



Symphony at Valley Farms

28	29	30	31	Aug 1	2	3
				Green Salad <i>or</i> Garden Vegetable Soup Hamburger Steak/Onions <i>or</i> Lemon Chicken over Rice Brown Rice Mixed Vegetables <i>or</i> Sautéed Zucchini Baked Roll Bread Pudding	Turkey Vegetable Soup <i>or</i> Beet Salad Seafood Alfredo <i>or</i> Roasted Pork Roasted Yams Steamed Broccoli <i>or</i> Chef's Steamed Vegetable Baked Roll Apricots	Cottage Cheese Veggie Salad Soup Du Jour Hawaiian Burger <i>or</i> Turkey Meatloaf <i>or</i> Baked Fried Potatoes Roasted Brussels Sprouts <i>or</i> Pickle Relish Plate Mandarin Orange Cake
4	5	6	7	8	9	10
Chicken Wild Rice Soup <i>or</i> Green Salad Beef Rice and Mushroom Dish <i>or</i> Easy Fried Chicken Fresh Mashed Potatoes Roasted Carrots <i>or</i> Greens Fresh Cornbread Pear Fruit Compote	Ham and Cabbage Soup <i>or</i> Picnic Salad Bowl Honey Roasted Chicken Thigh <i>or</i> Veal Scallopini/Lemon Sauce Oven Rice Garlic Green Beans <i>or</i> Baked Seasoned Squash Baked Roll Vanilla-Berry Trifle	Cream of Broccoli Soup <i>or</i> Cherry Tomato Salad Pork Chop Dijon <i>or</i> Glazed Meatloaf Baked Macaroni Cheese Seasoned Cabbage <i>or</i> Corn Baked Roll Fruit	Garden Tomato Soup <i>or</i> Green Salad Turkey Roast/Zesty Rub <i>or</i> Salisbury Steak/Gravy Fresh Mashed Potatoes Peas/Mushrooms <i>or</i> Bacon Brussels Sprouts Applesauce/Topping	Red Beet Eggs <i>or</i> Sausage Bean Soup Grilled Chicken Breast <i>or</i> Skillet Sausage Link and Vegetables Potato Casserole Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Creamy Beef Soup <i>or</i> Three Bean Salad Sour Cream Crusted Tilapia <i>or</i> Eggplant Parmesan and Marinara Rice Pasta Pilaf Chef's Steamed Vegetable <i>or</i> Sautéed Spinach Baked Roll Bread Pudding/Vanilla Sauce	Garden Vegetable Soup Green Pea Salad Lemon Herb Turkey Roast with Gravy <i>or</i> Skillet Sausage Link and Vegetables Lyonnais Potatoes Classic Lima Beans <i>or</i> California Normandy Blend Baked Roll Homemade Carrot Cake
11	12	13	14	15	16	17
Tomato Cucumber Salad <i>or</i> Vegetable Barley Soup Hawaiian Chicken <i>or</i> Zesty Beef Roast Aloha Sweet Potatoes Green Beans <i>or</i> Seasoned Cauliflower Whole Grain Bread Homemade Peach Pie	Turkey Potato Cream Soup <i>or</i> Cottage Cheese/Fruit Baked Ziti/Four Cheese Sauce <i>or</i> Orange Herb Pork Roast Seasoned Potatoes Fresh Asparagus <i>or</i> Chef's Sautéed Vegetable Baked Roll Pineapple Salad	Green Salad <i>or</i> Lentil Soup Beef Patty with Mushroom Sauce <i>or</i> Baked Tilapia/Dill Sauce Lemon Rice Peas and Pearl Onions <i>or</i> Mixed Vegetables Baked Roll Cranberry Jello	Tasty Chicken Soup <i>or</i> Green Salad Pork Roast Teriyaki <i>or</i> Classic Spaghetti Meat Sauce Corn <i>or</i> Garlic Green Beans Berry Cobbler	Zesty Cucumber Salad <i>or</i> Cream of Mushroom Soup Chicken Cacciatore <i>or</i> BBQ Glazed Meatballs <i>or</i> Rice Pasta Pilaf Chef's Steamed Vegetable <i>or</i> Brussels Sprouts Baked Roll Homemade Carrot Cake	Italian Sausage Soup <i>or</i> Green Salad Cod/Tomato Cream Sauce <i>or</i> Chicken Cordon Bleu Baked Potato Country Trio Medley <i>or</i> Peas White Almond Cake	Soup Du Jour Citrus Fruit Salad Bacon Ranch Chicken <i>or</i> Broccoli Quiche Steamed Red Potatoes Capri Blend Whole Grain Bread Assorted Desserts

<p>18</p> <p>Soup Du Jour <i>or</i> Cottage Cheese/Pears Apricot Glazed Pork Roast <i>or</i> Chinese Pepper Steak <i>or</i> Brown Rice Stir-Fry Vegetables <i>or</i> Sesame Green Beans Whole Grain Bread Cherry Parfait</p>	<p>19</p> <p>Home Chicken Noodle Soup <i>or</i> Green Salad Honey Glazed Roasted Turkey <i>or</i> Meatloaf Fresh Mashed Potatoes Corn <i>or</i> Chef's Steamed Vegetable Homemade Strawberry Shortcake Biscuits</p>	<p>20</p> <p><i>or</i> Cream of Cauliflower Soup Greek Grilled Chicken <i>or</i> Grilled Polish Sausage Penne Pasta Oven Roasted Cauliflower Baked Roll Fruit Cobbler</p>	<p>21</p> <p>Garden Vegetable Soup <i>or</i> Green Salad Baked Ham/Mustard Sauce <i>or</i> Swiss Steak/Tomatoes Cheesy Rice Parsley Carrots <i>or</i> Chef's Sauteed Vegetable Baked Roll Caramel Apple Cake</p>	<p>22</p> <p>Creamed Spinach Soup <i>or</i> Carrot Raisin Salad Pot Roast/Potatoes <i>or</i> Baked Salmon Peas and Onions <i>or</i> Garlic Zucchini Saute Baked Roll Lemon Meringue Pie</p>	<p>23</p> <p>Vegetable Medley Soup <i>or</i> Vegetable Pasta Salad Chicken/Mushroom Cream Sauce <i>or</i> Beef Sausage and Cabbage Parmesan Pasta Chef's Steamed Vegetable Baked Roll Mixed Berry Crisp</p>	<p>24</p> <p>Soup Du Jour Three Bean Salad Summer Vegetable Bake <i>or</i> Sweet and Sour Meatballs Ranch Roasted Potatoes Fresh Cooked Carrots <i>or</i> Broccoli Baked Roll Pineapple Chunks</p>
<p>25</p> <p>Soup Du Jour Braised Beef Roast <i>or</i> Turkey Burger Fresh Mashed Potatoes California Normandy Blend <i>or</i> French Cut Green Beans Baked Roll Ice Cream</p>	<p>26</p> <p>Cream of Cauliflower Soup <i>or</i> Green Salad Seasoned Baked Cod <i>or</i> Balsamic Roasted Pork Lemon Rice Seasoned Zucchini <i>or</i> Chef's Steamed Vegetable Baked Roll Blackberry Cobbler</p>	<p>27</p> <p>Homestyle Vegetable Soup <i>or</i> Colorful Corn Salad Turkey Cutlet with Cream Sauce <i>or</i> Eggplant Parmesan and Marinara <i>or</i> Baked Potato Chef's Steamed Vegetable <i>or</i> Harvard Beets Baked Roll Sweet Potato Pie</p>	<p>28</p> <p>Chicken Tortilla Soup <i>or</i> Sunshine Jello Salad Skillet Beef Patty/Gravy <i>or</i> Juicy Ham Classic Mashed Potatoes Mixed Vegetables <i>or</i> Sauteed Mushrooms Baked Roll Assorted Desserts</p>	<p>29</p> <p>Turkey Noodle Soup <i>or</i> Green Salad Garlic Broiled Chicken Leg <i>or</i> Meatloaf <i>or</i> Boiled Red Potatoes Green Beans Whole Grain Bread Pineapple Blueberry Crumble</p>	<p>30</p> <p>Navy Bean Soup <i>or</i> Apple Salad Tropical Tilapia <i>or</i> Pepper Smothered Cube Steak Seasoned Rice Sauteed Spinach Fresh Cornbread Soft Snickerdoodle</p>	<p>31</p> <p>Cream of Zucchini Soup Green Salad Smoked Roasted Turkey <i>or</i> Beef Stroganoff Cornbread Dressing California Normandy Blend <i>or</i> Classic Lima Beans Coffee Cake</p>