Wellbrooke of Westfield Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Heart of the Nation Catholic Mass-AL Theater 10:15 Piano Hymns-Lobby 10:30 Church Service with Pastor Grose- Lobby 2:30 Activity Cart Room Visits	2 Labor Day 10:00 Collaborative Art-200 Hall 11:00 News & Brews-200 Hall 12:00 Labor Day Cookout 1:30 Soak Up the Sun-Front Courtyard 3:45 Chef Circle	9:30 TrilogyFit-2nd Floor Gym 10:30 Lunch at Culver's-RSVP 11:00 News & Brews-200 Hall 1:30 Dream VR Experience-Sign Up 2:00 Men's Club 3:00 Craft-Clothespin Butterflies-2nd Floor Pub	9:30 TrilogyFit-2nd Floor Gym 11:00 News & Brews-200 Hall 1:30 Bingo- 1st Floor Dining 3:00 Catholic Rosary- 2nd Floor Theater 4:00 Therapy Dog Visits with Max 6:15 Good Old Days-200 Nurses Station	9:30 TrilogyFit-2nd Floor Gym 11:00 News & Brews-200 Hall 1:30 Shopping at Walmart- RSVP 3:30 What's in a Word?-200 Hall	9:30 Catholic Service with St. Maria Goretti- 2nd Floor Theater 11:00 News & Brews-200 Hall 1:30 Activity Planning Meeting- Billiards Room 3:30 Happy Hour-3:30-4:30- Lobby 3:30 Live Music with Jim-Lobby	7 10:00 Bingo-1st Floor Dining 11:00 News & Brews-200 Hall 1:30 Movie Matinee-2nd Floor Theater 2:00 Activity Cart Room Visits
9:45 Heart of the Nation Catholic Mass-AL Theater 0:15 Piano Hymns-Lobby Church Service with Brandon-Lobby 1:00 News & Brews-200 Hall Sunday Football-Billiards Room	9 10:00 Collaborative Art-200 Nurses Station 10:30 Guitar Visits with Robin 11:00 News & Brews-200 Hall 1:30 Soak Up the Sun-Front Courtyard 6:00 Pokeno-1st Floor Dining	9:30 TrilogyFit-2nd Floor Gym 10:30 Lunch at Westfield Diner- RSVP 11:00 News & Brews-200 Hall 1:30 Dream VR Experience-Sign Up 2:00 Scenic Drive-RSVP 3:30 Live Music with John Cernero-Lobby	9:30 TrilogyFit-2nd Floor Gym 10:30 Craft-Leaf Prints-2nd Floor Pub 11:00 News & Brews-200 Hall 1:30 Bingo- 1st Floor Dining 3:00 Catholic Rosary- 2nd Floor Theater 4:00 Therapy Dog Visits with Max	9:30 TrilogyFit-2nd Floor Gym 11:00 News & Brews-200 Hall 1:30 Shopping at Hobby Lobby-RSVP 3:30 What's in a Word?-200 Hall	10:30 Mindful Movements 11:00 News & Brews-200 Hall 1:30 Massage Therapy-Sign Up 1:30 Superstition Trivia-200 Hall 3:30 Live Music with Brian Koning 3:30 Happy Hour-3:30-4:30- Lobby	10:00 Bingo-1st Floor Dining 11:00 News & Brews-200 Hall 1:30 Movie Matinee-2nd Floor Theater 2:00 Activity Cart Room Visits
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Wellbrooke of Westfield Health Center



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Wellbrooke of Westfield Legacy Lane

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Labor Day	3	4	5	6	7
Mindful Movements Categories Apple Snickers Salad Relax & Recharge Sunflower Painting Listen to the Wind Word Works Healthy Hands A Time For 'Vegas Night Cap!'	Stayin' Alive Disco Chair Yoga Inspired Tales Icebox Berry Cheesecake Relax & Recharge Labor Day Cards Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	Chair Yoga K Roll to 20! CU Uncle Sam Ice Cream Cones Relax & Recharge Pressed Flowers Summer Singin' Fair Midway Games Healthy Hands	V Soccer Yard Sale CC No Bake Avalanche Cookies Relax & Recharge A Fleece Blankets M Gone Fishin' GC Velcro Catch Healthy Hands GF Shake Loose A Memory	V Let's Take A Trip K Glorious Verbs! C Cheese Pizza Relax & Recharge A Newspaper Art M Hats Off to You GC Aim for the Stars Healthy Hands GF Hangman	Pump It Up Summer Vacation Coffee Ice Cream Relax & Recharge Watercolor Silhouettes Float With Me Happy Hour Sorting Fair Winners Healthy Hands GF LifeShare Games	Dance Party Summer Colors Salami Roll Ups Relax & Recharge Grandparent's Day Family Tre Campfire Songs Name 3 Toss & Catch Healthy Hands GF Old Time Theater
Mindful Movements Categories Grandma's Chocolate Chip Cookies Relax & Recharge Slime Experiment Listen to the Wind Word Works Healthy Hands	 Stayin' Alive Disco Chair Yoga Inspired Tales Apple Pie Cake Relax & Recharge Wrap'n Llama Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games 	V Somewhere Over the Rainbow Chair Yoga K Roll to 20! C 7UP Biscuits Relax & Recharge Warm Vanilla Sugar Scrub Summer Singin' G Fair Midway Games Healthy Hands	V Soccer K Yard Sale C Banana Breeze Relax & Recharge Fleece Blankets M Gone Fishin' G Velcro Catch Healthy Hands GF Shake Loose A Memory	V Let's Take A Trip K Glorious Verbs! C Apple Cinnamon Bread Relax & Recharge A Fall Leaf Garland M Hats Off to You G Aim for the Stars Healthy Hands GF Hangman	V Pump It Up K Summer Vacation Pepperoni Pizza Cups Relax & Recharge Massage Therapy-Sign Up Nature Bookmarks M Float With Me Happy Hour GC Sorting Fair Winners Healthy Hands	V Dance Party Summer Colors Tootsie Roll Cheesecake Relax & Recharge The Dot Art-Day 1 M Campfire Songs GC Name 3 Toss & Catch Healthy Hands GF Old Time Theater
Mindful Movements Categories Coleslaw Salad Sunday Brunch 11am-1pm- RSVP Relax & Recharge The Dot Art-Day 2 Listen to the Wind Word Works	V Stayin' Alive Disco Chair Yoga Inspired Tales Homemade Guacamole Relax & Recharge Clay Mountain Photo Holder Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	V Somewhere Over the Rainbow Chair Yoga K Roll to 20! C Apple Dumplings Relax & Recharge A Clay Mountain Photo Holder Summer Singin' Fair Midway Games Healthy Hands	V Soccer K Yard Sale C Peanut Butter Cup Brownie Trifle Relax & Recharge Fleece Blankets M Gone Fishin' GC Velcro Catch Healthy Hands	V Let's Take A Trip K Glorious Verbs! C Superfood Cookies Relax & Recharge A Ask a Beautiful Question Hats Off to You G Aim for the Stars Healthy Hands GF Hangman	V Pump It Up K Summer Vacation Waldorf Salad Relax & Recharge Oktoberfest Centerpieces M Float With Me Happy Hour GC Sorting Fair Winners Healthy Hands LifeShare Games	V Dance Party K Summer Colors C Cookies and Cream Cookies Relax & Recharge Paper Picture Frames Campfire Songs Name 3 Toss & Catch Healthy Hands GF Old Time Theater
Mindful Movements Categories Browned Butter White Chocolate Blondies Relax & Recharge Rustic Wood Pumpkins Listen to the Wind Word Works Healthy Hands	V Stayin' Alive Disco Chair Yoga Inspired Tales Garlic Stuffed Mushrooms Relax & Recharge Apple Chalkboard Greetings Dancing Monday GWater Balloon Bucket Toss Healthy Hands LifeShare Games	V Somewhere Over the Rainbow Chair Yoga K Roll to 20! C Peach Cobbler Muffins Relax & Recharge A Creative Storytelling Summer Singin' G Fair Midway Games Healthy Hands	V Balance	V Let's Take A Trip K Glorious Verbs! C Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar M Hats Off to You G Aim for the Stars Healthy Hands GF Hangman	V Pump It Up K Summer Vacation Melted Turkey & Swiss Sliders Relax & Recharge A Popcom Fall Trees M Float With Me Happy Hour GC Sorting Fair Winners Healthy Hands LifeShare Games	Dance Party Summer Colors Game Day Wonton Poppers Relax & Recharge Clay Pinch Pots Campfire Songs GC Name 3 Toss & Catch Healthy Hands GF Old Time Theater
Rosh Hashanah Begins Mindful Movements Categories Pumpkin Cookies with Brown Butter Icing Relax & Recharge Clay Pinch Pots Listen to the Wind Word Works Healthy Hands	Stayin' Alive Disco Chair Yoga Inspired Tales CC Caramel Apple Cinnamon Rolls Relax & Recharge Have a Gentle Conversation Dancing Monday GC Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	A - Artisans C - Creative Cooking GF - Gathering of Friends GC - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	Please RSVP for our Sunday Brunch by signing the family book at the front desk. Brunch will be Sunday September 15. Up to 2 guests may eat free and meal tickets are just \$5/person after that!	Happy Birthday! 3 Mary Shepherd 14 Jerry Kerkhof 21 Paul Roberts 24 Eric Rumschlag 24 Ruth Abbitt 25 Jean Green 29 Donald Zembrod 30 Gary Miller		