

OAKLEAF VILLAGE AT LEXINGTON



By Discovery Senior Living



800 North Lake Drive • Lexington, SC 29072 • (803) 808-3477 • www.oakleafseniorliving.com

Oakleaf Village Management Team

Ashley Elliott	Executive Director
Christie Newman	Business Office Manager
Jenny Richards	Dir. of Health/Wellness
Keren Pickard	Sen. Lifestyle Counselor
Marsha Clayman	Sen. Lifestyle Counselor
Kenny Hill	Dir. of Culinary Services
Sonny Rhodus	Dir. of Facility Operation
Kadie Duggan	Dir. of Recreation/Events
Tonya Meetze	Memory Care Director



Happy Birthday!

8/5	Mary Blackwood
8/5	Keren Pickard
8/6	Mavis Cockrell
8/6	Arlene Gill
8/7	Jean Bentley
8/9	Tonya Carter
8/9	Sheba Williams
8/10	Judy Pou
8/11	Rachel Templeton
8/12	Destiny Lewis
8/15	Rowena Wannamaker
8/16	Ruth Singleton
8/25	Merlyn Watkins
8/26	Bruce Stoddard
8/31	Harriet Holley
8/31	Hope Kemmerlin
8/31	Stephanie Abbott
8/31	Patricia Zimmerman

August 2019

Tomatoes North to South

Fried green tomatoes are often considered a classic Southern food, but historians say the dish originated in the Northeast and Midwest as a way to make use of unripe tomatoes left at the end of the growing season. It was only after the release of the 1991 hit movie "Fried Green Tomatoes," set in Alabama, that the dish became linked to the South.



Flex Your Muscles To Benefit Your Brain

A simple routine of strength training can give your brain a lift. Working out with light weights, machines or therapy bands, as well as performing exercises that use the resistance of your own body weight, can improve not only physical fitness, but also cognitive health. Research has shown that seniors who took part in a regular resistance training program showed less brain aging and better memory function.



Legend

- P Parlor
- A Activity Room
- D Dining Room
- C Courtyard
- CR Conference Room





Congratulations **Lacresia Wilson**, *Dimensions Wellness*, for being named Employee of the Month!



The English family enjoying Father's Day!



Summer Days Ahead
 "Summertime is always the best of what might be." —Charles Bowden

Sunday	Monday	Tuesday
Monthly Observances Eye Exam Month Peach Month Family Fun Month Wellness Month Sandwich Month International Peace Month Back to School Month		
Friendship Day 4 10:00 Sunday Service W/Linda & Don Lester-A 11:00 First Baptist Church-P 2:00 Lemonade & Cookie Social-P 3:00 Word Search Fun-P 6:00 Sunday Listening / Quiet Jazz-P	Oyster Day 5 9:15 Strength Training-A 9:50 Depart/Walmart-Bus 2:15 Wheel of Fortune-A 3:30 Freshly-Popped Popcorn Social-P 6:00 News & Current Events / Best Fresh Seafood-P	National Night Out 6 9:15 Chair Yoga & Morning Meditations-A 9:45 Jeopardy Game- A 2:15 Bingo Bash-A 3:30 Parlor Devotional-P 6:00 Midnight Snack / Oatmeal Crème Pie-P
Spirit '45 Day 11 10:00 Sunday Service W/Linda & Don Lester-A 11:00 First Baptist Church-P 2:00 Pepsi & Nabs Social-P 3:00 Crossword Craze-P 6:00 Sunday Listening / Country Classics-P	Middle Child Day 12 9:15 Strength Training-A 9:50 Depart/Walmart-Bus 2:15 Word in a Word W/ Lighthouse-A 3:30 Would You Rather Game-P 6:00 News & Current Events / How Families Have Changed-P	Left Handers Day 13 9:15 Chair Yoga & Morning Meditations-A 9:45 Depart / Target -Bus 2:15 Bingo Bash-A 3:30 Parlor Devotional W/ Marty-P 6:00 Midnight Snack / Pecan Wheels-P
Mail Order Catalog Day 18 10:00 Sunday Service W/Linda & Don Lester-A 11:00 First Baptist Church-P 2:00 Lemonade & Cookie Social-P 3:00 Word Search Fun-P 6:00 Sunday Listening / Big Band Favorites-P	Aviation Day 19 9:15 Strength Training-A 9:50 Depart/Walmart-Bus 2:15 Wheel of Fortune-A 3:30 Freshly-Popped Popcorn Social-P 6:00 News & Current Events / Air Travel-P	Radio Day 20 9:15 Chair Yoga & Morning Meditations-A 9:45 Scattergories Game-A 2:15 Bingo Bash-A 3:30 Parlor Devotional W/ David From All Seasons-P 6:00 Midnight Snack / Honey Buns-P
Banana Split Day 25 10:00 Sunday Service W/Linda & Don Lester-A 11:00 First Baptist Church-P 2:00 Pepsi & Nabs Social-P 3:00 Crossword Craze-P 6:00 Sunday Listening / Bach, Beethoven and More-P	Dog Day 26 9:15 Strength Training-A 9:50 Depart/Walmart-Bus 2:15 Word in A Word W/ Tidewater-A 3:30 Old Fashioned Show & Tell-A 6:00 News & Current Events / Best Four Legged Friends-P	Pots De Creme Day 27 9:15 Chair Yoga & Morning Meditations-A 9:45 Depart / Dollar Tree- Bus 2:15 Bingo Bash-A 3:30 Parlor Devotional-P 6:00 Midnight Snack / Oatmeal Crème Pies-P

Wednesday	Thursday	Friday	Saturday
 Raspberry Cream Pie Day 1	9:15 Group Exercise & Morning Stretches-A 9:45 Rev Truett-A 2:15 Ice Cream Delivery-Resident Rooms 3:00 Trivia Thursday-A 3:30 Prayer & Share-A 6:00 Back in Time / Victory Gardens-P	Ice Cream Sundae Day 2 9:15 Funny Fitness-A 9:45 Pet Therapy W/ Katie & Ellen- A 2:15 Pie Palooza- A 6:00 Resident's Choice Movie & Popcorn-P	Watermelon Day 3 8:00-10:00 Eyeglass Check & Clean-P 10:00 Sid on Ukulele-P 1:00 Saturday Matinee-P 3:00 Parlor Games-P 6:00 Evening Puzzle-P
Purple Heart Day 7 9:15 Move & Groove-A 9:45 MadLibs Game-A 2:00 Spa Manicures- A 3:00 Scrabble Group-A 6:00 Riddle Me This-P	Happiness Happens Day 8 9:15 Group Exercise & Morning Stretches-A 9:45 Rev Truett-A 2:15 Ice Cream Social W/All Seasons-A 3:00 Trivia Thursday-A 3:30 Prayer & Share-A 6:00 Back in Time / Memories That Make You Smile -P	Book Lovers Day 9 9:15 Funny Fitness-A 10:00 Group Crossword W/ Peter & Shelia-A 2:00 Depart / Ice Cream Joyride- Bus 6:00 Resident's Choice Movie & Popcorn-P	Lazy Day 10 8:00-10:00 Eyeglass Check & Clean- P 10:00 Calvary Chapel Saturday Service- P 1:00 Saturday Matinee-P 3:00 Parlor Games-P 6:00 Front Porch Social-P
V-J Day 14 9:15 Move & Groove-A 9:45 Pet Visits W/MaryAnn & Luna-A 10:00 Life Stories W/Linda-A 2:00 Fresh Baked Cookies-P 3:00 Scrabble Group-A 6:00 Mindfulness Labyrinths-P	Relaxation Day 15 9:15 Group Exercise & Morning Stretches-A 9:45 Rev Truett-A 2:15 Ice Cream Social W/Bill Way-A 3:00 Resident Council Meeting-A 6:00 Back in Time / Summertime Activities-P	Tell A Joke Day 16 9:15 Funny Fitness-A 11:30 Lunch Bunch- Activity Room 2:15 Name That Tune-A 3:15 Room Visits-Resident's Rooms 6:00 Resident's Choice Movie & Popcorn-P	Honey Bee Day 17 8:00-10:00 Eyeglass Check & Clean-P 10:00 Bob on Saxophone-P 1:00 Saturday Matinee-P 3:00 Fun W/ Billie Jean-P 6:00 Evening Puzzle-P
Senior Citizens Day 21 9:15 Move & Groove-A 9:45 Family Feud Game- A 2:00 Happy Hour- P 3:00 Scrabble Group-A 6:00 Riddle Me This-P	Tooth Fairy Day 22 9:15 Group Exercise & Morning Stretches-A 9:45 Rev Truett-A 2:15 Ice Cream Floats-A 3:00 Trivia Thursday-A 3:30 Prayer & Share-A 6:00 Back in Time / Beach Memories-P	Sponge Cake Day 23 9:15 Funny Fitness-A 10:00 Group Crossword W/ Peter & Shelia-A 2:15 Room Visits-Resident Rooms 3:30 Hymns W/ Barbara-P 6:00 Resident's Choice Movie & Popcorn-P	Waffle Day 24 8:00-10:00 Eyeglass Check & Clean-P 10:00-2nd Cup of Coffee & Guidepost-P 1:00 Saturday Matinee-P 3:00 Wishbone Blues Performs- P 6:00 Front Porch Social-P
Rainbow Bridge Remembrance 28 9:15 Move & Groove-A 10:00 Midweek Devotion W/ Lexington Baptist-A 2:00 Employee Appreciation Celebration-D 3:00 Scrabble Group-A 6:00 Mindfulness Labyrinths-P	Chop Suey Day 29 9:15 Group Exercise & Morning Stretches-A 9:45 Rev Truett-A 2:15 Monthly Birthday Party-A 3:00 Trivia Thursday 3:30 Prayer & Share-A 6:00 Back in Time / Past Pets -P	Grief Awareness Day 30 9:15 Funny Fitness-A 10:30 Depart / Lunch Bunch- Bus 2:00 Steve McFaddin Performs-P 3:00 Room Visits- Resident Rooms 6:00 Resident's Choice Movie & Popcorn-P	South Carolina Day 31 8:00-10:00 Eyeglass Check & Clean-P 10:00-2nd Cup of Coffee & Guidepost-P 2:00 Catherine on Piano-P 3:00 Parlor Games-P 6:00 Evening Puzzle-P

August 2019



Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
20				21	22				23			
			24					25	26			
27	28	29				30				31	32	33
34					35					36		
37				38	39					40		
41				42						43		
44				45					46	47		
			48					49				
50	51	52					53			54	55	56
57					58	59			60	61		
62					63				64			
65					66				67			

ACROSS

- 1. Tomato jelly
- 6. Cuts off
- 10. Exhibition
- 14. Minute
- 15. Simple
- 16. Stringed instrument
- 17. Mixer speed
- 18. School figure
- 20. Canonized femme: abbr.
- 21. Fills with wonder
- 23. Fix
- 24. More than
- 25. Otherwise
- 27. Loft
- 30. Came to earth
- 31. Huck's friend
- 34. Drifting
- 35. Tobacco pipe
- 36. Spanish year
- 37. 1951 Bob Hope movie
- 41. Diver's danger
- 42. Louis XVI's lady
- 43. Philosopher Descartes
- 44. Vets' titles: abbr.
- 45. Climbing plant
- 46. Seeds
- 48. Relinquish
- 49. Compensated
- 50. Less risky
- 53. Baseball legend Willie
- 54. Take a chair

DOWN

- 1. Vipers
- 2. Sooty matter
- 3. Reduce
- 4. ___-de-France
- 5. Sever
- 6. Biblical outcast
- 7. Boatman's items
- 8. Fraternity letter
- 9. Like word: abbr.
- 10. Slippery matter
- 11. Extravagant promo
- 12. Algerian port
- 13. Unite by heating
- 19. Island leader
- 22. Rainy
- 24. Televangelist Roberts
- 25. Slur over
- 26. One not to be trusted
- 27. Like a secured apartment complex
- 28. One of Jacob's 12
- 29. Feels dizzy
- 30. Mr. Palmer

- 31. Snatcher
- 32. Cat___-tails
- 33. Fashions
- 35. Carried
- 38. Barbecue leftovers
- 39. Hotel employee
- 40. Nudge
- 46. State
- 47. Weapon
- 48. Stop
- 49. Sticky stuff
- 50. Command to Fido
- 51. Opera song
- 52. Tumbled
- 53. Pere's partner
- 54. Long story
- 55. Turkey's neighbor
- 56. Earth tones
- 58. Native American
- 59. Modern music style
- 61. Dander

