

## Roanoke's "Lost Colony"

On August 18, 1587, Virginia Dare was born, becoming the very first child born in the New World to English parents. This honor alone would have been enough to grant the girl fame, but she became even more famous for her mysterious disappearance as a member of the "Lost Colony" of Roanoke.



The founding of the Roanoke Colony in 1585 was the first attempt at establishing a permanent English settlement in the New World. The attempt was not successful, however. Due to a lack of supplies and bad relations with the local Croatan tribe, most of the settlers returned to England. A second contingent of settlers, led by John White, returned to the colony in 1587. Shortly after their arrival, Virginia Dare, White's granddaughter, was born. This small success was overshadowed by other hardships. Desperate for assistance, White sailed back to England in late 1587, leaving behind Dare and the others. If White had hoped for a quick return to Roanoke with fresh supplies, he was badly mistaken. The Anglo-Spanish War broke out, and White's return was delayed for three years.

White did eventually return to Roanoke, ironically landing on August 18, 1590, his granddaughter Virginia Dare's third birthday. The settlement, though, was completely deserted, and there was no trace of the 118 people he had left behind. Even stranger, there was no sign of a battle. The only clue left was the word "CROATOAN" carved on a fence post. White believed this to mean that the colony had moved to the nearby Croatoan Island. The colony, however, was never found, and their disappearance remains a mystery. Theories abound as to the colony's fate. Some believe they moved north and integrated with a local tribe, only to be slaughtered by another. Others say they perished during a drought. Still others claim they attempted to sail back to England and were lost at sea, or that they were killed by the Spanish. Whatever their fate, archaeologists and anthropologists have been searching for clues for centuries.

## August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos' social natures also make them excellent friends. Those born between August 23–31 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industrious efficiency makes them smart problem-solvers and fact-finders.

Willard Weekly – August 8<sup>th</sup>

Dwight Davis – August 9<sup>th</sup>

Elizabeth Smith – August 9<sup>th</sup>

Doris Jackson – August 11<sup>th</sup>

Gerald Marenich – August 12<sup>th</sup>

Kay Nowlin – August 14<sup>th</sup>

Fred Madigan – August 18<sup>th</sup>

Tom Wentworth – August 19<sup>th</sup>

Doris Donoho – August 21<sup>st</sup>

Pat Larsen – August 24<sup>th</sup>

## Marketing Minutes by Hilary Hardin

Kicking the month of August off right with a Hawaiian Luau on the 2<sup>nd</sup> sounds like fun to me! We will have a special performance by the Aloha Dancers, as well as fun drinks and food to go with the theme. Wear your best Luau outfit and enjoy. On the 9<sup>th</sup> Clear Captions will be here to show you how their phones might assist you with communicating over the phone with hearing loss. I have heard they do a great job setting it up for you and teaching you how it works. On the 22<sup>nd</sup>, Nancy Padgett is going to share her son with us. I am excited to hear Dr. Padgett's discussion on CA water. I'm sure it will be very interesting and informative. Lastly, on the 28<sup>th</sup>, we will have Vintage Fare here to play songs from the 60's, so make sure you join us for a fun afternoon. We still have some great apartments available to rent, so don't forget to tell your friends about our community and receive a resident referral off your rent when they move in!

# Winding Commons

Winding Commons • 6017 Winding Way, Carmichael, CA 95608 • (916) 485-0100



## Winding Staff

Deanna Brewer  
Community Administrator  
[winding-mgr@raystoneinc.com](mailto:winding-mgr@raystoneinc.com)

Hilary Hardin  
Marketing Director  
[winding-md@raystoneinc.com](mailto:winding-md@raystoneinc.com)

Cheryl Boyd  
Resident Relations  
[winding-rr@raystoneinc.com](mailto:winding-rr@raystoneinc.com)

Lyndy May  
Resident Relations  
[winding-rec@raystoneinc.com](mailto:winding-rec@raystoneinc.com)

Barbara Higley  
Activities Director  
[winding-ad@raystoneinc.com](mailto:winding-ad@raystoneinc.com)

Rudy Carmona  
Transportation

Bill Ashwell & Robert Rosker,  
Maintenance

Diane Pittman, Angie Carr,  
Aura Guerra, Ebony Pool,  
Housekeeping

Clay McAmis, James Forehand  
Evening Porters

Richard Beyerl  
Chef/General Manager, Sodexo

## Deanna's Download

It's been a busy summer so far, and we have more fun events to look forward to. I want to thank Hilary and Holly for giving us such a wonderful painting class. For those of you that didn't get a chance to participate, we plan to have another class in September.



Don't forget to mark your calendars for the special events that we have coming soon. Here are some dates to remember:

August 2<sup>nd</sup> – Hawaiian Luau  
August 15<sup>th</sup> – Ice Cream Social & Slide Show  
September 19<sup>th</sup> – Carolyn Martin from the Renaissance Society – California Women Trailblazers presentation.  
October 31<sup>st</sup> – Halloween Bingo Bonanza  
November (TBA) Fused Glass Class  
Community Yard Sale – January 2020

Please welcome our newest residents:  
Penny Hill #226  
Ruth Smith #244



## Activities Corner by Barbara Higley

**Aloha!** It's time to dust off your colorful floral shirts, skirts, pants, hats and summer wear. We will take you to the islands with a Hawaiian Luau **Friday, August 2<sup>nd</sup>** in the dining room. The "spirited" music, dancers, beverages and a delicious Luau dinner will surely add to a fun and festive afternoon. Join us for this special summer occasion **Friday, August 2<sup>nd</sup>** in the **dining room** and enjoy the festive Polynesian dancers as they perform the various dances of the islands. Performance time begins promptly at **3:00pm** and we ask that you arrive at **2:45pm** for seating.

The outing scheduled for the CA Railroad Museum with Dwight as our tour guide is once again on the calendar and is scheduled for **Tuesday, August 13<sup>th</sup>**. For those interested in attending, a new sign-up sheet is currently in place for you to sign up and can be located next to the mailboxes on the first floor. A big thank you to Dwight for his efforts in making the arrangements for us once again.

**Come one, come all!** Join friends and staff for a refreshing summer ice cream social scheduled **Thursday, August 15<sup>th</sup> at 2:00 pm in the Media Room. Humm... Could it be banana sundaes this month?**

Be sure and mark your calendar for **Thursday, August 22<sup>nd</sup> at 2:00pm**. You will not want to miss this informative educational presentation provided by Dr. Padgett (son of Nancy Padgett) on a lively discussion of the CA historical relationship with water today titled "A Garden in the Desert." Dr. Padgett is currently serving on the faculty of the American River College and is looking forward to sharing current information with you all on this important topic.

Happy summer!  
Barbara

## Light the Way

August 7 is Lighthouse Day, a day that commemorates the signing in 1789 of the Act for the Establishment and support of Lighthouse, Beacons, Buoys, and Public Piers. The newly formed U.S. Congress thought this Act so important that they signed it into law before establishing their own pay. The Act did not just dictate that the U.S. Treasury pay to maintain lighthouses, beacons, buoys, and piers, but it called for the construction of a new lighthouse at the entrance of Chesapeake Bay. That lighthouse was the Cape Henry lighthouse, the very first constructed under the Lighthouse Act and the first federally funded public works project in America. Nowadays, sailors may use GPS systems, radar beacons, buoys, and nautical charts to find their way, but lighthouses still serve the same purpose as they did in 1789. They are both navigational aids and warnings of dangerous areas such as shoals or rocky coasts. Visiting a lighthouse may whisk you back in time, but these towers of light remain integral to modern navigation.

## The First "Marinette"



When the first recruiting station for female Marines opened up in Washington, D.C., on August 2, 1918, Opha May Johnson was the first in line. The very next day, after passing her physical examination, she was officially sworn into the Marine Corps. Why Johnson joined and how she felt as the first female Marine are lost to history, for Johnson did not keep any personal records of the experience. However, records of her 14 years of service in the Interstate Commerce Department where she worked as Clerk to the Quartermaster General show her to be whip-smart. As such, she was likely invited to enlist. She was the first of 300 women who took over office jobs at Marine Corps headquarters so that men could serve overseas during World War I. They were first nicknamed the "Marinettes," but soon were considered so vital that all pretenses were dropped and they were simply Marines.

## The Great Moon Hoax of 1835



On August 25, 1835, the *New York Sun* newspaper published the first of six articles describing the discovery of strange new life on the moon, including unicorns, two-legged beavers that walked upright and lived in huts, and winged, bat-like humanoids that worshipped at the Temple of the Moon. These organisms frolicked on white sand beaches amidst pyramids and massive amethyst crystals. While the discovery may sound far-fetched today, it was very believable then, especially since it was purported to be a reprint of a paper published in the *Edinburgh Journal of Science*. The articles were written by Dr. Andrew Grant, who was describing the findings of his colleague, the esteemed astronomer Sir John Herschel, who had already gained fame for establishing an observatory on South Africa's Cape of Good Hope. What the public did not know was that the *Edinburgh Journal of Science* had folded the year previous and Dr. Grant was completely fictional. The articles had been deliberately written as satire in order to poke fun at those who had written serious articles about life on the moon.

Readers, however, did not recognize the pieces to be satire, and the *New York Sun* suddenly enjoyed skyrocketing sales. Scientists from Yale University even traveled to New York trying to get their hands on the scientific papers from Edinburgh. The articles were reprinted in newspapers across Europe. What is now known as "The Great Moon Hoax" duped readers not just in America but around the world. When Herschel learned that the bogus discoveries had been attributed to him, he could only laugh. Horror writer Edgar Allan Poe was also amused. He had recently published the short story "The Unparalleled Adventure of One Hans Pfaall," where a man voyages to the moon in a hot-air balloon. Poe was working on a follow-up when the articles broke, but he abandoned his work because he felt that he could not compete with the fantastic fictional reporting. *The Sun*, for its part, did not admit that the story was a hoax until a month later and never did apologize.

## The Lammas Harvest

Lammas Day is a traditional agricultural holiday celebrated every August at the start of the season of the wheat harvest. The term *lammas* comes from "loaf," for loaves of bread, and "mass," meaning a religious feast. On Lammas Day, the first loaves of bread baked from the newly harvested wheat were taken to churches to be consecrated. The blessed loaves would then be broken into four pieces, and each piece would be placed in a different corner of the barn to protect the newly harvested grain stored there. Wheat is not the only grain harvested at Lammas time. Barley, oats, rye, corn, sunflowers, and Calendula were also part of the Lammas harvest season. This was also the day, in olden times, when tenants were supposed to present the first freshly harvested wheat to their landlords. These days, thousands of people still celebrate Lammas by baking bread that is shaped to look like a sheaf of wheat, an owl, or even a pagan figure of the "corn god." These symbols show how closely related Lammas is to other old harvest celebrations such as the Irish Lughnasadh.

## Lincoln's Penny



On August 2, 1909, the very first Lincoln cents were put into circulation by the U.S. Mint. Before 1909, a president's visage had never appeared on a coin. In January of 1909, the Mint approached artist Victor David Brenner to design a coin depicting President Abraham Lincoln to commemorate the centennial anniversary of Lincoln's birth. Two years earlier, Brenner had completed a plaque of Lincoln in profile for the Gorham Manufacturing Company; it was this plaque that became the design for the Lincoln cent, with Brenner imprinting his initials VDB on the reverse. When the cent was released, Treasury facilities were mobbed by those seeking the new pennies. Just one week after the minting, production of the pennies was halted to remove the VDB initials on the reverse, making the original VDB pennies invaluable collector items.