



Wellsprings Assisted Living

28	29	30	31	Aug 1	2	3
				Hamburger Steak/Onions Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding	Cod Fillet Parmesan Potatoes Coleslaw Angel Food Cake	Lemon Oregano Turkey Bread Stuffing Seasoned Peas Baked Roll Mandarin Orange Cake
4	5	6	7	8	9	10
Sauteed Meatballs Herb Mashed Potatoes Roasted Carrots Lemon Meringue Pie	Honey Roasted Chicken Thigh Favorite Baked Beans Garlic Green Beans Whole Grain Bread Peach Crisp	Italian Pork Roast Fresh Mashed Potatoes/Gravy Harvard Beets Baked Roll Pineapple Upside Down Cake	Hungarian Goulash Bacon Brussels Sprouts Double Chocolate Chip Cookie	Mushroom and Swiss Chicken Creamy Pasta Alfredo Mixed Vegetables Blueberry Cream Angel Dessert	Classic Baked Ham Sugar Topped Sweet Potatoes Vegetable Medley Baked Roll Bread Pudding/Vanilla Sauce	Meatloaf Fresh Mashed Potatoes/Gravy California Normandy Blend Baked Roll Cherry Hand Pie
11	12	13	14	15	16	17
Seasoned Baked Chicken Fresh Mashed Potatoes/Gravy Green Beans Baked Roll Ice Cream	Three Cheese Ravioli Baby Carrots Whole Grain Bread Fudge Cake	Beef Patty with Mushroom Sauce Best Noodles Peas and Onions Peanut Butter Bars	Slow Roasted Turkey Bread Stuffing Corn Berry Cobbler	Chicken Cacciatore Cheesy Scalloped Potatoes Lima Beans Pineapple Chunks	BBQ Glazed Meatballs Seasoned Rice Country Trio Medley Baked Roll White Almond Cake	Bacon Ranch Chicken Steamed Red Potatoes Capri Blend Baked Roll Banana Cream Pudding
18	19	20	21	22	23	24
Cranberry Glazed Roast Pork Rice with Gravy Stir-Fry Vegetables Funfetti Bars	Country Fried Steak/Gravy Fresh Mashed Potatoes Corn Vanilla Cream Puffs	Greek Grilled Chicken Penne Pasta Mixed Vegetables Fruit Cobbler	Baked Ham/Mustard Sauce Aloha Sweet Potatoes Asparagus Key Lime Pie	Bacon Wrapped Patty Baked Potato Peas and Onions Baked Roll Cherry Parfait	Chicken/Mushroom Cream Sauce Parmesan Pasta Broccoli Mixed Berry Crisp	Meatballs/Pasta Sauce Noodles Carrots Rice Krispie Rolls
25	26	27	28	29	30	31
Almond Crusted Chicken Herb Roasted Red Potatoes Green Salad Baked Roll Lemon Cake	Seasoned Baked Cod Lemon Rice Steamed Sugar Snap Peas Baked Roll Peach Cobbler	Sliced Turkey Breast Baked Yams Vegetable Medley Baked Roll White Poke Cake	Skillet Beef Patty/Gravy Classic Mashed Potatoes Mixed Vegetables Baked Roll Fudge Crinkle	Lemon Pepper Chicken Parmesan Pasta Grilled Asparagus Baked Roll Pineapple Blueberry Crumble	Taco Casserole Seasoned Rice Green Salad Mini S'mores Tart	Beef Stroganoff California Normandy Blend Garlic Bread Coffee Cake