

# Technology to Help Our Residents Stay *Active and Connected*

**W**e recognize that technology has improved for seniors. Our goal is to improve each resident's quality of life by purposely engaging each resident to their interests and cognitive abilities.

## Introducing iN2L<sup>®</sup> – *It's Never 2 Late*<sup>®</sup>

This state-of-the-art system combines touch screen computers with intuitive, picture based software and an extensive, continually updated content library.

### ❖ *Connection with Family and Friends*

Connect or reconnect with family and friends using iN2L super simple email and video telephone calls.

### ❖ *My Story*

iN2L brings your words and photo's together to tell your loved one's story. Share your history and help our staff get to know you and your preferences.

### ❖ *Therapy and Fitness*

Your loved one can ride a bike on scenic routes, fly an airplane, solve puzzles, and participate in Sit and Be Fit all from the comfort and safety of the community.

### ❖ *Mental Stimulation*

With hundreds of activities like trivia quizzes, games, and puzzles in iN2L are designated to be entertaining and help exercise your loved one's mind, iN2L also includes noted brain fitness programs like Happy Neuron.

### ❖ *Spiritual Support*

Sermons, hymns and inspirational videos are just a few of the options iN2L offers to supplement your loved one's spiritual well-being.

### ❖ *Entertainment*

Enjoy movies, classic television, art, music, history, or travel. No matter what your loved one enjoys, iN2L can assist.

By utilizing iN2L we have seen an improvement in Residents lives with a reduction of medications, increased engagement and activity, improved behaviors, just to name a few...

*Give us an opportunity to join  
your loved one on their journey.*

---

# THE ISLE AT CEDAR RIDGE

---