

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Morning Newspaper and Chat with Bill-HC</p> <p>M 10:00 Morning Music Trivia on LS</p> <p>I 11:00 Mindful Moments-HC</p> <p>I 2:00 Park Christian Church-TDR</p> <p>K 4:00 Traveling Trivia</p>	<p>2 Labor Day</p> <p>MR 9:00 Mindful Moments with Tai Chi</p> <p>V 10:30 Morning Stretches with Singfit-HC</p> <p>M 1:30 Gospel Sing Along</p> <p>I 2:00 Bible Study with Debbie</p> <p>O 3:15 Afternoon Drive</p> <p>K 4:00 Good News Travels</p>	<p>3</p> <p>V 9:00 Mindful Moments with Tai Chi-HC</p> <p>K 11:45 Mind Teasers-HDR</p> <p>1:30 Resident Council-TDR</p> <p>M 2:00 Performance by Country Sounds 2-TDR</p> <p>6:00 Lets Play Cards-HC</p>	<p>4</p> <p>V 9:30 Morning Exercise with SingFit-TC</p> <p>G 10:25 Head Start Group-TDR</p> <p>K 11:00 Trivia Fun with LS</p> <p>CC 1:30 Lets Make Something Cute</p>	<p>5</p> <p>K 8:30 Mindful Moments</p> <p>CC 10:00 Intergenerational Gardening and Games</p> <p>L 11:00 Lets Learn About Labor Day</p> <p>K 11:45 Trivia with a Twist-HDR</p> <p>K 2:00 Bingo and Drinks-TDR</p> <p>S 5:00 Family Night with Perf. by "Vicki & Mike"</p>	<p>6</p> <p>V 10:00 Morning Stretches</p> <p>O 11:15 Outing to Local Restaurant</p> <p>K 4:00 Good News Travels</p>	<p>7</p> <p>V 9:30 Morning Stretches with Tai Chi-HC</p> <p>K 10:00 LifeShare Song Trivia</p> <p>I 11:00 Devotions and Laughter-HC</p> <p>A 1:10 Creative Art with Thea</p> <p>K 2:10 Bunco with Friends-TDR</p>
<p>8</p> <p>9:30 Morning Newspaper and Chat with Bill-HC</p> <p>M 10:00 Morning Music Trivia on LS</p> <p>I 11:00 Mindful Moments-HC</p> <p>S 11:30 Family Brunch until 1:00pm</p> <p>I 11:45 Discussions on How Dreams CAN Come</p>	<p>9</p> <p>MR 9:00 Mindful Moments with Tai Chi</p> <p>V 10:30 Morning Stretches with Singfit-HC</p> <p>M 1:30 Gospel Sing Along</p> <p>I 2:00 Bible Study with Debbie</p> <p>K 3:00 Bingo and Drinks-TDR</p> <p>K 4:00 Good News Travels</p>	<p>10</p> <p>V 9:00 Mindful Moments with Tai Chi-HC</p> <p>K 11:45 Mind Teasers-HDR</p> <p>1:30 Chefs Circle</p> <p>M 2:00 Performance by "Country Sounds Band 2"-TDR"</p>	<p>11</p> <p>V 9:30 Morning Exercise with SingFit-TC</p> <p>M 10:00 Musical Interactions w/ Tyler</p> <p>K 11:00 Trivia Fun with LS</p> <p>S 12:00 TOT-Habana Blues</p> <p>S 12:00 TOT-Marcos Pizza</p> <p>CC 1:30 Lets Make Something Cute</p>	<p>12</p> <p>K 8:30 Mindful Moments</p> <p>CC 10:00 Intergenerational Gardening and Games</p> <p>L 11:00 Lets Learn About Independence Day</p> <p>K 11:45 Trivia with a Twist-HDR</p> <p>K 2:00 Bingo and Drinks-TDR</p> <p>M 6:00 Performance by "Here By Grace"-MLR</p>	<p>13</p> <p>GG 10:00 Rosary & Communion with Jim</p> <p>V 10:00 Morning Stretches</p> <p>O 11:15 Outing to Local Restaurant</p> <p>GF 2:00 Happy Hour with Curtis-MLR</p> <p>K 4:00 Good News Travels</p>	<p>14</p> <p>V 9:30 Morning Stretches with Tai Chi-HC</p> <p>K 10:00 LifeShare Song Trivia</p> <p>I 11:00 Devotions and Laughter-HC</p> <p>A 1:10 Creative Art with Thea</p> <p>K 2:10 Bunco with Friends-TDR</p>
<p>15</p> <p>9:30 Morning Newspaper and Chat with Bill-HC</p> <p>M 10:00 Morning Music Trivia on LS</p> <p>I 11:00 Mindful Moments-HC</p> <p>I 2:30 Trinity United Methodist Church-TDR</p> <p>K 4:00 Traveling Trivia</p>	<p>16</p> <p>MR 9:00 Mindful Moments with Tai Chi</p> <p>V 10:30 Morning Stretches with Singfit-HC</p> <p>M 1:30 Gospel Sing Along</p> <p>I 2:00 Bible Study with Debbie</p> <p>K 4:00 Good News Travels</p>	<p>17</p> <p>V 9:00 Mindful Moments with Tai Chi-HC</p> <p>GG 10:30 Musical Interactions with Susie-MLR</p> <p>K 11:45 Mind Teasers-HDR</p> <p>S 1:30 Inspired Living Committee</p> <p>6:00 Lets Play Cards-HC</p>	<p>18</p> <p>V 9:30 Morning Exercise with SingFit-TC</p> <p>K 11:00 Trivia Fun with LS</p> <p>CC 1:30 Lets Make Something Cute</p>	<p>19</p> <p>K 8:30 Mindful Moments</p> <p>CC 10:00 Intergenerational Gardening and Games</p> <p>L 11:00 Lets Learn About Independence Day</p> <p>K 11:45 Trivia with a Twist-HDR</p> <p>K 2:00 Bingo and Drinks-TDR</p>	<p>20</p> <p>V 10:00 Morning Stretches</p> <p>O 11:15 Outing to Local Restaurant</p> <p>K 4:00 Good News Travels</p>	<p>21</p> <p>V 9:30 Morning Stretches with Tai Chi-HC</p> <p>K 10:00 LifeShare Song Trivia</p> <p>I 11:00 Devotions and Laughter-HC</p> <p>A 1:10 Creative Art with Thea</p> <p>K 2:10 Bunco with Friends-TDR</p>
<p>22 Fall Begins</p> <p>9:30 Morning Newspaper and Chat with Bill-HC</p> <p>M 10:00 Morning Music Trivia on LS</p> <p>I 11:00 Mindful Moments-HC</p> <p>I 11:45 Discussions on How Dreams CAN Come True-HDR</p> <p>I 2:00 Advent Christian</p>	<p>23</p> <p>MR 9:00 Mindful Moments with Tai Chi</p> <p>V 10:30 Morning Stretches with Singfit-HC</p> <p>M 1:30 Gospel Sing Along</p> <p>I 2:00 Bible Study with Debbie</p> <p>K 4:00 Good News Travels</p>	<p>24</p> <p>V 9:00 Mindful Moments with Tai Chi-HC</p> <p>K 11:45 Mind Teasers-HDR</p>	<p>25</p> <p>GG 7:30 Mens Breakfast Club</p> <p>V 9:30 Morning Exercise with SingFit-TC</p> <p>K 11:00 Trivia Fun with LS</p> <p>CC 1:30 Lets Make Something Cute</p>	<p>26</p> <p>K 8:30 Mindful Moments</p> <p>CC 10:00 Intergenerational Gardening and Games</p> <p>L 11:00 Lets Learn About Independence Day</p> <p>K 11:45 Trivia with a Twist-HDR</p> <p>K 2:00 Bingo and Drinks-TDR</p> <p>6:00 Performance by "The Country Boys".</p>	<p>27</p> <p>M 10:00 Performance by "Tari Martin"-TDR</p> <p>V 10:00 Morning Stretches</p> <p>M 10:05 Performance by Tari M-TDR</p> <p>O 11:15 Outing to Local Restaurant</p> <p>K 4:00 Good News Travels</p>	<p>28</p> <p>V 9:30 Morning Stretches with Tai Chi-HC</p> <p>K 10:00 LifeShare Song Trivia</p> <p>I 11:00 Devotions and Laughter-HC</p> <p>A 1:10 Creative Art with Thea</p> <p>K 2:10 Bunco with Friends-TDR</p>
<p>29 Rosh Hashanah Begins</p> <p>9:30 Morning Newspaper and Chat with Bill-HC</p> <p>M 10:00 Morning Music Trivia on LS</p> <p>I 11:00 Mindful Moments-HC</p> <p>I 2:00 Park Christian Church-TDR</p> <p>K 4:00 Traveling Trivia</p>	<p>30</p> <p>MR 9:00 Mindful Moments with Tai Chi</p> <p>V 10:30 Morning Stretches with Singfit-HC</p> <p>M 1:30 Gospel Sing Along</p> <p>I 2:00 Bible Study with Debbie</p> <p>K 4:00 Good News Travels</p>	<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MR - Mindful Moments M - Music to My Ears</p>	<p>Location Key: MLR-Main Living Room PDR-Private Dining Room TDR-Transitional Dining Room HDR-Health Center Dining Room TC-Transitional Cafe LL-Legacy Lane HC-Health Center Living Room</p>	<p>Please join your loved one for one of the musical entertainments, bunco or bingo this month! We would love to have you join in on the fun here!</p>		

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1 MM Daily Chronicles V Mindful Movements K Categories CC Apple Snickers Salad Relax & Recharge A Sunflower Painting M Listen to the Wind GG Word Works Healthy Hands	2 Labor Day V Stayin' Alive Disco Chair Yoga MM Daily Chronicles V Drum Circle K Inspired Tales CC Icebox Berry Cheesecake Relax & Recharge A Labor Day Cards M Dancing Monday GG Water Balloon Bucket Toss	3 V Somewhere Over the Rainbow Chair Yoga MM Daily Chronicles V Walk On The Beach K Roll to 20! CC Uncle Sam Ice Cream Cones Relax & Recharge A Pressed Flowers M Summer Singin'	4 MM Daily Chronicles V Soccer K Yard Sale CC No Bake Avalanche Cookies Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands	5 MM Daily Chronicles K Glorious Verbs! V Let's Take A Trip K American Landmarks CC Cheese Pizza Relax & Recharge A Newspaper Art M Hats Off to You GG Aim for the Stars	6 MM Daily Chronicles V Pump It Up K Summer Vacation I Bible Study with Barb and Friends K Inspired Tales CC Coffee Ice Cream Relax & Recharge A Watercolor Silhouettes	7 MM Daily Chronicles V Dance Party K Summer Colors CC Salami Roll Ups Relax & Recharge A Grandparent's Day Family Tree M Campfire Songs GG Name 3 Toss & Catch Healthy Hands
8 MM Daily Chronicles V Mindful Movements K Categories CC Grandma's Chocolate Chip Cookies Relax & Recharge A Slime Experiment M Listen to the Wind GG Word Works	9 V Stayin' Alive Disco Chair Yoga MM Daily Chronicles V Drum Circle K Inspired Tales CC Apple Pie Cake Relax & Recharge A Wrap'n Llama M Dancing Monday GG Water Balloon Bucket Toss	10 V Somewhere Over the Rainbow Chair Yoga MM Daily Chronicles V Walk On The Beach K Roll to 20! CC 7UP Biscuits Relax & Recharge A Warm Vanilla Sugar Scrub M Summer Singin'	11 MM Daily Chronicles V Soccer K Yard Sale CC Banana Breeze Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch Healthy Hands	12 MM Daily Chronicles K Glorious Verbs! V Let's Take A Trip K American Landmarks CC Apple Cinnamon Bread Relax & Recharge A Fall Leaf Garland M Hats Off to You GG Aim for the Stars	13 MM Daily Chronicles V Pump It Up K Summer Vacation I Bible Study with Barb and Friends K Inspired Tales CC Pepperoni Pizza Cups Relax & Recharge A Nature Bookmarks	14 MM Daily Chronicles V Dance Party K Summer Colors CC Tootsie Roll Cheesecake Relax & Recharge A The Dot Art-Day 1 M Campfire Songs GG Name 3 Toss & Catch Healthy Hands
15 MM Daily Chronicles V Mindful Movements K Categories CC Coleslaw Salad Relax & Recharge A The Dot Art-Day 2 M Listen to the Wind GG Word Works Healthy Hands	16 V Stayin' Alive Disco Chair Yoga MM Daily Chronicles V Drum Circle K Inspired Tales CC Homemade Guacamole Relax & Recharge A Clay Mountain Photo Holder M Dancing Monday GG Water Balloon Bucket Toss	17 V Somewhere Over the Rainbow Chair Yoga MM Daily Chronicles V Walk On The Beach K Roll to 20! CC Apple Dumplings Relax & Recharge A Clay Mountain Photo Holder M Summer Singin'	18 MM Daily Chronicles V Soccer K Yard Sale CC Peanut Butter Cup Brownie Trifle Relax & Recharge A Fleece Blankets M Gone Fishin' GG Velcro Catch	19 MM Daily Chronicles K Glorious Verbs! V Let's Take A Trip K American Landmarks CC Superfood Cookies Relax & Recharge A Ask a Beautiful Question M Hats Off to You GG Aim for the Stars	20 MM Daily Chronicles V Pump It Up K Summer Vacation I Bible Study with Barb and Friends K Inspired Tales CC Waldorf Salad Relax & Recharge A Oktoberfest Centerpieces	21 MM Daily Chronicles V Dance Party K Summer Colors CC Cookies and Cream Cookies Relax & Recharge A Paper Picture Frames M Campfire Songs GG Name 3 Toss & Catch Healthy Hands
22 Fall Begins MM Daily Chronicles V Mindful Movements K Categories CC Browned Butter White Chocolate Blondies Relax & Recharge A Rustic Wood Pumpkins M Listen to the Wind GG Word Works	23 V Stayin' Alive Disco Chair Yoga MM Daily Chronicles V Drum Circle K Inspired Tales CC Garlic Stuffed Mushrooms Relax & Recharge A Apple Chalkboard Greetings M Dancing Monday GG Water Balloon Bucket Toss	24 V Somewhere Over the Rainbow Chair Yoga MM Daily Chronicles V Walk On The Beach K Roll to 20! CC Peach Cobbler Muffins Relax & Recharge A Creative Storytelling M Summer Singin'	25 GG Mens Breakfast Club V Balance MM Daily Chronicles V Soccer K Yard Sale CC Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M Gone Fishin'	26 MM Daily Chronicles K Glorious Verbs! V Let's Take A Trip K American Landmarks CC Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar M Hats Off to You GG Aim for the Stars	27 MM Daily Chronicles V Pump It Up K Summer Vacation I Bible Study with Barb and Friends K Inspired Tales CC Melted Turkey & Swiss Sliders Relax & Recharge A Popcorn Fall Trees	28 MM Daily Chronicles V Dance Party K Summer Colors CC Game Day Wonton Poppers Relax & Recharge A Clay Pinch Pots M Campfire Songs GG Name 3 Toss & Catch Healthy Hands
29 Rosh Hashanah Begins MM Daily Chronicles V Mindful Movements K Categories CC Pumpkin Cookies with Brown Butter Icing Relax & Recharge A Clay Pinch Pots M Listen to the Wind GG Word Works	30 V Stayin' Alive Disco Chair Yoga MM Daily Chronicles K Inspired Tales CC Caramel Apple Cinnamon Rolls Relax & Recharge A Have a Gentle Conversation M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce MM - Mindful Moments M - Music to My Ears V - Vitality	"No one can help everyone but everyone can help someone." - Unknown	Your imagination is your preview of life's coming attractions. -- Albert Einstein	Brunch- Second Sunday of the month! Calendar is subject to change.	"Kindness is the language which the deaf can hear and the blind can see." -Mark Twain