

Meadows at Delphos Assisted Living

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments I 1:00 Protestant Communion- HC V 2:00 Afternoon Stretching	2 Labor Day GF 10:00 Kevin the Poodle MN 11:30 Mindful Moments I 1:00 Courtesy Cart A 4:00 I Am... K 6:00 Wheel of Fortune	3 V 9:30 Walking Club L 10:00 Enchanting Empanadas MN 11:30 Mindful Moments O 1:30 Library M 3:00 Name That Song	4 A 10:00 Collective Art MN 11:30 Mindful Moments S 12:00 Chef's Circle K 1:30 Double Exposure GG 2:30 Bingo-AL M 4:00 Name That Croon GG 6:00 Paired Up	5 O 10:00 Chief Store Outing MN 11:30 Mindful Moments V 1:30 Cardio Drumming I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	6 S 10:00 Inspired Living MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 Music Sensations GF 3:00 Happy Hour- HC	7 M 2:30 Hallelujah Saints Band S 6:30 Grandparent Sleepover! A 6:30 Craft Station K 6:30 Game Station GF 10:00 Movie Time!
8 S 9:00 Sleepover Ends I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments V 2:00 Sit & Be Fit	9 A 10:00 Awakening Minds MN 11:30 Mindful Moments I 1:00 Courtesy Cart CC 1:30 Library visit M 2:00 Don Smithey CC 3:30 Bread & Butter A 4:00 Abstract Art K 6:00 Skip-Bo	10 V 9:30 Walking Club L 10:00 Travel with Me M 10:30 Easy Piano MN 11:30 Mindful Moments O 1:30 Hobby Lobby Outing	11 MN 11:30 Mindful Moments S 12:00 Chef's Circle K 1:30 Cranium Crunch- Junk Drawer Detective GG 2:30 Bingo-AL	12 O 10:00 Country Drive MN 11:30 Mindful Moments V 1:30 Chair Yoga I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL S 4:00 Family Night "Car Show" 4pm-6pm S 5:00 Taste of the Town	13 A 10:00 Collective Art MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 Rob Patrick GF 3:00 Happy Hour- HC	14 M 10:00 Name that Croon V 10:00 Morning Stretch GG 10:30 Bingo- HC MN 11:30 Mindful Moments A 1:30 Art Club- Paint by Number K 2:30 Cranium Crunch GF 3:00 Movie & Popcorn
15 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments I 1:00 Protestant Worship Service-HCRR V 2:00 10-Card Pick Up	16 S 10:00 Resident Council- AL K 11:00 Wacky Words MN 11:30 Mindful Moments I 1:00 Courtesy Cart CC 3:00 Glazed Cookie Waffle A 4:00 Photo Journaling JG 6:00 Last Letter: Men's Edition	17 V 9:30 Walking Club L 10:00 Travel with Me O 11:30 Pizza Hut Outing I 2:00 Courtesy Cart M 2:30 Guess That Song	18 MN 11:30 Mindful Moments M 11:50 Name That Croon S 12:00 Chef's Circle K 1:30 Cranium Crunch- IQ Test GG 2:30 Bingo-AL GG 6:00 Yahtzee	19 O 10:00 Canal Museum MN 11:30 Mindful Moments V 1:30 Farm Ball I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	20 A 10:00 Collective Art G 10:00 Tender Times L 11:00 Travel with Me MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 The Band Loco GF 3:00 Happy Hour- HC	21 M 10:00 Name That Croon V 10:00 Morning Stretch GG 10:30 Bingo- HC MN 11:30 Mindful Moments A 1:30 Green Tea Succulent K 2:30 Cranium Crunch GF 3:00 Movie & Popcorn
22 Fall Begins I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL S 11:00 SUNDAY BRUNCH MN 11:30 Mindful Moments V 2:00 Basketball	23 K 10:00 Brain Challengers MN 11:30 Mindful Moments I 1:30 Courtesy Cart CC 3:00 Cooking Club- Candy Apple Salad A 4:00 Hat Making K 6:00 Family Fued	24 V 9:30 Walking Club L 10:00 Travel with Me MN 11:30 Mindful Moments O 1:30 Lima Walmart Outing M 2:30 Guess That Song	25 MN 11:30 Mindful Moments S 12:00 Chef's Circle K 1:30 Cranium Crunch- Change the First Letter GG 2:30 Bingo-AL JG 4:00 The Write Word Game M 6:30 Jim Herman	26 O 8:00 Coffee House Outing M 10:00 Alan Seibert MN 11:30 Mindful Moments V 1:30 Cardio Drumming I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	27 A 10:00 Collective Art L 11:00 Travel with Me MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 Music Sensations GF 3:00 Happy Hour- HC	28 V 10:00 Morning Stretch GG 10:30 Bingo- HC MN 11:30 Mindful Moments A 1:30 Hello Fall Apple Craft K 2:30 Cranium Crunch GF 3:00 Movie & Popcorn
29 Rosh Hashanah Begins I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments V 2:00 Sit & Be Fit	30 K 10:00 Brain Challengers MN 11:30 Mindful Moments I 1:30 Courtesy Cart CC 3:00 Cooking Club -Apple Cider & Fudge A 4:00 Framing Puzzles GG 6:00 Jenga	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments	HC - Health Center Rec Room AL - Assisted Living Rec Room BJC-Blue Jay Café WCB-Wildcat Bistro RP-Rustic Parlor RTR- Room to Room	Activities are subject to change. Any changes will be posted on Lifeshare.	Please sign-up for outings at least 48 hours prior.	Transportation days for appointments are offered on Mondays, Wednesday, and Fridays.

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1 I 9:00 Catholic Communion-RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments I 1:00 Protestant Communion- HC V 2:00 Afternoon Stretching	2 Labor Day GF 10:00 Kevin the Poodle V 10:30 Simon Says MN 11:30 Mindful Moments I 1:00 Courtesy Cart CC 3:00 Cooking Club- Empanada K 6:00 Wheel of Fortune	3 L 10:00 Enchanting Empanadas A 10:30 Newspaper Art MN 11:30 Mindful Moments O 1:30 Library M 3:00 Name That Song	4 GG 10:00 Bingo S 10:30 Chef's Circle GG 10:45 Bingo Resumes MN 11:30 Mindful Moments K 1:30 Double Exposure GF 2:00 Movie & Popcorn M 4:00 Name That Croon GG 6:00 Paired Up	5 O 10:00 Chief Store Outing MN 11:30 Mindful Moments V 1:30 Cardio Drumming I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	6 S 10:00 Inspired Living A 11:00 Abstract Art MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 Music Sensations GF 3:00 Happy Hour- HC	7 M 2:30 Hallelujah Saints Band S 6:30 Grandparent Sleepover! A 6:30 Craft Station K 6:30 Game Station GF 10:00 Movie Time!
8 S 9:00 Sleepover Ends I 9:00 Catholic Communion-RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments V 2:00 Sit & Be Fit	9 A 10:00 Awakening Minds V 11:00 Chair Yoga MN 11:30 Mindful Moments I 1:00 Courtesy Cart CC 1:30 Library visit M 2:00 Don Smithey CC 3:30 Bread & Butter K 6:00 Skip-Bo	10 L 10:00 Travel with Me M 10:30 Easy Piano MN 11:30 Mindful Moments O 1:30 Hobby Lobby Outing	11 GG 10:00 Bingo S 10:30 Chef's Circle GG 10:45 Bingo Resumes MN 11:30 Mindful Moments K 1:30 Cranium Crunch- Junk Drawer Detective GF 2:00 Movie & Popcorn	12 O 10:00 Country Drive MN 11:30 Mindful Moments V 1:30 Chair Yoga I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL S 4:00 Family Night "Car Show" 4pm-6pm S 5:00 Taste of the Town	13 A 10:00 Collective Art MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 Rob Patrick GF 3:00 Happy Hour- HC	14 M 10:00 Name that Croon GG 10:30 Bingo- HC MN 11:30 Mindful Moments A 1:30 Art Club- Paint by Number K 2:30 Cranium Crunch GF 3:00 Movie & Popcorn
15 I 9:00 Catholic Communion-RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments I 1:00 Protestant Worship Service-HCRR V 2:00 10-Card Pick Up	16 GG 10:00 LifeShare Games V 11:00 Sit & Be Fit MN 11:30 Mindful Moments I 1:00 Courtesy Cart CC 3:00 Glazed Cookie Waffle JG 6:00 Last Letter: Men's Edition	17 A 10:00 Hidden Pictures O 11:30 Pizza Hut Outing MN 11:30 Mindful Moments I 2:00 Courtesy Cart M 2:30 Guess That Song	18 GG 10:00 Bingo S 10:30 Chef's Circle GG 10:45 Bingo Resumes MN 11:30 Mindful Moments M 11:50 Name That Croon K 1:30 Cranium Crunch- IQ Test GF 2:00 Movie & Popcorn GG 6:00 Yahtzee	19 O 10:00 Canal Museum MN 11:30 Mindful Moments V 1:30 Farm Ball I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	20 A 10:00 Collective Art G 10:00 Tender Times L 11:00 Travel with Me MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 The Band Loco GF 3:00 Happy Hour- HC	21 M 10:00 Name That Croon GG 10:30 Bingo- HC MN 11:30 Mindful Moments A 1:30 Green Tea Succulent K 2:30 Cranium Crunch GF 3:00 Movie & Popcorn
22 Fall Begins I 9:00 Catholic Communion-RTR K 9:30 Laughter is Good I 10:30 Rosary-AL S 11:00 SUNDAY BRUNCH MN 11:30 Mindful Moments V 2:00 Basketball	23 S 10:00 Resident Council V 11:00 Bowling MN 11:30 Mindful Moments I 1:30 Courtesy Cart CC 3:00 Cooking Club- Candy Apple Salad K 6:00 Family Fued	24 A 10:00 Diamonds in the Sky MN 11:30 Mindful Moments O 1:30 Lima Walmart Outing M 2:30 Guess That Song	25 GG 10:00 Bingo S 10:30 Chef's Circle GG 10:45 Bingo Resumes MN 11:30 Mindful Moments K 1:30 Cranium Crunch- Change the First Letter GF 2:00 Movie & Popcorn JG 4:00 The Write Word Game M 6:30 Jim Herman	26 O 8:00 Coffee House Outing M 10:00 Alan Seibert MN 11:30 Mindful Moments V 1:30 Cardio Drumming I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	27 A 10:00 Collective Art L 11:00 Travel with Me MN 11:30 Mindful Moments I 1:30 Courtesy Cart M 3:00 Music Sensations GF 3:00 Happy Hour- HC	28 GG 10:30 Bingo- HC MN 11:30 Mindful Moments A 1:30 Hello Fall Apple Craft K 2:30 Cranium Crunch GF 3:00 Movie & Popcorn
29 Rosh Hashanah Begins I 9:00 Catholic Communion-RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MN 11:30 Mindful Moments V 2:00 Sit & Be Fit	30 V 11:00 Drum Circle MN 11:30 Mindful Moments I 1:30 Courtesy Cart CC 3:00 Cooking Club -Apple Cider & Fudge M 4:00 Name That Croon GG 6:00 Jenga	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments	HC- Health Center Rec Room AL- Assisted Living Rec Room BJC-Blue Jay Café WCB-Wildcat Bistro RP-Rustic Parlor RTR- Room to Room	Activities are subject to change. Any changes will be posted on Lifeshare.	Outings are every Tuesday and Thursday. Please sign-up for outings at least 48 hours prior.	Transportation days for appointments are offered Mondays, Wednesday, and Fridays.

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1 V Mindful Movements I Catholic Communion- RTR K Categories I Rosary-AL CC Apple Snickers Salad Relax & Recharge I Protestant Communion- HC A Sunflower Painting M Listen to the Wind	2 Labor Day V Stayin' Alive Disco Chair Yoga K Inspired Tales GF Kevin the Poodle CC Icebox Berry Cheesecake Relax & Recharge I Courtesy Cart A Labor Day Cards M Dancing Monday GG Water Balloon Bucket Toss	3 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Uncle Sam Ice Cream Cones Relax & Recharge A Pressed Flowers M Summer Singin' GG Fair Midway Games Healthy Hands	4 V Soccer K Yard Sale CC No Bake Avalanche Cookies Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	5 V Let's Take A Trip K Glorious Verbs! O Chief Store Outing CC Cheese Pizza Relax & Recharge A Newspaper Art I Protestant Services-HC M Hats Off to You I Catholic Services-AL	6 V Pump It Up K Summer Vacation CC Coffee Ice Cream Relax & Recharge O Country Drive I Courtesy Cart A Watercolor Silhouettes GF Happy Hour- HC M Float With Me Happy Hour	7 V Dance Party K Summer Colors CC Salami Roll Ups Relax & Recharge A Grandparent's Day Family Tree M Hallelujah Saints Band GG Campfire Songs GF Name 3 Toss & Catch Healthy Hands
8 V Mindful Movements S Sleepover Ends I Catholic Communion- RTR K Categories I Rosary-AL CC Grandma's Chocolate Chip Cookies Relax & Recharge A Slime Experiment	9 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Apple Pie Cake Relax & Recharge I Courtesy Cart CC Library visit A Wrap'n Llama M Don Smithey M Dancing Monday	10 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC 7UP Biscuits Relax & Recharge A Warm Vanilla Sugar Scrub M Summer Singin' GG Fair Midway Games Healthy Hands	11 V Soccer K Yard Sale CC Banana Breeze Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	12 V Let's Take A Trip K Glorious Verbs! O Country Drive CC Apple Cinnamon Bread Relax & Recharge A Fall Leaf Garland I Protestant Services-HC M Hats Off to You M Catholic Services-AL	13 V Pump It Up K Summer Vacation CC Pepperoni Pizza Cups Relax & Recharge O Country Drive I Courtesy Cart A Nature Bookmarks M Rob Patrick GF Happy Hour- HC	14 V Dance Party K Summer Colors CC Tootsie Roll Cheesecake Relax & Recharge A The Dot Art-Day 1 M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
15 V Mindful Movements I Catholic Communion- RTR K Categories I Rosary-AL CC Coleslaw Salad Relax & Recharge I Protestant Worship Service- HCRR A The Dot Art-Day 2	16 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Homemade Guacamole Relax & Recharge I Courtesy Cart A Clay Mountain Photo Holder M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	17 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Apple Dumplings Relax & Recharge A Clay Mountain Photo Holder I Courtesy Cart M Summer Singin' GG Fair Midway Games	18 V Soccer K Yard Sale CC Peanut Butter Cup Brownie Trifle Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands	19 V Let's Take A Trip K Glorious Verbs! CC Superfood Cookies Relax & Recharge A Ask a Beautiful Question I Protestant Services-HC M Hats Off to You I Catholic Services-AL GG Aim for the Stars	20 V Pump It Up K Summer Vacation G Tender Times CC Waldorf Salad Relax & Recharge I Courtesy Cart O Country Drive A Oktoberfest Centerpieces M The Band Loco	21 V Dance Party K Summer Colors CC Cookies and Cream Cookies Relax & Recharge A Paper Picture Frames M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
22 Fall Begins V Mindful Movements I Catholic Communion- RTR K Categories I Rosary-AL CC Browned Butter White Chocolate Blondies S SUNDAY BRUNCH Relax & Recharge A Rustic Wood Pumpkins	23 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Garlic Stuffed Mushrooms Relax & Recharge I Courtesy Cart A Apple Chalkboard Greetings M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	24 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! CC Peach Cobbler Muffins Relax & Recharge A Creative Storytelling M Summer Singin' GG Fair Midway Games Healthy Hands	25 V Balance K Yard Sale CC Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	26 O Coffee House Outing V Let's Take A Trip K Glorious Verbs! M Alan Seibert CC Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar I Protestant Services-HC M Hats Off to You	27 V Pump It Up K Summer Vacation CC Melted Turkey & Swiss Sliders Relax & Recharge I Courtesy Cart O Country Drive A Popcorn Fall Trees GF Happy Hour- HC M Float With Me Happy Hour	28 V Dance Party K Summer Colors CC Game Day Wonton Poppers Relax & Recharge A Clay Pinch Pots M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
29 Rosh Hashanah Begins V Mindful Movements I Catholic Communion- RTR K Categories I Rosary-AL CC Pumpkin Cookies with Brown Butter Icing Relax & Recharge A Clay Pinch Pots M Listen to the Wind	30 V Stayin' Alive Disco Chair Yoga K Inspired Tales CC Caramel Apple Cinnamon Rolls Relax & Recharge I Courtesy Cart A Have a Gentle Conversation M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events				