

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:25 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Bingo - HCDR A 3:30 Arts and Crafts - AR	2 Labor Day GG 10:00 Pet Visit with Molly V 10:30 AL Exercise - ALDR K 10:45 Scrabble - AR K 2:00 Bingo - HCDR	3 S 9:30 Inspired Living Committee - HCDR V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR S 12:00 Taste of Town K 2:00 LifeShare Games - AR	4 M 9:30 Sing Fit - AR V 10:30 AL Exercise - ALDR I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR	5 S 10:00 Resident Council O 10:30 Bus Cruise A 2:00 Creative Cooking - AR	6 V 10:30 AL Exercise - ALDR GG 11:00 Catholic Service - HCTV M 11:15 Music with Nila - HCDR A 1:30 Arts and Crafts - AR V 2:30 Tai Chi - HCTV	7 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR K 2:00 Life Share Games - AR K 3:30 Activity Cart - IR
8 I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:25 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Sunday Bingo - AR K 2:00 Bingo - HCDR	9 V 10:30 AL Exercise - ALDR K 10:45 Scrabble - AR K 2:00 Bingo - HCDR	10 V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR K 2:00 LifeShare Games - AR GG 6:30 Popcorn Christian Church - IR	11 M 9:30 Sing Fit - AR V 10:30 AL Exercise - ALDR I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR	12 O 10:30 Bus Cruise S 1:30 Just The Guys - AR A 2:00 Creative Cooking - AR I 6:30 Gaither Family Music, Popcorn & Soda - HGTV	13 V 10:30 AL Exercise - ALDR M 11:15 Music with Nila - HCDR A 1:30 Arts and Crafts - AR V 2:30 Tai Chi - HCTV S 3:00 Happy Hour with Shawn K.	14 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR K 2:00 Life Share Games - AR K 3:30 Activity Cart - IR
15 I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:25 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Bingo - HCDR	16 GG 10:00 Pet Visit with Molly V 10:30 AL Exercise - ALDR K 10:45 Scrabble - AR K 2:00 Bingo - HCDR	17 V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR K 2:00 LifeShare Games - AR M 6:30 Bluegrass Express - HCDR	18 GF 7:00 Just The Guys - Men's Breakfast M 9:30 Sing Fit - AR V 10:30 AL Exercise - ALDR I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR	19 O 10:30 Bus Cruise K 2:00 Altrusa Bingo - HCDR A 2:00 Creative Cooking - AR GG 6:30 The Sawmiller's Band - HCDR	20 V 10:30 AL Exercise - ALDR M 11:15 Music with Nila - HCDR V 2:30 Tai Chi - HCTV S 3:00 Happy Hour & Music with Mark Dickens	21 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR K 2:00 Life Share Games - AR K 3:30 Activity Cart - IR
22 Fall Begins I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:25 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Sunday Bingo - HCDR K 2:00 Bingo - HCDR	23 V 10:30 AL Exercise - ALDR K 10:45 Scrabble - AR K 2:00 Bingo - HCDR	24 V 10:15 Nickel Pitch - HCDR I 11:00 Lowell's Bible Study - AR K 2:00 LifeShare Games - AR M 6:30 Bonnie & Stacey Singalong - HCDR	25 M 9:30 Sing Fit - AR V 10:30 AL Exercise - ALDR I 11:00 David's Bible Study - AR K 2:00 Bingo - HCDR S 2:30 Chef's Circle - HCDR	26 GG 10:30 Pet Visit with Sophie O 10:30 Bus Cruise A 2:00 Cooking with Susie and Susan AR A 2:00 Creative Cooking - AR M 6:30 Popcorn and a Movie - HCTV	27 V 10:30 AL Exercise - ALDR M 11:15 Music with Nila - HCDR V 2:30 Tai Chi - HCTV	28 V 11:00 Forever Fit - HCTV K 12:00 Word Trivia - HCDR K 2:00 Life Share Games - AR K 3:30 Activity Cart - IR
29 Rosh Hashanah Begins I 9:00 Sunday Church Service - HCDR M 10:00 Bonnie & Stacey Singalong - HCDR S 10:25 Activity Cart - IR K 12:00 Week Preview - HCDR K 2:00 Bingo - HCDR	30 V 10:30 AL Exercise - ALDR K 10:45 Scrabble - AR K 2:00 Bingo - HCDR	A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Resident Birthdays: Dorothy W. September 4 David C. September 5 Jacklyn S. September 8 Barbara D. September 17 Blanche T. September 25 Hugh K. September 27	Ombudsman: Debbie Wessel - 812-277-9626 State Survey Results are located in the Health Center Lobby.	CALENDAR KEY: DR - Dining Room RDR - Restorative Dining Room TV - TV Room AR - Activity Room IR - Individual Rooms L - Library TS - Town Square TG - Therapy Gym CY - Courtyard	

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1 V Mindful Movements K Categories CC Apple Snickers Salad Relax & Recharge A Sunflower Painting M Listen to the Wind GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	2 Labor Day V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Icebox Berry Cheesecake Relax & Recharge A Labor Day Cards M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	3 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Uncle Sam Ice Cream Cones Relax & Recharge A Pressed Flowers M Summer Singin' GG Fair Midway Games Healthy Hands	4 V Soccer K Yard Sale CC No Bake Avalanche Cookies Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	5 V Let's Take A Trip K Glorious Verbs! CC Cheese Pizza Relax & Recharge A Newspaper Art M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	6 V Pump It Up K Summer Vacation CC Coffee Ice Cream Relax & Recharge A Watercolor Silhouettes M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	7 V Dance Party K Summer Colors CC Salami Roll Ups Relax & Recharge A Grandparent's Day Family Tree M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
8 V Mindful Movements K Categories CC Grandma's Chocolate Chip Cookies Relax & Recharge A Slime Experiment M Listen to the Wind GG Word Works Healthy Hands	9 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Apple Pie Cake Relax & Recharge A Wrap'n Llama M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	10 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC 7UP Biscuits Relax & Recharge A Warm Vanilla Sugar Scrub M Summer Singin' GG Fair Midway Games Healthy Hands	11 V Soccer K Yard Sale CC Banana Breeze Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	12 V Let's Take A Trip K Glorious Verbs! CC Apple Cinnamon Bread Relax & Recharge A Fall Leaf Garland M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	13 V Pump It Up K Summer Vacation CC Pepperoni Pizza Cups Relax & Recharge A Nature Bookmarks M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	14 V Dance Party K Summer Colors CC Tootsie Roll Cheesecake Relax & Recharge A The Dot Art-Day 1 M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
15 V Mindful Movements K Categories CC Coleslaw Salad Relax & Recharge A The Dot Art-Day 2 M Listen to the Wind GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	16 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Homemade Guacamole Relax & Recharge A Clay Mountain Photo Holder M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	17 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Apple Dumplings Relax & Recharge A Clay Mountain Photo Holder M Summer Singin' GG Fair Midway Games Healthy Hands	18 V Soccer K Yard Sale CC Peanut Butter Cup Brownie Trifle Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands	19 V Let's Take A Trip K Glorious Verbs! CC Superfood Cookies Relax & Recharge A Ask a Beautiful Question M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	20 V Pump It Up K Summer Vacation CC Waldorf Salad Relax & Recharge A Oktoberfest Centerpieces M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	21 V Dance Party K Summer Colors CC Cookies and Cream Cookies Relax & Recharge A Paper Picture Frames M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
22 Fall Begins V Mindful Movements K Categories CC Browned Butter White Chocolate Blondies Relax & Recharge A Rustic Wood Pumpkins M Listen to the Wind GG Word Works Healthy Hands	23 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Garlic Stuffed Mushrooms Relax & Recharge A Apple Chalkboard Greetings M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	24 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Peach Cobbler Muffins Relax & Recharge A Creative Storytelling M Summer Singin' GG Fair Midway Games Healthy Hands	25 V Balance K Yard Sale CC Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	26 V Let's Take A Trip K Glorious Verbs! CC Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	27 V Pump It Up K Summer Vacation CC Melted Turkey & Swiss Sliders Relax & Recharge A Popcorn Fall Trees M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	28 V Dance Party K Summer Colors CC Game Day Wonton Poppers Relax & Recharge A Clay Pinch Pots M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
29 Rosh Hashanah Begins V Mindful Movements K Categories CC Pumpkin Cookies with Brown Butter Icing Relax & Recharge A Clay Pinch Pots M Listen to the Wind GG Word Works Healthy Hands	30 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Caramel Apple Cinnamon Rolls Relax & Recharge A Have a Gentle Conversation M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	EVERY AFTERNOON: Relax & Recharge Activity Kits About 2:15 Creative Hands About 2:45 PM Refresher About 3:15 Musical Celebration About 3:45 Group Social Game About 4:15 Pick-me-up (exercise)	EVERY EVENING: About 6:30 Gathering of Friends (games)	State Survey Results are located in the Health Center Lobby. Ombudsman: Debbie Wessel - 812-277-9626	