#### Cedar Ridge Health Campus Health Care

# Tuesday Wednesday Thursday Eriday Saturday

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>I 11:30 Sunday Devotions (HCLR)</li> <li>GF 12:00 Daily Chronicle to Share (dining tables)</li> <li>I 2:00 Cynthiana Presbyterian Church (HCDR)</li> <li>MIV 4:30 small group Sensory Basket</li> </ul>	2 Labor Day  MD 9:15 Sensory Basket/ Sorting  V 11:30 Let's Move (HCLR)  GF 12:00 Daily Chronicle to Share (dining tables) 2:00 Bingo (HCDR)  CC 4:30 Rolling activity cart (IR)	MP 9:15 Sensory Basket / spices V 11:30 Bocce Ball (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) A 2:00 The Crafty Corner "Love" canvas painting (HCLR)	MP 9:15 Sensory / Textures V 11:30 Chair Yoga (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) K 2:00 Hump Day Bingo (HCDR) CC 4:30 Rolling activity cart (IR) M 6:30 Mennonite Singers (Halls)	9:15 Sensory Basket / laundry basket M10:45 The Bourbon Rovers GF 12:00 Daily Chronicle to Share (dining tables) M 2:00 Bourbon Rovers JG 4:00 Just the Guys Time	MIN 10:00 Sensory Basket / Baby Care A 11:15 Roots and Wings family tree Craft (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) GF 3:30 Happy Hour (HCLR) 1 3:45 If we traveled to Scotland (HCLR)	7 GF 11:30 Saturday Morning Get Together (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) K 1:30 Family Fued In2L (HCLR) MN 4:30 small group sensory basket S 6:00 Grandparents Night Activities
I 11:30 Sunday Devotions (HCLR) S 12:00 Grandparents Day Brunch GF 12:00 Daily Chronicle to Share (dining tables) I 2:00 United Methodist Church (HCDR) MIC 4:30 small group Sensory	9 MN 9:15 Sensory Basket/ Sorting 11:00 Morning Bingo GF 12:00 Daily Chronicle to Share (dining tables) O 1:00 Farmers Market at Fritz Farm M 3:00 Music by Gary (HCDR) I 4:00 Bible with Dale (HCDR)	MP 9:15 Sensory Basket / spices V 11:30 Bocce Ball (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) CC 2:00 Homemade Oatmeal Bars(HCLR) 2:30 Calendar Planning meeting	MP 9:15 Sensory / Textures V 11:30 Chair Yoga (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) K 2:00 Hump Day Bingo (HCDR) CC 4:30 Rolling activity cart (IR)	MP 9:15 Sensory Basket / laundry basket V 11:30 Noodle Ball (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) A 2:00 Owl Pencil Cans (HCLR) JG 4:00 Just the Guys Time	MIN 10:00 Sensory Basket / Baby Care A 11:15 Jewelry making V 11:30 Chair Yoga (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) M 2:00 The 4 Elders Sing GF 3:30 Courtyard Happy Hour and ice cream bars	GF 11:30 Saturday Morning Get Together (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) M 3:30 Allen Honeycutt's Band small group sensory basket
<ul> <li>1 11:30 Sunday Devotions (HCLR)</li> <li>GF 12:00 Daily Chronicle to Share (dining tables)</li> <li>1 2:30 Union Baptist Church (HCDR)</li> <li>MN 4:30 small group Sensory Basket</li> </ul>	<pre>MP 9:15 Sensory Basket/     Sorting V 11:30 Let's Move (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) O 1:15 Dollar Tree \$ CC 4:30 Rolling activity cart (IR) K 6:00 Pass the Trash (HCDR)</pre>	9:15 Sensory Basket / spices V 11:30 Bocce Ball (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) A 2:00 The Crafty Corner "wrapped picture frame" (HCLR) 3:00 Resident Council (HCLR)	18  9:15 Sensory / Textures V 11:30 Chair Yoga (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) CC 1:15 Love on a Leash GC 2:00 Bingo (HCDR) CC 4:30 Rolling activity cart (IR) 6:30 Lair Church (HCDR)	19  9:15 Sensory Basket / laundry basket  V 11:30 Noodle Ball (HCLR)  GF 12:00 Daily Chronicle to Share (dining tables)  K 2:00 Bingo Fanatic (HCDR)  JG 4:00 Just the Guys Time  6:00 Kincaid Theater Bye Bye Birdie Play	M10:00 Sensory Basket / Baby Care A11:15 Group Magazine collages GF 12:00 Daily Chronicle to Share (dining tables) GC 2:00 Happy Birthday Party hour (HCDR) CC 4:30 Rolling activity cart (IR)	GF 11:30 Saturday Morning Get Together (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) 2:00 Connersville Tea Party (HCDR) MN 4:30 small group sensory basket
I 11:30 Sunday Devotions (HCLR)  GF 12:00 Daily Chronicle to Share (dining tables)  2:00 Cynthiana Christian Church (HCDR)  3:30 Reminiscent Comer (HCLR)  MN 4:30 small group Sensory	Y 11:30 chair yoga (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) 2:00 Jeopardy challenge CC 4:30 Rolling activity cart (IR)	MP 9:15 Sensory Basket / spices V 11:30 Bocce Ball (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) CC 1:00 Furry Friends with Becky, Todd and Bruce K 6:00 Pass the Trash	2:00 Bingo 9:15 Sensory / Textures 11:00 Capital Building Tour Frankfort and luch out \$\$ V 11:30 Chair Yoga (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) CC 4:30 Rolling activity cart (IR)	26  MP 9:15 Sensory Basket / laundry basket V 11:30 Noodle Ball (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) 2:00 Bingo (HCDR) JG 4:00 Just the Guys Time	MD 10:00 Sensory Basket / Baby Care A 11:15 magic Tile painting GF 12:00 Daily Chronicle to Share (dining tables) GF 3:30 Bonjour Happy Hour crepes (HCLR) L 3:45 If we traveled to Paris (HCLR)	GF 11:30 Saturday Morning Get Together (HCLR) GF 12:00 Daily Chronicle to Share (dining tables) 1:45 Wii Games (HCLR) MIN 4:30 small group sensory basket
29 Rosh Hashanah Begins  1 11:30 Sunday Devotions (HCLR)  GF 12:00 Daily Chronicle to Share (dining tables)  2:00 Spiritual - Oddville Christian Church (HCDR)  M 4:00 In2L Karaoke  MIN 4:30 small group Sensory	30  MN 9:15 Sensory Basket/ Sorting  V 11:30 Let's Move (HCLR)  GF 12:00 Daily Chronicle to Share (dining tables)  CC 2:00 Silas Baptist Church M 2:45 Singing with Larry CC 4:30 Rolling activity cart (IR)	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears	NOTES:		Key Code: HCDR - Health Care Dining Room HCLR - Health Care Living Room PC Lobby - Personal Care Lobby PCAR - Personal Care Act Room IR - Individual Rooms CY - Court Yard	Happy Birthday: Margaret R2 Opal G5 Carole S6 Wallace B9 Elizabeth T10

### Cedar Ridge Health Care Legacy Lane

## September 2019

A STATE OF THE STA	STEPPEN					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
V Mindful Movements Categories Daily Chronicle to Share (dining tables) Relax & Recharge Cynthiana Presbyterian Church (HCDR) Listen to the Wind Word Works  Mindful Movements Categories Grandparents Day Brunch Daily Chronicle to Share (dining tables) Relax & Recharge	<ul> <li>Labor Day</li> <li>Stayin' Alive Disco Chair Yoga</li> <li>Inspired Tales</li> <li>Daily Chronicle to Share (dining tables)</li> <li>Relax &amp; Recharge</li> <li>Labor Day Cards</li> <li>Dancing Monday</li> <li>Water Balloon Bucket Toss Healthy Hands</li> <li>Stayin' Alive Disco Chair Yoga</li> <li>Inspired Tales</li> <li>Daily Chronicle to Share (dining tables)</li> <li>Relax &amp; Recharge</li> <li>Music by Gary (HCDR)</li> </ul>	V Somewhere Over the Rainbow Chair Yoga K Roll to 20! C Uncle Sam Ice Cream Cones GF Daily Chronicle to Share (dining tables) Relax & Recharge Pressed Flowers M Summer Singin'  V Somewhere Over the Rainbow Chair Yoga K Roll to 20! C 7UP Biscuits GF Daily Chronicle to Share (dining tables)	V Soccer K Yard Sale GF Daily Chronicle to Share (dining tables) Relax & Recharge A Fleece Blankets M Gone Fishin' GC Velcro Catch Healthy Hands  11 V Soccer K Yard Sale GF Daily Chronicle to Share (dining tables) Relax & Recharge A Fleece Blankets	V Let's Take A Trip K Glorious Verbs! M The Bourbon Rovers GF Daily Chronicle to Share (dining tables) Relax & Recharge A Newspaper Art M Bourbon Rovers M Hats Off to You  12 V Let's Take A Trip K Glorious Verbs! GF Daily Chronicle to Share (dining tables) Relax & Recharge A Jelly fish craft	Pump It Up Summer Vacation GF Daily Chronicle to Share (dining tables) Relax & Recharge A Watercolor Silhouettes M Float With Me Happy Hour GC Sorting Fair Winners Healthy Hands  13 V Pump It Up K Summer Vacation GF Daily Chronicle to Share (dining tables) Relax & Recharge A Nature Bookmarks	7 V Dance Party K Summer Colors GF Daily Chronicle to Share (dining tables) Relax & Recharge A Grandparent's Day Family Tree M Campfire Songs GC Name 3 Toss & Catch Healthy Hands  14 V Dance Party K Summer Colors GF Daily Chronicle to Share (dining tables) Relax & Recharge A The Dot Art-Day 1
<ul> <li>United Methodist Church (HCDR)</li> <li>Listen to the Wind</li> <li>Mindful Movements</li> <li>Categories</li> </ul>	Dancing Monday Water Balloon Bucket Toss Healthy Hands  16 V Stayin' Alive Disco Chair Yoga K Inspired Tales	Relax & Recharge Warm Vanilla Sugar Scrub Summer Singin'  17  V Somewhere Over the Rainbow Chair Yoga K Roll to 20! C Apple Dumplings Daily Chronicle to Share (dining tables) Relax & Recharge A Clay Mountain Photo Holder	M Gone Fishin' GC Velcro Catch Healthy Hands  18  V Soccer K Yard Sale GF Daily Chronicle to Share (dining tables) Relax & Recharge Love on a Leash Fleece Blankets M Gone Fishin'	M Hats Off to You GC Aim for the Stars JG Just the Guys Time  19  V Let's Take A Trip K Glorious Verbs! Daily Chronicle to Share (dining tables) Relax & Recharge A Ask a Beautiful Question	<ul> <li>The 4 Elders Sing</li> <li>Courtyard Happy Hour and ice cream bars (HCLR)</li> <li>Pump It Up</li> <li>Summer Vacation</li> <li>Daily Chronicle to Share (dining tables)</li> <li>Relax &amp; Recharge</li> <li>Oktoberfest Centerpieces</li> <li>Happy Birthday Party hour (HCDR)</li> <li>Float With Me Happy Hour</li> </ul>	M Campfire Songs M Allen Honeycutt's Band GC Name 3 Toss & Catch  21  V Dance Party K Summer Colors GF Daily Chronicle to Share (dining tables) Relax & Recharge Paper Picture Frames M Campfire Songs GC Name 3 Toss & Catch Healthy Hands
Fall Begins  Mindful Movements Categories Daily Chronicle to Share (dining tables) Relax & Recharge Rustic Wood Pumpkins Cynthiana Christian Church	V Stayin' Alive Disco Chair Yoga Inspired Tales GF Daily Chronicle to Share (dining tables) Relax & Recharge A Apple Chalkboard Greetings Dancing Monday GC Water Balloon Bucket Toss	V Somewhere Over the Rainbow Chair Yoga K Roll to 20! Peach Cobbler Muffins Daily Chronicle to Share (dining tables) Relax & Recharge Creative Storytelling M Summer Singin'	V Balance K Yard Sale GF Daily Chronicle to Share (dining tables) Relax & Recharge Fleece Blankets M Gone Fishin' GG Velcro Catch	V Let's Take A Trip Glorious Verbs! Johnny Appleseed Bars GF Daily Chronicle to Share (dining tables) Relax & Recharge Fall Leaf Candle Mason Jar	V Pump It Up K Summer Vacation	V Dance Party K Summer Colors GF Daily Chronicle to Share (dinin tables) Relax & Recharge Clay Pinch Pots M Campfire Songs Name 3 Toss & Catch Healthy Hands
Rosh Hashanah Begins  Mindful Movements Categories Daily Chronicle to Share (dining tables) Relax & Recharge Clay Pinch Pots Spiritual - Oddville Christian Church (HCDR) Listen to the Wind	V Stayin' Alive Disco Chair Yoga K Inspired Tales GF Daily Chronicle to Share (dining tables) Relax & Recharge A Have a Gentle Conversation CC Silas Baptist Church M Singing with Larry Dancing Monday	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality		Notes: Country Drive scheduled for Thursday afternoons, subject to change.	Families are encouraged to join us for activities anytime.	Happy Birthday: Margaret R2 Opal G5 Carole S6 Wallace B9 Elizabeth T10

#### Cedar Ridge Health Campus Personal Care

## September 2019

A STATE OF THE STA					N/Z	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GF 10:45 Coffee and Devotional (PCAR) GF 12:00 Daily Chronicle to Share (dining tables) I 2:00 Cynthiana Presbyterian Church (HCDR)	(PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  GG 3:15 Bingo	V 10:45 Trilogy Fit (lobby) GF 12:00 Daily Chronicle to Share (dining tables) A 3:30 The Crafty Corner "Love" canvas panting (PCAR) GC 6:00 Bingo Night	Oll:00 Out for Lunch at Mc Donald's GF 12:00 Daily Chronicle to Share (dining tables) GG 3:15 Hump Day Bingo (PCAR) M 6:30 Mennonite Singers (Halls)	M 10:45 The Bourbon Rovers GF 12:00 Daily Chronicle to Share (dining tables) M 2:00 Bourbon Rovers JG 4:00 Just the Guys Time	I 11:00 Bible Study with Mike (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  1 2:30 If we traveled to Scotland  GC 3:00 Happy Hour (PCAR)	GF10:45 Saturday Morning Gathering (PCAR) GF12:00 Daily Chronicle to Share (dining tables) 3:00 Saturday Bingo (PCAR) S 6:00 Grandparents Night Activities
GF 10:45 Coffee and Devotional (PCAR)  5 12:00 Grandparents Day Brunch GF 12:00 Daily Chronicle to Share (dining tables)  I 2:00 United Methodist Church (HCDR) GC 3:00 Card games		V 10:45 Trilogy Fit (lobby) GF 12:00 Daily Chronicle to Share (dining tables) 3:00 Calendar Planning CC 3:30 Moorefield Social Hour (PCAR)	V 10:45 Rise and Shine Stretching time (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  O 1:15 Shopping at Kohl's GC 3:15 Hump Day Bingo (PCAR)	V 10:45 TrilogyFit (PCLR) GF 12:00 Daily Chronicle to Share (dining tables) A 3:15 Owl Pencil Can (PCAR) JG 4:00 Just the Guys Time	I 11:00 Bible Study with Mike (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  M 2:00 The 4 Elders Sing  GF 3:30 Courtyard Happy Hour and ice cream bars (HCLR)	GF 10:45 Saturday Morning Gathering (PCAR) GF 12:00 Daily Chronicle to Share (dining tables) GC 1:30 Card Games (PCAR) M 3:30 Allen Honeycutt's Band
GF 10:45 Coffee and Devotional (PCAR) GF 12:00 Daily Chronicle to Share (dining tables) I 2:30 Union Baptist Church (HCDR) K 3:15 Table Puzzles and (PCAR)	A 1:30 Adult Coloring V 10:45 Let's Move Exercises (PCAR) GF 12:00 Daily Chronicle to Share (dining tables) GC 3:15 Bingo	V 10:45 Trilogy Fit (lobby) GF 12:00 Daily Chronicle to Share (dining tables) 2:30 Resident Council (PCAR) A 3:30 The Crafty Corner "wrapped picture frames " (PCAR)	18  O 10:30 Lunch out Dick's on Main  V 10:45 Rise and Shine Stretching time (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  CC 1:15 Love on a Leash  GG 3:15 Hump Day Bingo (PCAR)	V 10:45 TrilogyFit (PCLR) GF 12:00 Daily Chronicle to Share (dining tables) GC 2:00 Crafty Crew Social Hour (PCAR) JG 4:00 Just the Guys Time 6:00 Kincaid Theater Bye Bye Birdie Play 6:30 Faith Baptist Church	I 11:00 Bible Study with Mike (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  GC 2:00 Happy Birthday Party hour (HCDR)  CC 3:00 Euchre )PCAR)	GF10:45 Saturday Morning Gathering (PCAR) GF12:00 Daily Chronicle to Share (dining tables) 2:00 Connersville Tea Party (HCDR) 3:00 Saturday Bingo (PCAR)
Fall Begins  GF 10:45 Coffee and Devotional (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  2:00 Cynthiana Christian Church (HCDR)  3:00 Card Games (PCAR)	(PCAR) <b>GF 12:00</b> Daily Chronicle to Share	V 10:45 Trilogy Fit (lobby) GF 12:00 Daily Chronicle to Share (dining tables) CC 1:00 Furry Friends with Becky, Todd and Bruce A 3:30 The Crafty Comer "Jewelry making " (PCAR)	V 10:45 Rise and Shine Stretching time (PCAR)  L 11:00 Capital Building Tour Frankfort and luch out \$\$  GF 12:00 Daily Chronicle to Share (dining tables)  GC 3:15 Hump Day Bingo (PCAR)	V 10:45 TrilogyFit (PCLR) GF 12:00 Daily Chronicle to Share (dining tables) K 3:15 Bingo (PCAR) JG 4:00 Just the Guys Time	I 11:00 Bible Study with Mike (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  I 2:30 If we traveled to Paris  GG 3:00 Bon Jour Happy Hour crepes (PCAR)	GF 10:45 Saturday Morning Gathering (PCAR) GF 12:00 Daily Chronicle to Share (dining tables) 3:00 Saturday Bingo (PCAR)
29 Rosh Hashanah Begins  GF 10:45 Coffee and Devotional (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  2:00 Spiritual - Oddville Christian Church (HCDR)  3:00 Card Games (PCAR)	V 10:45 Let's Move Exercises (PCAR)  GF 12:00 Daily Chronicle to Share (dining tables)  CC 2:00 Silas Baptist Church  M 2:45 Singing with Larry  K 6:00 Evening Bingo (PCAR)	A - Artisans CC - Community Connections GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	NOTES:		Key Code: HCDR- Health Center Dinning Room HCLR-Health Care Living Room PC Lobby- Personal Care Lobby PCAR- Personal Care Activity Room PC Cafe - Personal Care Cafe IR- Individual Rooms CY- Court Yard	Happy Birthday: Margaret R2 Opal G5 Carole S6 Wallace B9 Elizabeth T10