

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2019

Discovery Commons at Wildewood Assisted Living Activities Calendar

<h1>August 2019</h1> <h2>Discovery Commons at Wildewood</h2> <h3>Assisted Living Activities Calendar</h3>					9:30 Calendar and Newsletter Distribution 10:30 Spa Day Hair Salon Appointments 10:30 Fresh Nail Designs 2:00 Canvas Art Scrapbooking Designs 3:00 Afternoon Refreshments 4:00 County Times News (Available in Living room) 6:00 Summer Strollers Walking Group	1	9:30 Morning News and Greetings 10:30 Morning Stretch Class 2:00 Pineapple Pinecone Art 3:00 Afternoon Refreshments 4:00 Random Trivia Facts 6:00 Friday Evening Ladies Card Club	2	10:00 Sit & Be Fit Exercise 10:30 Finishing Lines Trivia 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 Friendly front Porch Relaxation	3			
10:30 Friendly front Porch Relaxation 12:00 Televised Mass in Café' 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 After Dinner Strength & Stretch	4	9:30 Morning News and Greetings 10:30 Morning Bingo 2:00 Afternoon Bingo 3:00 Afternoon Refreshments 4:00 Reminisce Stories 6:00 Bored Games/Card Games	5	Nat'l Root beer Float Day 9:30 Morning News and Greetings 10:30 Make a word Games 11:15 Exercise Class 2:00 Bowling Game Championship 3:00 Afternoon Refreshments w/ Rootbeer Floats 4:00 One on One Activity Cart 5:00 National Night Out!	6	9:30 Morning News and Greetings 10:30 Rosary Service w/Deacon Ripple 2:00 Fried Apples Cooking Group & recipe reminisce 3:00 Afternoon Refreshments 4:00 Independent Worksheets-word search puzzles 6:00 Evening BINGO!	7	National Dollar Day 9:30 Morning News and Greetings 10:30 Spa Day Hair Salon Appointments 10:30 Fresh Nail Designs 2:00 Dollar Tree Outing 3:00 Afternoon Refreshments 4:00 County Times News (Available in Living room) 6:00 Summer Strollers Walking Group	8	9:30 Morning News & Greetings 10:30 Morning Stretch 2:00 Afternoon Cooking Demonstration with Culinary Chef Ms Ruby 3:00 Afternoon Refreshments 4:00 Random Trivia Facts 6:00 Friday Evening Ladies Card Club	9	10:00 Sit & Be Fit Exercise 10:30 Finishing Lines Trivia 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 Friendly front Porch Relaxation	10
10:30 Friendly front Porch Relaxation 12:00 Televised Mass in Café' 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 After Dinner Strength & Stretch	11	Vinyl Records Day 9:30 50's Trivia and Discussion 10:00 50's Sing along 2:00 "Elvis" LIVE Performer 3:00 Afternoon Refreshments 4:00 Reminisce Stories 6:00 Bored Games/Card Games	12	9:30 Morning News and Greetings 10:30 Name 5... 11:15 Exercise Class w/ GPT 2:00 Hungry Hungry Hippo 3:00 Afternoon Refreshments 4:00 One on One Activity Cart 6:00 Movie Matinee in the café'	13	9:30 Morning News and Greetings 10:30 Catholic Mass Service (M/C Activity room) 2:00 Apple Stamping Art 3:00 Afternoon Refreshments 4:00 Independent Worksheets-word search puzzles 6:00 Evening BINGO!	14	9:30 Morning News and Greetings 10:30 Spa Day Hair Salon 10:30 Fresh Nail Designs 2:00 Movie Matinee in the Café' 3:00 Afternoon Refreshments 4:00 County Times News (Available in Living room) 6:00 Summer Strollers Walking Group 6:30 Family Meeting	15	9:30 Morning News and Greetings 10:30 Morning Stretch Class 2:00 Petco Bird Supply shopping 3:00 Afternoon Refreshments 4:00 Random Trivia Facts 6:00 Wine and Cheese Social Hour	16	7:00 Community Yard Sale 10:30 Finishing Lines Trivia 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 Friendly front Porch Relaxation	17
10:30 Friendly front Porch Relaxation 12:00 Televised Mass in Café' 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 After Dinner Strength & Stretch	18	9:30 Morning News and Greetings 10:30 Morning Bingo 2:00 Afternoon Bingo 3:00 Afternoon Refreshments 4:00 Reminisce Stories 6:00 Bored Games/Card Games	19	9:30 Morning News and Greetings 10:30 Hangman Games 11:15 Exercise Class w/ GPT 2:00 Chicken Races 3:00 Afternoon Refreshments 4:00 One on One Activity Cart 6:00 Bored Games/Card Games	20	9:30 Morning News and Greetings 10:30 Rosary Service w/Deacon Ripple 2:00 Resident Food Committee 3:00 Hump day Happy Hour 4:00 Independent Worksheets-word search puzzles 6:00 Evening BINGO!	21	9:30 Morning News and Greetings 10:30 Spa Day Hair Salon Appointments 10:30 Fresh Nail Designs 2:00 Canvas Art-Balloon Designs 3:00 Afternoon Refreshments 4:00 County Times News (Available in Living room) 6:00 Summer Strollers Walking Group	22	9:30 Morning News and Greetings 10:30 Morning Stretch Class 2:00 Random Ice Cream Bar Social 3:00 Afternoon Refreshments 4:00 Random Trivia Facts 6:00 Friday Evening Ladies Card Club	23	10:00 Sit & Be Fit Exercise 10:30 Finishing Lines Trivia 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 Friendly front Porch Relaxation	24
10:30 Friendly front Porch Relaxation 12:00 Televised Mass in Café' 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 After Dinner Strength & Stretch	25	9:30 Morning News and Greetings 10:30 Morning Bingo 2:00 Afternoon Bingo 3:00 Afternoon Refreshments 4:00 Reminisce Stories 6:00 Bored Games/Card Games	26	9:30 Morning News and Greetings 10:30 Jeopardy Games 11:15 Morning Warm up and Stretch with GPT 2:00 Wii Games 3:00 Afternoon Refreshments 4:00 One on One Act. Cart 6:00 Bored Games/Card Games 6:30 Monthly Alzheimer's Support Group	27	9:30 Morning News and Greetings 10:30 Rosary Service w/Deacon Ripple 2:00 Resident Council Meeting 2:30 Monthly Birthday Bash 3:00 Afternoon Refreshments 4:00 Independent Worksheets-word search puzzles 6:00 Evening BINGO!	28	9:30 Morning News and Greetings 10:30 Spa Day Hair Salon Appointments 10:30 Fresh Nail Designs 2:00 Penny Pitch Prize Game 3:00 Afternoon Refreshments 4:00 County Times News (Available in Living room) 6:00 Summer Strollers Walking Group	29	9:30 Morning News and Greetings 10:30 Morning Stretch Class 12:30 Labor Day Picnic! 3:00 Afternoon Refreshments 4:00 Random Trivia Facts 6:00 Friday Evening Ladies Card Club	30	10:00 Sit & Be Fit Exercise 10:30 Finishing Lines Trivia 2:00 Bingo Fun 3:00 Afternoon Refreshments 4:00 One on One Visits 6:00 Friendly front Porch Relaxation	31

*ACTIVITIES SUBJECT TO CHANGE