

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 V 1:00 Wii Bowling #2 I 2:00 North Mt. Zion Church #2	2 Labor Day I 9:00 Rosary #10 K 10:30 Labor Day Fun #5 GG 1:30 Bingo #10 M 4:00 Music by Terry & Andrew Dean #2	3 V 10:00 Trilogy Fit #10 CC 10:30 Coffee Cookies #10 O 1:00 Bingo Drive I 1:30 Rosary #2 1:30 Nail Salon with Kathleen #1 K 3:30 Rally Roll Dice Game #10 M 5:45 Name That Tune #2	4 A 9:30 Art Class #1 V 10:00 Trilogy Fit #10 A 10:30 Tie Blanket Project #10 I 1:30 Rosary #4 I 2:00 Mass with FR Mark #4 A 3:30 Decorate Patio Tree #1	5 I 9:00 Rosary #10 10:00 Inspired Living Group #10 V 10:30 Trilogy Fit #10 GG 1:30 Bingo #10 S 2:30 Chef Circle #10 M 7:00 Country Gentlemen #2	6 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Zumba #1 CC 1:30 Popcorn Beach Balls #10 S 3:00 Beach Fun Happy Hour #4	7 I 9:45 Rosary #10 A 10:30 Get Creative #1 K 1:00 Patio Time #9 K 2:30 Domino Games #1
8 I 9:00 Rosary #2 I 9:15 Communion Service #2 O 12:00 Pioneer Parade Outing V 1:15 Wii Bowling #2	9 I 9:00 Rosary #10 V 10:30 Trilogy Fit #10 GG 1:30 Bingo #10 M 3:30 Sing Along #2	10 L 10:00 Birthstones & Geology #10 CC 10:30 Stone Soup #10 I 1:30 Rosary #4 I 2:00 Mass with FR Jerry #4 V 3:30 Trilogy Fit #10 M 6:30 Music by Mike #2	11 I 9:30 Rosary #10 V 10:00 Trilogy Fit #10 A 10:30 Zoo Craft #10 L 1:30 Jungle Island Zoo on Campus V 2:45 Exercise with Dena #10	12 I 9:00 Rosary #10 O 9:30 Shopping at Wal Mart L 10:00 National Zoo Tours #2 GG 1:30 Bingo #10 S 2:30 Chef Circle #10 V 3:30 Trilogy Fit #10 I 6:00 Continental Churches Visit #2	13 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Friday Fitness #1 JG 1:30 Blue Hat League - Hat Fun #1 K 2:00 Yahtzee #10 S 3:00 Happy Hour #4 L 3:30 Putnam County Library Digital Assistance #1	14 I 9:45 Rosary #10 K 10:15 Bingo #10 K 1:00 Patio Time #9 K 2:30 Penny Ante #1
15 I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 S 11:00 Family Brunch V 1:00 Wii Bowling #2 L 2:00 Sunday Travels #10	16 I 9:00 Rosary #10 V 10:30 Trilogy Fit #10 GG 1:30 Bingo #10 M 3:30 Campfire Songs #2	17 V 10:00 Trilogy Fit #10 CC 10:30 Homemade Apple Butter with Homemade Bread #10 I 1:30 Rosary #2 1:30 Nail Salon with Kathleen #1 O 2:00 Shopping at Dollar Tree A 2:30 Making Tote Bags #1	18 M 10:00 The Autumn Year Choir #2 I 1:30 Rosary #4 I 2:00 Mass with FR Mark #4 V 3:30 Seated Yoga #10	19 I 9:00 Rosary #10 V 10:30 Trilogy Fit #10 GG 1:30 Bingo #10 S 2:30 Chef Circle #10 L 4:00 Putnam County Library #10 K 6:00 Big Screen Movie Night #2	20 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Zumba #1 K 1:30 Camping Games #9 S 3:00 Campfire Cookout Happy Hour #4	21 I 9:45 Rosary #10 A 10:30 Get Creative #1 K 1:00 Patio Time #9 K 2:30 The Write Word Game #1
22 Fall Begins I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 V 1:00 Wii Bowling #2 L 2:00 Sunday Travels #10	23 I 9:00 Rosary #10 V 10:30 Trilogy Fit #10 GG 1:30 Bingo #10 M 3:30 Sing Along #2	24 V 10:00 Trilogy Fit #10 CC 10:30 Homemade Pizza #10 I 1:30 Rosary #2 L 3:30 Life Share Check In M 6:00 Say it with Music #2	25 V 9:30 Sit & Stretch #10 A 10:30 Beginning of Fall Craft #10 I 1:30 Rosary #2 JG 2:00 Blue Hat League Card Games #1 V 2:45 Exercise with Dena #10	26 I 9:00 Rosary #10 V 9:30 Trilogy Fit #10 O 10:30 Lunch at Culver's GG 1:30 Bingo #10 S 2:30 Chef Circle #10 K 6:00 Puzzle Fun #1	27 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Friday Fitness #1 K 1:30 Pokeno #10 S 3:00 Happy Hour #4	28 I 9:45 Rosary #10 K 10:15 Bingo #10 K 1:00 Patio Time #9 K 2:30 Bunco #1
29 Rosh Hashanah Begins I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 V 1:00 Wii Bowling #2 L 2:00 Sunday Travels #10	30 I 9:00 Rosary #10 V 10:30 Trilogy Fit #10 GG 1:30 Bingo #10 2:30 Resident Council #10 M 3:30 Sing Along #2	A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	#1 HC Activity Room #2 HC Piano Room #3 HC Dining Room #4 AL Dining Room #5 Central Perk #6 HC Sun Room #8 HC Patio #9 AL Patio #10 AL Activity Room	Please sign up for community outings on the clipboard in the Assisted Living activity room or see any Life Enrichment Staff.		

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 V 1:00 Wii Bowling #2 MN 1:15 Mindful Moments #6 I 2:00 North Mt. Zion Church #2 K 3:30 Activity Cart Deliveries	2 Labor Day I 10:00 Rosary #2 K 10:30 Labor Day Fun #5 GG 1:45 Bingo #3 MN 3:00 Mindful Moments #6 M 4:00 Music by Terry & Andrew Dean #2	3 V 9:00 Fit Go #1 CC 10:00 Coffee Cookies #5 MM 11:15 Birch Street Gathering I 1:30 Rosary #2 I 1:30 Nail Salon with Kathleen #1 L 2:00 Geology - Birthstones #2 MM 3:45 Mindful Moments #6	4 A 9:30 Art Class #1 MN 11:15 Walnut Street Gathering I 1:30 Rosary #4 I 2:00 Mass with FR Mark #4 A 3:30 Decorate Patio Tree #1 MN 3:45 Mindful Moments #6	5 I 9:00 Rosary #2 O 9:30 Shopping at Wal Mart O 9:30 Inspired Living Group #5 MN 11:15 Birch Street Gathering GG 1:45 Bingo #3 S 3:00 Bingo Store #1 MN 3:45 Mindful Moments #6 K 4:30 Activity Cart Deliveries	6 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Zumba #1 MN 11:15 Walnut Street Gathering CC 1:30 Beach Treats #5 S 3:00 Beach Fun Happy Hour #5	7 I 9:45 Rosary #2 A 10:30 Get Creative #1 K 1:00 Patio Time #9 MN 1:15 Mindful Moments #6 K 2:30 Domino Games #1
8 I 9:00 Rosary #2 I 9:15 Communion Service #2 MN 10:30 Mindful Moments #1 O 12:00 Pioneer Parade Outing V 1:15 Wii Bowling #2 K 3:30 Activity Cart Deliveries	9 I 9:00 Rosary #2 V 9:45 Sit & Stretch #1 MN 11:15 Walnut Street Gathering GG 1:45 Bingo #3 I 2:30 Food Connection #3 M 3:30 Sing Along #2 MN 3:45 Mindful Moments #6	10 V 9:00 Light & Lively Exercise #1 CC 10:00 Cooking #5 MM 11:15 Birch Street Gathering I 1:30 Rosary #4 I 2:00 Mass with FR Jerry #4 O 3:00 Country Drive MN 3:45 Mindful Moments #6 M 6:30 Music by Mike #2	11 I 9:00 Rosary #2 A 10:00 Zoo Craft #1 MN 11:15 Walnut Street Gathering L 1:30 Jungle Island Zoo on Campus V 3:30 Exercise with Dena #1 MN 3:45 Mindful Moments #6	12 I 9:00 Rosary #2 L 10:00 National Zoo Tours #2 MN 11:15 Birch Street Gathering K 12:30 Hand Massages #6 GG 1:45 Bingo #3 MN 3:45 Mindful Moments #6 K 4:30 Activity Cart Deliveries I 6:00 Continental Churches Visit #2	13 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Friday Fitness #1 MN 11:15 Walnut Street Gathering JG 1:30 Blue Hat League - Hat Fun #1 S 3:00 Happy Hour #5 L 3:30 Putnam County Library	14 I 9:45 Rosary #2 A 10:30 Get Creative #1 K 1:00 Patio Time #9 MN 1:15 Mindful Moments #6 K 2:30 Penny Ante #1
15 I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 S 11:00 Family Brunch V 1:00 Wii Bowling #2 MN 1:15 Mindful Moments #6 K 3:30 Activity Cart Deliveries	16 I 9:00 Rosary #2 V 9:45 Sit & Stretch #1 MN 11:15 Walnut Street Gathering GG 1:45 Bingo #3 I 2:30 Food Connection #3 M 3:30 Campfire Songs #2 MN 3:45 Mindful Moments #6	17 V 9:00 Roll of the Dice Exercise #1 CC 10:00 Cooking #5 MM 11:15 Birch Street Gathering I 1:30 Rosary #2 I 1:30 Nail Salon with Kathleen #1 A 2:30 Making Tote Bags #1 MM 3:45 Mindful Moments #6	18 V 9:00 Move to the Music Exercise #1 M 10:00 The Autumn Year Choir #2 MN 11:15 Walnut Street Gathering I 1:30 Rosary #4 I 2:00 Mass with FR Mark #4 MN 3:45 Mindful Moments #6	19 I 9:00 Rosary #2 L 9:30 Time to Travel - The Grand Canyon #2 MN 11:15 Birch Street Gathering GG 1:45 Bingo #3 S 3:00 Bingo Store #1 MN 3:45 Mindful Moments #6 K 4:30 Activity Cart Deliveries K 6:00 Big Screen Movie Night	20 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Zumba #1 MN 11:15 Walnut Street Gathering K 1:30 Camping Games #9 S 3:00 Campfire Cookout Happy Hour #5	21 I 9:45 Rosary #2 A 10:30 Get Creative #1 K 1:00 Patio Time #9 MN 1:15 Mindful Moments #6 K 2:30 The Write Word Game #1
22 Fall Begins I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 V 1:00 Wii Bowling #2 MN 1:15 Mindful Moments #6 K 3:30 Activity Cart Deliveries	23 I 9:00 Rosary #2 V 9:45 Sit & Stretch #1 MN 11:15 Walnut Street Gathering GG 1:45 Bingo #3 I 2:30 Food Connection #3 M 3:30 Sing Along #2 MN 3:45 Mindful Moments #6	24 V 9:00 Whole Body Fitness #1 CC 10:00 Homemade Apple Butter #5 MM 11:15 Birch Street Gathering O 1:00 Drive to Independence Dam I 1:30 Rosary #2 L 2:00 Amazing Apples #1 MN 3:45 Mindful Moments #6	25 K 9:00 Chronicles & Coffee #5 A 10:00 Beginning of Fall Craft #1 MN 11:15 Walnut Street Gathering I 1:30 Rosary #2 JG 2:00 Blue Hat League Card Games #1 V 3:30 Exercise with Dena #1	26 I 9:00 Rosary #2 MN 11:15 Birch Street Gathering GG 1:45 Bingo #3 MN 3:45 Mindful Moments #6 K 4:30 Activity Cart Deliveries K 6:00 Puzzle Fun #1	27 I 9:00 Rosary #2 I 10:00 Bible Study #3 V 10:30 Friday Fitness #1 MN 11:15 Walnut Street Gathering K 1:30 Wheel of Fun Game #1 M 3:00 Happy Hour with the Music Man #5	28 I 9:45 Rosary #2 A 10:30 Get Creative #1 K 1:00 Patio Time #9 MN 1:15 Mindful Moments #6 K 2:30 Bunco #1
29 Rosh Hashanah Begins I 9:00 Rosary #2 I 9:15 Communion Service #2 GG 10:30 Group Games #5 V 1:00 Wii Bowling #2 MN 1:15 Mindful Moments #6 K 3:30 Activity Cart Deliveries	30 I 9:00 Rosary #2 V 9:45 Sit & Stretch #1 I 10:30 Resident Council #1 MN 11:15 Walnut Street Gathering GG 1:45 Bingo #3 I 2:30 Food Connection #3 M 3:30 Sing Along #2 MN 3:45 Mindful Moments #6	A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	#1 HC Activity Room #2 HC Piano Room #3 HC Dining Room #4 AL Dining Room #5 Central Perk #6 HC Sun Room #8 HC Patio #9 AL Patio #10 AL Activity Room	Please sign up for community outings on the clipboard in the Health Care activity room or see any Life Enrichment Staff.		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Mindful Movements Categories Apple Snickers Salad Relax & Recharge Sunflower Painting Listen to the Wind Word Works Healthy Hands A Time For 'Vegas Night Cap!'	2 Labor Day Stayin' Alive Disco Chair Yoga Inspired Tales Icebox Berry Cheesecake Relax & Recharge Labor Day Cards Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	3 Somewhere Over the Rainbow Chair Yoga Roll to 20! Road Trip Bingo Uncle Sam Ice Cream Cones Relax & Recharge Music with Jack & Deb Pressed Flowers Fair Midway Games	4 Soccer Yard Sale No Bake Avalanche Cookies Relax & Recharge Fleece Blankets Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	5 Let's Take A Trip Glorious Verbs! Cheese Pizza Relax & Recharge Awakening Minds Art Hats Off to You Aim for the Stars Healthy Hands Hangman	6 Pump It Up Summer Vacation Coffee Ice Cream Relax & Recharge Watercolor Silhouettes Float With Me Happy Hour Sorting Fair Winners Healthy Hands LifeShare Games	7 Dance Party Summer Colors Salami Roll Ups Relax & Recharge Grandparent's Day Family Tree Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
8 Mindful Movements Categories Grandma's Chocolate Chip Cookies Relax & Recharge Slime Experiment Listen to the Wind Word Works Healthy Hands A Time For 'Vegas Night Cap!'	9 Stayin' Alive Disco Chair Yoga Inspired Tales Apple Pie Cake Relax & Recharge Wrap'n Llama Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	10 Somewhere Over the Rainbow Chair Yoga Roll to 20! Pat's Donuts & Kreme 7UP Biscuits Relax & Recharge Sponge Painting Summer Singin' Fair Midway Games	11 Soccer Yard Sale Banana Breeze Relax & Recharge Fleece Blankets Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	12 Let's Take A Trip Glorious Verbs! Apple Cinnamon Bread Relax & Recharge Fall Leaf Garland Hats Off to You Aim for the Stars Healthy Hands Hangman	13 Pump It Up Summer Vacation Pepperoni Pizza Cups Relax & Recharge Nature Bookmarks Float With Me Happy Hour Sorting Fair Winners Healthy Hands LifeShare Games	14 Dance Party Summer Colors Tootsie Roll Cheesecake Relax & Recharge The Dot Art-Day 1 Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
15 Mindful Movements Categories Coleslaw Salad Family Brunch Relax & Recharge The Dot Art-Day 2 Listen to the Wind Word Works Healthy Hands	16 Stayin' Alive Disco Chair Yoga Inspired Tales Homemade Guacamole Relax & Recharge Wooden Crafts Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	17 Somewhere Over the Rainbow Chair Yoga Roll to 20! Country Cruise Apple Dumplings Relax & Recharge Wooden Crafts Summer Singin' Fair Midway Games	18 Soccer Yard Sale Peanut Butter Cup Brownie Trifle Relax & Recharge Fleece Blankets Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	19 Let's Take A Trip Glorious Verbs! Superfood Cookies Relax & Recharge Ask a Beautiful Question Hats Off to You Aim for the Stars Healthy Hands Hangman	20 Pump It Up Summer Vacation Waldorf Salad Relax & Recharge Oktoberfest Centerpieces Float With Me Happy Hour Sorting Fair Winners Healthy Hands LifeShare Games	21 Dance Party Summer Colors Cookies and Cream Cookies Relax & Recharge Paper Picture Frames Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
22 Fall Begins Mindful Movements Categories Browned Butter White Chocolate Blondies Relax & Recharge Rustic Wood Pumpkins Listen to the Wind Word Works Healthy Hands	23 Stayin' Alive Disco Chair Yoga Inspired Tales Garlic Stuffed Mushrooms Relax & Recharge Apple Chalkboard Greetings Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	24 Somewhere Over the Rainbow Chair Yoga Roll to 20! Cherry's Farm Market Peach Cobbler Muffins Relax & Recharge Creative Storytelling Summer Singin' Fair Midway Games	25 Balance Yard Sale Cheddar & Chive Drop Biscuits Relax & Recharge Fleece Blankets Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	26 Let's Take A Trip Glorious Verbs! Johnny Appleseed Bars Relax & Recharge Fall Leaf Candle Mason Jar Hats Off to You Aim for the Stars Healthy Hands Hangman	27 Pump It Up Summer Vacation Melted Turkey & Swiss Sliders Relax & Recharge Popcorn Fall Trees Float With Me Happy Hour Sorting Fair Winners Healthy Hands LifeShare Games	28 Dance Party Summer Colors Game Day Wonton Poppers Relax & Recharge Clay Pinch Pots Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
29 Rosh Hashanah Begins Mindful Movements Categories Pumpkin Cookies with Brown Butter Icing Relax & Recharge Clay Pinch Pots Listen to the Wind Word Works Healthy Hands	30 Stayin' Alive Disco Chair Yoga Inspired Tales Caramel Apple Cinnamon Rolls Relax & Recharge Have a Gentle Conversation Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	Refreshers offered at 10:00 a.m. and 2:00 p.m.	Bedtime Snack offered at 7:00 p.m.	Beauty Shop is open on Wednesday's		