

Natasha's Marketing Minutes

We have some fun events this month, so take note. On August 8th, Relles Florist will demonstrate a colorful presentation on how they arrange their floral arrangements. Aloha to you as we bring in our Polynesian Dancers for our Luau on August 16th at 3pm. Don't forget to wear your Hawaiian shirts and skirts! We'll have a refreshing afternoon on August 22nd with tropical fruit and a chocolate fountain while we watch a resident slideshow. You know all those pictures Tonya takes of you at every event? You'll get to see all of them in a slideshow up to this date.

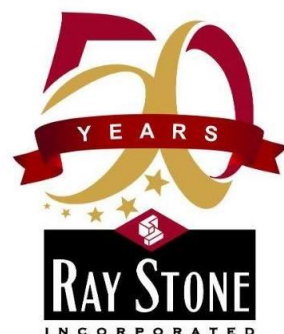
Michelle's Traveling Boutique will be here on the 27th for you to peruse her articles. To end our month, we'd like you to bring a friend to meet Chef Brian on August 29th at 2pm in the Cabaret Lounge as he cools us down with Hawaiian fruit smoothies and chips w/pineapple salsa – Yum!

"He ala maika'i loa e ho'opau ai ke kauwela!"
(What a great way to end the summer!)

Presentations

Last month's presentation with Ruth Ballard was fascinating on the Golden State Killer. We will definitely plan to have her back to speak on another one of her cases.

What kind of presentations do you want to see in the future? If you have any ideas, we'd love to hear from you. Stop by the office and let Natasha know. We want to cater to our main audience – YOU!



Important Telephone Numbers

Office Hours – Monday-Friday 8:30am-5:30pm
Saturday & Sunday 9:00am-5:00pm
Office 916-929-3966 Fax 916-929-3627
Tonya/Activities Office 916-929-6003
Van/Transportation 916-468-3091
Dining Room 916-921-5998
Police Non-Emergency 916-264-5471
Emergency & Fire 911
Comcast Cable 1-800-266-2278
AT&T 1-800-310-2355
Paratransit 916-429-2744
Yellow Cab 916-444-2222

Beauty Salon Jane Ma 916-223-9658
Wednesday-Saturday
Clean Touch Dry Cleaning 916-366-6666
Pick-up & drop-off Monday & Thursday

Speed Lump Ballot (by Christine)

Campus Commons received a notice from the City of Sacramento Transportation Division that residents on Cadillac Drive have petitioned the city to install speed lumps. I couldn't believe what I was reading! I signed it immediately and mailed it back on July 8th.

This notice explained that if the street fails to receive the necessary two-thirds majority approval, the street may not be considered again for speed lumps for three years. I would be very surprised if this doesn't pass considering all the accidents that have occurred on our street the past year.

If I hear anything more on this, I'll be sure to share it with all of you. In the meantime, please be extremely careful crossing the street to Raley's/CVS. Even with the new crosswalk and added signage, I'm still so surprised to see how fast cars are driving on our street.

Be safe everyone!
Use caution!
Look both ways –
twice!



Campus Commons

22 Cadillac Drive, Sacramento, CA 95825 * 916-929-3966 www.RayStoneSeniors.com



Team Campus

Christine Pesola
Community Administrator
campus-mgr@raystoneinc.com

Tonya Gutierrez-Ridolfi
Activities Director
campus-ad@raystoneinc.com

Natasha McCrimmon
Marketing Director
campus-md@raystoneinc.com

Natalya Mugoryayeva
Resident Relations
campus-rr@raystoneinc.com

Judy Dadigan
PT Sun/Mon Resident Relations
campus-amd@raystoneinc.com

Sia Xiong
Transportation Driver

Chris Cook, Maintenance
campus-maint@raystoneinc.com

Charlene Wickizer, Marcy Solis &
Rick Comer, Housekeeping

Shawn Asberry, Karen Schaefer,
Carol Haran, Evening Porters

Brian Thomas, Chef Manager
Sodexo Senior Services
Brian.Thomas2@sodexo.com

Christine's Comments

Awesome August is here! We are really looking forward to a Hawaiian themed month for all of you. Look on the calendar to see what we have planned and start thinking about what you'll wear to the Luau on the 16th. This is one of our favorite events to plan.

When you moved in, you received magnets with your apartment number on them. These are to be used in the laundry rooms when you have a load in the washer or dryer and helps identify who is using the machine. If you arrive to the laundry room and a machine has completed its cycle and the clothes are sitting in the machine, please call or go to the apartment and ask the resident to remove their items. Please do not pull clothing out. This causes confusion and a possible mix up with other resident's items. If you need additional magnets, please stop by the office for more.

It's worth reminding that senior scams continue. Please DO NOT give out any financial information to anyone over the phone. Even if they say they are a relative. This is how they get you. Please check with your family before giving any personal information out to anyone!

Please do not prop exit doors open. If you see a door propped open, close it immediately and report it to the office. I'm asking all of you to do your part. Thank you.

Have you been to Hawaii? Would you like to share pictures of you and your family on that special vacation there? We'd like to display it in the lobby with a brief description of the year and a special memory. Stop by the office with this information and we'll put it together on a large poster board for all to see the week



Tonya’s Activity Corner

I'd like to welcome all our new residents and longtime residents to check out some new activities like Blank Slate - a fun and fast thinking card game. Our shuffleboard is getting used now with more attending and the competition is heating up! Let's Dance is another form of exercise because we get to move every part of our body. We're always looking for new Bean Bag Baseball and Wii Bowling players. Check out your calendar for times and locations of all our activities.

For our outings this month, please keep in mind that these are subject to change. Our first outing on August 7th will be close to home at Café Bernardo for lunch and shopping at the Pavilions. We'll head back to Westminster Church for Music at Noon with performer CAP RADIO Host Baritone, Kevin Doherty and Friends, on the 14th. Kevin dedicated most of his life as a classical opera singer and started an opera company called Marble City Opera. He is now hosting at Capital Public Radio in Sacramento. As we continue with our outings, get ready for Magnolia House at Shepherders Inn. Here is a restaurant with plenty of food choices and fine dining. We will end the month with the Aerospace Museum at McClellan AFB on the 28th. Come out and see over 40 military and civilian aircrafts. We will have lunch onsite at the Officer's Club. Make sure to get your name on the sign-up sheets as soon as possible. If you have to cancel, please remove your name from the list.

This month, Friday Happy Hours will be fun and filled with a whole lot of hip movement, so be prepared if you're called on by the Aloha Polynesia dancers. They may have you doing the hula, so polish up on your dance moves for our main event on August 16th. Our other performers will be Your Musical Memories on August 2nd, and Violinist Ciprian Mihutz on August 9th. We welcome back Capital City Reflections on August 23rd and end with Jay Casl on August 30th.

Have a happy, hot August!

August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos' social natures also make them excellent friends. Those born between August 23–31 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industrious efficiency makes them smart problem-solvers and factfinders.

- Paige G. Small, August 4th
- Ruth Baker, August 6th
- Notch Parino, August 8th
- Edith Ballard, August 12th
- Rick Trnka, August 13th
- Ron Rasmussen, August 17th
- DD Despard, August 22nd
- Senova Lamothe, August 27th
- Nat Lineberger, August 27th
- Goldie Ramos, August 27th
- Linda Asay, August 29th
- Eleanor Witter, August 31st

Campus Anniversaries

- Anna Correa – 1 year
- Mary Higdon – 1 year
- Birgitta & Russell Ellis – 2 years
- Paige G. Small – 2 years
- Ginger Trammel – 2 years
- Loretta Landers – 3 years
- Doris Forward – 8 years
- Jean Franke – 10 years

Welcome New Residents

- Myra Alpert #230
- Annabeth T. #207



August’s Featured Resident
by Shirley Riemer

When Anita Martin started school in San Francisco, no one in her family spoke English – only Spanish. In first-grade music class, because Anita couldn't speak or sing in English, the teacher assigned her to be the director of the singing. And when the teacher discovered that Anita knew the English alphabet only up to the letter K, she assigned Anita to stand at the back of the room. That insult prompted Anita to get busy and learn the alphabet from L to Z – that very night!



Ironically, also attending her school was the fellow whom she would later marry. He was in eighth grade, and she was in seventh grade. They never spoke to one another. He thought she was a snob. She thought he was a bum.

Much later, at age 22, when Anita was about to leave a party with her mother, a young man approached her, asking, “Would you like to dance?” Immediately, Anita called to her mother, “We're not going home yet!” He was that former eighth grader who had considered Anita a snob.

That was in March. By June, she was wearing a ring. Don, her new boyfriend, wanted to marry in September, but Anita said, “No, we're going to open a joint bank account instead.” Her purpose: to save money for a house before they married. They bought a house in San Francisco and even furnished it – before the wedding.

Once, before their marriage, Anita commented to her husband-to-be, “I hope we don't have children right away” (in order to continue building their account). His response: “If that's the way you feel, we can take back the furniture.” The furniture remained.

The couple started their family of ten children with a run of five sons. Two years later came

triplets – two girls and a boy. Then came another boy, bringing the count to nine. The tenth child arrived through a novel route. Years earlier, Anita had cared “temporarily” for foster babies (26 of them altogether!) whose stays were intended to last three months. One child, however, arrived at age four and was taken away at age seven. Anita and Don missed him and worried about him. One day, however, the boy, by then age 16, rang the doorbell of his long-remembered home. The caretaker didn't want to let him in, but the boy said, “There's a picture over there of my nine brothers and sisters, and I got lost!” The caretaker let him in. Anita and Don decided to adopt him, and he lived with them until he was old enough to be on his own. Even now, at age 50, he calls Anita every day. All of Anita's ten children have done very well and are married with children of their own (counting 15 grandchildren and 5 great-grandchildren.) Anita and her husband first met Bishop Anthony Francis Quinn at St. Kevin's Church in San Francisco. Then, when they retired to Tucson, Arizona, they met up with him again – after he had retired and gone to work there. In his later years, Bishop Quinn returned to Sacramento, residing during his last years at Mercy McMahan Terrace, an assisted-living facility. After Anita's husband died, Bishop Quinn suggested that Anita come to Sacramento to live at Mercy McMahan, where he would have someone to look after him. Anita knew the Bishop as a humble and loving man who liked to joke. On Bishop Appreciation Day at Mercy McMahan, his many friends complimented him and Anita thanked him for being so good to her and her husband. He replied by saying that Anita was his right-hand helper (she slept every night in a reclining chair in his room at Mercy McMahan). “We sleep together every night, and she is Mrs. Quinn,” he reported. The residents broke out in full laughter. He died in March this year, at age 97. Anita knew the Bishop, a humble and loving man, for 40 years.