

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 GF 9:30 Come Relax With Us And Watch A Movie (ALD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	2 Labor Day K 11:30 Lifeshare Games -AR	3 O 10:00 Walmart V 10:15 Yoga - AR A 11:15 Grandchild Crafts -AR I 1:00 Jounal Club - AR K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	4 GF 2:00 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	5 I 10:30 Bible Study (AL) M 11:15 Name That Tune JG 12:30 Guys Lunch Pizza Hut Buffet O 1:30 Scenic Drive A 1:30 Grandchild Crafts CC 3:00 Cooking Club	6 CC 9:00 Bake Sale Prep (AR) V 10:15 Bowling (AL) CC 10:30 Bake Sale K 2:00 Bingo (HCD) M 3:30 Happy Hour with John	7 K 6:45 Bingo A 7:45 Activity Stations GF 10:00 Movie Time!
8 GF 9:30 Come Relax With Us And Watch A Movie (ALD) S 11:00 Sunday Brunch M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	9 S 1:30 Partners & Planning (AL) S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days GF 6:15 Book Club -ARF	10 O 10:00 Walmart V 10:15 Put Put - AL A 11:15 Craft Circle -AR I 1:00 Journal Club - AR K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	11 A 1:00 DJ Creation (AR) GF 2:30 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	12 I 10:30 Bible Study (AL) M 11:15 Name That Tune O 1:30 Scenic Drive CC 2:00 Jovan (Celebrity Impersonator) CC 3:00 Cooking Club	13 CC 9:00 Bake Sale Prep (AR) V 10:15 Bocce Ball - AL CC 10:30 Bake Sale K 2:00 Bingo (HCD) M 3:30 Happy Hour with Traveling Troubadours (ALF) O 7:00 Playhouse (PICNIC)	14 I 9:30 Coloring Inspiration K 2:00 Bingo
15 GF 9:30 Come Relax With Us And Watch A Movie (ALD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL) M 3:00 Music with Faith Baptist	16 S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days GF 6:15 Book Club -ARF	17 O 10:00 Dollar Tree V 10:15 Bean Bag Tic Tac Toe - AR A 11:15 Craft Circle -AR I 1:00 Journal Club - AR K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	18 JG 1:30 Guys Games GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	19 I 10:30 Bible Study (AL) M 11:15 Name That Tune O 1:30 Scenic Drive A 1:30 Craft Circle -AR CC 3:00 Cooking Club	20 CC 9:00 Bake Sale Prep (AR) V 10:15 Cornhole - P CC 10:30 Bake Sale K 2:00 Bingo (HCD) S 3:30 Happy Hour (ALF)	21 I 9:30 Meditation K 2:00 Bingo
22 Fall Begins GF 9:30 Come Relax With Us And Watch A Movie (ALD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	23 S 1:30 Resident Council (AL) AR S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days GF 6:15 Book Club -ARF	24 O 10:00 Goodwill V 10:15 Stretching -AR A 11:15 Craft Circle -AR S 12:00 Taste of Town: Putnam Inn I 1:00 Journal Club - AR K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL) M 6:15 Music with Shawn	25 O 10:00 O'Charlies & Meijer Outing GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	26 I 10:30 Bible Study (AL) M 11:15 Name That Tune A 1:30 Craft Circle -AR CC 3:00 Cooking Club K 6:15 Lions Club Bingo (ALD)	27 CC 9:00 Bake Sale Prep (AR) V 10:15 Washers - P CC 10:30 Bake Sale K 2:00 Bingo (HCD) S 3:30 Happy Hour with Gill Miller (ALF)	28 I 9:30 Coloring Inspiration M 2:00 Chuck Reeves K 3:00 Bingo (ALD)
29 Rosh Hashanah Begins GF 9:30 Come Relax With Us And Watch A Movie (ALD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	30 V 10:15 Chair Yoga -HC S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days GF 6:15 Book Club -ARF	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About	Locations Key Code HC= Health Center Living Room HCD= Health Center Dining Room ALD= Assisted Living Dining Room ALF= Assisted Living Fireplace AR= Activity Room P= Patio	Ombudsman John Turner 800-489-1561 812-238-1561 * All activities/outings are subject to change. Any changes will be announced on Lifeshare.	.	

Mill Pond Health Campus
Health Center

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 GF 9:30 Come Relax With Us And Watch A Movie (ALD) MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	2 Labor Day	3 MM 9:05 Mindful Moments A 11:15 Grandchild Crafts -AR K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	4 MM 9:05 Mindful Moments V 10:15 Bowling -HC (AL) 12:15 Healthy Hands GF 2:00 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	5 MM 9:05 Mindful Moments I 10:30 Bible Study (AL) M 11:15 Name That Tune JG 12:30 Guys Lunch Pizza Hut Buffet O 1:30 Scenic Drive A 1:30 Grandchild Crafts CC 3:00 Cooking Club	6 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands K 2:00 Bingo (HCD) M 3:30 Happy Hour with John	7 K 6:45 Bingo A 7:45 Activity Stations GF 10:00 Movie Time!
8 GF 9:30 Come Relax With Us And Watch A Movie (ALD) S 11:00 Sunday Brunch MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul	9 MM 9:05 Mindful Moments V 10:15 Weight Training- HC 12:15 Healthy Hands S 1:30 Partners & Planning (AL) S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days	10 MM 9:05 Mindful Moments O 10:00 Walmart A 11:15 Craft Circle -AR K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	11 MM 9:05 Mindful Moments V 10:15 Bocce Ball -HC 12:15 Healthy Hands A 1:00 DJ Creation (AR) GF 2:30 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	12 MM 9:05 Mindful Moments I 10:30 Bible Study (AL) M 11:15 Name That Tune O 1:30 Scenic Drive CC 2:00 Jovan (Celebrity Impersonator) CC 3:00 Cooking Club	13 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands K 2:00 Bingo (HCD) M 3:30 Happy Hour with Traveling Troubadours (ALF) O 7:00 Playhouse (PICNIC)	14 I 9:30 Coloring Inspiration 12:15 Cleansing Oils MM 1:15 Mindful Moments K 2:00 Bingo
15 GF 9:30 Come Relax With Us And Watch A Movie (ALD) MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	16 MM 9:05 Mindful Moments V 10:15 Stretching - HC 12:15 Healthy Hands S 1:30 Resident Council (HC) AR S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days	17 MM 9:05 Mindful Moments O 10:00 Dollar Tree A 11:15 Craft Circle -AR K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL)	18 MM 9:05 Mindful Moments V 10:15 Cornhole - P 12:15 Healthy Hands JG 1:30 Guys Games GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	19 MM 9:05 Mindful Moments I 10:30 Bible Study (AL) M 11:15 Name That Tune O 1:30 Scenic Drive A 1:30 Craft Circle -AR CC 3:00 Cooking Club	20 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands K 2:00 Bingo (HCD) S 3:30 Happy Hour (ALF)	21 I 9:30 Meditation 12:15 Cleansing Oils MM 1:15 Mindful Moments K 2:00 Bingo
22 Fall Begins GF 9:30 Come Relax With Us And Watch A Movie (ALD) MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	23 MM 9:05 Mindful Moments V 10:15 Parachute Games - HC 12:15 Healthy Hands S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days GF 6:15 Book Club -ARF	24 MM 9:05 Mindful Moments O 10:00 Goodwill A 11:15 Craft Circle -AR S 12:00 Taste of Town: Putnam Inn K 2:00 Bingo (HCD) GG 3:00 Euchre Club (AL) M 6:15 Music with Shawn	25 MM 9:05 Mindful Moments O 10:00 O'Charlies & Meijer Outing V 10:15 Washers -P 12:15 Healthy Hands GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	26 MM 9:05 Mindful Moments I 10:30 Bible Study (AL) M 11:15 Name That Tune A 1:30 Craft Circle -AR CC 3:00 Cooking Club K 6:15 Lions Club Bingo (ALD)	27 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands K 2:00 Bingo (HCD) S 3:30 Happy Hour with Gill Miller (ALF)	28 I 9:30 Coloring Inspiration 12:15 Cleansing Oils MM 1:15 Mindful Moments M 2:00 Chuck Reeves K 3:00 Bingo (ALD)
29 Rosh Hashanah Begins GF 9:30 Come Relax With Us And Watch A Movie (ALD) MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	30 MM 9:05 Mindful Moments V 10:15 Chair Yoga -HC 12:15 Healthy Hands S 2:00 Chef's Comer (AR) K 2:45 Local News AR L 3:30 Remembering School Days GF 6:15 Book Club -ARF	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears	Locations Key Code HC= Health Center Living Room HCD= Health Center Dining Room ALD= Assisted Living Dining Room ALF= Assisted Living Fireplace AR= Activity Room	Ombudsman John Turner 800-489-1561 812-238-1561 * All activities/outings are subject to change. Any changes will be announced on Lifeshare.	Birthdays! 15th Don O. 15th Bill S. 18th Bev P. 18th Jean G. 20th Lou C.	

Mill Pond Health Campus Daily Rhythms

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V Mindful Movements I Joel Osteen TV K Categories Refresher CC Apple Snickers Salad K Lunch Prep Relax & Recharge A Sunflower Painting M Listen to the Wind	2 Labor Day V Stayin' Alive Disco Chair Yoga K Inspired Tales Refresher CC Icebox Berry Cheesecake K Lunch Prep Relax & Recharge A Labor Day Cards M Dancing Monday GG Water Balloon Bucket Toss	3 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! Refresher CC Uncle Sam Ice Cream Cones K Lunch Prep Relax & Recharge A Pressed Flowers M Summer Singin'	4 V Soccer K Yard Sale Refresher CC No Bake Avalanche Cookies K Lunch Prep Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch	5 V Let's Take A Trip K Glorious Verbs! O Scenic Drive Refresher CC Cheese Pizza K Lunch Prep Relax & Recharge A Newspaper Art M Hats Off to You	6 V Pump It Up K Summer Vacation Refresher CC Coffee Ice Cream K Lunch Prep Relax & Recharge A Watercolor Silhouettes M Float With Me Happy Hour GG Sorting Fair Winners	7 V Dance Party K Summer Colors Refresher CC Salami Roll Ups K Lunch Prep Relax & Recharge A Grandparent's Day Family Tree M Campfire Songs GG Name 3 Toss & Catch
8 V Mindful Movements I Joel Osteen TV K Categories Refresher CC Grandma's Chocolate Chip Cookies K Lunch Prep Relax & Recharge A Slime Experiment	9 V Stayin' Alive Disco Chair Yoga K Inspired Tales Refresher CC Apple Pie Cake K Lunch Prep Relax & Recharge A Wrap'n Llama M Dancing Monday GG Water Balloon Bucket Toss	10 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! Refresher CC 7UP Biscuits K Lunch Prep Relax & Recharge A Warm Vanilla Sugar Scrub M Summer Singin'	11 V Soccer K Yard Sale Refresher CC Banana Breeze K Lunch Prep Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch	12 V Let's Take A Trip K Glorious Verbs! O Scenic Drive Refresher CC Apple Cinnamon Bread K Lunch Prep Relax & Recharge A Fall Leaf Garland M Hats Off to You	13 V Pump It Up K Summer Vacation Refresher CC Pepperoni Pizza Cups K Lunch Prep Relax & Recharge A Nature Bookmarks M Float With Me Happy Hour GG Sorting Fair Winners	14 V Dance Party K Summer Colors Refresher CC Tootsie Roll Cheesecake K Lunch Prep Relax & Recharge A The Dot Art-Day 1 M Campfire Songs GG Name 3 Toss & Catch
15 V Mindful Movements I Joel Osteen TV K Categories Refresher CC Coleslaw Salad K Lunch Prep Relax & Recharge A The Dot Art-Day 2 M Listen to the Wind	16 V Stayin' Alive Disco Chair Yoga K Inspired Tales Refresher CC Homemade Guacamole K Lunch Prep Relax & Recharge A Clay Mountain Photo Holder M Dancing Monday GG Water Balloon Bucket Toss	17 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! Refresher CC Apple Dumplings K Lunch Prep Relax & Recharge A Clay Mountain Photo Holder M Summer Singin'	18 V Soccer K Yard Sale Refresher CC Peanut Butter Cup Brownie Trifle K Lunch Prep Relax & Recharge A Fleece Blankets M Gone Fishin'	19 V Let's Take A Trip K Glorious Verbs! O Scenic Drive Refresher CC Superfood Cookies K Lunch Prep Relax & Recharge A Ask a Beautiful Question M Hats Off to You	20 V Pump It Up K Summer Vacation Refresher CC Waldorf Salad K Lunch Prep Relax & Recharge A Oktoberfest Centerpieces M Float With Me Happy Hour GG Sorting Fair Winners	21 V Dance Party K Summer Colors Refresher CC Cookies and Cream Cookies K Lunch Prep Relax & Recharge A Paper Picture Frames M Campfire Songs GG Name 3 Toss & Catch
22 Fall Begins V Mindful Movements I Joel Osteen TV K Categories Refresher CC Browned Butter White Chocolate Blondies K Lunch Prep Relax & Recharge A Rustic Wood Pumpkins	23 V Stayin' Alive Disco Chair Yoga K Inspired Tales Refresher CC Garlic Stuffed Mushrooms K Lunch Prep Relax & Recharge A Apple Chalkboard Greetings M Dancing Monday GG Water Balloon Bucket Toss	24 V Somewhere Over the Rainbow Chair Yoga K Roll to 20! Refresher CC Peach Cobbler Muffins K Lunch Prep Relax & Recharge A Creative Storytelling M Summer Singin'	25 V Balance K Yard Sale Refresher CC Cheddar & Chive Drop Biscuits K Lunch Prep Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch	26 V Let's Take A Trip K Glorious Verbs! O Scenic Drive Refresher CC Johnny Appleseed Bars K Lunch Prep Relax & Recharge A Fall Leaf Candle Mason Jar M Hats Off to You	27 V Pump It Up K Summer Vacation Refresher CC Melted Turkey & Swiss Sliders K Lunch Prep Relax & Recharge A Popcorn Fall Trees M Float With Me Happy Hour GG Sorting Fair Winners	28 V Dance Party K Summer Colors Refresher CC Game Day Wonton Poppers K Lunch Prep Relax & Recharge A Clay Pinch Pots M Campfire Songs GG Name 3 Toss & Catch
29 Rosh Hashanah Begins V Mindful Movements I Joel Osteen TV K Categories Refresher CC Pumpkin Cookies with Brown Butter Icing K Lunch Prep Relax & Recharge A Clay Pinch Pots	30 V Stayin' Alive Disco Chair Yoga K Inspired Tales Refresher CC Caramel Apple Cinnamon Rolls K Lunch Prep Relax & Recharge A Have a Gentle Conversation M Dancing Monday GG Water Balloon Bucket Toss	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality	Morning: Vitality Keeping it Sharp/ Reminiscence Refresher Creative Cooking	Every Afternoon: Relax & Recharge Artisans Musical Celebration Refresher Group Games	Every Evening: Gathering of Friends Nighttime Traditions Ombudsman John Turner 800-489-1561 812-238-1561	