AL) <b>K</b> 2:00 Movies	<b>30</b> <b>V</b> 8:15 Move it Monday <b>O</b> 9:30 Country Cruise <b>I</b> 10:00 Christian Service w/ Bill Cooper <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary	<b>A</b> - Artisans <b>CC</b> - Community Connections <b>GF</b> - Gathering of Friends <b>G</b> - Generations <b>GC</b> - Group Games <b>I</b> - Inspirations <b>JG</b> - Just the Guys <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears	Life Enrichment Staff: Shery Riley Life Enrichment Director Sandra James, LE Assistant Holly Schaad, LE Assistant Anna Flood, LE Assistant Alana Schaad LE Assistant Debbie Pfeifer, Transportation	AL-Assisted Living HC-Health Care TCU-Transition Care		

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<b>1</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>CC</b> 1:30 Union Baptist Church <b>K</b> 2:00 Movies and Popcom	<b>2 Labor Day</b> <b>V</b> 9:00 Move it Monday <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary <b>MM</b> 3:30 History of Labor Day	<b>3</b> <b>MM</b> 9:00 Hokey Pokey <b>S</b> 10:30 Inspired Living Committee Meeting <b>I</b> 1:30 Oakwood Store <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games <b>K</b> 6:30 Pokeno	<b>4</b> <b>V</b> 9:00 Work it Wednesday <b>MM</b> 9:45 Back to School <b>I</b> 10:00 Catholic Services <b>M</b> 2:00 Silver Strings <b>K</b> 3:00 Resident Council (HC) <b>GC</b> 3:30 Bowling Game <b>M</b> 6:30 Jam Session w/Friends	<b>5</b> <b>V</b> 9:00 Morning Fitness <b>MM</b> 9:45 Sentimental Reflections <b>O</b> 10:30 Out to Lunch "Chicago's Pizza" <b>GC</b> 2:00 Bingo <b>JG</b> 3:30 Mens Group Target Practice	<b>6</b> <b>MM</b> 9:15 Popcorn Poppin <b>O</b> 9:45 Country Cruise <b>K</b> 10:00 Card Suit Showdown <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities room) <b>S</b> 3:00 Happy Hour w/Cannelcade	<b>7</b> <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>8</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>G</b> 11:00 Sunday Brunch <b>K</b> 2:00 Movies and Popcom	<b>9</b> <b>V</b> 9:00 Move it Monday <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary <b>MM</b> 3:30 Parachute Game	<b>10</b> <b>MM</b> 9:00 Hokey Pokey <b>I</b> 1:30 Service w/Rev Charles <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games <b>K</b> 6:30 Pokeno	<b>11</b> <b>V</b> 9:00 Work it Wednesday <b>MM</b> 9:45 Back to School <b>I</b> 10:00 Catholic Services <b>M</b> 2:00 Silver Strings <b>GC</b> 3:30 Bowling Game	<b>12</b> <b>V</b> 9:00 Morning Fitness <b>MM</b> 9:45 Sentimental Reflections <b>O</b> 10:30 Out to Lunch "Post" <b>GC</b> 2:00 Bingo <b>GC</b> 3:45 Corn Hole (HC) <b>GC</b> 6:30 Right-Left-Center Dice Game (Act Rm)	<b>13</b> <b>MM</b> 9:15 Popcorn Poppin <b>O</b> 9:45 Country Cruise <b>K</b> 10:00 Card Suit Showdown <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities Room) <b>S</b> 3:00 Happy Hour "Mike Merrick"	<b>14</b> <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GF</b> 2:00 Ladies Sharing Group w/Audrey (Restorative DR) <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>15</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>K</b> 2:00 Movies and Popcom HC	<b>16</b> <b>V</b> 9:00 Move it Monday <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary <b>MM</b> 3:30 Parachute Game	<b>17</b> <b>MM</b> 9:00 Hokey Pokey <b>M</b> 10:30 Paul Northcutt, Music to my ears <b>I</b> 1:30 Service w/Rev Charles <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games <b>K</b> 6:30 Pokeno	<b>18</b> <b>V</b> 9:00 Work it Wednesday <b>MM</b> 9:45 Back to School <b>I</b> 10:00 Catholic Services <b>M</b> 2:00 Silver Strings <b>GC</b> 3:30 Bowling Game	<b>19</b> <b>V</b> 9:00 Morning Fitness <b>MM</b> 9:45 Sentimental Reflections <b>O</b> 10:00 Out to Lunch "Marcy's" <b>GC</b> 2:00 Bingo <b>GC</b> 3:45 Corn Hole (HC) <b>G</b> 4:00 Scooby Doo Visit <b>M</b> 6:30 Leo	<b>20</b> <b>MM</b> 9:15 Popcorn Poppin <b>O</b> 9:45 Country Cruise <b>K</b> 10:00 Card Suit Showdown <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities Room) <b>S</b> 3:00 Happy Hour Fiesta	<b>21</b> <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>22 Fall Begins</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>K</b> 1:00 Room Trolley <b>K</b> 2:00 Movies and Popcom	<b>23</b> <b>V</b> 9:00 Move it Monday <b>I</b> 10:00 Baptist Service w/ Bill Cooper <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary <b>MM</b> 3:30 Parachute Game	<b>24</b> <b>CC</b> 9:00 Veterans Cafe (AL) <b>MM</b> 9:00 Hokey Pokey <b>JG</b> 12:00 Just the Guys Lunch (Act RM) <b>I</b> 1:30 Service w/Rev Charles <b>A</b> 2:15 Creative Comer <b>L</b> 3:00 Teaching w/Terry <b>GC</b> 3:45 Fun and Games <b>K</b> 6:30 Pokeno	<b>25</b> <b>V</b> 9:00 Work it Wednesday <b>MM</b> 9:45 Back to School <b>I</b> 10:00 Catholic Services <b>M</b> 2:00 Silver Strings <b>GC</b> 3:30 Bowling Game	<b>26</b> <b>V</b> 9:00 Morning Fitness <b>MM</b> 9:45 Sentimental Reflections <b>O</b> 10:30 Out to Lunch "Julie's" <b>GC</b> 2:00 Bingo <b>GC</b> 3:45 Corn Hole (HC) <b>GC</b> 6:30 Right-Left-Center Dice Game (Act Rm)	<b>27</b> <b>MM</b> 9:15 Popcorn Poppin <b>O</b> 9:45 Country Cruise <b>K</b> 10:00 Card Suit Showdown <b>K</b> 12:00 Taste of Town "Barge Inn" <b>K</b> 1:00 Room Trolley <b>A</b> 1:30 Create with Me (Activities Room) <b>S</b> 3:00 Happy Hour "Fall Ya'll."	<b>28</b> <b>MM</b> 9:00 Chair Chicken Dance <b>GC</b> 10:00 Bingo <b>JG</b> 1:00 Room Trolley <b>GC</b> 2:15 White Board Pictionary (Act RM)
<b>29 Rosh Hashanah Begins</b> <b>I</b> 9:10 Sunday Devotion (HC) <b>MM</b> 9:15 Songs of Faith Sing-a-Long <b>K</b> 1:00 Room Trolley <b>M</b> 1:30 Chuck and his Dobro (AL) <b>K</b> 2:00 Movies	<b>30</b> <b>V</b> 9:00 Move it Monday <b>I</b> 10:00 Christian Service w/ Bill Cooper <b>CC</b> 10:30 Perry County News <b>GC</b> 2:00 Bingo <b>I</b> 3:00 Rosary <b>MM</b> 3:30 Parachute Game	<b>A</b> - Artisans <b>CC</b> - Community Connections <b>GF</b> - Gathering of Friends <b>G</b> - Generations <b>GC</b> - Group Games <b>I</b> - Inspirations <b>JG</b> - Just the Guys <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears	Life Enrichment Staff: Shery Riley, Life Enrichment Director Sandra James; LE Assistant Holly Schaad, LE Assistant Anna Flood, LE Assistant Alana Schaad LE Assistant Debbie Pfeifer, Transportation	Daily Activities: Mindful Moments 1:1 Visits Lifeshare		



# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Mindful Movements Categories Apple Snickers Salad Relax & Recharge Sunflower Painting Listen to the Wind Word Works Healthy Hands A Time For 'Vegas Night Cap!'	<b>2 Labor Day</b> Stayin' Alive Disco Chair Yoga Inspired Tales Icebox Berry Cheesecake Relax & Recharge Labor Day Cards Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	<b>3</b> Somewhere Over the Rainbow Chair Yoga Roll to 20! Uncle Sam Ice Cream Cones Relax & Recharge Pressed Flowers Summer Singin' Fair Midway Games Healthy Hands	<b>4</b> Soccer Yard Sale Catholic Services No Bake Avalanche Cookies Relax & Recharge Fleece Blankets Country Cruise Gone Fishin' Velcro Catch	<b>5</b> Let's Take A Trip Glorious Verbs! Cheese Pizza Relax & Recharge Newspaper Art Hats Off to You Aim for the Stars Healthy Hands Hangman	<b>6</b> Pump It Up Summer Vacation Coffee Ice Cream Relax & Recharge Watercolor Silhouettes Happy Hour w/Cannelcade Float With Me Happy Hour Sorting Fair Winners Healthy Hands	<b>7</b> Dance Party Summer Colors Salami Roll Ups Relax & Recharge Grandparent's Day Family Tree Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
<b>8</b> Mindful Movements Categories Grandma's Chocolate Chip Cookies Sunday Brunch Relax & Recharge Slime Experiment Listen to the Wind Word Works Healthy Hands	<b>9</b> Stayin' Alive Disco Chair Yoga Inspired Tales Apple Pie Cake Relax & Recharge Wrap'n Llama Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	<b>10</b> Somewhere Over the Rainbow Chair Yoga Roll to 20! 7UP Biscuits Relax & Recharge Warm Vanilla Sugar Scrub Summer Singin' Fair Midway Games Healthy Hands	<b>11</b> Soccer Yard Sale Catholic Services Banana Breeze Relax & Recharge Fleece Blankets Country Cruise Gone Fishin' Velcro Catch	<b>12</b> Let's Take A Trip Glorious Verbs! Apple Cinnamon Bread Relax & Recharge Fall Leaf Garland Hats Off to You Aim for the Stars Healthy Hands Hangman	<b>13</b> Pump It Up Summer Vacation Pepperoni Pizza Cups Relax & Recharge Nature Bookmarks Float With Me Happy Hour Sorting Fair Winners Healthy Hands LifeShare Games	<b>14</b> Dance Party Summer Colors Tootsie Roll Cheesecake Relax & Recharge The Dot Art-Day 1 Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
<b>15</b> Mindful Movements Categories Coleslaw Salad Relax & Recharge The Dot Art-Day 2 Listen to the Wind Word Works Healthy Hands A Time For 'Vegas Night Cap!'	<b>16</b> Stayin' Alive Disco Chair Yoga Inspired Tales Homemade Guacamole Relax & Recharge Clay Mountain Photo Holder Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	<b>17</b> Somewhere Over the Rainbow Chair Yoga Roll to 20! Apple Dumplings Relax & Recharge Clay Mountain Photo Holder Summer Singin' Fair Midway Games Healthy Hands	<b>18</b> Soccer Yard Sale Catholic Services Peanut Butter Cup Brownie Trifle Relax & Recharge Fleece Blankets Country Cruise Gone Fishin' Velcro Catch	<b>19</b> Let's Take A Trip Glorious Verbs! Superfood Cookies Relax & Recharge Ask a Beautiful Question Hats Off to You Aim for the Stars Healthy Hands Hangman	<b>20</b> Pump It Up Summer Vacation Waldorf Salad Relax & Recharge Oktoberfest Centerpieces Float With Me Happy Hour Sorting Fair Winners Healthy Hands LifeShare Games	<b>21</b> Dance Party Summer Colors Cookies and Cream Cookies Relax & Recharge Paper Picture Frames Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
<b>22 Fall Begins</b> Mindful Movements Categories Browned Butter White Chocolate Blondies Relax & Recharge Rustic Wood Pumpkins Listen to the Wind Word Works Healthy Hands	<b>23</b> Stayin' Alive Disco Chair Yoga Inspired Tales Garlic Stuffed Mushrooms Relax & Recharge Apple Chalkboard Greetings Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	<b>24</b> Somewhere Over the Rainbow Chair Yoga Roll to 20! Peach Cobbler Muffins Relax & Recharge Creative Storytelling Summer Singin' Fair Midway Games Healthy Hands	<b>25</b> Balance Yard Sale Catholic Services Cheddar & Chive Drop Biscuits Relax & Recharge Fleece Blankets Country Cruise Gone Fishin' Velcro Catch	<b>26</b> Let's Take A Trip Glorious Verbs! Johnny Appleseed Bars Relax & Recharge Fall Leaf Candle Mason Jar Hats Off to You Aim for the Stars Healthy Hands Hangman	<b>27</b> Pump It Up Summer Vacation Melted Turkey & Swiss Sliders Relax & Recharge Popcorn Fall Trees Float With Me Happy Hour Sorting Fair Winners Healthy Hands LifeShare Games	<b>28</b> Dance Party Summer Colors Game Day Wonton Poppers Relax & Recharge Clay Pinch Pots Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
<b>29 Rosh Hashanah Begins</b> Mindful Movements Categories Pumpkin Cookies with Brown Butter Icing Relax & Recharge Clay Pinch Pots Listen to the Wind Word Works Healthy Hands	<b>30</b> Stayin' Alive Disco Chair Yoga Inspired Tales Caramel Apple Cinnamon Rolls Relax & Recharge Have a Gentle Conversation Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	Every Morning 9:00 - Get Up & Go 9:30 Brain Ticklers 1:00 Creative Cooking	Daily Rhythms About Times: 9:00 Vitality 9:30 Keeping Sharp/Reminisce 10:00 Morning Refresher 10:30 Artisans	Every Afternoon 12:30 Relax and Recharge 1:00 Reminisce 2:00 Afternoon Refresher 2:30 Creative Cooking 3:30 Musical Celebration 4:00 Group Games 4:30 Healthy Hands	Every Evening 6:00 Gathering of Friends 7:00 Night Time Traditions	

# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Labor Day</b>	3 10:00 Heart Fit	4 10:00 Catholic Mass (Assisted Living) 10:00 Balance Fit	5	6 10:00 Flex fit 1:00 Euchre at the Club House 3:00 Happy Hour	7
8 10:00 Family Brunch 11:00 - 1:00 at the campus	9 10:00 Heart Fit 12:30 Leave for retreat- Owensboro	10 8:00 Retreat in Owensboro	11 10:00 Catholic Mass (Assisted Living) 10:00 Balance Fit 12:00 Lunch in Learn 2:00 Senior Executive Club (Assisted Living)	12	13 10:00 Flex fit 1:00 Euchre at the Club House 3:00 Happy Hour	14
15	16 10:00 Flex Fit 2:00 BINGO	17 9:00 Breakfast with Heather	18 10:00 Catholic Mass (Assisted Living) 10:00 Balance Fit	19 9:00 Free Blood Pressure and Blood Sugar Clinic at Club House 6:30 Music with Leo (Assisted Living)	20 10:00 Flex fit 1:00 Euchre at the Club House 3:00 Happy Hour	21
22 <b>Fall Begins</b>	23 10:00 Heart Fit 2:00 Trivia	24 9:00 Veterans Cafe - Assisted Living 10:30 Outing- Schwartz family Resaurant	25 10:00 Catholic Mass (Assisted Living) 10:00 Balance Fit	26	27 10:00 Flex fit 12:00 Taste of the Town 1:00 Euchre at the Club House 3:00 Happy Hour	28
29 <b>Rosh Hashanah Begins</b>	30 10:00 Flex Fit 12:00 Block Party					