

Thornton Terrace Health Campus Assisted Living

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Good Morning Visits & Daily Chronicles V 10:30 Chair Exercise BINGO I 2:00 Open Door Baptist Church-LR K 3:00 JackPOT!!!!	2 Labor Day 9:15 Good Morning Visits & Daily Chronicles V 9:45 Cornhole K 11:00 "Who Knew Trivia" MM 11:00 Strengthening with Tai-Chi K 1:30 Jeopardy 2:30 Traveling Snack Cart K 3:00 "Price Is Right"	3 9:15 Good Morning Visits & Daily Chronicles O 10:30 Lunch Outing to "KFC" Kentucky Fried Chicken K 10:45 Word Games K 2:30 Crossword Groupies 3:00 Traveling Snack Cart M 3:30 LifeShare Games "Name That Tune"	4 9:15 Good Morning Visits & Daily Chronicles A 9:45 Summer Creativity I 11:00 Bible Study with JD Traylor S 1:15 Chef's Circle K 1:30 Bingo 2:30 Traveling Snack Cart V 3:00 Walk to CVS	5 9:15 Good Morning Visits & Daily Chronicles V 10:15 Chair Exercise BINGO M 1:30 SingFit 2:30 Traveling Snack Cart K 3:00 Science Corner CC 6:00 Evening BINGO with Louise & Sharon	6 9:15 Good Morning Visits & Daily Chronicles V 9:30 "Rock n Roll" Chair Exercises O 10:15 Country Drive MM 11:00 Strengthening with Tai-Chi L 1:30 Cooking Class 2:30 Traveling Snack Cart	7 9:15 Good Morning Visits & Daily Chronicles A 10:15 Judith's Mystery Craft K 1:30 BINGO!!! K 3:00 Word Games GF 6:00 Animal Planet
8 9:15 Good Morning Visits & Daily Chronicles V 10:30 Chair Exercise BINGO GG 10:30 Group Reminisce S 11:00 Sunday Family Brunch 11:00-1:00 I 2:30 Worship with Skip & Anette K 3:30 JackPot!!!	9 9:15 Good Morning Visits & Daily Chronicles V 9:45 Cornhole MM 11:00 Strengthening with Tai-Chi K 11:00 "Who Knew Trivia" M 2:30 Music with "Back Porch" 2:30 Traveling Snack Cart CC 6:00 Evening Bingo wiith	10 9:15 Good Morning Visits & Daily Chronicles O 9:30 Dollar Tree Shopping Outing K 1:30 Crossword Groupies 3:00 Traveling Snack Cart M 3:30 LifeShare Games "Name That Tune" K 6:00 Euchre Club-RSVP	11 9:15 Good Morning Visits & Daily Chronicles A 9:45 Summer Creativity I 11:00 Bible Study with JD Traylor JG 12:00 Mens Luncheon S 1:15 Chef's Circle K 1:30 Bingo 2:30 Traveling Snack Cart	12 9:15 Good Morning Visits & Daily Chronicles S 9:45 ALL DAY BINGO!!! S 11:30 BINGO break for Lunch S 1:15 ALL DAY BINGO S 2:30 Traveling Snack Cart & BINGO Break S 2:45 ALL DAY BINGO 4:30 BINGO Break for Dinner	13 9:15 Good Morning Visits & Daily Chronicles V 9:30 "Rock n Roll" Chair Exercises O 10:15 Country Drive MM 11:00 Strengthening with Tai-Chi S 12:00 Hinkle's "Taste of Town"	14 9:15 Good Morning Visits & Daily Chronicles A 10:15 Michelle's Mystery Craft GG 10:30 Name 50 K 1:30 BINGO!!! K 3:00 Word Games GF 6:00 Animal Planet
15 9:15 Good Morning Visits & Daily Chronicles V 10:30 Chair Exercise BINGO I 1:30 Church of Christ K 2:30 JackPOT!!! I 4:15 Living Waters Singers-LR	16 9:15 Good Morning Visits & Daily Chronicles V 9:45 Cornhole MM 11:00 Strengthening with Tai-Chi K 11:00 "Who Knew Trivia" M 1:00 Music with Fem 2:30 Traveling Snack Cart L 3:00 Art Class With Claude	17 9:15 Good Morning Visits & Daily Chronicles O 10:00 Cracker Barrell-Lunch Outing K 2:30 Crossword Groupies 3:00 Traveling Snack Cart M 3:30 LifeShare Games "Name That Tune" K 6:00 Euchre Club-RSVP	18 9:15 Good Morning Visits & Daily Chronicles A 9:45 Summer Creativity I 11:00 Bible Study with JD Traylor S 1:15 Chef's Circle K 1:30 Bingo 2:30 Traveling Snack Cart V 3:00 Walk to CVS	19 9:15 Good Morning Visits & Daily Chronicles V 10:15 Chair Exercise BINGO S 11:00 Assisted Living Resident Council Meeting-AR S 1:30 Resident & Community SEC K 2:00 JackPot- Activity Room	20 9:15 Good Morning Visits & Daily Chronicles V 9:30 "Rock n Roll" Chair Exercises O 10:15 Country Drive MM 11:00 Strengthening with Tai-Chi L 1:30 Cooking Class 2:30 Traveling Snack Cart	21 9:15 Good Morning Visits & Daily Chronicles A 10:15 Judith's Mystery Craft K 1:30 BINGO!!! S 4:00 Annual Commuinity Hawaii Luau 4:00-6:00 GF 6:00 Animal Planet
22 Fall Begins 9:15 Good Morning Visits & Daily Chronicles V 10:30 Chair Exercise BINGO I 2:00 Worship with Presbyterian Church K 3:00 JackPOT!!!	23 9:15 Good Morning Visits & Daily Chronicles V 9:45 Cornhole MM 11:00 Strengthening with Tai-Chi K 11:00 "Who Knew Trivia" L 1:30 Art Class with Claude 2:30 Traveling Snack Cart CC 6:00 Evening Bingo wiith	24 9:15 Good Morning Visits & Daily Chronicles O 10:30 "88 King" Lunch Outing K 2:30 Crossword Groupies 3:00 Traveling Snack Cart M 3:30 LifeShare Games "Name That Tune" K 6:00 Euchre Club-RSVP Game Table	25 9:15 Good Morning Visits & Daily Chronicles A 9:45 Summer Creativity I 11:00 Bible Study with JD Traylor S 12:00 Mens Luncheon S 1:15 Chef's Circle K 1:30 Bingo 2:30 Traveling Snack Cart	26 9:15 Good Morning Visits & Daily Chronicles V 10:15 Chair Exercise BINGO M 1:30 SingFit 2:30 Traveling Snack Cart K 3:00 Science Corner GF 4:00 Funny You Tube Videos CC 6:00 Evening BINGO with Louise & Sharon	27 9:15 Good Morning Visits & Daily Chronicles V 9:30 "Rock n Roll" Chair Exercises O 10:00 Churchill Downs Outing MM 11:00 Strengthening with Tai-Chi 2:30 Traveling Snack Cart S 3:00 Happy Hour and Music	28 9:15 Good Morning Visits & Daily Chronicles A 10:15 Michelle's Mystery Craft K 1:30 BINGO!!! K 3:00 Word Games GF 6:00 Animal Planet
29 Rosh Hashanah Begins 9:15 Good Morning Visits & Daily Chronicles V 10:30 Chair Exercise BINGO K 1:30 Crossword Groupies K 2:45 JackPot	30 9:15 Good Morning Visits & Daily Chronicles V 9:45 Cornhole MM 11:00 Strengthening with Tai-Chi K 11:00 "Who Knew Trivia" L 1:30 Art Class With Claude 2:30 Traveling Snack Cart GG 3:00 Resident's Choice	A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	Join us for our monthly Generational Group. The 3rd Sunday @ 4:15 every month we are visited by "Living Water Singers" which is a group of all ages! Don't miss it!!	Please, join us for our SUNDAY BRUNCH September 8, 2019 from 11:00-1:00. This is held the 2nd Sunday of every month. Please, be sure to RSVP with Life Enrichment by Tuesday August 6th, as this is an event with many guests and we want to be sure to have a table with proper amount of seating ready for	RESIDENT BIRTHDAYS: Laura F. 9/1 Melvin K. 9/8 Louise R. 9/21	STAFF BIRTHDAYS: Katie Raisor 9/4 Amanda Higham 9/6 Gloria Farrell 9/9 Danielle Watterson 9/12 Lyndi Shrum 9/18

Thornton Terrace Health Campus Health Center

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V Mindful Movements K Categories CC Apple Snickers Salad Relax & Recharge A Sunflower Painting M Listen to the Wind GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	2 Labor Day V Stayin' Alive Disco Chair Yoga K Inspired Tales M Sing Fit CC Icebox Berry Cheesecake Relax & Recharge A Labor Day Cards M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	3 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Uncle Sam Ice Cream Cones Relax & Recharge A Pressed Flowers M Summer Singin' GG Fair Midway Games Healthy Hands	4 V Soccer K Yard Sale M Sing Fit CC No Bake Avalanche Cookies Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands	5 V Let's Take A Trip K Glorious Verbs! CC Cheese Pizza Relax & Recharge A Newspaper Art M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	6 V Pump It Up K Summer Vacation M Sing Fit CC Coffee Ice Cream Relax & Recharge A Watercolor Silhouettes M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands	7 V Dance Party K Summer Colors CC Salami Roll Ups Relax & Recharge A Grandparent's Day Family Tree M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
8 V Mindful Movements K Categories CC Grandma's Chocolate Chip Cookies S Sunday Family Brunch 11:00- 1:00 Relax & Recharge A Slime Experiment M Listen to the Wind	9 V Stayin' Alive Disco Chair Yoga K Inspired Tales M Sing Fit CC Apple Pie Cake Relax & Recharge A Wrap'n Llama M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	10 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC 7UP Biscuits Relax & Recharge A Warm Vanilla Sugar Scrub M Summer Singin' GG Fair Midway Games Healthy Hands	11 V Soccer K Yard Sale M Sing Fit CC Banana Breeze Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands	12 V Let's Take A Trip K Glorious Verbs! CC Apple Cinnamon Bread Relax & Recharge A Fall Leaf Garland M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	13 V Pump It Up K Summer Vacation M Sing Fit CC Pepperoni Pizza Cups S Hinkle's "Taste of Town" Relax & Recharge A Nature Bookmarks M Float With Me Happy Hour GG Sorting Fair Winners	14 V Dance Party K Summer Colors CC Tootsie Roll Cheesecake Relax & Recharge A The Dot Art-Day 1 M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
15 V Mindful Movements K Categories CC Coleslaw Salad Relax & Recharge I Church of Christ A The Dot Art-Day 2 M Listen to the Wind GG Word Works Healthy Hands	16 V Stayin' Alive Disco Chair Yoga K Inspired Tales M Sing Fit CC Homemade Guacamole Relax & Recharge A Clay Mountain Photo Holder M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	17 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! O Cracker Barrel-Lunch Outing CC Apple Dumplings Relax & Recharge A Clay Mountain Photo Holder M Summer Singin' GG Fair Midway Games	18 V Soccer K Yard Sale M Sing Fit CC Peanut Butter Cup Brownie Trifle Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch	19 V Let's Take A Trip K Glorious Verbs! CC Superfood Cookies Relax & Recharge A Ask a Beautiful Question M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	20 V Pump It Up K Summer Vacation M Sing Fit CC Waldorf Salad Relax & Recharge A Oktoberfest Centerpieces M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands	21 V Dance Party K Summer Colors CC Cookies and Cream Cookies Relax & Recharge A Paper Picture Frames M Campfire Songs GG Name 3 Toss & Catch S Annual Commuinity Hawaii Luau 4:00-6:00
22 Fall Begins V Mindful Movements K Categories CC Browned Butter White Chocolate Blondies Relax & Recharge A Rustic Wood Pumpkins I Worship with Presbyterian Church M Listen to the Wind	23 V Stayin' Alive Disco Chair Yoga K Inspired Tales M Sing Fit CC Garlic Stuffed Mushrooms Relax & Recharge A Apple Chalkboard Greetings M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	24 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Peach Cobbler Muffins Relax & Recharge A Creative Storytelling M Summer Singin' GG Fair Midway Games Healthy Hands	25 V Balance K Yard Sale M Sing Fit CC Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands	26 V Let's Take A Trip K Glorious Verbs! CC Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	27 V Pump It Up K Summer Vacation M Sing Fit CC Melted Turkey & Swiss Sliders Relax & Recharge A Popcorn Fall Trees M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands	28 V Dance Party K Summer Colors CC Game Day Wonton Poppers Relax & Recharge A Clay Pinch Pots M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
29 Rosh Hashanah Begins V Mindful Movements K Categories CC Pumpkin Cookies with Brown Butter Icing Relax & Recharge A Clay Pinch Pots M Listen to the Wind GG Word Works Healthy Hands	30 V Stayin' Alive Disco Chair Yoga K Inspired Tales M Sing Fit CC Caramel Apple Cinnamon Rolls Relax & Recharge A Have a Gentle Conversation M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Please, join us for our SUNDAY BRUNCH September 8, 2019 from 11:00-1:00. This is held the 2nd Sunday of every month. Please, be sure to RSVP with Life Enrichment by Tuesday August 6th, as this is an event with many guests and we want to be sure to have a table with proper amount of seating ready for	RESIDENT BIRTHDAYS: Laura F. 9/1 Melvin K. 9/8 Louise R. 9/21	STAFF BIRTHDAYS: Katie Raisor 9/4 Amanda Higham 9/6 Gloria Farrell 9/9 Danielle Watterson 9/12 Lyndi Shrum 9/18	