

The Oaks at Northpointe  
Assisted Living

# September 2019

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|---|--|---|---|---|---|--|
| <b>1</b><br><b>K</b> 9:00 Jeopardy<br><b>I</b> 9:45 NT Church Service-HCTVR<br><b>GG</b> 1:15 Guess What?<br><b>L</b> 2:00 Virtual Reality: Panda Play Time   | <b>2</b> <b>Labor Day</b>  | <b>3</b><br><b>M</b> 9:15 Name That Tune-ALTVR<br><b>O</b> 10:30 Countryside Drive<br><b>CC</b> 1:00 Bingo with Starlight-Cafe<br><b>S</b> 1:30 Chef Circle<br><b>M</b> 2:00 Entertainment by Class of '62-HCTR<br><b>V</b> 3:15 TrilogyFit<br><b>K</b> 5:00 Daily Chronicle  | <b>4</b><br><b>GF</b> 8:30 News & Brews<br><b>K</b> 9:15 Brain Teasers-Cafe<br><b>M</b> 2:00 Entertainment by Trice Perry-HCTVR<br><b>GF</b> 3:30 Manicures with Jodie<br><b>K</b> 5:00 Daily Chronicle   | <b>5</b><br><b>O</b> 10:30 Lunch at Cracker Barrel<br><b>M</b> 2:00 Entertainment by Jerry Weaver-HCTVR<br><b>M</b> 3:30 Sing-a-long with Sheri<br><b>V</b> 4:00 TrilogyFit<br><b>K</b> 5:30 Daily Chronicle<br><b>K</b> 6:00 Wii Games-HCTVR<br><b>CC</b> 6:00 Pet Therapy | <b>6</b><br><b>S</b> 8:30 Inspired Living-Cafe<br><b>A</b> 9:00 Pinecone Owls-Cafe<br><b>K</b> 1:30 Virtual Reality: Inside the Arctic Doomsday Vault<br><b>S</b> 3:00 Happy Hour<br><b>K</b> 5:00 Daily Chronicle<br><b>G</b> 6:30 Grandparents Sleepover Games/ | <b>7</b><br><b>I</b> 9:00 Morning Devotion/Chronicle<br><b>V</b> 9:45 TrilogyFit<br><b>A</b> 1:15 Tye Dye Handkerchiefs-Cafe<br><b>GF</b> 3:00 Bingo with Jodie  |
| <b>8</b><br><b>K</b> 9:15 Who, What, When Trivia-Cafe<br><b>I</b> 9:45 NT Church Service-HCTVR<br><b>GF</b> 1:30 Grandparent's Day Sundae Social<br><b>M</b> 2:00 Dancing Divas-PL<br><b>S</b> 3:00 Virtual Reality: Spacewalk Mayday | <b>9</b><br><b>GF</b> 8:30 News & Brews<br><b>L</b> 9:00 Bird Biology-Cafe<br><b>A</b> 1:30 Simple Bird Illustration<br><b>K</b> 2:30 Fairy Gardens-HCTVR<br><b>K</b> 5:00 Daily Chronicle | <b>10</b><br><b>O</b> 10:00 Lunch/ Fishing at Buckeye Lake<br><b>CC</b> 1:00 Bingo with Starlight-Cafe<br><b>S</b> 1:30 Chef Circle<br><b>M</b> 2:00 Drumming Circle<br><b>V</b> 3:15 TrilogyFit<br><b>K</b> 5:00 Daily Chronicle<br><b>K</b> 5:45 Would you Rather?  | <b>11</b><br><b>GF</b> 8:30 News & Brews<br><b>S</b> 9:30 Resident Council<br><b>JG</b> 2:00 Just the Guys with Carl<br><b>GF</b> 3:30 Manicures with Jodie<br><b>K</b> 5:00 Daily Chronicle  | <b>12</b><br><b>O</b> 8:30 The Farm in Amish Country<br><b>A</b> 2:30 Clay Painting<br><b>V</b> 3:30 TrilogyFit<br><b>K</b> 5:00 Daily Chronicle<br><b>CC</b> 6:00 Cupcake Decorating-HCTVR<br><b>CC</b> 6:00 Pet Therapy   | <b>13</b><br><b>GF</b> 8:30 News & Brews<br><b>GG</b> 11:00 UNO Cards<br><b>K</b> 1:15 Guess the Number?<br><b>A</b> 1:30 Scrapbooking<br><b>S</b> 3:00 Happy Hour<br><b>K</b> 5:00 Daily Chronicle   | <b>14</b><br><b>I</b> 9:00 Morning Devotion/Chronicle<br><b>V</b> 1:15 TrilogyFit<br><b>CC</b> 2:15 Cake made with Soda<br><b>GF</b> 3:00 Bingo with Jodie       |
| <b>15</b><br><b>K</b> 9:00 Word Fun<br><b>I</b> 9:45 NT Church Service-HCTVR<br><b>K</b> 11:00 Virtual Reality: Dolphin Man VR: Dive<br><b>CC</b> 2:30 Freezer Strawberry Jam   | <b>16</b><br><b>GF</b> 8:30 News & Brews<br><b>L</b> 9:00 Birds of Prey-Cafe<br><b>GG</b> 2:30 Roll & Grab<br><b>A</b> 3:15 Flower/ Canvas Art<br><b>K</b> 5:00 Daily Chronicle            | <b>17</b><br><b>O</b> 10:30 Golden Corral<br><b>CC</b> 1:00 Bingo with Starlight-Cafe<br><b>S</b> 1:30 Chef Circle<br><b>M</b> 2:00 Entertainment by David Schubach-HTVR<br><b>V</b> 3:15 TrilogyFit<br><b>K</b> 5:00 Daily Chronicle<br><b>K</b> 6:30 Yahtzee-HCTR   | <b>18</b><br><b>GF</b> 8:30 News & Brews<br><b>K</b> 9:00 Brain Teasers-Cafe<br><b>M</b> 2:00 Entertainment by Four Cousins-HCTVR<br><b>S</b> 2:45 MR. REDLEGS Appearance<br><b>GF</b> 3:30 Manicures with Jodie<br><b>K</b> 5:00 Daily Chronicle | <b>19</b><br><b>O</b> 10:00 Dollar Tree<br><b>A</b> 1:30 TP Pumpkins<br><b>M</b> 2:00 Entertainment by Cathy Goss-HCTR<br><b>V</b> 3:30 TrilogyFit<br><b>K</b> 5:00 Daily Chronicle<br><b>M</b> 6:00 Karaoke with Joe Long<br><b>CC</b> 6:00 Pet Therapy                    | <b>20</b><br><b>GF</b> 8:30 News & Brews<br><b>CC</b> 10:45 Apple Tasting/ Apple Dumplings<br><b>K</b> 1:15 Guess the Number?<br><b>GG</b> 1:30 Billards<br><b>S</b> 3:00 Happy Hour<br><b>K</b> 5:00 Daily Chronicle   | <b>21</b><br><b>I</b> 9:00 Morning Devotion/Chronicle<br><b>V</b> 1:15 TrilogyFit<br><b>K</b> 1:45 Word Mining<br><b>GF</b> 3:00 Bingo with Jodie                |
| <b>22</b> <b>Fall Begins</b>  | <b>23</b><br><b>GF</b> 8:30 News & Brews<br><b>L</b> 9:00 Unusal Birds-Cafe<br><b>A</b> 2:00 Build a Scarecrow<br><b>GF</b> 3:00 Making Hard Cider<br><b>K</b> 5:00 Daily Chronicle        | <b>24</b><br><b>O</b> 10:00 Shopping at Gabes<br><b>I</b> 10:00 Cornerstones Church<br><b>CC</b> 1:00 Bingo with Starlight-Cafe<br><b>S</b> 1:30 Chef Circle<br><b>M</b> 2:00 Entertainment by Mus-Co Hills String Pickers-HCTVR<br><b>V</b> 3:15 TrilogyFit  | <b>25</b><br><b>GF</b> 8:30 News & Brews<br><b>K</b> 9:15 Brain Teasers-Cafe<br><b>I</b> 1:00 1st Christian Church Service<br><b>JG</b> 2:00 Just the Guys with Carl<br><b>GF</b> 3:30 Manicures with Jodie<br><b>K</b> 5:00 Daily Chronicle      | <b>26</b><br><b>O</b> 8:30 Outing to Cincinatti<br><b>M</b> 2:00 Entertainment by Country Friends-HCTR<br><b>V</b> 3:30 TrilogyFit<br><b>K</b> 5:00 Daily Chronicle<br><b>M</b> 6:00 Entertainment with Curtis Chamberlain<br><b>CC</b> 6:00 Pet Therapy                    | <b>27</b><br><b>GF</b> 8:30 News & Brews<br><b>A</b> 10:30 Puzzle Piece/ Letter Art-Cafe<br><b>K</b> 1:15 Guess the Number?<br><b>GG</b> 1:30 Hedbanz Game<br><b>S</b> 3:00 Happy Hour<br><b>K</b> 5:00 Daily Chronicle   | <b>28</b><br><b>I</b> 9:00 Morning Devotion/Chronicle<br><b>V</b> 1:15 TrilogyFit<br><b>I</b> 2:00 Manicure Scrub/ Meditation<br><b>GF</b> 3:00 Bingo with Jodie |
| <b>29</b> <b>Rosh Hashanah Begins</b><br><b>I</b> 9:45 NT Church Service-HCTVR<br><b>S</b> 11:30 Sunday Brunch<br><b>M</b> 2:00 Music with the Marlings<br><b>GF</b> 2:30 Sundaes on Sunday Social                                    | <b>30</b><br><b>GF</b> 8:30 News & Brews<br><b>L</b> 9:00 Backyard Birds-Cafe<br><b>GF</b> 2:00 Minute to Win it: Apple Bobbing<br><b>K</b> 5:00 Daily Chronicle                           | <b>A</b> - Artisans<br><b>CC</b> - Community Connections<br><b>CC</b> - Creative Cooking<br><b>GF</b> - Gathering of Friends<br><b>G</b> - Generations<br><b>GG</b> - Group Games<br><b>I</b> - Inspirations<br><b>JG</b> - Just the Guys<br><b>K</b> - Keeping it Sharp/Reminisce<br><b>L</b> - Lifelong Learning<br><b>M</b> - Music to My Ears | Taste of the Town will be on Monday, 16th at noon. We will be enjoying Grill in Dave's Style  | AC=Activity Center<br>MA=Maple Ave<br>SC=Spruce Crossing<br>ML=Magnolia Lane<br>PL=Putnam Landing Bar Area<br>HCTVR=Health Care TV Room<br>ALL= Assisted Living Café  | *All Activities/ times are subject to change*   |  |

# The Oaks at Northpointe Health Center

# September 2019

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|--|---|---|---|--|---|---|
| <b>1</b><br><b>I 9:45</b> NT Church Service-HCTVR<br><b>MM 11:15</b> Theme Sensations-Shopping<br><b>L 2:00</b> Virtual Reality: Panda Play Time<br><b>K 2:45</b> Jeopardy & RB Floats-PL  | <b>2 Labor Day</b><br><b>V 10:00</b> Monday Movers-HCTVR<br><b>L 10:30</b> Backyard Birds<br><b>MM 11:15</b> Theme Sensations-Aromatherapy<br><b>A 2:30</b> Feed the Birds<br><b>K 3:30</b> Labor Day Trivia  | <b>3</b><br><b>CC 10:00</b> Bingo with Starlight-HCTVR<br><b>O 10:30</b> Countryside Drive Entertainment by Class of '62-HCTR<br><b>M 2:00</b> Entertainment by Trice Perry-HCTVR<br><b>MM 4:00</b> Theme Sensations-Baby<br><b>K 6:30</b> Centennial Dice Game-HCTR  | <b>4</b><br><b>V 10:00</b> Get Up & GO!-HCTVR<br><b>MM 11:15</b> Theme Sensations-Autumn<br><b>M 2:00</b> Entertainment by Trice Perry-HCTVR<br><b>GF 3:00</b> Penny Ante                                     | <b>5</b><br><b>O 10:30</b> Lunch at Cracker Barrel<br><b>M 2:00</b> Entertainment by Jerry Weaver-HCTVR<br><b>A 3:15</b> Pinecone Owls Craft<br><b>MM 4:00</b> Theme Sensations-cooking<br><b>K 6:00</b> Wii Games-HCTVR<br><b>CC 6:00</b> Pet Therapy                           | <b>6</b><br><b>V 10:00</b> Chair Yoga-HCTVR<br><b>S 10:30</b> Inspired Living-HCTVR<br><b>MM 11:15</b> Theme Sensations-Garden<br><b>K 1:30</b> Virtual Reality: Inside the Arctic Doomsday Vault<br><b>S 3:00</b> Happy Hour<br><b>G 6:30</b> Grandparents | <b>7</b><br><b>L 10:30</b> Coffee & The Composer<br><b>MM 11:15</b> Theme Sensation-Kitchen<br><b>A 2:15</b> Tye Dye T-Shirts-HCTVR<br><b>GF 3:30</b> Independent Euchre/Card Time    |
| <b>8</b><br><b>I 9:45</b> NT Church Service-HCTVR<br><b>MM 11:15</b> Theme Sensations-Shopping<br><b>GF 1:30</b> Grandparent's Day Sundae Social<br><b>M 2:00</b> Dancing Divas-PL<br><b>S 3:00</b> Virtual Reality: Spacewalk Mayday    | <b>9</b><br><b>V 10:00</b> Monday Movers-HCTVR<br><b>L 10:30</b> Bird Biology<br><b>A 11:00</b> Simple Bird Illustration<br><b>K 2:30</b> Fairy Gardens-HCTVR<br><b>MM 4:00</b> Theme Sensations-Aromatherapy | <b>10</b><br><b>O 10:00</b> Lunch/ Fishing at Buckeye Lake<br><b>CC 10:00</b> Bingo with Starlight-HCTVR<br><b>2:00</b> Drumming Circle<br><b>MM 4:00</b> Theme Sensations-Baby<br><b>GG 6:30</b> Wii Games-HCTR  | <b>11</b><br><b>V 10:00</b> Get Up & GO!-HCTVR<br><b>S 10:30</b> Resident Council-Sunroom<br><b>MM 11:15</b> Theme Sensations-Autumn<br><b>JG 2:00</b> Just the Guys with Carl<br><b>V 3:30</b> Giant Bowling | <b>12</b><br><b>O 8:30</b> The Farm in Amish Country<br><b>GG 1:30</b> Euchre<br><b>A 2:30</b> Clay Painting<br><b>MM 4:00</b> Theme Sensations-cooking<br><b>CC 6:00</b> Cupcake Decorating-HCTVR<br><b>CC 6:00</b> Pet Therapy   | <b>13</b><br><b>V 10:00</b> Chair Yoga-HCTVR<br><b>A 1:30</b> Scrapbooking<br><b>K 2:30</b> Guess the Number<br><b>S 3:00</b> Happy Hour<br><b>MM 4:00</b> Theme Sensations-Garden  | <b>14</b><br><b>L 10:00</b> Coffee & The Composer<br><b>MM 11:15</b> Theme Sensation-Kitchen<br><b>CC 2:15</b> Cake made with Soda<br><b>GF 3:30</b> Independent Euchre/Card Time     |
| <b>15</b><br><b>I 9:45</b> NT Church Service-HCTVR<br><b>K 11:00</b> Virtual Reality: Dolphin Man VR: Dive<br><b>MM 11:30</b> Theme Sensations-Shopping<br><b>GG 1:30</b> Horse Race Game<br><b>CC 2:30</b> Freezer Strawberry Jam       | <b>16</b><br><b>V 10:00</b> Monday Movers-HCTVR<br><b>L 10:30</b> Birds of Prey<br><b>MM 11:15</b> Theme Sensations-Aromatherapy<br><b>K 1:30</b> Pokeno-HCTVR<br><b>A 3:15</b> Flower/ Canvas Art            | <b>17</b><br><b>CC 10:00</b> Bingo with Starlight-HCTVR<br><b>O 10:30</b> Golden Corral<br><b>S 1:30</b> Chef Circle-PL<br><b>M 2:00</b> Entertainment by David Schubach-HTVR<br><b>MM 4:00</b> Theme Sensations-Baby<br><b>K 6:30</b> Yahtzee-HCTR   | <b>18</b><br><b>V 10:00</b> Get Up & GO!-HCTVR<br><b>MM 11:15</b> Theme Sensations-Autumn<br><b>M 2:00</b> Entertainment by Four Cousins-HCTVR<br><b>S 2:45</b> MR. REDLEGS Appearance                        | <b>19</b><br><b>O 10:00</b> Dollar Tree<br><b>M 2:00</b> Entertainment by Cathy Goss-HCTR<br><b>A 3:30</b> TP Pumpkins<br><b>MM 4:00</b> Theme Sensations-cooking<br><b>M 6:00</b> Karaoke with Joe Long<br><b>CC 6:00</b> Pet Therapy   | <b>20</b><br><b>V 10:00</b> Chair Yoga-HCTVR<br><b>CC 10:45</b> Apple Tasting/ Apple Dumplings<br><b>MM 11:30</b> Theme Sensations-Garden<br><b>GG 1:30</b> Billards<br><b>K 2:30</b> Guess the Number<br><b>S 3:00</b> Happy Hour                          | <b>21</b><br><b>L 10:00</b> Coffee & The Composer<br><b>MM 11:15</b> Theme Sensation-Kitchen<br><b>K 2:30</b> Categories Game<br><b>GF 3:30</b> Independent Euchre/Card Time          |
| <b>22 Fall Begins</b><br><b>I 9:45</b> NT Church Service-HCTVR<br><b>MM 11:15</b> Theme Sensations-Shopping<br><b>GG 2:00</b> Poker and Popcorn<br><b>K 3:00</b> Who, What, When Trivia  | <b>23</b><br><b>V 10:00</b> Monday Movers-HCTVR<br><b>L 10:30</b> Unusual Birds<br><b>MM 11:15</b> Theme Sensations-Aromatherapy<br><b>A 2:00</b> Build a Scarecrow<br><b>GF 3:00</b> Making Hard Cider       | <b>24</b><br><b>O 10:00</b> Shopping at Gabes<br><b>I 10:00</b> Cornerstones Church<br><b>CC 11:00</b> Bingo with Starlight-HCTVR<br><b>M 2:00</b> Entertainment by Mus-Co Hills String Pickers-HCTVR<br><b>MM 4:00</b> Theme Sensations-Baby   | <b>25</b><br><b>V 10:00</b> Get Up & GO!-HCTVR<br><b>MM 11:15</b> Theme Sensations-Autumn<br><b>I 1:00</b> 1st Christian Church Service<br><b>JG 2:00</b> Just the Guys with Carl                             | <b>26</b><br><b>O 8:30</b> Outing to Cincinatti<br><b>M 2:00</b> Entertainment by Country Friends-HCTR<br><b>A 3:15</b> Puzzle Piece/ Letter Art<br><b>MM 4:00</b> Theme Sensations-cooking<br><b>M 6:00</b> Entertainment with Curtis Chamberlain<br><b>CC 6:00</b> Pet Therapy | <b>27</b><br><b>V 10:00</b> Chair Yoga-HCTVR<br><b>MM 11:30</b> Theme Sensations-Garden<br><b>GG 1:30</b> Hedbanz Game<br><b>K 2:30</b> Guess the Number<br><b>S 3:00</b> Happy Hour  | <b>28</b><br><b>L 10:00</b> Coffee & The Composer<br><b>MM 11:15</b> Theme Sensation-Kitchen<br><b>GG 2:45</b> Magazine Scavenger Hunt<br><b>GF 3:30</b> Independent Euchre/Card Time |
| <b>29 Rosh Hashanah Begins</b><br><b>I 9:45</b> NT Church Service-HCTVR<br><b>MM 11:15</b> Theme Sensations-Shopping<br><b>S 11:30</b> Sunday Brunch<br><b>M 2:00</b> Music with the Marlings<br><b>GF 2:30</b> Sundaes on Sunday Social | <b>30</b><br><b>V 10:00</b> Monday Movers-HCTVR<br><b>L 10:30</b> Backyard Birds<br><b>MM 11:15</b> Theme Sensations-Aromatherapy<br><b>GF 2:00</b> Minute to Win it: Apple Bobbing                           | <b>A</b> - Artisans<br><b>CC</b> - Community Connections<br><b>CC</b> - Creative Cooking<br><b>GF</b> - Gathering of Friends<br><b>G</b> - Generations<br><b>GG</b> - Group Games<br><b>I</b> - Inspirations<br><b>JG</b> - Just the Guys<br><b>K</b> - Keeping it Sharp/Reminisce<br><b>L</b> - Lifelong Learning<br><b>MM</b> - Mindful Moments | Taste of the Town will be on Monday, September 16th at noon. We will be enjoying Grill in Dave's Style.   | AC=Activity Center<br>MA=Maple Ave<br>SC=Spruce Crossing<br>ML=Magnolia Lane<br>ALC=Assisted Living Café<br>HCTVR=Health Care TV Room<br>PL=Putnam Landing Bar Area  | *All Activities and Times are subject to change.*   | Hospitality Cart is offered to short-term rehab residents 3 times a week.   |



# The Oaks at Northpointe Daily Rhythms

# September 2019

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   |
|--|--|--|--|--|---|--|
| <b>1</b><br><b>V</b> Mindful Movements<br><b>K</b> Categories<br><b>CC</b> Apple Snickers Salad<br>Relax & Recharge<br><b>A</b> Sunflower Painting<br><b>M</b> Listen to the Wind<br><b>GG</b> Word Works<br>Healthy Hands<br><b>GF</b> A Time For 'Vegas Night Cap!'      | <b>2</b> <b>Labor Day</b><br><b>V</b> Stayin' Alive Disco Chair Yoga<br><b>K</b> Inspired Tales<br><b>CC</b> Icebox Berry Cheesecake<br>Relax & Recharge<br><b>A</b> Labor Day Cards<br><b>M</b> Dancing Monday<br><b>GG</b> Water Balloon Bucket Toss<br>Healthy Hands<br><b>GF</b> LifeShare Games | <b>3</b><br><b>V</b> Somewhere Over the Rainbow<br>Chair Yoga<br><b>K</b> Roll to 20!<br><b>CC</b> Uncle Sam Ice Cream Cones<br>Relax & Recharge<br><b>A</b> Pressed Flowers<br><b>M</b> Summer Singin'<br><b>GG</b> Fair Midway Games<br>Healthy Hands    | <b>4</b><br><b>V</b> Soccer<br><b>K</b> Yard Sale<br><b>CC</b> No Bake Avalanche Cookies<br>Relax & Recharge<br><b>A</b> Fleece Blankets<br><b>M</b> Gone Fishin'<br><b>GG</b> Velcro Catch<br>Healthy Hands<br><b>GF</b> Shake Loose A Memory       | <b>5</b><br><b>V</b> Let's Take A Trip<br><b>K</b> Glorious Verbs!<br><b>CC</b> Cheese Pizza<br>Relax & Recharge<br><b>A</b> Newspaper Art<br><b>M</b> Hats Off to You<br><b>GG</b> Aim for the Stars<br>Healthy Hands<br><b>GF</b> Hangman                        | <b>6</b><br><b>V</b> Pump It Up<br><b>K</b> Summer Vacation<br><b>CC</b> Coffee Ice Cream<br>Relax & Recharge<br><b>A</b> Watercolor Silhouettes<br><b>M</b> Float With Me Happy Hour<br><b>GG</b> Sorting Fair Winners<br>Healthy Hands<br><b>GF</b> LifeShare Games           | <b>7</b><br><b>V</b> Dance Party<br><b>K</b> Summer Colors<br><b>CC</b> Salami Roll Ups<br>Relax & Recharge<br><b>A</b> Grandparent's Day Family Tree<br><b>M</b> Campfire Songs<br><b>GG</b> Name 3 Toss & Catch<br>Healthy Hands<br><b>GF</b> Old Time Theater   |
| <b>8</b><br><b>V</b> Mindful Movements<br><b>K</b> Categories<br><b>CC</b> Grandma's Chocolate Chip<br>Cookies<br>Relax & Recharge<br><b>A</b> Slime Experiment<br><b>M</b> Listen to the Wind<br><b>GG</b> Word Works<br>Healthy Hands                                    | <b>9</b><br><b>V</b> Stayin' Alive Disco Chair Yoga<br><b>K</b> Inspired Tales<br><b>CC</b> Apple Pie Cake<br>Relax & Recharge<br><b>A</b> Wrap'n Llama<br><b>M</b> Dancing Monday<br><b>GG</b> Water Balloon Bucket Toss<br>Healthy Hands<br><b>GF</b> LifeShare Games                              | <b>10</b><br><b>V</b> Somewhere Over the Rainbow<br>Chair Yoga<br><b>K</b> Roll to 20!<br><b>CC</b> 7UP Biscuits<br>Relax & Recharge<br><b>A</b> Warm Vanilla Sugar Scrub<br><b>M</b> Summer Singin'<br><b>GG</b> Fair Midway Games<br>Healthy Hands       | <b>11</b><br><b>V</b> Soccer<br><b>K</b> Yard Sale<br><b>CC</b> Banana Breeze<br>Relax & Recharge<br><b>A</b> Fleece Blankets<br><b>M</b> Gone Fishin'<br><b>GG</b> Velcro Catch<br>Healthy Hands<br><b>GF</b> Shake Loose A Memory                  | <b>12</b><br><b>V</b> Let's Take A Trip<br><b>K</b> Glorious Verbs!<br><b>CC</b> Apple Cinnamon Bread<br>Relax & Recharge<br><b>A</b> Fall Leaf Garland<br><b>M</b> Hats Off to You<br><b>GG</b> Aim for the Stars<br>Healthy Hands<br><b>GF</b> Hangman           | <b>13</b><br><b>V</b> Pump It Up<br><b>K</b> Summer Vacation<br><b>CC</b> Pepperoni Pizza Cups<br>Relax & Recharge<br><b>A</b> Nature Bookmarks<br><b>M</b> Float With Me Happy Hour<br><b>GG</b> Sorting Fair Winners<br>Healthy Hands<br><b>GF</b> LifeShare Games            | <b>14</b><br><b>V</b> Dance Party<br><b>K</b> Summer Colors<br><b>CC</b> Tootsie Roll Cheesecake<br>Relax & Recharge<br><b>A</b> The Dot Art-Day 1<br><b>M</b> Campfire Songs<br><b>GG</b> Name 3 Toss & Catch<br>Healthy Hands<br><b>GF</b> Old Time Theater      |
| <b>15</b><br><b>V</b> Mindful Movements<br><b>K</b> Categories<br><b>CC</b> Coleslaw Salad<br>Relax & Recharge<br><b>A</b> The Dot Art-Day 2<br><b>M</b> Listen to the Wind<br><b>GG</b> Word Works<br>Healthy Hands<br><b>GF</b> A Time For 'Vegas Night Cap!'            | <b>16</b><br><b>V</b> Stayin' Alive Disco Chair Yoga<br><b>K</b> Inspired Tales<br><b>CC</b> Homemade Guacamole<br>Relax & Recharge<br><b>A</b> Clay Mountain Photo Holder<br><b>M</b> Dancing Monday<br><b>GG</b> Water Balloon Bucket Toss<br>Healthy Hands<br><b>GF</b> LifeShare Games           | <b>17</b><br><b>V</b> Somewhere Over the Rainbow<br>Chair Yoga<br><b>K</b> Roll to 20!<br><b>CC</b> Apple Dumplings<br>Relax & Recharge<br><b>A</b> Clay Mountain Photo Holder<br><b>M</b> Summer Singin'<br><b>GG</b> Fair Midway Games<br>Healthy Hands  | <b>18</b><br><b>V</b> Soccer<br><b>K</b> Yard Sale<br><b>CC</b> Peanut Butter Cup Brownie<br>Trifle<br>Relax & Recharge<br><b>A</b> Fleece Blankets<br><b>M</b> Gone Fishin'<br><b>GG</b> Velcro Catch<br>Healthy Hands                              | <b>19</b><br><b>V</b> Let's Take A Trip<br><b>K</b> Glorious Verbs!<br><b>CC</b> Superfood Cookies<br>Relax & Recharge<br><b>A</b> Ask a Beautiful Question<br><b>M</b> Hats Off to You<br><b>GG</b> Aim for the Stars<br>Healthy Hands<br><b>GF</b> Hangman       | <b>20</b><br><b>V</b> Pump It Up<br><b>K</b> Summer Vacation<br><b>CC</b> Waldorf Salad<br>Relax & Recharge<br><b>A</b> Oktoberfest Centerpieces<br><b>M</b> Float With Me Happy Hour<br><b>GG</b> Sorting Fair Winners<br>Healthy Hands<br><b>GF</b> LifeShare Games           | <b>21</b><br><b>V</b> Dance Party<br><b>K</b> Summer Colors<br><b>CC</b> Cookies and Cream Cookies<br>Relax & Recharge<br><b>A</b> Paper Picture Frames<br><b>M</b> Campfire Songs<br><b>GG</b> Name 3 Toss & Catch<br>Healthy Hands<br><b>GF</b> Old Time Theater |
| <b>22</b> <b>Fall Begins</b><br><b>V</b> Mindful Movements<br><b>K</b> Categories<br><b>CC</b> Browned Butter White<br>Chocolate Blondies<br>Relax & Recharge<br><b>A</b> Rustic Wood Pumpkins<br><b>M</b> Listen to the Wind<br><b>GG</b> Word Works<br>Healthy Hands     | <b>23</b><br><b>V</b> Stayin' Alive Disco Chair Yoga<br><b>K</b> Inspired Tales<br><b>CC</b> Garlic Stuffed Mushrooms<br>Relax & Recharge<br><b>A</b> Apple Chalkboard Greetings<br><b>M</b> Dancing Monday<br><b>GG</b> Water Balloon Bucket Toss<br>Healthy Hands<br><b>GF</b> LifeShare Games     | <b>24</b><br><b>V</b> Somewhere Over the Rainbow<br>Chair Yoga<br><b>K</b> Roll to 20!<br><b>CC</b> Peach Cobbler Muffins<br>Relax & Recharge<br><b>A</b> Creative Storytelling<br><b>M</b> Summer Singin'<br><b>GG</b> Fair Midway Games<br>Healthy Hands | <b>25</b><br><b>V</b> Balance<br><b>K</b> Yard Sale<br><b>CC</b> Cheddar & Chive Drop Biscuits<br>Relax & Recharge<br><b>A</b> Fleece Blankets<br><b>M</b> Gone Fishin'<br><b>GG</b> Velcro Catch<br>Healthy Hands<br><b>GF</b> Shake Loose A Memory | <b>26</b><br><b>V</b> Let's Take A Trip<br><b>K</b> Glorious Verbs!<br><b>CC</b> Johnny Appleseed Bars<br>Relax & Recharge<br><b>A</b> Fall Leaf Candle Mason Jar<br><b>M</b> Hats Off to You<br><b>GG</b> Aim for the Stars<br>Healthy Hands<br><b>GF</b> Hangman | <b>27</b><br><b>V</b> Pump It Up<br><b>K</b> Summer Vacation<br><b>CC</b> Melted Turkey & Swiss Sliders<br>Relax & Recharge<br><b>A</b> Popcorn Fall Trees<br><b>M</b> Float With Me Happy Hour<br><b>GG</b> Sorting Fair Winners<br>Healthy Hands<br><b>GF</b> LifeShare Games | <b>28</b><br><b>V</b> Dance Party<br><b>K</b> Summer Colors<br><b>CC</b> Game Day Wonton Poppers<br>Relax & Recharge<br><b>A</b> Clay Pinch Pots<br><b>M</b> Campfire Songs<br><b>GG</b> Name 3 Toss & Catch<br>Healthy Hands<br><b>GF</b> Old Time Theater        |
| <b>29</b> <b>Rosh Hashanah Begins</b><br><b>V</b> Mindful Movements<br><b>K</b> Categories<br><b>CC</b> Pumpkin Cookies with Brown<br>Butter Icing<br>Relax & Recharge<br><b>A</b> Clay Pinch Pots<br><b>M</b> Listen to the Wind<br><b>GG</b> Word Works<br>Healthy Hands | <b>30</b><br><b>V</b> Stayin' Alive Disco Chair Yoga<br><b>K</b> Inspired Tales<br><b>CC</b> Caramel Apple Cinnamon Rolls<br>Relax & Recharge<br><b>A</b> Have a Gentle Conversation<br><b>M</b> Dancing Monday<br><b>GG</b> Water Balloon Bucket Toss<br>Healthy Hands<br><b>GF</b> LifeShare Games | <b>A</b> - Artisans<br><b>CC</b> - Creative Cooking<br><b>GF</b> - Gathering of Friends<br><b>GG</b> - Group Games<br><b>K</b> - Keeping it Sharp/Reminisce<br><b>M</b> - Music to My Ears<br><b>V</b> - Vitality  | Morning<br>9:30 Vitality<br>10:00 Keeping It Sharp<br>10:15 Morning Refresher<br>10:45 Creative Cooking<br>11:30 Lunch Prep  | Early Afternoon<br>12:45 Relax & Recharge<br>1:30 Connections: Reminiscence<br>2:00 Artisans<br>Late Afternoon<br>3:00 Musical Celebration<br>3:30 Afternoon Refresher<br>4:00 Connections Group Games<br>(Cognitive/Physical)<br>4:30 Dinner Prep                 | Evening<br>6:00 Gathering of Friends<br>7:00 Nighttime Traditions   | *All Activities and Times are<br>subject to changes.*  |