


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>11475 Pearl Street Northglenn, CO 80233 303-452-0501</p>	<p>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>	<p>Healthy Snacks & Hydration offered throughout each day!</p>	<p>Happy Colorado Day! 1 9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 CE Jeopardy on FOX</p>	<p>2 10:30 PE Elevated Exercises w/ Optimal 10:30 CC M.O.V.E. = Monthly Optimal Vital's Experience 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles</p>	<p>Happy Birthday Donna! 3 10:00 LL Shady Spots 2 Sit & Sip 11:00 CC Walker's Club 11:30 CE Finish the Lines b4 Lunch 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 6:00 LL The Lawrence Welk Show on PBS</p>
<p>9:30 SS in2Ls Spiritual Songs 4 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Treats & Trivia+ 3:00 AE Karaoke of All Kind 6:00 LL Sentimental Sunday Movies</p>	<p>10:30 AE Relaxing Reminiscing w/ Positive Meditation 5 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX</p>	<p>10:00 AE Poetry Club 6 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L.! 6:00 LL Next w/ Kyle Clark on NBC</p>	<p>9:30 PE Optimal Exercise in A.L! 7 10:30 LL Bird Watching & Whistling 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 3:30 CC Who We Are?!? 7:00 LL MasterChef on FOX</p>	<p>9:30 SS Singing w/ Susie Q 8 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 CE Jeopardy on FOX</p>	<p>10:30 PE Elevated Exercises w/ Optimal 9 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles</p>	<p>Happy Birthday Ann! 10 10:00 LL Shady Spots 2 Sit & Sip 11:00 CC Walker's Club 11:30 CE Finish the Lines b4 Lunch 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 6:00 LL The Lawrence Welk Show on PBS</p>
<p>9:30 SS in2Ls Spiritual Songs 11 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Treats & Trivia+ 3:00 AE Karaoke of All Kind 6:00 LL Sentimental Sunday Movies</p>	<p>10:30 CE Taste & Tell! 12 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX</p>	<p>10:00 AE Poetry Club 13 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CC Gathering All Gentlemen 3:00 PE ALL Bowlers 2 A.L.! 6:00 LL Next w/ Kyle Clark on NBC</p>	<p>8:30 CC OUTING: ESTES Park Picnic! 14 9:30 PE Optimal Exercise in A.L! 10:00 CE Learning w/ the Bird-Man 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 3:30 CC Who We Are?!? 7:00 LL MasterChef on FOX</p>	<p>9:30 SS Singing w/ Susie Q 15 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 CE Jeopardy on FOX</p>	<p>10:30 PE Elevated Exercises w/ Optimal 16 11:00 CC Lunch Outing: Cheddars 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles</p>	<p>10:00 LL Shady Spots 2 Sit & Sip 17 11:00 CC Walker's Club 11:30 CE Finish the Lines b4 Lunch 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 6:00 LL The Lawrence Welk Show on PBS</p>
<p>9:30 SS in2Ls Spiritual Songs 18 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Treats & Trivia+ 3:00 AE Karaoke of All Kind 6:00 LL Sentimental Sunday Movies</p>	<p>10:45 AE Traveling Toni Presentation! 19 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 1:30 CE mid-Month Vitals Project w/ Encompass 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX</p>	<p>10:00 AE Poetry Club 20 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 1:30 CC Vitals by Encompass 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L.! 6:00 LL Next w/ Kyle Clark on NBC</p>	<p>9:30 PE Optimal Exercise in A.L! 21 10:10 LL Outing: Resident Adventure! 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 3:30 CC Who We Are?!? 7:00 LL MasterChef on FOX</p>	<p>9:30 SS Singing w/ Susie Q 22 10:00 LL Morning Bingo 11:00 PE Let's Move It! 12:00 CC Veterans' Lunch 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 CE Jeopardy on FOX</p>	<p>Happy Birthday Mary W! 23 10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles</p>	<p>10:00 LL Slip 'n Slide Surprise! 24 11:00 CC Walker's Club 11:30 CE Finish the Lines b4 Lunch 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 6:00 LL The Lawrence Welk Show on PBS</p>
<p>9:30 SS in2Ls Spiritual Songs 25 10:15 CE 25 Things to Share & More 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CC 25 Things to Know 2nd Shift 2:30 CE Treats & Trivia+ 3:00 AE Karaoke of All Kind 6:00 LL Sentimental Sunday Movies</p>	<p>8:45 CE OUTING: Denver Museum of Nature & Science 26 10:30 AE Relaxing Reminiscing w/ Positive Meditation 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 PE Early Evening Exercises 6:30 LL Wheel of Fortune on FOX</p>	<p>10:00 AE Poetry Club 27 10:30 PE Patio Possibilities 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L.! 5:30 CC Our Community Support Meeting 6:00 LL Next w/ Kyle Clark on NBC</p>	<p>9:30 PE Optimal Exercise in A.L! 28 10:00 CE Learning w/ the Bird-Man 10:30 SS Catholic Communion & Blessings 12:45 CC OUTING: HAMMOND'S Candy Factory Tour! 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 3:30 CC Who We Are?!? 7:00 LL MasterChef on FOX</p>	<p>9:30 SS Singing w/ Susie Q 29 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Storyteller 6:00 CE Jeopardy on FOX</p>	<p>10:30 PE Elevated Exercises w/ Optimal 30 11:30 CC Lunch Outing: Cracker Barrel 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles</p>	<p>10:00 LL Shady Spots 2 Sit & Sip 31 11:00 CC Walker's Club 11:30 CE Finish the Lines b4 Lunch 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 6:00 LL The Lawrence Welk Show on PBS</p>