August 2019

In The Moment – Memory Support

created with Sagely

Symphony at Valley Farms
Personal Care & Memory Care

10201 Valley Farms Drive
Louisville, KY 40272
502-937-3028

- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

Healthy Snacks & Hydration offered throughout each day!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Chit Chat Club 2:00 PE Fun & Games 4:00 LL Music with Alexa 6:30 LL **Movie & Popcorn**	**2** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 AE Crafty Club [AR] 2:30 LL **Friday Mocktails** 4:00 CE Fun with Alexa 6:00 LL Bingo	**3** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 LL Puzzles & Games 2:00 AE Busy Hands 4:00 LL Friendly Chat 6:00 AE **Sing Along with Alexa**
4 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 4:00 CE Simple Sunday Trivia 6:00 LL **Classic Movie**	**5** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 CE Fun with Words 2:00 CC **August Birthday Party [AR]** 3:00 SS **Piano & Praise [MDR]** 6:00 LL Game of Resident's Choice	**6** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:00 CC **Healing Hearts Outreach Club [AR]** 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia	**7** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 SS **Rosary [MR]** 11:30 LL **Lunch Outing** 2:00 PE Busy Hands 3:30 CC **Welcome To The Neighborhood Party [AR]** 6:00 LL Reminisce with Friends	**8** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Chit Chat Club 2:30 LL **Music with Bernie Schweikart [MDR]** 4:00 LL Music with Alexa 6:30 LL **Movie & Popcorn**	**9** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 LL **Music with Tari Martin [MDR]** 2:30 LL **Friday Mocktails** 4:00 CE Fun with Alexa 6:00 LL Bingo	**10** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 LL Puzzles & Games 2:00 AE Busy Hands 4:00 LL Friendly Chat 6:00 AE **Sing Along with Alexa**
11 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 4:00 CE Simple Sunday Trivia 6:00 LL **Classic Movie**	**12** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 CE Fun with Words 11:15 PE **Chair Yoga [AR]** 1:30 CC **Recipes with Family & Friends [AR]** 3:30 LL Busy Hands 6:00 LL Game of Resident's Choice	**13** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:00 CC **Healing Hearts Outreach Club [AR]** 12:00 LL **TACO TUESDAY [MDR]** 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia	**14** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 SS **Rosary [MR]** 11:00 LL **LUNCH at Mamie's Kitchen in Bardstown [O]** 2:00 LL *Scenic Drive* 3:00 LL **Music With Dianna Fiourucci [MDR]** 4:00 PE Busy Hands 6:00 LL Reminisce with Friends	**15** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Chit Chat Club 2:00 PE Fun & Games 4:00 LL Music with Alexa 6:30 LL **Movie & Popcorn**	**16** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 AE Crafty Club [AR] 2:30 LL **Friday Mocktails** 3:00 LL **Music With Gil Kaelin [MDR]** 6:00 LL Bingo	**17** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 LL Puzzles & Games 2:00 AE Busy Hands 3:00 LL **Music with Doug Pinson [MDR]** 6:00 AE **Sing Along with Alexa**
18 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 4:00 CE Simple Sunday Trivia 6:00 LL **Classic Movie**	**19** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 CE Fun with Words 1:30 CC **Recipes with Family & Friends [AR]** 3:00 SS **Piano & Praise [MDR]** 4:00 SS Spiritual Time with Pastor Steve [MDR] 6:00 LL Game of Resident's Choice	**20** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:00 CC **Healing Hearts Outreach Club [AR]** 12:00 LL **Soup and Salad Bar [MDR]** 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia	**21** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 SS **Rosary [MR]** 11:30 LL **Lunch Outing** 2:00 LL Manicures & Massages 4:00 PE Busy Hands 6:00 LL Reminisce with Friends	**22** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Chit Chat Club 2:00 PE Fun & Games 4:00 LL Music with Alexa 6:30 LL **Movie & Popcorn**	**23** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 AE Crafty Club [AR] 2:30 LL **Friday Mocktails** 4:00 CE Fun with Alexa 6:00 LL Bingo	**24** ****Annual Alzheimer's**** ****Fundraiser Picnic**** ***11:00 am - 2:00 pm*** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 11:00 SS **Cathedral Church of Praise** 4:00 LL Friendly Chat 6:00 AE **Sing Along with Alexa**
25 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 3:30 SS **Maryville Baptist Church [MDR]** 6:00 LL **Classic Movie**	**26** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 CE Fun with Words 11:15 PE **Chair Yoga [AR]** 1:30 CC **Recipes with Family & Friends [AR]** 3:30 LL Busy Hands 6:00 LL Game of Resident's Choice	**27** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:00 SS **Mass [MR]** 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia	**28** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 LL Games & Puzzles 2:00 LL *Scenic Drive* 4:00 PE Busy Hands 6:00 LL Reminisce with Friends	**29** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 AE Chit Chat Club 2:30 CE **Taste And Tell [AR]** 4:00 LL Music with Alexa 6:30 LL **Movie & Popcorn**	**30** 7:30 LL Morning Music 9:30 PE **Movin' & Groovin'** 10:30 AE Crafty Club [AR] 2:30 LL **Friday Mocktails** 4:00 CE Fun with Alexa 6:00 LL Bingo	**31** 7:30 LL Morning Music 9:30 PE **Fitness Fun** 10:30 LL Puzzles & Games 2:00 LL Music with Allen Hilbert [MDR] 4:00 LL Friendly Chat 6:00 AE **Sing Along with Alexa**