

## Upcoming Trips & Events!

All trips are subject to cancellation, based on inclement weather and participant sign-ups. The sign-up book is located in the cubby of the Bar. There will be a transportation fee included in prices. This fee helps with staffing and fuel/maintenance costs for our vehicles.



**Thursday, August 9:** Join us for dinner at **Texas Road House**. This trip will depart at 4:30pm. Bring money for your meal.



**Friday, August 23:** Take a break and cool down with homemade ice cream from **Gelati Celesti**, a local favorite! Trip will depart at 2:00pm. Bring money for your ice cream.



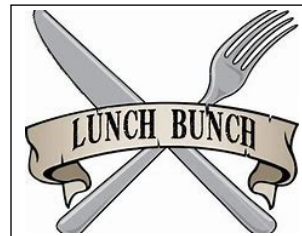
**Wednesday, August 14:** We will take an exciting trip to the **Virginia Living Museum** in Norfolk, VA. We will get to view animals native to Virginia in a variety of habitats, discovery centers and interactive exhibits. Lunch will be at the café inside of the museum. Cost is \$30, charged to your apartment. Bring money for lunch.



**Wednesday, August 28:** We will be touring the **Lora Robins Gallery of Design from Nature**, located at the University of Richmond. The gallery consists of collections of natural objects, cultural art and artifacts, and decorative and fine arts. Departure time is 1:30pm.



**Wednesday, August 21:** Join us for an evening concert by **The Piedmont Singers of Central Virginia** at Grace Covenant Presbyterian Church. This group specializes in 20th and 21st century a cappella choral music. Departure time is 6:15pm.



### August Lunch Bunch Outings

**Friday, August 2: Cheesecake Factory—**Departs at 11:15am.

**Friday, August 16: Yen Ching Chinese Restaurant—**Departs at 11:15am.

Bring money for your meals.

- **Mondays in August—October:** On select Mondays, join Professor John Countryman for his **Storying Later Life Class**. Come exercise your imagination, tap into your intuition and improve your listening skills, all while having fun and learning better ways to tell YOUR story. There is a subscription fee of \$25 for the entire 10-week session. See Brianna or Debbie to sign up!
- **Saturday, August 10:** Come down to the pub and enjoy a **Performance by Triple Crossing Jazz Band** at 6:45pm.
- **Monday, August 12:** All new residents are encourage to attend our **New Resident Social** at 3:00pm in the pub.
- **Saturday, August 24:** Come enjoy your seafood favorites at our **Annual Seafood Fest**. There is a \$20 per person donation (cash or check made out to the Alzheimer's Association). Event runs from 12– 2pm in the main dining room. *Sign up by August 20th!*
- **Tuesday, August 27:** Professor Philip Leto will present on *Russia* at this month's **Discovery University Lecture**.