



August 12th-August 19th



Memory Support

Monday, August 12th

7-9:30AM-BREAKFAST  
9:30-10AM-Morning Report  
10-10:30AM-Pastor Jeske  
10:30-11:30AM-Summer Hangman Game  
11:30-12:30AM-Lunch  
12:30-2PM-Relaxation Hour  
2-2:30PM-Courtyard Yoga  
2:30-3PM- Comedy in 30!  
3-3:30PM- BINGO!  
3:30-4:30PM- Book Club:  
                  *"I've Been Thinking"*  
4:30-5:30PM-Dinner  
6-7PM- Sensory: Textures  
7-9PM-Residents' Bedtime Routines Begin



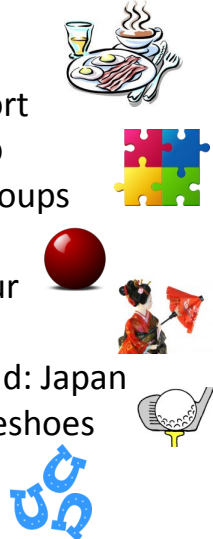
Tuesday, August 13th

7-9:30AM- BREAKFAST  
9:30-10AM- Morning Report  
10-10:30AM-Walking Club  
10:30-11:30AM- Conversation Ball  
11:30-12:30AM-Lunch  
12:30-2PM- Relaxation Hour  
2-2:30PM- Toe Tapping  
2:30-3:15PM- Memory Lane Choir  
3:15-4:30PM- Manicures & Tool Time  
4:30-5:30PM- DINNER  
6-7PM- Sensory: Follow Your Nose  
7PM-Residents' Bedtime Routines Begin  
                  (Catholic Communion @ 11AM)



Wednesday, August 14th

7-9:30AM- BREAKFAST  
9:30-10AM- Morning Report  
10-10:30AM- Walking Club  
10:30-11:30am- Puzzle Groups  
11:30-12:30PM- LUNCH  
12:30-2PM- Relaxation Hour  
2-2:30PM-Ball Exercise  
2:30-3:30PM- Travel Abroad: Japan  
3:30-4:30PM- Golf & Horseshoes  
4:30-5:30PM- DINNER  
6-7PM- Prayer Service  
7-9PM- Residents' Bedtime Routines



Thursday, August 15th

7-9:15AM- BREAKFAST  
9:15-11-Bus Ride to Mahoney State Park  
11:30-12:30PM-LUNCH  
12:30-2PM- Relaxation Hour  
2-2:30PM- Chair Ballet  
2:30-3:30PM- Baking Club: Rice Krispie Treats  
3:30-4:30PM- Bogey & McCall Trivia  
4:30-5:30PM -DINNER  
6-7PM- Talk n' Treats  
                  in the Courtyard  
7-9PM- Residents' Bedtime Routines



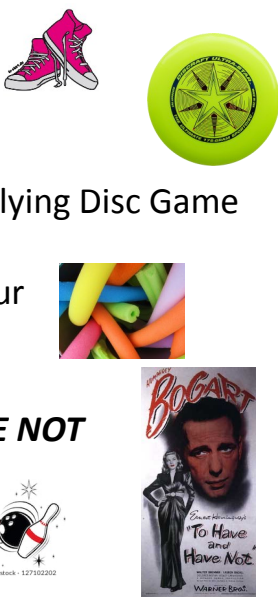
Friday, August 16th  
Happy Birthday, David!

7-9:30AM-BREAKFAST  
9:30-10AM- Morning Report  
10-11:30AM-Baking Club: Let's Bake a Cake!  
11:30-12:30PM- LUNCH  
12:30-1:30PM- Relaxation Hour  
1:30-2pm- Music N' Motion  
2-3PM- Social Hour & Birthday Party!  
3-3:30PM- Name that Tune!  
3:30-4:30PM- Birthday Bingo!  
4:30-5:30PM- DINNER  
6-7PM- Hand/Shoulder Massages  
7-9PM- Residents' Bedtime Routines Begin



Saturday, August 17th

7-9:30AM- BREAKFAST  
9:30-10AM- Morning Report  
10-10:30AM-Walking Club  
10:30-11:30AM- Courtyard: Flying Disc Game  
11:30-12:30PM- LUNCH  
12:30-1:30PM- Relaxation Hour  
1:30-2- Noodle Exercise  
2-3:30PM-Movie & Popcorn:  
                  **TO HAVE AND HAVE NOT**  
3:30-4:30PM- Bowling  
4:30-5:30PM- DINNER  
6-6:30PM- Church Service w/ Pastor Mark  
7-9PM-Residents' Bedtime Routines Begin



Sunday, August 18th

7-9:30AM- BREAKFAST  
8:30AM Westside Church (Channel 10)  
10AM-10:30AM- Catholic Mass (Ch. 3)  
10:30-11:30AM-Songs of Faith  
                  Sing Along  
11:30-12:30PM- LUNCH  
12:30-2PM- Relaxation Hour  
2-2:30PM- Parachute Exercise  
2:30-3PM- Read Along: Prayers & Blessings  
3:30-4:30PM- Courtyard: Bubble Fun!  
4:30-5:30PM- DINNER  
6-7PM- Sing Along  
7-9PM- Residents' Bedtime Routines



Monday, August 19th

7-9:30AM-BREAKFAST  
9:30-10AM-Morning Report  
10-10:30AM- Walking Club  
10:30-11:30AM-20 Questions  
11:30-12:30AM-Lunch  
12:30-1:30PM-Relaxation Hour  
1:30-2PM-Courtyard Yoga  
2-3PM- Entertainer: Elliott Piper with Song Bingo  
3-3:30-PM- Book Club:  
                  *"I've Been Thinking"*  
3:30-4:30PM- President & First Lady Club:  
                  *The Nixons*  
4:30-5:30PM-Dinner  
6-7PM- Meditation: The Desert  
7-9PM-Residents' Bedtime Routines Begin

