



Celebrate Friendship Day: Sunday, August 4

In 1935 the first Sunday of August was proclaimed the first annual Friendship Day. This year Friendship Day falls on Sunday, August 4th. The celebration of Friendship Day has become an annual event in the United States. Over the years this tradition spread to other countries and they also started celebrating this day with much excitement.

This is a day for us to spend time with our friends and let them know how much they are loved and appreciated in our lives. Friendship Day is a celebration of those in our lives who give life meaning and joy. It allows us to pay tribute to our friends, new and old who have played an important role in helping to shape who we are today.

Having a support system of friends

in today's crazy world is so vitally important. Friends can be a pillar of strength to us during the rough moments throughout our life. The bonds between true friends is so important. Having close friends there for you through the good times and bad makes our lives so much more meaningful.

As with all relationships in our lives, we must nurture our friendships. Let Friendship Day remind you of that special person. Give them a call, send them an email, or write a heartfelt letter and let them know how much they mean to you.

Friendship Day is the perfect day to expand your circle of friends. Reach out the hand of friendship to your neighbors and co-workers. Websites devoted to social networking

have also become very popular destinations for those wishing to expand their circle of friends.

Making friends gives us the chance to share our lives with others and the chance to be accepted and understood by another person. It has been compared to falling in love and is just as thrilling as having new experiences. Having a friend is having a relationship that contains a mutual feeling of understanding, acceptance, support, trust and affection.

As the saying goes - **"A friend is someone who knows the song in your heart, and can sing it back to you when you have forgotten the words."** ~ Unknown

Activity Highlights

8/1 at 3:00

Entertainment with
The Rockeretts

8/5 at 3:00

Scenic Drive

8/7 at 10:30

Pet Therapy

8/8 at 11:30

Lunch Outing at Subway

8/8 at 3:00

Rootbeer Floats

8/9 at 1:30

Cooking Class

8/12 at 11:30

Men's Lunch at Fazolis

8/13 at 10:30

Bunco with Harbor Light

8/13 at 3:00

Scenic Drive

8/14 at 2:45

Movie & Popcorn

8/15 at 2:00

Bingo with Grace Hospice

8/15 at 3:00

Watermelon Social

8/19 at 1:00

Movie Theater outing

8/22 at 11:15

Lunch Outing at Metro Diner

8/22 at 3:00

Ice Cream Social

8/23 at 3:00

Entertainment with
Note Worthy

8/26 at 1:30

Goodwill Shopping

8/29 at 3:00

Ice Cream Cones

NOTE FROM ADMINISTRATOR: *WELCOME JILL DAHLBERG*

Jill is our new resident care coordinator. Jill grew up in Granger Indiana and currently lives in Mishawaka. She has one son, Jason who is 20 years old. He moved to live with his father three months ago. Jill is currently engaged for the 1st time. She has never been married before. She graduated for Clay High School. Moved to Indianapolis at age 19. Worked in retail management for 10 years. Studied at IUPUI for business management. Jill's father had some health issues so Jill and her son moved back with her parents in Granger. She decided to go back to school in 2008 for nursing. Jill has been a nurse ever since and loves to work with people. She also love animals, so if you have a cat or dog you may catch Jill taking a moment to show a little affection toward our four legged friends. She have two dogs, Tanzie and Romie, sister toy mini pinchers, they our Jill's kids. She Loves music, singing, dancing, movies and also likes to exercise.

Photo Highlights



Photo Highlights continued



Resident Birthdays

Florian N.	August 17
David P.	August 26
Vera W.	August 26
Deb O.	August 31



Resident Spotlight: Ann D.



Ann is our resident spotlight this month. Ann was born in 1952. She

was born and raised in Gray Indiana. She graduated from Hammond High School. Ann has one brother and two sisters. After high school she got married to her husband George. They have been married for 44 years. Ann has one daughter, Rebecca. Ann worked mostly in the restaurant business. She was a waitress, cook and dishwasher. Ann said that her and her husband George used to love to take long walks together. Ann likes to cook and clean her apartment. She collects old post cards and dice. Ann likes dice that are different shapes, sizes and colors. We are very happy Ann made Wood Ridge her home.





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AUGUST – WORD SEARCH

E	X	R	P	T	M	W	N	B	G	P	X	E	D	V
I	M	F	R	I	E	N	D	S	H	I	P	K	P	I
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W	S	O	M	D	Y	O	S	Q	O	R	E	A	D	E
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BANANA
BOOK
BREATHE
EXERCISE
FEET
FLOWERS
FRIENDSHIP
JOY
LIGHTHOUSE
MEMORY
MUSIC
POTATO
READ
REFLECTION
RELAX



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