



Swim Aerobics Exercise Class
Every Tuesday & Thursday in
September @9:30

September 2019

Bible Study w/
Reverend Dowdy
Wednesdays at 10:30
PDR



Red print - Off Campus Trips
Blue Print- In-house Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Transportation to Church 1:15 Historic Tampa Theatre "Casa Blanca" O 2:00 Card Game of Choice AR 2:00 Afternoon Bingo BR 4:00 Rosary Group AR 4:30 Movie Matinee BR	2 9:30 Exercise w/Austin BR 10:30 Card Making w/Karen AR 12:30 Party Bridge C 12:30 Mahjong Group AR 1:00 Rummikub Group BAR 6:30 Nickel-Dime Poker BC	3 9:15 Exercise w/Austin BR 9:30 Bank & Shop O 1:00 Pinochle Group BC 1:00 Rummikub Group BAR 2:30 Hand & Foot Game AR 6:30 Dominoes Group AR	4  9:30 Exercise w/Diane BR 10:15 Spanish Class AR 11:30 Rays Game O 12:30 Mahjong Group AR 12:30 Pinochle Group BC 1:00 Rummikub Group BAR 7:00 Bingo Night BR	5 9:30 and 1:00 Bank Shop O 10:00 Exercise w/Austin BR 1:00 Pinochle & Mahjong Group BC 1:00 Rummikub & Canasta Group BAR 4:30 Supper Club @ Cheddars O 7:00 Bunko Group BR	6 Wear Red for the Troops 9:30 Exercise w/Diane BR 10:00 Brandon Mall O 11:30 Sitting Tai Chi Class BR 1:00 Rummikub Group BAR 1:00 Canasta Group BAR 7:00 Aston Chorus Concert BR	7 9:30 Yoga for Seniors BR 12:30 Dominoes Group AR 1:00 Nifty Knitters C 7:15 Movie "Poms" BR 
8 Transportation to Church 2:00 Card Game of Choice AR 2:00 Afternoon Bingo BR 4:30 Movie Matinee BR 	9 9:30 Exercise w/Austin BR 10:30 Card Making w/Karen AR 12:30 Party Bridge C 12:30 Mahjong Group AR 1:00 Rummikub Group BAR 6:30 Nickel-Dime Poker BC	10 9:15 Exercise w/Austin BR 11:00 Red Hat Luncheon O 1:00 Pinochle Group BC 1:00 Rummikub Group BAR 2:30 Hand & Foot Game AR 6:30 Dominoes Group AR 	11 8:00 MacDill Trip 9:30 Exercise w/Diane BR 10:15 Spanish Class AR 12:30 Mahjong Group AR 12:30 Pinochle Group BC 1:00 Rummikub Group BAR 5:00 Patriotic Party w/Bryan Ashley in the Ballroom 7:00 Bingo Night BR	12 9:30 and 1:00 Bank and Shop O 10:00 Exercise w/Austin BR 1:00 Mahjong Group AR 1:00 Pinochle Group BC 1:00 Canasta Group BAR 1:00 Rummikub Group BAR 7:00 Bunko Group BR 	13 Wear Red For the Troops 9:30 Exercise w/Diane BR 11:30 Sitting Tai Chi BR 1:00 Rummikub/Canasta BAR 	14 9:15 Line Dancing BR 10:00 Brunch & Boutiques O 12:30 Dominoes Group AR 1:00 Nifty Knitters C 7:15 Movie "Amazing Grace" BR
15 Transportation to Church 2:00 Card Game of Choice AR 2:00 Afternoon Bingo BR 4:00 Rosary Group AR 4:30 Movie Matinee BR	16 9:30 Exercise w/Austin BR 10:30 Discovery University BR 12:30 Party Bridge C 12:30 Mahjong Group AR 1:00 Rummikub Group BAR 3:30 Resident Birthday Party BR 6:30 Nickel-Dime Poker BC 	17 9:15 Exercise w/Austin BR 9:30 Bank & Shop O 1:00 Pinochle Group BC 1:00 Rummikub Group BAR 2:30 Hand & Foot Card Game AR 5:30 Sip & Paint for Alzheimer's BR 6:30 Dominoes Group AR	18  9:00-1:00 Flu Shots BR 9:30 Exercise w/Diane C 10:15 Spanish Class AR 12:30 Pinochle & Mahjong AR 1:00 Rummikub Group BAR 1:30 New Resident Orientation PDR 7:00 Bingo Night BR	19 9:30 and 1:00 Bank Shop O 10:00 Exercise w/Austin BR 1:00 Pinochle & Mahjong Group BC 1:00 Rummikub Group BAR 1:00 Canasta Game BAR 4:00 Dinner Night Out @ The Shrimp Boat in Brandon	20 Wear Red for the Troops 8:00 Town Hall Meeting DR 9:30 Exercise w/Diane BR 11:30 Sitting Tai Chi BR 12:45 Mystery Trip O 1:00 Rummikub Group BAR 1:00 Canasta Group BAR 	21 9:30 Yoga for Seniors BR 12:30 Dominoes Group AR 1:00 Nifty Knitters C 7:15 Movie "All is True" BR 
22 Transportation to Church 2:00 Afternoon Bingo BR 2:00 Card Game of Choice AR 4:30 Movie Matinee BR	23 9:30 Exercise w/Austin BR 12:30 Mahjong Group AR 12:30 Party Bridge C 1:00 Rummikub Group BAR 6:30 Nickel-Dime Poker BC 	24 9:15 Exercise w/Austin BR 10:00 Stein Mart & Stein & Vine O 1:00 Pinochle & Rummikub BAR 2:30 Hand & Foot Card Game AR 6:30 Dominoes Group AR 	25 9:30 Exercise w/Diane BR 10:15 Spanish Class AR 10:15 Hard Rock Casino O 12:30 Pinochle Group BC 12:30 Mahjong Group AR 1:00 Rummikub Group BAR 7:00 Bingo Night BR	26 9:30 and 1:00 Bank and Shop O 10:00 Exercise w/Austin BR 11:00 Lunch & Movie O 1:00 Pinochle & Mahjong AR 1:00 Rummikub Group BAR 	27 Wear Red for the Troops 9:30 Exercise w/Diane BR 11:30 Sitting Tai Chi BR 1:00 Rummikub Group BAR 1:00 Canasta Group BAR 1:00 Music with Cyndi BR 	28 9:30 Line Dancing BR 12:30 Dominoes Group AR 1:00 Nifty Knitters C 1:30 Craft with Ronni C 7:15 Movie "A Man called Ove" BR 
29 Transportation to Church 2:00 Afternoon Bingo BR 2:00 Card Game of Choice AR 4:30 Movie Matinee BR 	30 9:30 Exercise w/Austin BR 10:30 Card Making w/Karen AR 12:30 Party Bridge C 12:30 Mahjong Group AR 1:00 Rummikub Group BAR 6:30 Nickel-Dime Poker BC	Every Tuesday in September we will show an Art Lecture Series in the Ballroom at 1:30 Dutch Masters: The Age of Rembrandt 	(Wellness Ctr.) Dr. Hafeez September 6th & 20th @ 3:00 P.M. The Eye Doctor 4th Wednesday @ 9AM 	Mary Kay Tuesday 9/4 @ 9:30 LB Blood Pressure (AR) "Ask a Nurse" Mondays @10:00 a.m. Onsite Dermatology Wellness Ctr Thursday September 12th 9:00 a.m.	Diane's Fun & Fancy Jewelry September 19th 9:30 a.m.-Lobby Magnolia & Vine Jewelry September 12th 10AM Lobby Alterations (BC) 2nd & 4th Wed.- 10-11 	Key of Abbreviations AR = Activities Room BR = Ballroom BC = Billiards & Cards C = Cozy Corner DR = Dining Room LB = Lobby PDR-Private Dining Room O = Outing